

STAGE SEVEN | STONEHAVEN TO ABERDEEN SUNDAY 12 SEPTEMBER

STAGE DISTANCE	Stonehaven Leisure Centre, Stonehaven
NEUTRALISED SECTION	4.7km or 2.9 miles
STAGE DISTANCE	173 km or 107.6 miles
FINISH	Esplanade, Aberdeen



ROUTE DETAILS							ESTIMATED TIMETABLE			
KMS	KMS TO GO	MILES	MILES TO GO	FEATURE	INSTRUCTION	DESCRIPTION	Base Speed	38kmph	42kmph	46kmph
								110%	100%	90%
0.00	4.70	0.00	2.90	Start Neutralised		Stonehaven Leisure Centre, Stonehaven	42	10:30	10:30	10:30
0.00	173.0	0.00	107.6	Start Proper		Unclassified road	42	10:45	10:45	10:45
0.6	172.4	0.4	107.2		Caution!	Fast Descent	42	10:45	10:45	10:45
4.6	168.4	2.9	104.7		Caution!	Sharp Left Bend	42	10:52	10:51	10:50
12.4	160.6	7.7	99.9		Caution!	Hairpin Bend Left	42	11:04	11:02	11:00
12.5	160.5	7.8	99.8		Caution!	Narrow Bridge	42	11:04	11:02	11:01
14.3	158.7	8.9	98.7		Caution!	Sharp Left Bend	42	11:07	11:05	11:03
15.7	157.3	9.8	97.8	TJunction	Right	Glenfarquar Road	42	11:09	11:07	11:05
15.7	157.3	9.8	97.8		Caution!	Narrow Bridge after turn	42	11:09	11:07	11:05
16.0	157.0	9.9	97.6	Sign		Auchenblae	42	11:10	11:07	11:05
16.2	156.8	10.1	97.5		Caution!	Fast Descent	42	11:10	11:08	11:05
18.1	154.9	11.3	96.3	X.Roads	Right	B966 dir Fettercairn	42	11:13	11:10	11:08
18.9	154.1	11.8	95.8	Sign		Cairnton	42	11:14	11:12	11:09
19.0	154.0	11.8	95.8		Keep Left		42	11:14	11:12	11:09
24.2	148.8	15.0	92.5		Caution!	Hump Back Bridge	42	11:23	11:19	11:16
26.5	146.5	16.5	91.1	X.Roads	Right	B966	42	11:26	11:22	11:19
27.0	146.0	16.8	90.8	Sign		Fettercairn	42	11:27	11:23	11:19
27.2	145.8	16.9	90.7	R/about	3rd Exit	No Cut!	42	11:27	11:23	11:19
28.8	144.2	17.9	89.7		Caution!	Sharp Left Bend	42	11:30	11:26	11:22
29.3	143.7	18.2	89.4		Caution!	Narrow Bridge	42	11:31	11:26	11:22
30.0	143.0	18.7	88.9	Drinks Start			42	11:32	11:27	11:23
33.1	139.9	20.6	87.0	KoM 1	Start		42	11:37	11:32	11:27
34.1	138.9	21.2	86.4		Caution!	Sheep	42	11:38	11:33	11:28
35.9	137.1	22.3	85.3		Caution!	Hairpin Left on Ascent	42	11:41	11:36	11:31
36.1	136.9	22.4	85.1		Caution!	Hairpin Right on Ascent	42	11:41	11:36	11:31
36.3	136.7	22.6	85.0	KoM 1 Cat 1	Finish	Cairn o'Mount	42	11:42	11:36	11:31
36.3	136.7	22.6	85.0			Green Zone	42	11:42	11:36	11:31
36.4	136.6	22.6	84.9		Caution!	Fast Descent	42	11:42	11:37	11:31
38.3	134.7	23.8	83.8		Caution!	Fast & Technical Descent	42	11:45	11:39	11:34
40.5	132.5	25.2	82.4		Caution!	Narrow Bridge	42	11:48	11:42	11:37
41.7	131.3	25.9	81.6		Caution!	Fast Descent	42	11:50	11:44	11:38
45.3	127.7	28.2	79.4		Caution!	Fast Descent	42	11:56	11:49	11:43
49.5	123.5	30.8	76.8		Caution!	Sharp Left Bend	42	12:02	11:55	11:48
