

## Stage Five: Cockermouth - Whinlatter TTT



Start :	Main Street, Cockermouth
Neutralised section :	N/A
Stage Distance :	14 km or 8.7 miles
Finish :	Whinlatter Visitors' Centre, Whinlatter

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
0.00	0.00	0.00	0.00	0.00			42	00:00	00:00	00:00	00:00	
0.00	14.0	0.00	8.7	Start Proper		Main Street Cockermouth	42	12:46	13:01	13:01	13:01	00:00
0.1	13.9	0.1	8.6	Junction	Right	B5292 Station Street	42	12:46	13:01	13:01	13:01	00:00
0.2	13.8	0.1	8.6	T.Lights	Left	B5292 Lorton Street	42	12:46	13:01	13:01	13:01	00:00
0.6	13.4	0.4	8.3		Keep Right	B5292 Lorton Road	42	12:46	13:01	13:01	13:01	00:00
1.3	12.7	0.8	7.9	Junction	Left	Strawberry How Road	42	12:47	13:03	13:02	13:02	00:00
3.6	10.4	2.2	6.5	T.Junction	Right	Hundith Hill Road	42	12:51	13:06	13:06	13:05	00:01
5.0	9.0	3.1	5.6	X.Roads	Left	B5292	42	12:53	13:08	13:08	13:07	00:01
7.2	6.8	4.5	4.2	Junction	Left	B5292 dir Whinlatter	42	12:56	13:12	13:11	13:10	00:02
8.0	6.0	5.0	3.7		Keep Left		42	12:57	13:13	13:12	13:11	00:02
8.4	5.6	5.2	3.5	Sign		Lorton	42	12:58	13:14	13:13	13:11	00:02
13.7	0.3	8.5	0.2	Junction	Left	Whinlatter Vistors' Centre	42	13:05	13:22	13:20	13:18	00:03
14.0	0.0	8.7	0.0	Finish		Whinlatter Vistors' Centre	42	13:06	13:23	13:21	13:19	00:04