

# STAGE EIGHT: THE GREATER MANCHESTER STAGE - SATURDAY 14 SEPTEMBER



<b>START</b>	Market Street, Altrincham
<b>NEUTRALISED SECTION</b>	4.4km
<b>STAGE DISTANCE</b>	166 km or 103.2 miles
<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
0.00	0.00	0.00	0.00	Start Neutralised		Market Street, Altrincham	42	11:00	11:00	11:00
0.00	166.0	0.00	103.2	Start Proper		Cow Lane	42	11:15	11:15	11:15
0.1	165.9	0.1	103.2	Sign		Ashley	42	11:15	11:15	11:15
0.3	165.7	0.2	103.0	X.Roads	Straight	Mobberley Road	42	11:15	11:15	11:15
0.9	165.1	0.6	102.7		Caution!	Hump Back Bridge	42	11:16	11:16	11:16
2.3	163.7	1.4	101.8	Sign		Mobberley	42	11:18	11:18	11:17
2.4	163.6	1.5	101.7		Keep Right	Pepper Street	42	11:18	11:18	11:18
3.0	163.0	1.9	101.4		Keep Left	Small Lane	42	11:19	11:19	11:18
3.6	162.4	2.2	101.0		Keep Right	Small Lane	42	11:20	11:20	11:19
4.1	161.9	2.5	100.7		Keep Left	Hobcroft Lane	42	11:21	11:20	11:20
5.5	160.5	3.4	99.8	Junction	Right	Davenport Lane	42	11:23	11:22	11:22
6.4	159.6	4.0	99.2		Caution!	Narrow Bridge	42	11:25	11:24	11:23
7.3	158.7	4.5	98.7	T.Junction	Left	Burleyhurst Lane	42	11:26	11:25	11:24
9.7	156.3	6.0	97.2		Keep Right	Mobberley Road	42	11:30	11:28	11:27
10.3	155.7	6.4	96.8	T.Junction	Right	A538 Altrincham Road	42	11:31	11:29	11:28
12.1	153.9	7.5	95.7	T.Lights	Straight	A538 Alderley Road	42	11:34	11:32	11:30
12.5	153.5	7.8	95.5	T.Lights	Right	Station Road	42	11:34	11:32	11:31
12.7	153.3	7.9	95.3		Caution!	Narrow Bridge	42	11:34	11:33	11:31
13.6	152.4	8.5	94.8	M R/about	1st Exit	A5102 Adlington Road	42	11:36	11:34	11:32
14.2	151.8	8.8	94.4		Keep Right	A5102 Adlington Road	42	11:37	11:35	11:33
15.4	150.6	9.6	93.7	R/about	2nd Exit	A5102 Adlington Road	42	11:39	11:37	11:34
15.7	150.3	9.8	93.5	R/about	1st Exit	A5102 Woodford Road	42	11:39	11:37	11:35
16.1	149.9	10.0	93.2	Sign		Stockport	42	11:40	11:38	11:35
18.4	147.6	11.4	91.8	R/about	1st Exit	Woodford Road	42	11:43	11:41	11:38
19.8	146.2	12.3	90.9	T.Lights	Straight	A555	42	11:46	11:43	11:40
19.9	146.1	12.4	90.9	T.Lights	Straight	A555	42	11:46	11:43	11:40
19.8	146.2	12.3	90.9	Sign		Bramhall	42	11:46	11:43	11:40
20.0	146.0	12.4	90.8	M R/about	2nd Exit	A5102 Bramhall Lane South	42	11:46	11:43	11:40
20.6	145.4	12.8	90.4		Keep Left	A5102 Bramhall Lane South	42	11:47	11:44	11:41
21.0	145.0	13.1	90.2	X.Roads	Straight	A5102	42	11:48	11:45	11:42
21.8	144.2	13.6	89.7	R/about	2nd Exit	A5143 Bridge Lane	42	11:49	11:46	11:43
22.8	143.2	14.2	89.0	R/about	3rd Exit	A5143 Jacksons Lane	42	11:50	11:47	11:44
