



#### JOB DESCRIPTION & RESPONSIBILITY STATEMENT

1. POST TITLE: Lead Academy Physiotherapist, Munster

### 2. ROLE AND PURPOSE OF POSITION

o The role provides all aspects of physiotherapy care both proactive and reactive to the Munster Academy, National Talent Squad (NTS) and National Women's players based in Munster.

### 3. RESPONSIBILITIES

- O Develop and co-ordinate the planning and delivery of injury management programmes across the academy & NTS pathways.
- o It involves assisting with the local development and integration of the proposed injury monitoring system and ensure that the injury data is kept up to date.
- Work closely with other specialists and the Munster Rugby performance staff especially in the prehabilitation and injury rehabilitation of players.
- o It involves screening for all academy players at the start of the season and implementing individual robustness programmes as required.
- o Complete pre-signing and exit medicals as required.
- o Matchday physiotherapy cover for Munster A games, at both home and away fixtures.
- o Accompany Munster Academy players, where possible, on visits to consultants.
- o Maintain up to date notes on the online player medical management system.
- o Liaise with appropriate stakeholders both provincially & nationally on all relevant matters relating to players injuries and progress.
- o Communicate regularly with the Munster & IRFU Medical & Athletic Performance departments regarding any physiotherapy issues related to player welfare or performance.
- o Communicate with coaches regarding progress of injured players on a regular basis.
- o Carry out any other duties that may be assigned from time to time

### 4. REPORTING RELATIONSHIPS

Operational: Academy Manager, MBIRFU

Lead Physiotherapist, MBIRFU

Functional: Head of Physiotherapy & Rehabilitation, IRFU

## 5. CRITERIA:

Essential:

- o Degree or equivalent in physiotherapy
- o CORU Registered or eligible to do so
- o A minimum of 3 years experience working in a high performance sports environment
- o Excellent communication & organisational skills
- o The ability to work well within a team environment
- Evidence of CPD in the areas of sports physiotherapy & musculoskeletal physiotherapy

Desirable:

- o Post graduate qualification in sports medicine or related area
- o Pitch side emergency management qualifications
- o Full Driving License





# 6. PERFORMANCE MEASURES:

- o Carry out duties and responsibilities as mentioned above to an effective and efficient standard;
- o Achieve set KPI's.
- o Maintaining effective relationships with various staff within the provincial branch.
- o Portray a competent and professional image on behalf of Munster Rugby

The above statements are intended to describe the general nature and level of work required from this position. They are not intended to be an exhaustive list of all responsibilities and activities required. The holder of this position is required to respond with a flexible approach when tasks arise which are not specifically covered in this job description.