

STAGE ONE: GLASGOW TO KIRKCUDBRIGHT - SATURDAY 7 SEPTEMBER



START	George Square, Glasgow
NEUTRALISED SECTION	6.1km (3.8mi)
STAGE DISTANCE	201.5 km or 125.3 miles
FINISH	St Mary Street, Kirkcudbright

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
0.00	6.10	0.00	3.80	Start Neutralised		George Square, Glasgow	42	10:30	10:30	10:30
0.00	201.5	0.00	125.3	Start Proper		George Square, Glasgow	42	10:45	10:45	10:45
0.1	201.4	0.1	125.2	T.Lights	Straight	Cathedral Street	42	10:45	10:45	10:45
0.2	201.3	0.1	125.2	Junction	Right	Collins Street	42	10:45	10:45	10:45
0.4	201.1	0.2	125.1	T.Junction	Left	Rottenrow	42	10:45	10:45	10:45
0.4	201.1	0.2	125.1	X.Roads	Right	A8 High Street	42	10:45	10:45	10:45
0.6	200.9	0.4	124.9	T.Lights	Straight	A8 High Street	42	10:45	10:45	10:45
0.8	200.7	0.5	124.8	T.Lights	Straight	A8 High Street	42	10:46	10:46	10:46
1.0	200.5	0.6	124.7	T.Lights	Straight	A8 High Street	42	10:46	10:46	10:46
1.1	200.4	0.7	124.6	T.Lights	Straight	A8	42	10:46	10:46	10:46
1.2	200.3	0.7	124.6	T.Lights	Left	A749 London Road (Against No Entry!)	42	10:46	10:46	10:46
1.4	200.1	0.9	124.4	T.Lights	Straight	A749 London Road	42	10:47	10:47	10:46
1.4	200.1	0.9	124.4	T.Lights	Straight	A749 London Road	42	10:47	10:47	10:46
1.5	200.0	0.9	124.4		Keeo Right	A749 London Road	42	10:47	10:47	10:46
2.1	199.4	1.3	124.0	X.Roads	Right	Binnie Place	42	10:48	10:48	10:47
2.1	199.4	1.3	124.0		Caution!	Enter Glasgow Green Park	42	10:48	10:48	10:47
2.5	199.0	1.6	123.7	Junction	Right	Caution! Unsighted Junction!	42	10:48	10:48	10:48
2.7	198.8	1.7	123.6	Junction	Right		42	10:49	10:48	10:48
3.0	198.5	1.9	123.4	X.Roads	Straight		42	10:49	10:49	10:48
3.0	198.5	1.9	123.4	X.Roads	Left	Exit Glasgow Green, Greendyke Street	42	10:49	10:49	10:48
3.3	198.2	2.1	123.3	T.Lights	Left	A8 Saltmarket	42	10:50	10:49	10:49
3.4	198.1	2.1	123.2	T.Lights	Right	A814 Clyde Street	42	10:50	10:49	10:49
3.7	197.8	2.3	123.0	T.Lights	Straight	A814 Clyde Street	42	10:50	10:50	10:49
3.8	197.7	2.4	122.9	T.Lights	Straight	A814 Clyde Street	42	10:50	10:50	10:49
4.0	197.5	2.5	122.8	T.Lights	Straight	A814 Clyde Street	42	10:51	10:50	10:50
4.2	197.3	2.6	122.7	T.Lights	Left	A77 Bridge Street	42	10:51	10:51	10:50
4.2	197.3	2.6	122.7		Caution!	Traffic Management on bridge!	42	10:51	10:51	10:50
4.4	197.1	2.7	122.6	T.Lights	Straight	A77 Bridge Street	42	10:51	10:51	10:50
4.5	197.0	2.8	122.5	T.Lights	Straight	A77 Bridge Street	42	10:52	10:51	10:50
4.6	196.9	2.9	122.4	T.Lights	Straight	A77	42	10:52	10:51	10:50
4.8	196.7	3.0	122.3	T.Lights	Straight	A77 Eglinton Street	42	10:52	10:51	10:51
5.0	196.5	3.1	122.2	T.Lights	Straight	A77 Eglinton Street	42	10:52	10:52	10:51
5.3	196.2	3.3	122.0	T.Lights	Straight	A77 Eglinton Street	42	10:53	10:52	10:51
6.0	195.5	3.7	121.6	T.Lights	Straight	A77 Pollokshaws Road	42	10:54	10:53	10:52
6.3	195.2	3.9	121.4	T.Lights	Straight	A77 Pollokshaws Road	42	10:54	10:54	10:53
6.5	195.0	4.0	121.3	T.Lights	Straight	A77 Pollokshaws Road	42	10:55	10:54	10:53
6.6	194.9	4.1	121.2	T.Lights	Straight	A77 Pollokshaws Road	42	10:55	10:54	10:53
6.7	194.8	4.2	121.1	T.Lights	Straight	A77 Pollokshaws Road	42	10:55	10:54	10:53
7.3	194.2	4.5	120.8	T.Lights	Straight	A77 Pollokshaws Road	42	10:56	10:55	10:54
7.5	194.0	4.7	120.6	Junction	Left	A77 Kilmarnock Road	42	10:56	10:55	10:54
8.3	193.2	5.2	120.1	T.Lights	Straight	A77 Kilmarnock Road	42	10:58	10:56	10:55
8.6	192.9	5.3	120.0	T.Lights	Straight	A77 Kilmarnock Road	42	10:58	10:57	10:56
9.2	192.3	5.7	119.6	T.Lights	Straight	A77	42	10:59	10:58	10:56
10.2	191.3	6.3	119.0	T.Lights	Straight	A77 Fenwick Road	42	11:01	10:59	10:58
10.4	191.1	6.5	118.8	T.Lights	Straight	A77 Fenwick Road	42	11:01	10:59	10:58
10.6	190.9	6.6	118.7	T.Lights	Straight	A77 Fenwick Road	42	11:01	11:00	10:58

