

STAGE TWO: CRANBROOK - BARNSTAPLE, MONDAY 3 SEPTEMBER



START	Younghayes Road, Cranbrook
NEUTRALISED SECTION	7.4 km or 4.5 miles
STAGE DISTANCE	174.9 km or 108.8 miles
FINISH	The Strand, Barnstaple

ROUTE DETAILS							ESTIMATED TIME OF ARRIVAL					
KMS	KMS to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
7.40	7.40	4.50	4.50	Start Neutralised		Younghayes Road, Cranbrook	42	10:45	11:00	11:00	11:00	
0.00	174.9	0.00	108.8	Start Proper			42	11:00	11:15	11:15	11:15	00:00
0.7	174.2	0.4	108.3		Caution!	Fast Descent from KM0	42	11:01	11:16	11:16	11:15	00:00
1.9	173.0	1.2	107.6	Sign		Ottery St Mary	42	11:02	11:17	11:17	11:17	00:00
2.1	172.8	1.3	107.5	Junction	Right	B3174 Caution against one way	42	11:03	11:18	11:18	11:17	00:00
2.4	172.5	1.5	107.3	Junction	Left	Jesu Street	42	11:03	11:18	11:18	11:18	00:00
4.3	170.6	2.7	106.1	KoM 1 Cat 2	Start		42	11:06	11:21	11:21	11:20	00:01
6.7	168.2	4.2	104.6	KoM 1 Cat 2	Finish	Chineway Hill	42	11:09	11:25	11:24	11:23	00:01
6.8	168.1	4.2	104.5		Caution!	Fast Descent	42	11:09	11:25	11:24	11:23	00:01
8.4	166.5	5.2	103.5	X.Roads	Straight	Seaton Road	42	11:12	11:28	11:27	11:25	00:02
10.6	164.3	6.6	102.2	Junction	Left	Caution! Sharp Turn Farway Common Road	42	11:15	11:31	11:30	11:28	00:03
15.1	159.8	9.4	99.4		Caution!	Deer! For 3km	42	11:21	11:38	11:36	11:34	00:04
15.2	159.7	9.5	99.3	T.Junction	Left	Lower Marlpits Hill	42	11:21	11:38	11:36	11:34	00:04
15.3	159.6	9.5	99.2		Caution!	Hairpin Right!	42	11:21	11:39	11:36	11:34	00:04
15.8	159.1	9.8	98.9		Caution!	Sharp Left	42	11:22	11:39	11:37	11:35	00:04
16.3	158.6	10.1	98.6	T.Junction	Left	Waterleat Avenue	42	11:23	11:40	11:38	11:35	00:04
16.3	158.6	10.1	98.6	M R/about	2nd Exit	Church Hill	42	11:23	11:40	11:38	11:35	00:04
16.3	158.6	10.1	98.6		Caution!	Fast Descent	42	11:23	11:40	11:38	11:35	00:04
17.1	157.8	10.6	98.1	T.Junction	Right	A379 High Street	42	11:24	11:41	11:39	11:36	00:04
17.6	157.3	10.9	97.8	R/about	1st Exit	Monkton Road	42	11:25	11:42	11:40	11:37	00:05
18.2	156.7	11.3	97.4	Junction	Left	Langsford Road	42	11:26	11:43	11:41	11:38	00:05
19.0	155.9	11.8	96.9		Caution!	Narrow Bridge	42	11:27	11:44	11:42	11:39	00:05
