

BANK OF IRELAND
LEINSTER RUGBY
SCHOOL OF
EXCELLENCE

Name: _____

Address: _____

Date of Birth: _____

School: _____

Club: _____

Training T-shirt: S M L XL XXL (All adult sizes)

Parent/Guardian details

Name: _____

Telephone: _____

Email: _____

Details of medical conditions/special attention required:

Camp 1: 15th – 19th July (Boys camp)

Camp 2: 22nd – 26th July (Separate Boys and Girls camp)

Camp 3: 29th July – 2nd August (Boys camp)

Camp 4: 5th – 9th August (Boys camp)

Residential Non-Residential

Signed: _____

Parent/Guardian

***TERMS AND**
CONDITIONS

Applications will only be accepted upon receipt of a course deposit of €100. Payment is regarded as acceptance of the conditions of enrolment as outlined below.

Confirmation of bookings will be made via email. Early bird pricing applies until the 22nd March 2019.

Leinster Rugby has the right to refuse admission or to dismiss at any time during the camp, any student whose presence by way of conduct is deemed by the camp manager or camp coordinator to be detrimental to the best interests of the camp or its other participants. In such instances, no refunds will be made and any additional costs involved, including transportation, will be at the parent's/guardian's expense.

The camp will operate to the highest standards of safety. Leinster Rugby shall not be responsible for any illness, disease, accident, travel delays or loss of property unless occasioned by the wilful act of negligence on the part of the camp or its employees.

Players who have particular health requirements must notify the camp of same in writing upon application. Any injuries incurred on the camp will be at the cost of the parent/guardian, not Leinster Rugby.

Please note all personal belongings are the responsibility of each participant and Leinster Rugby will not be responsible for the loss or replacement of any misplaced belongings.

Photographs and video may be taken over the duration of the camps and will be used only for promotional purposes.

CANCELLATIONS

In the event of cancellations the €100 deposit (plus booking fee) will not be refunded. Players who fail to arrive without notification will not receive a refund.

*Visit www.leinsterrugby.ie/soe for a full list of terms and conditions.

**One free ticket to a selected Leinster Rugby home game will be issued via a Ticketmaster code during the 2019/2020 season.

@LEINSTERBRANCH
#LEINSTERSOE



BANK OF IRELAND
LEINSTER RUGBY
SCHOOL OF
EXCELLENCE



Residential and non-residential coaching at the King's Hospital School

Week One: 15th – 19th July
Week Two: 22nd – 26th July
(Separate boys and girls camp)
Week Three: 29th July – 2nd August
Week Four: 5th – 9th August

EARLY BIRD PRICE:
€399 Residential,
€299 Non-Residential
Until 22nd March
(Normally €449, €349)



BOOK ONLINE AT
LEINSTERRUGBY.IE/SOE

@LEINSTERBRANCH
#LEINSTERSOE

Bank of Ireland



FROM
THE
GROUND
UP

PROGRAMME CONTENT

Targeting stage 2 and 3 players, between 12 - 17 years of age, the aim of the Bank of Ireland Leinster School of Excellence is to develop a player's game understanding and awareness, as well as improving core skills to execute in a game environment. Above all, Leinster Rugby creates an atmosphere for the young player to enjoy their sport and improve in a fun and safe environment.

WHY ATTEND THE LEINSTER SCHOOL OF EXCELLENCE?

- Top class coaching from professional coaches
- Weekly guest speaker e.g. Peter Smyth (Leinster Rugby Academy Manager)
- Live and train like a professional rugby player
- Weekly visit from two Leinster Rugby academy players
- Flexibility and swimming pool recovery sessions daily
- Daily video analysis
- All meals provided are approved by Leinster Rugby staff
- All players receive a training top
- All players will receive a ticket to a selected Leinster Rugby home game**



DATES

CAMP 1

Monday 15th – Friday 19th July
(Boys camp)

CAMP 3

Monday 29th July – Friday 2nd
August (Boys camp)

CAMP 2

Monday 22nd – Friday 26th July
(Separate Boys and Girls camp)

CAMP 4

Monday 5th – Friday 9th
August (Boys camp)

Note: you must be between the ages of 12 - 17 years at the date of the camp (15th of July)

VENUE

The King's Hospital School, Palmerstown, Dublin 20

Situated off the M50 on the N4 at junction 7, exit 2, opposite Liffey Valley Shopping Centre - 15 minutes from Dublin Airport.

Note: Residential players arrive between 7 - 8pm the Sunday prior to camp commencement. Non-residential players arrive 9.30am on Monday of camp. Both camps end Friday at 3pm.

FEES

Early Bird price: Residential €399. Non-residential €299.
Normal price: Residential €449. Non-residential €349 thereafter.

Note: Instalment payment options are available. A deposit of €100 is necessary to book a place and is non-refundable.

HOW TO BOOK

All bookings can be made online at www.leinsterrugby.ie/soe

Alternatively, you can fill in the application form and send a cheque made payable to **Leinster Rugby** with the deposit of €100 to:

Leinster School of Excellence,
Leinster Rugby,
Newstead Building A,
UCD, Belfield,
Dublin 4.

Queries to: sheila.cullivan@leinsterrugby.ie or 01 223 5111

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#LEINSTERSOE

ENDORSEMENTS



PETER SMYTH, LEINSTER RUGBY ACADEMY MANAGER

As Leinster Rugby Academy Manager I see Leinster School of Excellence as another step on the Leinster Rugby player pathway. The opportunity for a player attending the School of Excellence is the exposure to the high quality coaching from vastly experienced coaches while living like a professional rugby player. There is always something the players can bring back to their clubs and schools for the season ahead.



TADHG FURLONG, TIGHT HEAD PROP FOR LEINSTER RUGBY

I attended the Leinster School of Excellence a few years ago and can't speak highly enough of them. Getting that exposure to elite coaching at a young age, you pick up bits and pieces that you can then bring back to your school or club to help your own game. I'd highly recommend the Leinster SOE to anyone looking to develop their game and to have a great fun week while learning from the best of Leinster Rugby coaches.



EIMEAR CORRI, WINGER FOR LEINSTER WOMENS RUGBY

I attended Leinster School of Excellence in Kings Hospital on two occasions and both were equally as enjoyable and learning filled. The camp gave me the opportunity to develop the fundamental skills of the game and progress it into game scenarios, all of which I could take back to my club and work on further. It also offered me the experience of a professional environment with excellent coaches delivering top quality sessions. The camp is a fun week which generates friendship between players of all ages and I would highly recommend it.



LEO CULLEN, HEAD COACH FOR LEINSTER RUGBY

The Bank of Ireland Leinster School of Excellence plays a huge role in the on-going development of players throughout the province. Naturally only some of those that attend can progress to the Senior ranks in Leinster but the foundation and the training the players get will stand to them as they go back to their schools and clubs, thus raising the standard of rugby across the province. What shouldn't be forgotten though is that camps like these and the professional manner in which they are run, is of huge benefit from a rugby point of view but the memories and the friendships that the players have will last a lifetime.