2021 LEEDS BIG SLEEP... IN!









WHAT IS THE 2021 LEEDS BIG SLEEP...IN?

Leeds Rhinos Foundation, St Gemma's Hospice and St George's Crypt are working together to raise money for those most in need in our city. We are unable to hold our annual Leeds Big Sleep at the Emerald Headingley Stadium, so we are asking you, your friends, your family and colleagues to join us with the Leeds Big Sleep...In.

The pandemic has made all of our lives change, but for some people, life on the streets or living with a terminal illness has made the hardship even harder.







We are encouraging people to Sleep...In on Friday 5th February, we are suggesting sleeping somewhere uncomfortable, the floor, the bath, in the garden, in the office (anywhere you like as long as it conforms to the current government social distancing guidelines at the time) to raise sponsorship which will be equally split between Leeds Rhinos Foundation, St Gemma's Hospice and St George's Crypt.

Virtual entertainment will be broadcast throughout the evening which you can join in, watch and enjoy whilst you prepare to Sleep...In.

HOW DO I REGISTER?

There is a £5 registration fee and you can register your place at: bit.ly/LeedsBigSleepIn

Details of how to set up an online sponsorship form will be sent to you once you have registered.

Anyone who raises sponsorship will receive a limited edition pin badge to wear with pride.





For more information please contact either; tracey.mearns@leedsrhinosfoundation.org pete.watson@st-gemma.co.uk cheryl.harrington@stgeorgescrypt.org.uk

#leedsbigsleep @leedsbigsleep





THE CHARITIES THAT WILL BENEFIT FROM THE LEEDS BIG SLEEP... IN!

Leeds Rhinos Foundation is the official charity of Leeds Rhinos. They deliver projects in the heart of the community by harnessing the power of sport to make a lasting, positive impact on individuals' lives. As the Leeds Rhinos charity we have a unique opportunity to truly change lives through sport.





St Gemma's Hospice provides expert care and support for local people with life-limiting illness. They offer care to patients and their carers in the Hospice's In-Patient Unit, through the St Gemma's community team and via a range of day therapies. All care provided by the Hospice is free-of charge and is open to anyone who needs it.

St George's Crypt has been providing care and support to homeless and disadvantaged adults in Leeds for 90 years. They offer food, emergency accommodation, specialist residential projects, recovery from addiction, volunteering/work experience and skills training for their service users and much more.



OVER 50,000 PEOPLE EACH YEAR ARE SUPPORTED BY THE WORK OF ALL THREE CHARITIES!