



JOB DESCRIPTION & RESPONSIBILITY STATEMENT

1. JOB DETAILS:

Position: Senior Team Physiotherapist

Location of work: High Performance Centre, UL, Limerick

Start Date: 20th July, 2026

2. PURPOSE OF POSITION:

To provide world class physiotherapy services to the Munster Rugby Senior Team in partnership with the Physiotherapy Team and Lead Doctor.

To develop strong working relationships with medical, athletic performance, nutrition and coaching staff, in order to provide the best service to players as part of a strong interdisciplinary team.

3. REPORTING RELATIONSHIPS:

Operational: Lead Physiotherapist

Functional: General Manager , Munster Rugby and CEO, Munster Rugby

4. KEY CANDIDATE QUALITIES:

Essential:

- Degree or equivalent in physiotherapy
- Registered with the Irish Society of Chartered Physiotherapists or an ability to obtain prior to start date.
- Registered with CORU, or an ability to obtain prior to start date.
- A minimum of 4 years' post graduate physiotherapy experience working in sports medicine.
- Minimum of 2 years' experience working as a physiotherapist in professional or elite level sport.
- A strong clinical skillset, with ability to manage own player caseload.
- Experience in planning and delivering individualised rehabilitation plans for both short and long term injured athletes.
- Excellent communication and organisation skills.
- Excellent interpersonal skills, with the ability to develop credible and effective working relationships with colleagues.
- Proactive team member, with a positive attitude towards delivering excellence and driving high standards.
- Flexibility and willingness to work unsociable hours including weekends and evenings.

Desirable:

- Postgraduate qualification in sports physiotherapy/musculoskeletal physiotherapy/sports rehabilitation/strength and conditioning.
- Experience working as a physiotherapist in professional rugby union.
- Experience of working closely with other disciplines within a high performance sport organisation, such as strength and conditioning coaches, sport scientists, nutritionists, and team management.

5. RESPONSIBILITIES:

- Align with the team vision, demonstrate the values and behaviors set out by our club, and contribute to service development to deliver the team vision.
- Manage and deliver physiotherapy care for an assigned caseload of players.
- Maintain accurate, up-to-date clinical notes, treatment records and injured player plans.
- Collaborate with other physiotherapists and athletics performance support staff within Munster and the IRFU for integrated player care.
- Attend and contribute to the scheduled team meetings, internal CPD events and 1-1's.
- Communicate effectively with the lead physiotherapist regarding player availability and progress.
- Design your own annual objectives and CPD plans, in alignment with lead physiotherapist, and review monthly to ensure adequate support for your plans.
- Provide fitness to train assessment, treatment, and decision making when required, ensuring to flag any injury risks early to the lead physiotherapist.
- Design individualised quarry/injury prevention plans for players.
- Provision of pitch-side physio and trauma care at training sessions and games according to our physio rota.
- Provide medical updates post training/games to the medical team.
- Provision of post-game injury clinics according to our physio rota.
- Design both short and long term injured player rehabilitation plans and schedules in collaboration with athletic performance, including clear phases, phase exit criteria and testing procedures.
- Collaborative working with athletic performance staff, ensuring consistent communication, with clear understanding of roles and a robust transition process.
- Engage in the reflective process post RTP, with a view to continuously improve our process and systems.

This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.