

Stage 5 Dolgellau - Colwyn Bay (Sun 17th Jun)



Start :	Dolgellau, Eldon Square
Neutralised section :	5.9km or 3.6 miles
Stage Distance :	122.6 km or 76.2 miles
Finish :	Colwyn Bay, Promenade

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	35	38	42	ETA Range
							Duration	15mins	110%	100%	90%	
5.90	0.00	3.60	0.00	Start Neutralised		Eldon Square, Dolgellau	38	10:15	10:30	10:30	10:30	
0.00	122.6	0.00	76.2	Start Proper		A496	38	10:30	10:45	10:45	10:45	00:00
1.4	121.2	0.9	75.4	Sign		Bontddu	38	10:32	10:47	10:47	10:46	00:00
8.1	114.5	5.0	71.2	Sign		Barmouth	38	10:42	10:59	10:57	10:56	00:02
9.9	112.7	6.2	70.1		Caution!	Sharp Right	38	10:45	11:02	11:00	10:59	00:03
10.1	112.5	6.3	70.0	T.Junction	Right	A496	38	10:45	11:02	11:00	10:59	00:03
10.1	112.5	6.3	70.0		Keep Left	A496 High Street	38	10:45	11:02	11:00	10:59	00:03
11.7	110.9	7.3	69.0	Sign		Llanaber	38	10:48	11:05	11:03	11:01	00:03
16.5	106.1	10.3	66.0	Sign		Tal-y-Bont	38	10:56	11:13	11:11	11:08	00:05
16.9	105.7	10.5	65.7		Caution!	Narrow Bridge	38	10:56	11:14	11:11	11:09	00:05
17.9	104.7	11.1	65.1	Sign		Dyffryn Ardudwy	38	10:58	11:16	11:13	11:10	00:05
21.7	100.9	13.5	62.7	Sign		Llanbedr	38	11:04	11:22	11:19	11:15	00:06
24.3	98.3	15.1	61.1	Sign		Llanfair	38	11:08	11:27	11:23	11:19	00:07
26.0	96.6	16.2	60.1	Sign		Harlech	38	11:11	11:30	11:26	11:21	00:08
26.4	96.2	16.4	59.8	Junction	Right	B4573 Stryd Fawr	38	11:11	11:30	11:26	11:22	00:08
32.1	90.5	20.0	56.3		Caution!	Narrow Bridge	38	11:20	11:40	11:35	11:30	00:10
33.2	89.4	20.6	55.6	Sign		Talsarnau	38	11:22	11:42	11:37	11:32	00:10
33.2	89.4	20.6	55.6	Sprint 1		Talsarnau	38	11:22	11:42	11:37	11:32	00:10
35.5	87.1	22.1	54.2	Sign		Llandecwyn	38	11:26	11:46	11:41	11:35	00:11
35.7	86.9	22.2	54.0	X.Roads	Straight	A496	38	11:26	11:47	11:41	11:35	00:11
40.2	82.4	25.0	51.2		Caution!	Narrow Bridge	38	11:33	11:54	11:48	11:42	00:12
41.5	81.1	25.8	50.4	Sign		Maentwrog	38	11:35	11:57	11:50	11:43	00:13
42.0	80.6	26.1	50.1		Caution!	Narrow Bridge	38	11:36	11:57	11:51	11:44	00:13
42.1	80.5	26.2	50.1	T.Junction	Left	A487	38	11:36	11:58	11:51	11:44	00:13
42.6	80.0	26.5	49.7	Junction	Right	B4410	38	11:37	11:58	11:52	11:45	00:13
42.7	79.9	26.6	49.7	QoM 1 Cat 2	Start		38	11:37	11:59	11:52	11:45	00:13
44.5	78.1	27.7	48.6	QoM 1 Cat 2	Finish	Bwlch-y-maen	38	11:40	12:02	11:55	11:48	00:14
45.2	77.4	28.1	48.1	Sign		Rhyd	38	11:41	12:03	11:56	11:49	00:14
45.8	76.8	28.5	47.8		Caution!	Fast & Technical Descent	38	11:42	12:04	11:57	11:50	00:14
45.8	76.8	28.5	47.8		Caution!	Sharp Right	38	11:42	12:04	11:57	11:50	00:14
46.0	76.6	28.6	47.6		Caution!	Sharp Left	38	11:42	12:04	11:57	11:50	00:14
48.7	73.9	30.3	46.0	T.Junction	Right	A4085	38	11:46	12:09	12:01	11:54	00:15
50.1	72.5	31.2	45.1	Drinks	Start		38	11:49	12:12	12:04	11:56	00:15
50.4	72.2	31.3	44.9		Caution!	Narrow Bridge	38	11:49	12:12	12:04	11:56	00:15
52.3	70.3	32.5	43.7	Sign		Dwyfor	38	11:52	12:15	12:07	11:59	00:16
53.9	68.7	33.5	42.7		Caution!	Hairpin Right	38	11:55	12:18	12:10	12:01	00:17
55.3	67.3	34.4	41.9	T.Junction	Right	A498	38	11:57	12:21	12:12	12:03	00:17
57.2	65.4	35.6	40.7	Sign		Beddgelert	38	12:00	12:24	12:15	12:06	00:18
57.7	64.9	35.9	40.4		Caution!	Narrow Bridge	38	12:01	12:25	12:16	12:07	00:18
57.7	64.9	35.9	40.4	Junction	Right	A498 Stryd Gwynant	38	12:01	12:25	12:16	12:07	00:18
58.0	64.6	36.1	40.2	Green Zone	Start		38	12:01	12:25	12:16	12:07	0.0

