

**COVID-19 Risk Assessment Template**

**For Netball Training & Sessions**

**Managing COVID-19 within Netball**

**TEMPLATE COVID-19 RISK ASSESSMENT – RETURN OF COMMUNITY NETBALL**

*This template covers training only. Further risk assessment templates are avaiable for Competition Organisers and for Tournament Organisers.*

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance (<https://www.gov.uk/guidance/working-safely-during-covid-19/events-and-attractions>) as well as guidance from England Netball (<https://www.englandnetball.co.uk/document/managing-covid-19-within-netball/>).

Netball Organisations should also consider their existing Health & Safety documents alongside this, and these should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball’s latest guidance.

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| **Our club name:** | **Our COVID-19 Officer is:** |
| **Name of activity:** | **This activity takes place at:** *Insert Venue* |
| **Who is carrying out this assessment?** | **We will review this risk assessment next on:** |
| **Date of the Risk Assessment** |  |

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| **What are the Risks?** | **Who might they affect?** | **General controls to be put in place** | **Activity specific controls to be put in place** | **Who will be responsible to action?** | **When does it need to be actioned by?** | **Is it complete?** |
| **ON COURT** | | | | | | |
| **If an individual tests positive within 48 hours of attending netball activity where standard netball rules were used, it is highly likely that NHS contact tracers will identify all other players on the court, coaches and officials as close contacts. To minimise the risk of COVID-19 transmission, they would then need to self-isolate for 10 days.** | All on court- Players, coaches, officials, volunteers | The modified rules have resulted in relatively low transmission rates within netball, so netball organisers may wish to continue using them.  If an individual tests positive within 48 hours of attending netball activity where COVID-19 rule modifications were used, it will be less likely that NHS Test and Trace will identify others as close contacts and there will not be a need to self-isolate.  Government’s self-isolation rules are due to change on the 16th August. |  |  |  |  |
| **The risk of transmission is increased by players playing multiple games in one day.** | All on court- Players, coaches, officials, volunteers | Players are aware that whilst there is no limit of lengths of games or number of matches/training within one day, increased contact time and increased interactions pose a greater risk of transmission of COVID-19. |  |  |  |  |
| **Increase in the number of injuries sustained by players and officials** | Players and officials | Fitness levels of players and officials and time away from court considered in session planning to ensure a progressive return and to minimise the risk of injury.  Players must complete a full warm up and cool down before and after every netball activity. |  |  |  |  |
| **An injury is sustained and requires first aid** | Players, coaches, officials, first aider | Hands to be sanitised before and after  Recommendation- first aid to be administered with non-surgical face mask and gloves  Follow guidance as per St Johns Ambulance  Complete accident report form  Ensure any waste is disposed of safely |  |  |  |  |
| **Droplet transmission** | Players, coaches,  officials, volunteers, parents, members of public at venue | Recommendation- to limit the number of people per netball court (inc players and coaches/ volunteers/officials)  Recommendation- to maintain social distancing on arrival at venue  Recommendation- to discourage congregation before or after sessions  Recommendation- to use one-way systems in place to manage entry and exit to session  Recommendation- signage and floor marking in place.  Name & contact details of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles) |  |  |  |  |
| **Fomite transmission via equipment** | Players, coaches, officials, volunteers and parents | Hand hygiene protocols in place prior to attendance and upon arrival    Hand sanitiser and wipes to be available during sessions  Hand sanitisation encouraged during any drinks or water breaks  All equipment including posts to be sanitised before and after each training sessions  Bibs washed prior to each session and sharing minimised  Water bottles and whistles must not be shared and any left at end of session should be disposed of  Suitable waste facilities available to dispose wipes and sanitisation materials |  |  |  |  |
| **Activity and common netball behaviours** | Players, coaches, officials, volunteers and parents | Players are briefed at the beginning of sessions of risks involved with common netball behaviours such as hands in and encouraged to minimise |  |  |  |  |
| **OFF COURT** | | | | | | |
| **For some people, the risk of COVID-19 is higher** | Players, coaches, officials, volunteers, parents | Recommendation that high risks groups are aware of the risks involved in netball and have access to the personal risk assessment  Participants have the choice if they would like to attend sessions and can ‘opt in’ to activity  There is no pressure from coaches, club volunteers or other players to join Netball training sessions |  |  |  |  |
| **Someone returns to soon following a case of COVID-19** | Players | Players are aware of the risks of exercising after a case of COVID-19.  Players advised to follow the advice of their GP or Consultant |  |  |  |  |
| **Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms** | Players, coaches, officials, volunteers, parents | Clear information provided to all members of potential COVID-19 symptoms  Recommendation- that all within the Netball Family complete regular (twice weekly) Lateral Flow Tests at home to help limit the spread of the virus.  Recommendation- health screening is undertaken prior to travelling to activity  Recommendation-further verbal health screening before entry into session  Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119 |  |  |  |  |
| **Following a confirmed positive case close contacts can’t be identified** | All members of the netball organisation | Registers maintained at all netball activity, so that COVID-19 Officers can advise on close contacts of positive cases  Advise anyone attending netball activity to use the NHS Test and Trace QR code displayed within the venue (if one is displayed) |  |  |  |  |
| **Junior players and vulnerable adults** | Junior players, vulnerable adults, parents of junior players and/or vulnerable adults | If using rule modifications increase regularity of social distancing and rule modifications reminders for the youngest players (U11’s)  Practices and coaching aids to demonstrate required distances  Use of assistant coaches and other adults to remind junior players of risk mitigations |  |  |  |  |
| **Movement of people** | Players, coaches, officials, volunteers, parents, members of public at venue | Recommendation- to have traffic flow systems in place to avoid congestion  Recommendation to encourage social distancing when not on court, particularly indoors |  |  |  |  |
| **VENUES** | | | | | | |
| **Fomite transmission via surfaces in venue** | Players, coaches,  officials, volunteers, parents, members of public at venue | Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)  Confirm with venue operator rigorous and regular cleaning processes are in place.  Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place  Regular disinfection of such heavily used areas  Recommendation that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility. |  |  |  |  |
| **Airborne transmission** | Players, coaches, officials, volunteers and parents | Recommendation that Netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow. |  |  |  |  |
| **Toilets and changing rooms** | Players, coaches, officials, volunteers and parents | Work with venue operator to ensure rigorous and regular cleaning of toilet facilities and other communal areas are in place  Thorough hand washing after use of toilet facilities is encouraged  Hand sanitiser to be available on courts so use of toilets is not needed for hand washing |  |  |  |  |
| **Transport to and from activity** | Players, coaches, officials, volunteers, parents | Adherence to Government guidance on travel and public transport |  |  |  |  |
| **OTHER** | | | | | | |
| **Breaches to Government and England Netball guidance** | Players, coaches, officials, volunteers and parents | Information shared in advance to avoid unintentional breaches  Initial concerns should be shared with Covid Officer, Safeguarding Officer or another appropriate committee member/staff member  Review activities after each session to identify any further adaptions that are required  If activity cannot be safely managed, cease activity |  |  |  |  |