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FINISH	St Mary Street, Kirkcudbright

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph 110%	42kmph 100%	46kmph 90%
10.7	190.8	6.7	118.6	T.Lights	Straight	A77 Fenwick Road	42	11:01	11:00	10:58
11.0	190.5	6.8	118.5	T.Lights	Straight	A77 Fenwick Road	42	11:02	11:00	10:59
11.7	189.8	7.3	118.0	R/about	3rd Exit	A727 Rouken Glen Road	42	11:03	11:01	11:00
12.0	189.5	7.5	117.8	T.Lights	Straight	A727 Rouken Glen Road	42	11:03	11:02	11:00
12.3	189.2	7.6	117.7	T.Lights	Straight	A727 Rouken Glen Road	42	11:04	11:02	11:00
12.8	188.7	8.0	117.3	T.Lights	Straight	A727 Rouken Glen Road	42	11:05	11:03	11:01
12.9	188.6	8.0	117.3		Keep Left	Long Central Island	42	11:05	11:03	11:01
13.2	188.3	8.2	117.1	R/about	1st Exit	B769 Thornliebank Road	42	11:05	11:03	11:01
14.0	187.5	8.7	116.6	R/about	1st Exit	B769 Thornliebank Road	42	11:07	11:05	11:03
14.4	187.1	9.0	116.3	R/about	1st Exit	Capelrig Road	42	11:07	11:05	11:03
14.7	186.8	9.1	116.2	R/about	2nd Exit	Capelrig Road	42	11:08	11:06	11:03
15.1	186.4	9.4	115.9		Keep Left	Capelrig Road	42	11:08	11:06	11:04
15.3	186.2	9.5	115.8	R/about	2nd Exit	Caplerig Road	42	11:09	11:06	11:04
17.0	184.5	10.6	114.7	T.Junction	Right	Barrhead Road	42	11:11	11:09	11:06
18.2	183.3	11.3	114.0	R/about	1st Exit	Dodside Road	42	11:13	11:11	11:08
18.5	183.0	11.5	113.8	T.Lights	Left	B769 Stewarton Road	42	11:14	11:11	11:08
25.5	176.0	15.9	109.4	Sign		East Ayrshire	42	11:25	11:21	11:17
25.9	175.6	16.1	109.2		Keep Right	B769	42	11:25	11:22	11:18
30.0	171.5	18.7	106.6	Drinks	Start		42	11:32	11:27	11:23
30.1	171.4	18.7	106.6	Sign		Kings Ford	42	11:32	11:28	11:23
32.5	169.0	20.2	105.1		Caution!	Speed Humps x 8	42	11:36	11:31	11:26
33.8	167.7	21.0	104.3	T.Lights	Straight	A735	42	11:38	11:33	11:28
34.0	167.5	21.1	104.2	M R/about	2nd Exit	A735	42	11:38	11:33	11:28
34.2	167.3	21.3	104.0	M R/about	1st Exit	A735	42	11:38	11:33	11:28
34.3	167.2	21.3	104.0		Keep Left	A735	42	11:38	11:34	11:29
38.5	163.0	23.9	101.4	Sign		Kilmaurs	42	11:45	11:40	11:34
38.9	162.6	24.2	101.1	M R/about	1st Exit	A735 Townhead	42	11:46	11:40	11:35
39.0	162.5	24.3	101.1	M R/about	1st Exit	A735 Townhead	42	11:46	11:40	11:35
40.4	161.1	25.1	100.2	X.Roads	Straight		42	11:48	11:42	11:36
40.5	161.0	25.2	100.1	Sign		Kilmarnock	42	11:48	11:42	11:37
40.6	160.9	25.2	100.1	R/about	1st Exit	Kilmaus Road	42	11:48	11:43	11:37
41.2	160.3	25.6	99.7	X.Roads	Straight	A375	42	11:49	11:43	11:37
41.6	159.9	25.9	99.4	R/about	2nd Exit	A735 Hill Street	42	11:50	11:44	11:38
42.1	159.4	26.2	99.1		Keep Left	A735 Hill Street	42	11:51	11:45	11:39
42.4	159.1	26.4	98.9	T.Lights	Straight	A735 Wellington Street	42	11:51	11:45	11:39
42.6	158.9	26.5	98.8	T.Lights	Right	A735 High Street	42	11:51	11:45	11:39
42.8	158.7	26.6	98.7		Keep Left	A735	42	11:52	11:46	11:40
43.0	158.5	26.7	98.6	T.Lights	Straight	A735	42	11:52	11:46	11:40
43.1	158.4	26.8	98.5	T.Lights	Left	B7073 London Road	42	11:52	11:46	11:40
43.5	158.0	27.1	98.3	T.Lights	Left	B7073 London Road	42	11:53	11:47	11:40
43.6	157.9	27.1	98.2	Sprint 1		Kilmarnock	42	11:53	11:47	11:41
45.0	156.5	28.0	97.3	Sign		Crookedholm	42	11:55	11:49	11:42
45.9	155.6	28.5	96.8	R/about	1st Exit	A71 Galston Road	42	11:57	11:50	11:44
50.6	150.9	31.5	93.8	R/about	3rd Exit	A719 Polworth Street	42	12:04	11:57	11:50
50.8	150.7	31.6	93.7	Sign		Galston	42	12:04	11:57	11:50
51.1	150.4	31.8	93.5	T.Lights	Right	A719 Bridge Street	42	12:05	11:58	11:50