23.3	142.7	14.5	88.7	R/about	2nd Exit	A5143 Jacksons Lane	42	11:51	11:48	11:44
23.5	142.5	14.6	88.6	Sprint 1		Hazel Grove	42	11:51	11:48	11:45
24.4	141.6	15.2	88.1	T.Lights	Straight	A5143 Dean Lane/Chester Road	42	11:53	11:49	11:46
25.1	140.9	15.6	87.6	T.Lights	Left	A523 Macclesfield Road	42	11:54	11:50	11:47
25.9	140.1	16.1	87.1	T.Lights	Straight		42	11:55	11:52	11:48
26.0	140.0	16.2	87.1	T.Lights	Right	A6 Buxton Road	42	11:55	11:52	11:48
26.3	139.7	16.4	86.9	T.Lights	Straight	A6 Buxton Road	42	11:56	11:52	11:48
26.7	139.3	16.6	86.6	Junction	Right	Buxton Road	42	11:56	11:53	11:49
27.7	138.3	17.2	86.0		Keep Left	Buxton Road	42	11:58	11:54	11:50
27.8	138.2	17.3	85.9	T.Lights	Right	A6 Buxton Road	42	11:58	11:54	11:50
28.5	137.5	17.7	85.5	Sign		High Lane	42	11:59	11:55	11:51
28.8	137.2	17.9	85.3	T.Lights	Straight	A6 Buxton Road	42	12:00	11:56	11:52
29.9	136.1	18.6	84.6	Junction	Left	Carr Brow	42	12:01	11:57	11:53
30.0	136.0	18.7	84.6		Drinks Start		42	12:02	11:57	11:53

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<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
30.2	135.8	18.8	84.4	Junciton	Left	Wybersley Road	42	12:02	11:58	11:53
30.4	135.6	18.9	84.3		Caution!	Narrow Road for 1.3km	42	12:02	11:58	11:54
31.0	135.0	19.3	83.9		Caution!	Fast & Narrow Descent	42	12:03	11:59	11:54
31.2	134.8	19.4	83.8		Caution!	Hairpin Right on descent	42	12:04	11:59	11:55
31.3	134.7	19.5	83.8		Caution!	Sharp Left bend on descent	42	12:04	11:59	11:55
31.6	134.4	19.7	83.6		Keep Left	Wybersley Lane	42	12:04	12:00	11:55
31.9	134.1	19.8	83.4		Keep Left		42	12:05	12:00	11:56
32.3	133.7	20.1	83.1		Caution!	Fast Descent	42	12:05	12:01	11:56
33.4	132.6	20.8	82.5		Caution!	Fast Descent	42	12:07	12:02	11:57
34.1	131.9	21.2	82.0	M R/about	3rd Exit	Hibbert Lane	42	12:08	12:03	11:58
34.2	131.8	21.3	82.0	T.Lights	Left	B6101 Stockport Road	42	12:08	12:03	11:58
34.6	131.4	21.5	81.7	T.Lights	Right	A626 Station Road	42	12:09	12:04	11:59
35.2	130.8	21.9	81.3		Caution!	Fast Descent	42	12:10	12:05	12:00
35.8	130.2	22.3	81.0	T.Lights	Straight	A626 Lower Fold	42	12:11	12:06	12:01
36.4	129.6	22.6	80.6	Junction	Left	B6104 Compstall Road	42	12:12	12:07	12:01
37.3	128.7	23.2	80.0		Keep Left	B6104 Compstall Road	42	12:13	12:08	12:02
37.9	128.1	23.6	79.7	Junction	Right	Cowlishaw Road	42	12:14	12:09	12:03
38.0	128.0	23.6	79.6	T.Junction	Right	Cowlishaw Road	42	12:14	12:09	12:03
38.0	128.0	23.6	79.6	KoM 1 Cat 2	Start		42	12:14	12:09	12:03
