

Stage 6 Newmarket - Aldeburgh Fri 8th Sep



Start :	Newmarket - High Street
Neutralised section :	5.5 km or 3.4 miles
Stage Distance :	183.2 km or 113.9 miles
Finish :	Aldeburgh - High Street

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
0.00	5.00	0.00	3.40	Start Neutralised		High Street - Newmarket	42	10:30	10:45	10:45	10:45	
0.00	183.2	0.00	113.9	Start Proper		Cotton End Road	42	10:45	11:00	11:00	11:00	00:00
1.6	181.6	1.0	112.9	R/about	1st Exit	A142 Newmarket Road	42	10:47	11:02	11:02	11:02	00:00
2.0	181.2	1.2	112.7	R/about	2nd Exit	Newmarket Road	42	10:47	11:03	11:02	11:02	00:00
3.4	179.8	2.1	111.8	M R/about	2nd Exit	Market Street	42	10:49	11:05	11:04	11:04	00:00
3.8	179.4	2.4	111.6	M R/about	2nd Exit	Sharmans Road	42	10:50	11:05	11:05	11:04	00:01
7.6	175.6	4.7	109.2	Sign		Suffolk	42	10:55	11:11	11:10	11:09	00:02
7.9	175.3	4.9	109.0	Sign		Freckenham	42	10:56	11:12	11:11	11:10	00:02
11.1	172.1	6.9	107.0	Sign		Worlington	42	11:00	11:17	11:15	11:14	00:03
13.5	169.7	8.4	105.5	Sign		Mildenhall	42	11:04	11:21	11:19	11:17	00:03
14.2	169.0	8.8	105.1	M R/about	2nd Exit	A1101 Kings Street	42	11:05	11:22	11:20	11:18	00:04
14.7	168.5	9.1	104.8	T.Lights	Straight	A1101 Kings Way	42	11:06	11:23	11:21	11:18	00:04
15.0	168.2	9.3	104.6	M R/about	2nd Exit	A1101 Bury Road	42	11:06	11:23	11:21	11:19	00:04
16.2	167.0	10.1	103.8	R/about	3rd Exit	A1101 Mildenhall Road	42	11:08	11:25	11:23	11:20	00:04
20.2	163.0	12.6	101.4	Sign		Icklingham	42	11:13	11:31	11:28	11:25	00:05
23.8	159.4	14.8	99.1	Sign		Lackford	42	11:19	11:37	11:34	11:30	00:06
26.3	156.9	16.4	97.6	Sign		Flempton	42	11:22	11:41	11:37	11:33	00:07
28.3	154.9	17.6	96.3	Sign		Hengrave	42	11:25	11:44	11:40	11:36	00:08
30.1	153.1	18.7	95.2	Sign		Fornham All Saints	42	11:28	11:47	11:43	11:38	00:08
30.3	152.9	18.8	95.1	M R/about	2nd Exit	A1101	42	11:28	11:47	11:43	11:38	00:08
30.4	152.8	18.9	95.0	M R/about	1st Exit	A1101	42	11:28	11:47	11:43	11:39	00:08
31.0	152.2	19.3	94.6	R/about	1st Exit	A1101 dir Bury St Edmunds	42	11:29	11:48	11:44	11:39	00:08