22.8	152.1	14.2	94.6	Junction	Left	Limers Lane	42	11:32	11:50	11:47	11:44	00:06
24.6	150.3	15.3	93.5	Sign		Dunkeswell	42	11:35	11:53	11:50	11:46	00:07
25.6	149.3	15.9	92.8		Caution!	Fast Descent	42	11:36	11:55	11:51	11:47	00:07
31.5	143.4	19.6	89.2		Caution!	Fast & Narrow Descent	42	11:45	12:04	12:00	11:55	00:09
32.4	142.5	20.1	88.6	Sign		Hemyock	42	11:46	12:05	12:01	11:56	00:09
32.7	142.2	20.3	88.4	T.Junction	Left	B3391 Culmstock Road	42	11:46	12:06	12:01	11:57	00:09
35.6	139.3	22.1	86.6	Sign		Culmstock	42	11:50	12:10	12:05	12:00	00:10
36.4	138.5	22.6	86.1	X.Roads	Left	Uffculme	42	11:52	12:12	12:07	12:01	00:10
35.7	139.2	22.2	86.6	X.Roads	Left		42	11:51	12:11	12:06	12:00	00:10
38.1	136.8	23.7	85.1		Caution!	Narrow Bridge	42	00:00	12:14	12:09	12:03	00:10
38.3	136.6	23.8	84.9	Sign		Craddock	42	11:54	12:15	12:09	12:04	00:10
40.4	134.5	25.1	83.6	Sign		Uffculme	42	11:57	12:18	12:12	12:06	00:11
44.0	130.9	27.4	81.4	R/about	2nd Exit	Southview Road	42	12:02	12:24	12:17	12:11	00:12
44.8	130.1	27.9	80.9	M R/about	2nd Exit	Willand Road	42	12:04	12:25	12:19	12:12	00:12
46.8	128.1	29.1	79.7	Sign		Halberton	42	12:06	12:28	12:21	12:15	00:13
47.4	127.5	29.5	79.3	T.Junction	Left	High Street	42	12:07	12:29	12:22	12:15	00:13
50.0	127.5	29.5	79.3	Drinks	Start		42	11:37	11:59	11:52	11:45	00:13
51.0	123.9	31.7	77.0	Sprint 1		Tiverton	42	12:12	12:35	12:27	12:20	00:14
51.1	123.8	31.8	77.0	Sign		Tiverton	42	12:13	12:35	12:28	12:20	00:14
52.4	122.5	32.6	76.2	R/about	2nd Exit	A396 Great Western Way	42	12:14	12:37	12:29	12:22	00:14
53.0	121.9	33.0	75.8	R/about	3rd Exit	Station Road	42	12:15	12:38	12:30	12:23	00:15
53.1	121.8	33.0	75.7	M R/about	1st Exit	Station Road	42	12:15	12:38	12:30	12:23	00:15
52.5	122.4	32.6	76.1		Caution!	Keep Left Fore Street Narrow!	42	12:15	12:37	12:30	12:22	00:15
52.8	122.1	32.8	75.9	M R/about	2nd Exit	Fore Street	42	12:15	12:37	12:30	12:22	00:15
54.0	120.9	33.6	75.2	T.Junction	Left	A3126 Leat Street	42	12:17	12:39	12:32	12:24	00:15
54.4	120.5	33.8	74.9	R/about	1st Exit	A3137 Leat Street	42	12:17	12:40	12:32	12:24	00:15
54.7	120.2	34.0	74.7	Junction	Left	Long Drag Hill	42	12:18	12:40	12:33	12:25	00:15
58.0	116.9	36.1	72.7	Sign		Withleigh	42	12:22	12:46	12:37	12:29	00:16