49.6	123.4	30.8	76.7		Caution!	Sharp Right Bend	42	12:02	11:55	11:48
49.8	123.2	31.0	76.6		Keep Left	B974	42	12:03	11:56	11:49
49.9	123.1	31.0	76.5	Sign		Strachan	42	12:03	11:56	11:49
50.2	122.8	31.2	76.4	TJunction	Left	B976	42	12:03	11:56	11:49
52.5	120.5	32.6	74.9		Caution!	Sharp Right Bend	42	12:07	12:00	11:52
53.8	119.2	33.5	74.1		Keep Left		42	12:09	12:01	11:54
54.0	119.0	33.6	74.0	Sign		Finzean	42	12:09	12:02	11:54
55.8	117.2	34.7	72.9	Sign		Finzean Village	42	12:12	12:04	11:56
55.9	117.1	34.8	72.8	Sprint 1		Finzean	42	12:12	12:04	11:56
56.4	116.6	35.1	72.5		Keep Right		42	12:13	12:05	11:57
56.6	116.4	35.2	72.4	KoM 2	Start		42	12:13	12:05	11:57
59.1	113.9	36.8	70.8	KoM 2 Cat 3	Finish	Corsedardar Hill	42	12:17	12:09	12:00

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ROUTE DETAILS							ESTIMATED TIMETABLE			
KMS	KMS TO GO	MILES	MILES TO GO	FEATURE	INSTRUCTION	DESCRIPTION	Base Speed	38kmph	42kmph	46kmph
								110%	100%	90%
59.1	113.9	36.8	70.8			Green Zone	42	12:17	12:09	12:00
59.1	113.9	36.8	70.8		Caution!	Fast Descent	42	12:17	12:09	12:00
61.2	111.8	38.1	69.5	Sign		Ballogie	42	12:21	12:12	12:03
62.8	110.2	39.1	68.5		Keep Left	B976	42	12:23	12:14	12:05
62.9	110.1	39.1	68.5	Sign		Birse	42	12:23	12:14	12:05
68.0	105.0	42.3	65.3	Junction	Right	B698 Bridgeview Road	42	12:31	12:22	12:12
68.0	105.0	42.3	65.3	Sign		Aboyne	42	12:31	12:22	12:12
68.3	104.7	42.5	65.1	Junction	Right	Charlestown Road	42	12:32	12:22	12:12
69.0	104.0	42.9	64.7	Sprint 2		Aboyne	42	12:33	12:23	12:13
69.2	103.8	43.0	64.5	TJunction	Left	A93 Ballater Road	42	12:33	12:23	12:13
69.8	103.2	43.4	64.2	X.Roads	Straight		42	12:34	12:24	12:14
75.4	97.6	46.9	60.7	Sign		Cairngorms National Park	42	12:43	12:32	12:21
75.8	97.2	47.1	60.4	Sign		Dinnet	42	12:44	12:33	12:22
76.2	96.8	47.4	60.2	X.Roads	Left	B9158 Firmouth Road	42	12:44	12:33	12:22
76.9	96.1	47.8	59.8	TJunction	Right	B976 Deerside Road	42	12:45	12:34	12:23
81.0	92.0	50.4	57.2		Caution!	Sharp Right Bend	42	12:52	12:40	12:29
87.5	85.5	54.4	53.2	Junction	Right	B976 Bridge Road	42	13:02	12:50	12:37
87.6	85.4	54.5	53.1	Sign		Ballater	42	13:02	12:50	12:37
87.6	85.4	54.5	53.1	Sprint 3		Ballater	42	13:02	12:50	12:37
87.8	85.2	54.6	53.0	X.Roads	Straight	A93 Bridge Street	42	13:02	12:50	12:37
89.8	83.2	55.8	51.7	Junction	Right	B972 Pass of Ballater	42	13:06	12:53	12:40
91.6	81.4	57.0	50.6	Sign		Tullich	42	13:08	12:55	12:42
92.8	80.2	57.7	49.9	TJunction	Right	A93	42	13:10	12:57	12:44
97.6	75.4	60.7	46.9	Junction	Left	B9119	42	13:18	13:04	12:50
101.4	71.6	63.1	44.5		Keep Right	B9119	42	13:24	13:09	12:55
103.3	69.7	64.2	43.3	TJunction	Right	A97	42	13:27	13:12	12:57