32.5	150.7	20.2	93.7	T.Lights	Right	Tollgate Lane	42	11:31	11:51	11:46	11:41	00:09
33.5	149.7	20.8	93.1	M R/about	1st Exit	Beetons Way	42	11:32	11:52	11:47	11:43	00:09
33.8	149.4	21.0	92.9	M R/about	2nd Exit	Weston Way	42	11:33	11:53	11:48	11:43	00:09
34.3	148.9	21.3	92.6	R/about	1st Exit	Weston Way	42	11:34	11:53	11:49	11:44	00:09
34.6	148.6	21.5	92.4	T.Lights	Left	A1302 Newmarket Road	42	11:34	11:54	11:49	11:44	00:09
35.2	148.0	21.9	92.0	M R/about	1st Exit	Out Risby Gate	42	11:35	11:55	11:50	11:45	00:10
35.9	147.3	22.3	91.6	R/about	3rd Exit	A1302 Parkway	42	11:36	11:56	11:51	11:46	00:10
36.2	147.0	22.5	91.4	R/about	2nd Exit	A1302 Parkway	42	11:36	11:56	11:51	11:46	00:10
36.7	146.5	22.8	91.1	T.Lights	Straight	A1302	42	00:00	11:57	11:52	11:47	00:10
36.8	146.4	22.9	91.0	R/about	1st Exit	Westgate Street	42	11:37	11:57	11:52	11:47	00:10
37.2	146.0	23.1	90.8	T.Junction	Left	Crown Street	42	11:38	11:58	11:53	11:47	00:10
37.3	145.9	23.2	90.7	Junction	Left	Crown Street	42	11:38	11:58	11:53	11:47	00:10
37.5	145.7	23.3	90.6		Caution!	Narrow Road Cobbled	42	11:38	11:58	11:53	11:48	00:10
37.8	145.4	23.5	90.4	T.Lights	Straight	Mustow Street	42	11:39	11:59	11:54	11:48	00:10
38.7	144.5	24.1	89.9	M R/about	2nd Exit	Barton Road	42	11:40	12:00	11:55	11:49	00:11
39.6	143.6	24.6	89.3	T.Lights	Left	Orttwell Road	42	11:41	12:02	11:56	11:50	00:11
39.6	143.6	24.6	89.3		Caution!	Narrow Road	50	11:41	12:02	11:56	11:50	00:11
39.7	143.5	24.7	89.2	R/about	2nd Exit	A143 Diss	50	11:41	12:02	11:56	11:51	00:11
41.6	141.6	25.9	88.1	Sign		Great Barton	50	11:43	12:04	11:58	11:53	00:11
47.3	135.9	29.4	84.5	Junciton	Left		46	11:50	12:12	12:05	11:59	00:13
47.4	135.8	29.5	84.4	Sign		Ixworth	42	11:50	12:12	12:05	11:59	00:13
48.1	135.1	29.9	84.0	Sprint 1		Ixworth	42	11:51	12:13	12:06	12:00	00:13
48.9	134.3	30.4	83.5	T.Junction	Right	A1088	42	11:53	12:14	12:08	12:01	00:13
49.4	133.8	30.7	83.2	R/about	2nd Exit	Walsham Road	42	11:53	12:15	12:08	12:01	00:13