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kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	35 110%	38 100%	42 90%	ETA Range
58.2	64.4	36.2	40.0	Feed	Start		38	12:01	12:26	12:16	12:07	0.0
59.4	63.2	36.9	39.3	Green Zone	Finish		38	12:03	12:28	12:18	12:09	0.0
61.8	60.8	38.4	37.8	Sign		Nant Gwynant	38	12:07	12:32	12:22	12:12	00:19
65.3	57.3	40.6	35.6	QoM 2 Cat 1	Start		38	12:13	12:38	12:28	12:17	00:20
69.6	53.0	43.3	33.0	QoM 2 Cat 1	Finish	Nant Gwynant	38	12:19	12:45	12:34	12:23	00:21
70.2	52.4	43.7	32.6	Sign		Conwy	38	12:20	12:46	12:35	12:24	00:22
75.9	46.7	47.2	29.0	Sign		Capel Curig	38	12:29	12:56	12:44	12:32	00:23
76.6	46.0	47.6	28.6	T.Junction	Right	A5 dir Betws- y-Coed	38	12:30	12:58	12:45	12:33	00:24
83.6	39.0	52.0	24.3	Sign		Betws-y-Coed	38	12:42	13:10	12:57	12:43	00:26
84.9	37.7	52.8	23.4	Junction	Left	Caution! Narrow bridge after turn	38	12:44	13:12	12:59	12:45	00:26
89.8	32.8	55.8	20.4	T.Junction	Left	B5106	38	12:51	13:20	13:06	12:52	00:28
91.9	30.7	57.1	19.1	Sign		Trefriw	38	12:55	13:24	13:10	12:55	00:29
96.1	26.5	59.8	16.5	Sign		Dolgarrog	38	13:01	13:31	13:16	13:01	00:30
96.1	26.5	59.8	16.5	Sprint 2		Dolgarrog	38	13:01	13:31	13:16	13:01	00:30
99.0	23.6	61.6	14.7	Sign		Tal-y-Bont	38	13:06	13:36	13:21	13:05	00:31
101.5	21.1	63.1	13.1	Sign		Ty'n-y-Groes	38	13:10	13:41	13:25	13:09	00:32
106.8	15.8	66.4	9.8	Sign		Conwy	38	13:18	13:50	13:33	13:16	00:33
107.0	15.6	66.5	9.7		Caution!	Fast Descent	38	13:18	13:50	13:33	13:17	00:33
108.3	14.3	67.3	8.9		Caution!	Narrow Arch	38	13:21	13:53	13:36	13:18	00:34
108.4	14.2	67.4	8.8	M/Rabout	2nd Exit	A547 Conwy Road	38	13:21	13:53	13:36	13:19	00:34
109.4	13.2	68.0	8.2	R/about	1st Exit	A546 New Road	38	13:22	13:55	13:37	13:20	00:34
110.8	11.8	68.9	7.3	T.Lights	Straight	A546 New Road	38	13:24	13:57	13:39	13:22	00:34
112.0	10.6	69.6	6.6	Junction	Right	Deganwy Road	38	13:26	13:59	13:41	13:24	00:35
113.9	8.7	70.8	5.4	M/Rabout	2nd Exit	B5115 Conwy Road	38	13:29	14:02	13:44	13:26	00:35
114.0	8.6	70.9	5.3	X.Roads	Left	Crogfryn Lane	38	13:30	14:03	13:45	13:27	00:36
114.3	8.3	71.1	5.2	R/about	2nd Exit	Gloddeath Lane	38	13:30	14:03	13:45	13:27	00:36
116.3	6.3	72.3	3.9		Keep Left	Llhanros Road	38	13:33	14:07	13:48	13:30	00:36
116.6	6.0	72.5	3.7	Sign		Penrhyn Bay	38	13:34	14:07	13:49	13:30	00:36
117.4	5.2	73.0	3.2	M/Rabout	2nd Exit	Marine Road	38	13:35	14:08	13:50	13:31	00:37
117.8	4.8	73.3	3.0	X.Roads	Right	Morfa Road	38	13:36	14:09	13:51	13:32	00:37
118.1	4.5	73.4	2.8	T.Junction	Right	Glan-Y-Mor Road	38	13:36	14:10	13:51	13:32	00:37
122.6	0.0	76.2	0.0	Finish		Promenade, Colwyn Bay	38	13:43	14:17	13:58	13:39	00:38