103.4	69.6	64.3	43.3	TJunction	Left	B9119	42	13:27	13:12	12:57
107.3	65.7	66.7	40.9		Keep Left	B9119 Bridge Street	42	13:33	13:18	13:02
107.8	65.2	67.0	40.5		Caution!	Narrow Bridge	42	13:34	13:19	13:03
108.1	64.9	67.2	40.4		Keep Right	B9119	42	13:34	13:19	13:03
108.4	64.6	67.4	40.2		Keep Left	B9119	42	13:35	13:19	13:04
108.8	64.2	67.7	39.9	KoM 3	Start		42	13:35	13:20	13:04
113.7	59.3	70.7	36.9	KoM 3 Cat 3	Finish	Queen's View	42	13:43	13:27	13:11
113.7	59.3	70.7	36.9			Green Zone	42	13:43	13:27	13:11
121.0	52.0	75.2	32.3		Caution!	Fast Descent	42	13:55	13:37	13:20
122.8	50.2	76.4	31.2		Caution!	Narrow Bridge	42	13:57	13:40	13:22
123.8	49.2	77.0	30.6		Caution!	Narrow Bridge	42	13:59	13:41	13:24
127.7	45.3	79.4	28.2	Junction	Left	Caution Sharp Left	42	14:05	13:47	13:29
129.6	43.4	80.6	27.0		Caution!	Sharp Left Bend	42	14:08	13:50	13:31
130.4	42.6	81.1	26.5		Caution!	Narrow Bridge	42	14:09	13:51	13:32
131.2	41.8	81.6	26.0		Keep Right	B993	42	14:11	13:52	13:33
132.3	40.7	82.3	25.3		Caution!	Sharp Left Bend	42	14:12	13:54	13:35
132.3	40.7	82.3	25.3		Caution!	Fast Descent	42	14:12	13:54	13:35
133.8	39.2	83.2	24.4	Sign		Millbank	42	14:15	13:56	13:37
134.5	38.5	83.6	23.9	Sign		Ordhead	42	14:16	13:57	13:37
135.0	38.0	83.9	23.6	Junction	Left		42	14:17	13:57	13:38

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ROUTE DETAILS							ESTIMATED TIMETABLE			
KMS	KMS TO GO	MILES	MILES TO GO	FEATURE	INSTRUCTION	DESCRIPTION	Base Speed	38kmph	42kmph	46kmph
								110%	100%	90%
138.3	34.7	86.0	21.6	X.Roads	Straight		42	14:22	14:02	13:42
141.0	32.0	87.7	19.9	Junction	Right		42	14:26	14:06	13:46
141.8	31.2	88.2	19.4		Keep Left		42	14:27	14:07	13:47
145.0	28.0	90.2	17.4		Caution!	Hump Back Bridge	42	14:32	14:12	13:51
146.9	26.1	91.3	16.2	TJunction	Right	B977	42	14:35	14:14	13:53
147.0	26.0	91.4	16.2	Sign		Dunecht	42	14:36	14:15	13:54
147.3	25.7	91.6	16.0	TJunction	Left	A944	42	14:36	14:15	13:54
151.9	21.1	94.5	13.1	X.Roads	Straight		42	14:43	14:22	14:00
152.7	20.3	95.0	12.6	X.Roads	Straight		42	14:44	14:23	14:01
153.0	20.0	95.1	12.4			20km to Finish - Green Zone	42	14:45	14:23	14:01
153.6	19.4	95.5	12.1	Sign		Mason Lodge	42	14:46	14:24	14:02
153.9	19.1	95.7	11.9	R/about	2nd Exit	A944 Straik Road	42	14:46	14:24	14:02
154.5	18.5	96.1	11.5	R/about	2nd Exit	A944 Straik Road	42	14:47	14:25	14:03
156.3	16.7	97.2	10.4	R/about	2nd Exit	A944 Westhill Drive	42	14:50	14:28	14:05
156.9	16.1	97.6	10.0	T.Lights	Straight	A944	42	14:51	14:29	14:06
157.1	15.9	97.7	9.9	Sign		Aberdeen	42	14:51	14:29	14:06
158.0	15.0	98.3	9.3			15km to Finish	42	14:53	14:30	14:08
158.1	14.9	98.3	9.3	R/about	4th Exit	A944	42	14:53	14:30	14:08
