



## **JOB DESCRIPTION & RESPONSIBILITY STATEMENT**

**POST TITLE: Assistant Academy Physiotherapist**

### **1 ROLE AND PURPOSE OF POSITION**

To provide physiotherapy services to the Munster Rugby Academy and National Talent Squad (NTS) in Limerick/ Cork and to deliver best practice sports medicine services in partnership with the Head Physiotherapist and Doctor(s).

To liaise and work with medical, fitness and coaching staff on all physiotherapy related issues within the Munster Academy and NTS group.

### **2 REPORTING RELATIONSHIPS**

Operational: Lead Academy Physiotherapist and Lead Physiotherapist  
Functional: Head of Medical, Munster and CEO, Munster

### **3 KEY QUALITIES**

*Essential:*

- Degree or equivalent in physiotherapy / Chartered Physiotherapist
- A minimum of one year's post graduate experience working in a clinical setting and/or sports medicine and/or as a Team physiotherapist to a professional sports team
- Good communication skills
- The ability to work well within a team environment
- Good organisational skills
- Flexibility and willingness to work unsociable hours including weekends and evenings.

*Desirable:*

- Evidence of CPD in the areas of sports medicine, sports physiotherapy and musculoskeletal physiotherapy.
- Computer competence to the level of ECDL
- Pitch side traumatology qualification
- Full clean Driving licence

## **4 RESPONSIBILITIES**

- To work within the medical team in the treatment and monitoring of injuries to Munster Academy and NTS injuries.
- To provide physiotherapy services to Munster's underage summer programme.
- Develop rehabilitation programs for long-term injured players within Academy/NTS system.
- Assist with the local development and integration of the Injury Tracking/Monitoring system and ensure that the injury data is kept up to date.
- Co-ordinate injury pre-habilitation and rehabilitation programmes of players
- Work closely with other specialists and the Munster Rugby Performance team especially in the pre-habilitation and injury rehabilitation of players
- Assist in the completion of musculo-skeletal screening for all Academy and NTS players at the start of the season and implement individual pre-habilitation programmes as required. End of season screening should be completed where necessary.
- Attend training sessions and be available to give treatment at times suitable to you and the player. Ensure that there is a cross-cover arrangement in place for all absences, utilising the existing IRFU /Munster physiotherapy personnel.
- Complete written reports for coaching staff in preparation for squad training days. Communicate with coaches regarding progress of injured players on a regular basis.
- Be trained and updated in acute pitch side care, including spinal injury, and cardiopulmonary resuscitation.
- Keep up to date on recent research in sports medicine and rugby related physiotherapy issues.
- Maintain and update your knowledge and practice of sports medicine, by participation in a proposed IRFU education program.
- Maintain and update your knowledge and practice of sports physiotherapy, to include participation in IRFU physiotherapy in-service meetings, in-services and outside lectures.

## **5 PERFORMANCE MEASURES**

- Demonstrated high level of competence in management of short & long term injuries
- Maintain satisfactory continued education in the practise of Sports Physiotherapy.
- Ensure effective communication to the Lead Physiotherapist, Medical Doctor(s), Coaching Groups, Munster U19s and Ireland U19s Staff.
- Provide accurate documentation on injuries and Rehabilitation Programme and maintain up to date data on injuries and treatment.

- Show initiative in providing Player Education Sessions.
- Provide End of Season Report to the Lead Physiotherapist as required.
- Attend IRFU Medical and Physiotherapy meetings if required. Prepare occasional presentations (case reports, journal or conference reviews) for these meetings.