39.2	126.8	24.4	78.9	KoM 1 Cat 2	Finish	Werneth Low	42	12:16	12:11	12:05
39.3	126.7	24.4	78.8	Junction	Right		42	12:16	12:11	12:05
40.0	126.0	24.9	78.4		Keep Left	Joel Lane	42	12:17	12:12	12:06
40.0	126.0	24.9	78.4		Caution!	Fast Descent	42	12:17	12:12	12:06
42.9	123.1	26.7	76.5		Caution!	Fast Descent	42	12:22	12:16	12:10
44.0	122.0	27.4	75.9		Keep Left	A560 Dual Carriageway	42	12:24	12:17	12:11
44.9	121.1	27.9	75.3	T.Lights	Right	B6174 Ashworth Lane	42	12:25	12:19	12:12
45.1	120.9	28.0	75.2	T.Lights	Straight	B6174 Ashworth Lane	42	12:25	12:19	12:12
46.0	120.0	28.6	74.6	Junction	Left	Market Place	42	12:27	12:20	12:14
46.0	120.0	28.6	74.6	T.Junction	Left	Market Place	42	12:27	12:20	12:14
46.1	119.9	28.7	74.6	T.Lights	Straight	Stalybridge Road	42	12:27	12:20	12:14
46.5	119.5	28.9	74.3	R/about	1st Exit	A6018 Roe Cross Road	42	12:28	12:21	12:14
47.4	118.6	29.5	73.8	Sign		Stalybridge	42	12:29	12:22	12:15
48.0	118.0	29.8	73.4		Caution!	Fast Descent	42	12:30	12:23	12:16
50.1	115.9	31.2	72.1	T.Lights	Straight		42	12:33	12:26	12:19
50.2	115.8	31.2	72.0	T.Lights	Right	B6175 Huddersfield Road	42	12:33	12:26	12:19
51.7	114.3	32.1	71.1	Sign		Millbrook Village	42	12:36	12:28	12:21
51.7	114.3	32.1	71.1		Caution!	Fast Descent	42	12:36	12:28	12:21
51.8	114.2	32.2	71.0	T.Lights	Straight	B6175 Huddersfield Road	42	12:36	12:29	12:21
53.2	112.8	33.1	70.1	M R/about	2nd Exit	B6175 Huddersfield Road	42	12:38	12:31	12:23
53.5	112.5	33.3	70.0	T.Lights	Straight	B6175 Huddersfield Road	42	12:39	12:31	12:23
54.6	111.4	34.0	69.3		Keep Left	B6175	42	12:40	12:33	12:25
56.3	109.7	35.0	68.2	Sign		Greenfield	42	12:43	12:35	12:27
56.4	109.6	35.1	68.2	X.Roads	Straight	B6175 Well - I - Hole Road	42	12:43	12:35	12:27
56.8	109.2	35.3	67.9		Caution!	Narrow Bridge	42	12:44	12:36	12:28
57.7	108.3	35.9	67.3	T.Junction	Left	A669 Shaw Hall Bank Road	42	12:45	12:37	12:29
57.8	108.2	35.9	67.3	T.Junction	Right	A670 Oldham Road	42	12:45	12:37	12:29

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<b>STAGE DISTANCE</b>	166 km or 103.2 miles
<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
58.2	107.8	36.2	67.0	Sign		Uppermill	42	12:46	12:38	12:29
58.3	107.7	36.3	67.0	Sprint 2		Uppermill	42	12:46	12:38	12:29
58.5	107.5	36.4	66.8		Keep Right	Central Island	42	12:46	12:38	12:30
59.6	106.4	37.1	66.2	M R/about	1st Exit	A6052 Dobcross New Road	42	12:48	12:40	12:31
60.2	105.8	37.4	65.8	M R/about	1st Exit	A6052 Dobcross New Road	42	12:49	12:41	12:32