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FINISH	The Strand, Barnstaple

ROUTE DETAILS							ESTIMATED TIME OF ARRIVAL					
KMS	KMS to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
59.2	115.7	36.8	71.9		Caution!	Fast Descent	42	12:24	12:48	12:39	12:31	00:16
66.5	108.4	41.4	67.4	Sign		Nomansland	42	12:35	12:59	12:50	12:40	00:19
67.5	107.4	42.0	66.8	Sprint 2		Nomansland	42	12:36	13:01	12:51	12:41	00:19
70.2	104.7	43.7	65.1	Sign		Witheridge	42	12:40	13:05	12:55	12:45	00:20
74.2	100.7	46.1	62.6		Caution!	Narrow Bridge	42	12:46	13:11	13:01	12:50	00:21
82.2	92.7	51.1	57.6	Sign		Alswear	42	12:57	13:24	13:12	13:00	00:23
86.1	88.8	53.5	55.2	Sign		South Molton	42	13:03	13:30	13:18	13:05	00:24
87.7	87.2	54.5	54.2	Junction	Left	Southley Road	42	13:05	13:32	13:20	13:07	00:25
87.9	87.0	54.7	54.1		Caution!	Through Panier Market	42	13:05	13:33	13:20	13:08	00:25
88.1	86.8	54.8	54.0	T.Junction	Left	B3227 Broad Street	42	13:05	13:33	13:20	13:08	00:25
88.1	86.8	54.8	54.0		Keep Right	B3227 Broad Street	42	13:05	13:33	13:20	13:08	00:25
89.1	85.8	55.4	53.4	R/about	1st Exit	B3226 Barnstaple Road	42	13:07	13:35	13:22	13:09	00:25
90.5	84.4	56.3	52.5	X.Roads	Left		42	13:09	13:37	13:24	13:11	00:25
91.9	83.0	57.1	51.6	Green Zone	Start		42	13:11	13:39	13:26	13:13	00:26
92.1	82.8	57.3	51.5	Feed Zone	Start		42	13:11	13:39	13:26	13:13	00:26
92.6	82.3	57.6	51.2	Sign		Stag's Head	42	13:12	13:40	13:27	13:14	00:26
93.3	81.6	58.0	50.7	Green Zone	Finish		42	13:13	13:41	13:28	13:14	00:26
93.7	81.2	58.3	50.5	Sign		Filleigh	42	13:13	13:42	13:28	13:15	00:26
98.0	76.9	60.9	47.8		Caution!	Fast Descent	42	13:20	13:49	13:35	13:21	00:28
99.0	75.9	61.6	47.2	Sign		Swimbridge	42	13:21	13:50	13:36	13:22	00:28
101.4	73.5	63.1	45.7	Sign		Landkey	42	13:24	13:54	13:39	13:25	00:28
102.1	72.8	63.5	45.3	Sprint 3		Landkey	42	13:25	13:55	13:40	13:26	00:29
104.5	70.4	65.0	43.8	Sign		Barnstaple	42	13:29	13:59	13:44	13:29	00:29
105.7	69.2	65.7	43.0	T.Lights	Straight	Newport Road	42	13:31	14:01	13:46	13:30	00:30
106.3	68.6	66.1	42.7	T.Junction	Right	Victoria Road	42	13:31	14:02	13:46	13:31	00:30
106.6	68.3	66.3	42.5	R/about	2nd Exit	A39 Victoria Road	42	13:32	14:02	13:47	13:32	00:30
106.7	68.2	66.4	42.4	Junction	Left	A39 Victoria Road	42	13:32	14:02	13:47	13:32	00:30
106.9	68.0	66.5	42.3	R/about	1st Exit	Constitution Hill	42	13:32	14:02	13:47	13:32	00:30
107.2	67.7	66.7	42.1	Junction	Right	Sowden Lane	42	13:33	14:03	13:48	13:32	00:30
107.7	67.2	67.0	41.8	X.Roads	Right	Goodleigh Road	42	13:33	14:04	13:48	13:33	00:30
109.7	65.2	68.2	40.5	Sign		Snapper	42	13:36	14:07	13:51	13:36	00:31
112.7	62.2	70.1	38.7	KoM 2 Cat2	Start		42	13:41	14:12	13:56	13:39	00:32
116.8	58.1	72.6	36.1	Sign		Bratton Fleming	42	13:46	14:18	14:01	13:45	00:33
118.8	56.1	73.9	34.9	KoM 2 Cat2	Finish	Bratton Fleming	42	13:49	14:21	14:04	13:47	00:33
119.7	55.2	74.4	34.3	X.Roads	Left	A399	42	13:51	14:23	14:06	13:48	00:34
129.0	45.9	80.2	28.5		Caution!	Fast & Technical Descent	42	14:04	14:37	14:19	14:00	00:36
130.1	44.8	80.9	27.9	Sign		Combe Martin	42	14:05	14:39	14:20	14:02	00:37
135.6	39.3	84.3	24.4		Caution!	Fast Descent	42	14:13	14:48	14:28	14:09	00:38
139.1	35.8	86.5	22.3	Sign		Ilfacombe	42	14:18	14:53	14:33	14:13	00:39
140.8	34.1	87.6	21.2	T.Lights	Straight	A399	42	14:21	14:56	14:36	14:16	00:40
141.7	33.2	88.1	20.6	T.Lights	Straight	A361 High Street	42	14:22	14:57	14:37	14:17	00:40
142.0	32.9	88.3	20.5	T.Lights	Straight	A361 High Street	42	14:22	14:58	14:37	14:17	00:40
142.1	32.8	88.4	20.4	M R/about	1st Exit	A361 Church Street	42	14:23	14:58	14:38	14:17	00:40
142.1	32.8	88.4	20.4		Keep Left	A361 St Brannocks Road	42	14:23	14:58	14:38	14:17	00:40
145.3	29.6	90.4	18.4	R/about	3rd Exit	B3343	42	14:27	15:03	14:42	14:21	00:41
149.0	25.9	92.7	16.1	Sign		Woolacombe	42	14:32	15:09	14:47	14:26	00:42
149.1	25.8	92.7	16.0		Caution!	Fast Descent	42	14:33	15:09	14:48	14:26	00:42
152.1	22.8	94.6	14.2	KoM 3 Cat1	Start		42	14:37	15:14	14:52	14:30	00:43
153.0	21.9	95.1	13.6	KoM 3 Cat1	Finish	Challacombe Hill	42	14:38	15:15	14:53	14:31	00:43
153.3	21.6	95.3	13.4	T.Junction	Right		42	14:39	15:15	14:54	14:32	00:43