Stage 6 Newmarket - Aldeburgh Fri 8th Sep



Start :	Newmarket - High Street
Neutralised section :	5.5 km or 3.4 miles
Stage Distance :	183.2 km or 113.9 miles
Finish :	Aldeburgh - High Street

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
50.0	133.2	31.1	82.8	Drinks	Start		42	11:54	12:16	12:09	12:02	00:13
53.9	129.3	33.5	80.4	Sign		Walsham le Willows	42	12:00	12:22	12:15	12:07	00:15
61.1	122.1	38.0	75.9	T.Junction	Right	Walsham Road	42	12:10	12:34	12:25	12:16	00:17
62.9	120.3	39.1	74.8	Sign		Finningham	42	12:13	12:36	12:28	12:19	00:17
63.5	119.7	39.5	74.4	X.Roads	Left	Wickham Road	42	12:13	12:37	12:28	12:20	00:17
64.1	119.1	39.9	74.1		Caution!	Narrow Bridge	42	12:14	12:38	12:29	12:20	00:17
65.7	117.5	40.9	73.1	Sign		Wickham Skeith	42	12:17	12:41	12:32	12:22	00:18
67.6	115.6	42.0	71.9	Sign		Thornham Magna	42	12:19	12:44	12:34	12:25	00:18
68.0	115.2	42.3	71.6	X.Roads	Left	The Street	42	12:20	12:44	12:35	12:25	00:19
69.3	113.9	43.1	70.8	Junction	Left	Thornham Road Caution! Narrow Road	42	12:22	12:46	12:37	12:27	00:19
70.3	112.9	43.7	70.2	Junction	Right		42	12:23	12:48	12:38	12:28	00:19
72.9	110.3	45.3	68.6	Sign		Eye	42	12:27	12:52	12:42	12:32	00:20
74.6	108.6	46.4	67.5	T.Junction	Right	B1077 Lowgate Street	42	12:29	12:55	12:44	12:34	00:20
74.7	108.5	46.5	67.5	Junction	Left	Castle Street	42	12:29	12:55	12:44	12:34	00:20
75.5	107.7	46.9	67.0		Caution!	Narrow Bridge	42	12:31	12:56	12:46	12:35	00:21
78.2	105.0	48.6	65.3	Sign		Denham	42	12:34	13:00	12:49	12:38	00:21
78.9	104.3	49.1	64.9	Junction	Left		42	12:35	13:02	12:50	12:39	00:22
82.0	101.2	51.0	62.9	T.Junction	Left	B1117	42	12:40	13:06	12:55	12:43	00:23
84.9	98.3	52.8	61.1	Sign		Stradbroke	42	12:44	13:11	12:59	12:47	00:23
85.8	97.4	53.4	60.6	Sprint 2		Stradbroke	42	12:45	13:12	13:00	12:48	00:24
90.3	92.9	56.2	57.8		Keep Right	B1116 Stirrup Street	42	12:52	13:19	13:07	12:54	00:25
90.3	92.9	56.2	57.8		Keep Right	B1116 Stirrup Street	42	12:52	13:19	13:07	12:54	00:25
96.7	86.5	60.1	53.8	Sign		Dennington	42	13:01	13:30	13:16	13:02	00:27
96.9	86.3	60.3	53.7	T.Junction	Right	A1120	42	13:01	13:30	13:16	13:02	00:27
97.0	86.2	60.3	53.6	Junction	Left	B1116 dir Framlingham	42	13:01	13:30	13:16	13:03	00:27
100.3	82.9	62.4	51.6	Sign		Framlingham	42	13:06	13:35	13:21	13:07	00:28
101.3	81.9	63.0	50.9	M R/about	1st Exit	Bridge Street	42	13:07	13:37	13:22	13:08	00:28
101.9	81.3	63.4	50.6	T.Junction	Right	Fore Street	42	13:08	13:38	13:23	13:09	00:28
102.4	80.8	63.7	50.2	X.Roads	Left	B1116 Station Road	42	13:09	13:38	13:24	13:10	00:28
106.3	76.9	66.1	47.8	Sign		Parham	42	13:15	13:45	13:30	13:15	00:30
107.5	75.7	66.8	47.1	Sign		Hacheston	42	13:16	13:46	13:31	13:16	00:30
108.2	75.0	67.3	46.6	Feed	Start		42	13:17	13:48	13:32	13:17	00:30
110.6	72.6	68.8	45.1	R/about	3rd Exit	B1078 Main Road	42	13:21	13:51	13:36	13:20	00:31
111.2	72.0	69.1	44.8	Sign		Wickham Market	42	13:22	13:52	13:37	13:21	00:31
112.3	70.9	69.8	44.1	Junction	Left	Broad Road	42	13:23	13:54	13:38	13:22	00:31
112.9	70.3	70.2	43.7	T.Junction	Left	B1079	42	13:24	13:55	13:39	13:23	00:31
116.6	66.6	72.5	41.4	Sign		Chapsfield	42	13:29	14:01	13:44	13:28	00:32
118.3	64.9	73.6	40.4	Sign		Debach	42	13:32	14:03	13:47	13:30	00:33
122.3	60.9	76.1	37.9	T.Junction	Left	B1079 Grundisburgh Road	42	13:37	14:10	13:52	13:35	00:34
123.1	60.1	76.5	37.4	Sign		Clopton	42	13:39	14:11	13:54	13:36	00:34
125.6	57.6	78.1	35.8	Sign		Grundisburgh	42	13:42	14:15	13:57	13:39	00:35
125.7	57.5	78.2	35.8	Junction	Right	Woodbridge Road	42	13:42	14:15	13:57	13:40	00:35
127.8	55.4	79.5	34.5	Sign		Culpho	42	13:45	14:18	14:00	13:42	00:36
130.4	52.8	81.1	32.8	Sign		Tuddenham St Martin	42	13:49	14:22	14:04	13:46	00:36
132.7	50.5	82.5	31.4	Sign		Ipswich	42	13:52	14:26	14:07	13:49	00:37
134.1	49.1	83.4	30.5	R/about	1st Exit	A1214 Colchester Road	42	13:54	14:28	14:09	13:50	00:37

Stage 6 Newmarket - Aldeburgh Fri 8th Sep



Start :	Newmarket - High Street
Neutralised section :	5.5 km or 3.4 miles
Stage Distance :	183.2 km or 113.9 miles
Finish :	Aldeburgh - High Street