60.4	105.6	37.6	65.7		Keep Right	A6052 Delph New Road	42	12:49	12:41	12:32
61.8	104.2	38.4	64.8	TJunction	Right	A62 Oldham Road	42	12:52	12:43	12:34
61.8	104.2	38.4	64.8	Junction	Left	A6052 The Sound	42	12:52	12:43	12:34
62.2	103.8	38.7	64.5	Junciton	Left	B6197 Grains Road	42	12:52	12:43	12:34
62.2	103.8	38.7	64.5	KoM 2 Cat 2	Start		42	12:52	12:43	12:34
64.6	101.4	40.2	63.1	KoM 2 Cat 2	Finish	Grains Bar	42	12:56	12:47	12:38
64.9	101.1	40.4	62.9	TJunction	Right	A672 Oldham Road	42	12:56	12:47	12:38
64.9	101.1	40.4	62.9	Junction	Right	B6197 Buckstones Road	42	12:56	12:47	12:38
65.9	100.1	41.0	62.2		Caution!	Fast Descent	42	12:58	12:49	12:39
67.9	98.1	42.2	61.0	TJunction	Left	A633 Milnrow Road	42	13:01	12:52	12:42
68.7	97.3	42.7	60.5	T.Lights	Straight	A663 Crompton Way	42	13:02	12:53	12:43
69.1	96.9	43.0	60.3	T.Lights	Right	B6194 Rochdale Road	42	13:03	12:53	12:43
69.5	96.5	43.2	60.0	X.Roads	Straight	B6194	42	13:04	12:54	12:44
70.2	95.8	43.7	59.6	M R/about	2nd Exit	B6194 Rochdale Road	42	13:05	12:55	12:45
70.5	95.5	43.8	59.4	M R/about	1st Exit	B6194 Rochdale Road	42	13:05	12:55	12:45
71.4	94.6	44.4	58.8	Sign		Rochdale	42	13:07	12:57	12:46
72.3	93.7	45.0	58.3	M R/about	2nd Exit	B6194 New Broad Lane	42	13:08	12:58	12:47
73.1	92.9	45.5	57.8	M R/about	1st Exit	B6194 Broad Lane/Turf Hill Road	42	13:09	12:59	12:48
73.5	92.5	45.7	57.5	T.Lights	Right	A671 Oldham Road	42	13:10	13:00	12:49
74.1	91.9	46.1	57.1	T.Lights	Left	A671 Oldham Road	42	13:11	13:00	12:50
74.2	91.8	46.1	57.1	T.Lights	Straight	A671 Oldham Road	42	13:11	13:01	12:50
74.2	91.8	46.1	57.1	T.Lights	Left	A671 Oldham Road	42	13:11	13:01	12:50
74.6	91.4	46.4	56.8	T.Lights	Straight	A617 Oldham Road	42	13:12	13:01	12:50
75.1	90.9	46.7	56.5	T.Lights	Right	Wood Street	42	13:13	13:02	12:51
75.4	90.6	46.9	56.3	T.Lights	Straight	A671 Molesworth Street	42	13:13	13:02	12:51
75.8	90.2	47.1	56.1		Keep Left		42	13:14	13:03	12:52
75.9	90.1	47.2	56.0	T.Lights	Straight	Keep Left!	42	13:14	13:03	12:52
76.0	90.0	47.3	56.0	T.Lights	Straight	A671 John Street Keep Left!	42	13:14	13:03	12:52
76.2	89.8	47.4	55.8	T.Lights	Left	A58 dual carriageway Keep Left	42	13:14	13:03	12:52
76.4	89.6	47.5	55.7	T.Lights	Straight	A58 Hunters Lane	42	13:15	13:04	12:53
76.9	89.1	47.8	55.4	T.Lights	Left	Newgate	42	13:15	13:04	12:53
77.1	88.9	47.9	55.3		Keep Right	B6266 The Esplanade	42	13:16	13:05	12:54
77.5	88.5	48.2	55.0	X.Roads	Straight	Dane Street	42	13:16	13:05	12:54