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FINISH	The Strand, Barnstaple

ROUTE DETAILS							ESTIMATED TIME OF ARRIVAL					
KMS	KMS to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	38kmph	42kmph	46kmph	Time Range
								15mins	110%	100%	90%	
154.9	20.0	96.3	12.4	Drinks	Finish		42	14:41	15:18	14:56	14:34	00:44
155.1	19.8	96.4	12.3		Caution!	Fast & Narrow Descent	42	14:41	15:18	14:56	14:34	00:44
155.8	19.1	96.9	11.9	Sign		Georgeham	42	14:42	15:19	14:57	14:35	00:44
157.3	17.6	97.8	10.9	Sign		Croyde	42	14:44	15:22	14:59	14:37	00:44
164.4	10.5	102.2	6.5	Sign		Braunton	42	14:54	15:33	15:09	14:46	00:46
166.2	8.7	103.4	5.4	T.Lights	Right	A361 Exeter Road	42	14:57	15:36	15:12	14:48	00:47
167.0	7.9	103.8	4.9	R/about	1st Exit	A361 Exeter Road	42	14:58	15:37	15:13	14:49	00:47
167.1	7.8	103.9	4.9	Sign		Wrafton	42	14:58	15:37	15:13	14:49	00:47
168.3	6.6	104.7	4.1	R/about	1st Exit	A361 Exeter Road	42	15:00	15:39	15:15	14:51	00:48
168.5	6.4	104.8	4.0		Keep Left	Dual Carriageway	42	15:00	15:39	15:15	14:51	00:48
168.7	6.2	104.9	3.9	R/about	2nd Exit	A361 Exeter Road	42	15:01	15:40	15:16	14:51	00:48
171.3	3.6	106.5	2.2		Keep Left	Dual Carriageway	42	15:04	15:44	15:19	14:55	00:48
172.6	2.3	107.3	1.4	Sign		Barnstaple	42	15:06	15:46	15:21	14:56	00:49
173.0	1.9	107.6	1.2	T.Lights	Straight	A361	42	15:07	15:46	15:22	14:57	00:49
173.1	1.8	107.6	1.1	T.Lights	Straight	A361 Braunton Road	42	15:07	15:47	15:22	14:57	00:49
173.4	1.5	107.8	0.9	T.Lights	Straight	A361 Braunton Road	42	15:07	15:47	15:22	14:57	00:49
173.9	1.0	108.1	0.6	T.Lights	Straight	Rolle Street	42	15:08	15:48	15:23	14:58	00:49
174.2	0.7	108.3	0.4	R/about	2nd Exit	North Walk	42	15:08	15:48	15:23	14:58	00:49
174.7	0.2	108.6	0.1	Junction	Left	Castle Street	42	15:09	15:49	15:24	14:59	00:49
174.8	0.1	108.7	0.1	Junction	Right	The Strand	42	15:09	15:49	15:24	14:59	00:49
174.9	0.0	108.8	0.0	Finish		The Strand, Barnstaple	42	15:09	15:49	15:24	14:59	00:49