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
134.9	48.3	83.9	30.0	R/about	2nd Exit	A1214 Colchester Road	42	13:55	14:30	14:10	13:51	00:38
135.8	47.4	84.4	29.5	T.Lights	Straight	A1214 Colchester Road	42	13:57	14:31	14:12	13:53	00:38
136.3	46.9	84.8	29.2	T.Junction	Left	A1214	42	13:57	14:32	14:12	13:53	00:38
136.4	46.8	84.8	29.1	R/about	1st Exit	A1214 Woodbridge Road	42	13:58	14:32	14:13	13:53	00:38
137.6	45.6	85.6	28.4	T.Lights	Straight	A124 Woodbridge Road	42	13:59	14:34	14:14	13:55	00:38
138.8	44.4	86.3	27.6	T.Lights	Straight	A1214 Main Road	42	14:01	14:36	14:16	13:56	00:39
139.1	44.1	86.5	27.4	R/about	1st Exit	A1214 Main Road	42	14:01	14:36	14:16	13:57	00:39
139.6	43.6	86.8	27.1	Sprint 3		Kesgrave	42	14:02	14:37	14:17	13:57	00:39
140.0	43.2	87.1	26.9	R/about	2nd Exit	A1214 Main Road	42	14:03	14:38	14:18	13:58	00:39
140.7	42.5	87.5	26.4	Junction	Left	Hall Road	42	14:04	14:39	14:19	13:59	00:39
142.0	41.2	88.3	25.6	X.Roads	Right	Martlesham Road	42	14:06	14:41	14:21	14:00	00:40
144.3	38.9	89.7	24.2	T.Junction	Left	The Street	42	14:09	14:44	14:24	14:03	00:40
144.6	38.6	89.9	24.0	Junction	Right	Sandy Lane Caution! Narrow Road	42	14:09	14:45	14:24	14:04	00:40
145.1	38.1	90.2	23.7		Caution!	Narrow Bridge	42	14:10	14:46	14:25	14:04	00:41
146.0	37.2	90.8	23.1	T.Junction	Right	B1338 Ipswich Road	42	14:11	14:47	14:26	14:06	00:41
146.5	36.7	91.1	22.8	R/about	2nd Exit	B1338 Ipswich Road	42	14:12	14:48	14:27	14:06	00:41
147.4	35.8	91.7	22.3	T.Lights	Straight	Quayside	42	14:13	14:49	14:28	14:07	00:41
147.9	35.3	92.0	22.0	T.Lights	Right	B1438 Thoroughfare	42	14:14	14:50	14:29	14:08	00:41
149.2	34.0	92.8	21.1	T.Lights	Right	A1152 Wilford Bridge Road	42	14:16	14:52	14:31	14:10	00:42
149.8	33.4	93.2	20.8		Caution!	Level Crossing	42	14:17	14:53	14:32	14:11	00:42
150.4	32.8	93.5	20.4	Sign		Bromeswell	42	14:18	14:54	14:33	14:11	00:42
150.5	32.7	93.6	20.3	R/about	1st Exit	A1152 Orford Road	42	14:18	14:54	14:33	14:11	00:42
151.7	31.5	94.3	19.6	Junction	Left	A1152 Eyke Road	42	14:19	14:56	14:34	14:13	00:42
155.0	28.2	96.4	17.5	Sign		Rendlesham	42	14:24	15:01	14:39	14:17	00:43
157.1	26.1	97.7	16.2	R/about	3rd Exit	B1069 dir Snape	42	14:27	15:04	14:42	14:20	00:44
158.9	24.3	98.8	15.1	Sign		Tunstall	42	14:30	15:07	14:45	14:22	00:45
159.6	23.6	99.2	14.7	Junction	Left	B1069 Snape Road	42	14:31	15:08	14:46	14:23	00:45
164.0	19.2	102.0	11.9	Sign		Snape	42	14:37	15:15	14:52	14:29	00:46
164.2	19.0	102.1	11.8	KoM 1	Start Cat 3		42	14:37	15:16	14:52	14:29	00:46
165.4	17.8	102.9	11.1	KoM 1	Finish	Snape	42	14:39	15:17	14:54	14:31	00:46
165.4	17.8	102.9	11.1	T.Junction	Right	A1094	42	14:39	15:17	14:54	14:31	00:46
165.5	17.7	102.9	11.0	Junction	Left		42	14:39	15:18	14:54	14:31	00:46
167.7	15.5	104.3	9.6	T.Junction	Left	B1121 Church Hill	42	14:42	15:21	14:57	14:34	00:47
168.5	14.7	104.8	9.1	T.Junction	Right	B1121	42	14:43	15:22	14:58	14:35	00:47
169.3	13.9	105.3	8.6	Sign		Saxmundham	42	14:45	15:24	15:00	14:36	00:48
169.3	13.9	105.3	8.6	T.Lights	Right	B1119 Church Street	42	14:45	15:24	15:00	14:36	00:48
174.7	8.5	108.6	5.3	Sign		Leiston	42	14:52	15:32	15:07	14:43	00:49
176.1	7.1	109.5	4.4	T.Lights	Straight	B1122 Main Street	42	14:54	15:34	15:09	14:44	00:49
176.2	7.0	109.6	4.4		Caution!	Speed Humps x4	42	14:54	15:34	15:09	14:44	00:49
176.3	6.9	109.6	4.3		Keep Right		42	14:55	15:35	15:10	14:45	00:50
177.2	6.0	110.2	3.7	Sign		Aldringham	42	14:56	15:36	15:11	14:46	00:50
179.4	3.8	111.6	2.4	Sign		Aldeburgh	42	14:59	15:39	15:14	14:49	00:50
182.2	1.0	113.3	0.6	R/about	2nd Exit	A1094 Victoria Road	42	15:03	15:44	15:18	14:52	00:51
182.8	0.4	113.7	0.2	X.Roads	Right	High Street	42	15:04	15:45	15:19	14:53	00:51
183.2	0.0	113.9	0.0	Finish		High Street - Aldeburgh	42	15:04	15:45	15:19	14:53	00:51