77.6	88.4	48.3	55.0	T.Lights	Straight	A6060	42	13:16	13:05	12:54
77.7	88.3	48.3	54.9	T.Lights	Straight	A6060 Mellor Street	42	13:17	13:06	12:54
77.9	88.1	48.4	54.8	T.Lights	Straight	A6060 Mellor Street	42	13:17	13:06	12:55
78.6	87.4	48.9	54.3	M R/about	2nd Exit		42	13:18	13:07	12:56
78.7	87.3	48.9	54.3	M R/about	1st Exit		42	13:18	13:07	12:56
78.9	87.1	49.1	54.2		Keep Left	Central Island	42	13:18	13:07	12:56
79.2	86.8	49.3	54.0	T.Lights	Straight	A680 Edenfield Road	42	13:19	13:08	12:56
80.2	85.8	49.9	53.4	M R/about	2nd Exit	A680 Edenfield Road	42	13:21	13:09	12:58

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<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
80.3	85.7	49.9	53.3	M R/about	1st Exit	A680 Edenfield Road	42	13:21	13:09	12:58
80.6	85.4	50.1	53.1		Keep Left	Central Island	42	13:21	13:10	12:58
82.4	83.6	51.2	52.0	X.Roads	Straight	A680	42	13:24	13:12	13:00
85.9	80.1	53.4	49.8	Sign		Lancashire & Rosendale	42	13:29	13:17	13:05
86.0	80.0	53.5	49.7		Caution!	Fast Descent	42	13:30	13:17	13:05
88.0	78.0	54.7	48.5	Sign		Turn Village	42	13:33	13:20	13:08
89.6	76.4	55.7	47.5	M R/about	1st Exit	A56 Bury Road	42	13:35	13:23	13:10
92.0	74.0	57.2	46.0	Junction	Right	Peel Brow	42	13:39	13:26	13:13
92.0	74.0	57.2	46.0		Caution!	Fast Descent	42	13:39	13:26	13:13
92.5	73.5	57.5	45.7	T.Junction	Right	Peel Brow	42	13:40	13:27	13:13
92.5	73.5	57.5	45.7	Sign		Ramsbottom	42	13:40	13:27	13:13
92.7	73.3	57.6	45.6		Caution!	Level Crossing	42	13:40	13:27	13:14
93.0	73.0	57.8	45.4	T.Lights	Straight	Carr Street	42	13:41	13:27	13:14
93.0	73.0	57.8	45.4	KoM 3 Cat 1	Start		42	13:41	13:27	13:14
93.7	72.3	58.3	45.0	Junction	Right	Rawsons Rake	42	13:42	13:28	13:15
94.1	71.9	58.5	44.7	T.Junction	Left	Lumb Carr Road	42	13:42	13:29	13:15
94.2	71.8	58.6	44.6	KoM 3 Cat 1	Finish	Ramsbottom Rake	42	13:43	13:29	13:16
94.3	71.7	58.6	44.6		Caution!	Fast Descent	42	13:43	13:29	13:16
95.5	70.5	59.4	43.8	T.Junction	Right	A676 Bolton Road West	42	13:45	13:31	13:17
95.6	70.4	59.4	43.8	T.Lights	Straight	A676 Bolton Road West	42	13:45	13:31	13:17
95.9	70.1	59.6	43.6		Keep Right	A676 Bolton Road West	42	13:45	13:32	13:18
97.3	68.7	60.5	42.7	Sign		Hawkshaw	42	13:47	13:34	13:20
98.6	67.4	61.3	41.9	Sign		South Turton	42	13:49	13:35	13:21
98.9	67.1	61.5	41.7	X.Roads	Right	Bury Road	42	13:50	13:36	13:22
98.9	67.1	61.5	41.7		Caution!	Fast Descent	42	13:50	13:36	13:22
100.5	65.5	62.5	40.7	Sign		Edgeworth	42	13:52	13:38	13:24
101.0	65.0	62.8	40.4	M R/about	1st Exit	Bolton Road	42	13:53	13:39	13:24
