

FROM THE GROUND UP

# **COACHING COURSES 2017**

# **U6 to U12**

# **INTRO TO COACHING MINI RUGBY**

#### **DLSP RFC**

August 26th Contact: Adam Griggs adam.griggs@leinsterrugby.ie

#### **OLD BELVEDERE RFC**

September 23rd Contact: Ken Knaggs ken.knaggs@leinsterrugby.ie

#### **CLONDALKIN RFC**

October 7th
Contact: Ken Moore
ken.moore@leinsterrugby.ie

#### **COOLMINE RFC**

September 2nd Contact: Stephen Costelloe stephen.costelloe@leinsterrugby.ie

#### **NAVAN RFC**

September 30th
Contact: Billy Phelan
billy.phelan@leinsterrugby.ie

#### **MULLINGAR RFC**

October 14th
Contact: Patsy Gorman
patsy.gorman@leinsterrugby.ie

#### **DUNDALK RFC**

September 9th
Contact: Billy Phelan
billy.phelan@leinsterrugby.ie

#### **NAAS RFC**

September 30th
Contact: Joe Carbery
joe.carbery@leinsterrugby.ie

#### **TULLAMORE RFC**

October 21st
Contact: Patsy Gorman
patsy.gorman@leinsterrugby.ie

### Sat 9.30am to 5pm

#### **TULLOW RFC**

September 23rd
Contact: Ben Armstrong
ben.armstrong@leinsterrugby.ie

#### **GOREY RFC**

October 7th
Contact: Ben Armstrong
ben.armstrong@leinsterrugby.ie

#### **MALAHIDE RFC**

November 4th
Contact: Stephen Costelloe
stephen.costelloe@leinsterrugby.ie

### INTRO TO COACHING MUST BE COMPLETED BEFORE PROCEEDING TO STAGE 1 COACHING

### **U9 to U12**

#### **DLSP RFC**

August 30th Contact: Adam Griggs adam.griggs@leinsterrugby.ie

#### **NAAS RFC**

October 4th
Contact: Joe Carbery
joe.carbery@leinsterrugby.ie

#### **CLONDALKIN RFC**

October 25th
Contact: Ken Moore
ken.moore@leinsterrugby.ie

# **STAGE 1 COACHING**

#### **COOLMINE RFC**

September 6th Contact: Stephen Costelloe stephen.costelloe@leinsterrugby.ie

#### **NAVAN RFC**

October 11th Contact: Billy Phelan billy.phelan@leinsterrugby.ie

#### **TULLAMORE RFC**

November 1st
Contact: Patsy Gorman
patsy.gorman@leinsterrugby.ie

### Wed 7pm to 10pm

#### **OLD BELVEDERE RFC**

September 27th Contact: Ken Knaggs ken.knaggs@leinsterrugby.ie

#### **ENNISCORTHY RFC**

October 18th
Contact: Ben Armstrong
ben.armstrong@leinsterrugby.ie

#### **MALAHIDE RFC**

November 8th
Contact: Stephen Costelloe
stephen.costelloe@leinsterrugby.ie

## **U13 to U15**

#### **ASHBOURNE RFC**

August 26th 9.30am – 3.30pm August 27th 9.30am – 3.30pm Contact: Colin O'Hare Colin.OHare@leinsterrugby.ie

#### **TULLAMORE RFC**

September 27th 7pm – 10pm
September 30th 9.30am – 3.30pm
October 4th 7pm – 10pm
Contact: Damien McCabe
damien.mccabe@leinsterrugby.ie

## **STAGE 2 COACHING**

#### **CILL DARA RFC**

September 2nd 9.30am – 5pm
September 4th 7pm – 9pm
September 9th 9.30am – 12pm
Contact: John Bagnall
John.bagnall@leinsterrugby.ie

#### **OLD BELVEDERE RFC**

September 27th 7pm – 10pm
October 4th 7pm – 10pm
October 11th 7pm – 10pm
October 18th 7pm – 10pm
Contact: Dan van Zyl
dan.vanzyl@leinsterrugby.ie

### 11 Hours

#### **ENNISCORTHY RFC**

September 9th 9.30am – 4.30pm September 10th 9.30am – 2.30pm Contact: Declan O'Brien declan.obrien@leinsterrugby.ie

#### **LANSDOWNE RFC**

November 8th 7pm - 10pm
November 15th 7pm - 10pm
November 22nd 7pm - 10pm
November 29th 7pm - 10pm
Contact: Dan van Zyl
dan.vanzyl@leinsterrugby.ie

All Intro and Stage 2 courses cost €70pp; stage 1 course cost €10pp.

The closing date to register and to pay in full is one week from the start of the course. To register for a coaching course please email the development officer in charge, visit www.leinsterrugby.ie/coachingcourses or telephone Sheila Cullivan on (01) 2235111