159.4	13.6	99.1	8.5	T.Lights	Straight	A944	42	14:55	14:32	14:09
159.7	13.3	99.3	8.3	R/about	2nd Exit	A944	42	14:55	14:33	14:10
160.8	12.2	100.0	7.6	R/about	2nd Exit	B9119	42	14:57	14:34	14:11
161.9	11.1	100.7	6.9	T.Lights	Straight	B9119 Skene Road	42	14:59	14:36	14:13
162.3	10.7	100.9	6.7	T.Lights	Straight	B9119 Queens Road	42	15:00	14:36	14:13
163.0	10.0	101.4	6.2			10km to Finish	42	15:01	14:37	14:14
163.1	9.9	101.4	6.2	T.Lights	Straight	B9119 Queens Road	42	15:01	14:38	14:14
163.3	9.7	101.5	6.0	R/about	2nd Exit	B9119 Queens Road	42	15:01	14:38	14:14
163.6	9.4	101.7	5.8	T.Lights	Straight	B9119 Queens Road	42	15:02	14:38	14:15
164.1	8.9	102.0	5.5	T.Lights	Straight	B9119 Queens Road	42	15:02	14:39	14:15
164.5	8.5	102.3	5.3	T.Lights	Straight	B9119 Queens Road	42	15:03	14:40	14:16
164.6	8.4	102.4	5.2	R/about	2nd Exit	B9119 Queens Road	42	15:03	14:40	14:16
164.8	8.2	102.5	5.1	X.Roads	Straight	B9119 Queens Road	42	15:03	14:40	14:16
165.2	7.8	102.7	4.9	R/about	2nd Exit	B9119 Queens Road	42	15:04	14:41	14:17
165.6	7.4	103.0	4.6	R/about	2nd Exit	B9119 Carden Place	42	15:05	14:41	14:17
166.2	6.8	103.4	4.2	T.Lights	Straight	B9119 Skene Street	42	15:06	14:42	14:18
166.5	6.5	103.5	4.0	T.Lights	Straight	B9119 Skene Street	42	15:06	14:42	14:19
166.8	6.2	103.7	3.9	T.Lights	Straight	B9119 Skene Street	42	15:07	14:43	14:19
167.1	5.9	103.9	3.7	R/about	1st Exit	Woolmanhill	42	15:07	14:43	14:19
167.4	5.6	104.1	3.5	R/about	2nd Exit	B986 Skene Square	42	15:08	14:44	14:20
167.7	5.3	104.3	3.3	T.Lights	Right	A944 Hutcheson Street	42	15:08	14:44	14:20
168.0	5.0	104.5	3.1			5km to Finish - Green Zone	42	15:09	14:45	14:21
168.1	4.9	104.5	3.0	T.Lights	Straight	A944 Hutcheson Street	42	15:09	14:45	14:21
168.1	4.9	104.5	3.0		Keep Left	Central Island	42	15:09	14:45	14:21
168.3	4.7	104.7	2.9	R/about	2nd Exit	Mounthooly Way	42	15:09	14:45	14:21
168.8	4.2	105.0	2.6	T.Lights	Left	A956 King Street	42	15:10	14:46	14:22
169.3	3.7	105.3	2.3	T.Lights	Straight	A956 King Street	42	15:11	14:46	14:22
169.7	3.3	105.5	2.1	T.Lights	Straight	A956 King Street	42	15:11	14:47	14:23

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ROUTE DETAILS							ESTIMATED TIMETABLE			
KMS	KMS TO GO	MILES	MILES TO GO	FEATURE	INSTRUCTION	DESCRIPTION	Base	38kmph	42kmph	46kmph
							Speed	110%	100%	90%
169.9	3.1	105.7	1.9	R/about	2nd Exit	A956 King Street	42	15:11	14:47	14:23
170.4	2.6	106.0	1.6	T.Lights	Straight	A956 King Street	42	15:12	14:48	14:24
170.7	2.3	106.1	1.4	T.Lights	Straight	A956 King Street	42	15:13	14:48	14:24
170.9	2.1	106.3	1.3	T.Lights	Right	Esplanade	42	15:13	14:49	14:24
173.0	0.0	107.6	0.0	Finish		Esplanade, Aberdeen	42	15:16	14:52	14:27