101.5	64.5	63.1	40.1		Caution!	Fast Descent	42	13:54	13:40	13:25
102.2	63.8	63.6	39.7		Keep Left	Wellington Road	42	13:55	13:41	13:26
102.7	63.3	63.9	39.4		Keep Left	B6391 Chapel Town Road	42	13:56	13:41	13:27
103.9	62.1	64.6	38.6	Sign		Bolton	42	13:58	13:43	13:28
105.2	60.8	65.4	37.8	Junction	Right	Bromley Cross Road	42	14:00	13:45	13:30
105.7	60.3	65.7	37.5	T.Junction	Right	B6472 Darwen Road	42	14:01	13:46	13:30
106.5	59.5	66.2	37.0	T.Lights	Straight	B6472 Darwen Road	42	14:02	13:47	13:31
107.2	58.8	66.7	36.6	T.Lights	Straight	Blackburn Road	42	14:03	13:48	13:32
108.3	57.7	67.3	35.9	Junction	Left	Back Longworth Lane	42	14:05	13:49	13:34
108.7	57.3	67.6	35.6	Sign		Blackburn	42	14:05	13:50	13:34
110.8	55.2	68.9	34.3	X.Roads	Left	Egerton Road	42	14:09	13:53	13:37
110.8	55.2	68.9	34.3		Caution!	Fast & Narrow Descent	42	14:09	13:53	13:37
112.1	53.9	69.7	33.5	T.Junction	Left	A675 Belmont Road	42	14:11	13:55	13:39
112.8	53.2	70.1	33.1	Green Zone	Start		42	14:12	13:56	13:40
113.0	53.0	70.3	33.0	Feed Zone	Start		42	14:12	13:56	13:40
114.2	51.8	71.0	32.2	Green Zone	End		42	14:14	13:58	13:41
114.6	51.4	71.3	32.0	Junction	Right	Scout Road	42	14:15	13:58	13:42
114.7	51.3	71.3	31.9	Sign		Bolton	42	14:15	13:58	13:42
119.3	46.7	74.2	29.0	Junction	Right	B6226 Chorley Old Road	42	14:22	14:05	13:48

## STAGE EIGHT: THE GREATER MANCHESTER STAGE - SATURDAY 14 SEPTEMBER



<b>START</b>	Market Street, Altrincham
<b>NEUTRALISED SECTION</b>	4.4km
<b>STAGE DISTANCE</b>	166 km or 103.2 miles
<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
120.1	45.9	74.7	28.5	Sign		Hardwick	42	14:23	14:06	13:49
121.1	44.9	75.3	27.9		Keep Right	B6226 Chorley Old Road	42	14:25	14:08	13:50
122.6	43.4	76.2	27.0	M R/about	2nd Exit	B6226 Church Street	42	14:27	14:10	13:52
122.9	43.1	76.4	26.8	T.Lights	Straight	B6226 Lee Lane	42	14:28	14:10	13:53
123.1	42.9	76.5	26.7	Sprint 3		Horwich	42	14:28	14:10	13:53
123.6	42.4	76.9	26.4	M R/about	1st Exit	B5238 Crown Lane	42	14:29	14:11	13:53
125.2	40.8	77.9	25.4	X.Roads	Straight		42	14:31	14:13	13:55
125.3	40.7	77.9	25.3	T.Lights	Straight	A6 Station Road	42	14:31	14:14	13:56
125.8	40.2	78.2	25.0	T.Junction	Right	B5408 Manchester Road	42	14:32	14:14	13:56
126.8	39.2	78.9	24.4	X.Roads	Straight	Church Street	42	14:34	14:16	13:58
127.1	38.9	79.0	24.2	Junction	Left	Hill Lane	42	14:34	14:16	13:58
128.4	37.6	79.8	23.4	Sign		Haigh	42	14:36	14:18	14:00
128.9	37.1	80.2	23.1		Keep Right	Meadow Pit Lane	42	14:37	14:19	14:00
129.3	36.7	80.4	22.8	T.Junction	Right	B5239 Meadow Pit Lane	42	14:38	14:19	14:01
130.6	35.4	81.2	22.0	Junction	Left	School Lane	42	14:40	14:21	14:02
132.6	33.4	82.5	20.8		Caution!	Cobbles	42	14:43	14:24	14:05
132.6	33.4	82.5	20.8	T.Junction	Right	B5239 Haigh Road	42	14:43	14:24	14:05
133.6	32.4	83.1	20.1	R/about	2nd Exit	B5239	42	14:44	14:25	14:06
133.7	32.3	83.1	20.1	R/about	1st Exit	B5239 Bolton Road	42	14:45	14:26	14:06
134.7	31.3	83.8	19.5	M R/about	2nd Exit	Hall Lane	42	14:46	14:27	14:08
136.7	29.3	85.0	18.2	Sign		Hindley	42	14:49	14:30	14:10
137.7	28.3	85.6	17.6	M R/about	2nd Exit	A58 Market Street	42	14:51	14:31	14:12
138.2	27.8	85.9	17.3	T.Lights	Left	A577 Atherton Road	42	14:52	14:32	14:12
139.3	26.7	86.6	16.6	Sign		Hindley Green	42	14:53	14:34	14:14
139.7	26.3	86.9	16.4	R/about	2nd Exit	A577 Atherton Road	42	14:54	14:34	14:14
141.0	25.0	87.7	15.5	T.Lights	Straight	A577 Atherton Road	42	14:56	14:36	14:16
141.0	25.0	87.7	15.5			25km to Race Finish	42	14:56	14:36	14:16
142.4	23.6	88.6	14.7	Sign		Atherton	42	14:58	14:38	14:18
142.8	23.2	88.8	14.4	T.Lights	Straight	A577 Wigan Road	42	14:59	14:39	14:18
143.3	22.7	89.1	14.1	R/about	2nd Exit	A577 Wigan Road	42	15:00	14:39	14:19
143.9	22.1	89.5	13.7	R/about	2nd Exit	A577 Wigan Road	42	15:01	14:40	14:20
144.1	21.9	89.6	13.6		Keep Left	A577 Malthouse Lane (One Way)	42	15:01	14:40	14:20
144.5	21.5	89.9	13.4	T.Lights	Straight	A577 Malthouse Lane	42	15:02	14:41	14:20
144.6	21.4	89.9	13.3	T.Lights	Straight	A577	42	15:02	14:41	14:20
144.7	21.3	90.0	13.2	T.Lights	Right	A577 Church Street	42	15:02	14:41	14:21
144.8	21.2	90.0	13.2		Keep Left	Church Street	42	15:02	14:41	14:21
145.0	21.0	90.2	13.1		Keep Right	A577 Tyldsley Road	42	15:02	14:42	14:21
146.0	20.0	90.8	12.4			20km to Race Finish	42	15:04	14:43	14:22
146.2	19.8	90.9	12.3	T.Lights	Straight	A577	42	15:04	14:43	14:22
146.4	19.6	91.0	12.2		Keep Left	A577 Shuttle Street	42	15:05	14:44	14:23
146.6	19.4	91.2	12.1		Keep Right	A577	42	15:05	14:44	14:23
146.7	19.3	91.2	12.0	X.Roads	Straight	A577	42	15:05	14:44	14:23
146.8	19.2	91.3	11.9	X.Roads	Straight	A577	42	15:05	14:44	14:23
147.0	19.0	91.4	11.8		Keep Right	A577 Common Lane	42	15:06	14:45	14:24
147.0	19.0	91.4	11.8	X.Roads	Straight		42	15:06	14:45	14:24
147.1	18.9	91.5	11.8		Keep Left	A577 Manchester Road	42	15:06	14:45	14:24

## STAGE EIGHT: THE GREATER MANCHESTER STAGE - SATURDAY 14 SEPTEMBER



<b>START</b>	Market Street, Altrincham
<b>NEUTRALISED SECTION</b>	4.4km
<b>STAGE DISTANCE</b>	166 km or 103.2 miles
<b>FINISH</b>	Deansgate, Manchester

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
148.2	17.8	92.2	11.1	T.Lights	Straight	A577 Manchester Road	42	15:07	14:46	14:25
148.8	17.2	92.5	10.7	M R/about	1st Exit	A5082 Mort Lane	42	15:08	14:47	14:26
150.0	16.0	93.3	9.9	Sign		Salford	42	15:10	14:49	14:27
150.3	15.7	93.5	9.8	M R/about	2nd Exit	A5082 Peel Lane	42	15:11	14:49	14:28
151.0	15.0	93.9	9.3	T.Lights	Right	A6 Manchester Road	42	15:12	14:50	14:29
151.0	15.0	93.9	9.3			15km to Race Finish	42	15:12	14:50	14:29
152.1	13.9	94.6	8.6	T.Lights	Straight	A6 Manchester Road	42	15:14	14:52	14:30
152.5	13.5	94.8	8.4	T.Lights	Straight	A6 Manchester Road	42	15:14	14:52	14:31
152.6	13.4	94.9	8.3	T.Lights	Straight	A6 High Street	42	15:14	14:53	14:31
153.0	13.0	95.1	8.1	T.Lights	Straight	A6	42	15:15	14:53	14:31
153.1	12.9	95.2	8.0	T.Lights	Straight	A6	42	15:15	14:53	14:31
156.0	10.0	97.0	6.2			10km to Race Finish	42	15:20	14:57	14:35
156.2	9.8	97.1	6.1	T.Lights	Straight	A6 Chorley Road	42	15:20	14:58	14:35
157.1	8.9	97.7	5.5	T.Lights	Straight	A6 Chorley Road	42	15:21	14:59	14:36
157.3	8.7	97.8	5.4	T.Lights	Straight	A6 Chorley Road	42	15:22	14:59	14:37
159.4	6.6	99.1	4.1	R/about	2nd Exit	A6 Broad Street	42	15:25	15:02	14:39
159.5	6.5	99.2	4.0	Sign		Salford	42	15:25	15:02	14:40
161.0	5.0	100.1	3.1			5km to Race Finish	42	15:28	15:05	14:42
161.2	4.8	100.2	3.0		Keep Right	A6	42	15:28	15:05	14:42
162.0	4.0	100.7	2.5	T.Lights	Straight	A6	42	15:29	15:06	14:43
162.4	3.6	101.0	2.2		Keep Left	Slip Road	42	15:30	15:07	14:43
163.0	3.0	101.4	1.9	T.Lights	Left	Liverpool Street	42	15:31	15:07	14:44
163.8	2.2	101.9	1.4	T.Lights	Right	A5066 Oldfield Road	42	15:32	15:09	14:45
164.1	1.9	102.0	1.2	T.Lights	Left	A57 Regent Street	42	15:32	15:09	14:45
164.0	2.0	102.0	1.2	T.Lights	Straight	A6	42	15:32	15:09	14:45
164.4	1.6	102.2	1.0	T.Lights	Straight	A57 Regent Street	42	15:33	15:09	14:46
164.6	1.4	102.4	0.9	T.Lights	Left	A6042 Trinity Way	42	15:33	15:10	14:46
164.7	1.3	102.4	0.8	T.Lights	Right	A6143 Water Street	42	15:33	15:10	14:46
164.9	1.1	102.5	0.7		Keep Right	A6143 Liverpool Road	42	15:34	15:10	14:47
165.0	1.0	102.6	0.6			1km to Race Finish	42	15:34	15:10	14:47
165.4	0.6	102.9	0.4	T.Lights	Straight	A56 Deansgate	42	15:34	15:11	14:47
165.8	0.2	103.1	0.1	T.Lights	Straight	A56 Deansgate	42	15:35	15:11	14:48
166.0	0.0	103.2	0.0	Finish		Deansgate, Manchester	42	15:35	15:12	14:48