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FINISH	St Mary Street, Kirkcudbright

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmpH 110%	42kmpH 100%	46kmpH 90%
51.3	150.2	31.9	93.4		Keep Left	A719 Brewland Street	42	12:05	11:58	11:50
51.7	149.8	32.1	93.2	M R/about	2nd Exit	A719 Brewland Street	42	12:06	11:58	11:51
52.0	149.5	32.3	93.0		Keep Left	A719 Brewland Street	42	12:06	11:59	11:51
52.2	149.3	32.5	92.8	Junction	Left	B744	42	12:07	11:59	11:52
53.1	148.4	33.0	92.3		Caution!	Sharp Bend Right!	42	12:08	12:00	11:53
58.7	142.8	36.5	88.8	X.Roads	Straight	B744	42	12:17	12:08	12:00
59.2	142.3	36.8	88.5	Sign		South Ayrshire	42	12:18	12:09	12:01
61.4	140.1	38.2	87.1	X.Roads	Right	B744	42	12:21	12:12	12:03
61.5	140.0	38.2	87.1		Keep Left	B744	42	12:21	12:12	12:04
65.0	136.5	40.4	84.9		Caution!	Narrow Bridge	42	12:27	12:17	12:08
65.5	136.0	40.7	84.6	Sign		Tarbolton	42	12:27	12:18	12:09
65.6	135.9	40.8	84.5	Junction	Left	Burns Street	42	12:28	12:18	12:09
65.7	135.8	40.9	84.4	T.Junction	Left	B730 Montgomerie Street	42	12:28	12:18	12:09
66.2	135.3	41.2	84.1	X.Roads	Right	B744	42	12:29	12:19	12:10
67.5	134.0	42.0	83.3	T.Junction	Right	B743	42	12:31	12:21	12:11
70.4	131.1	43.8	81.5	Junction	Left	B742 Annbank Road	42	12:35	12:25	12:15
70.9	130.6	44.1	81.2		Caution!	Speed Humps x 11	42	12:36	12:26	12:16
72.0	129.5	44.8	80.5		Keep Right	B742	42	12:38	12:27	12:17
73.0	128.5	45.4	79.9		Caution!	Narrow Bridge	42	12:39	12:29	12:18
74.6	126.9	46.4	78.9	X.Roads	Straight	B742	42	12:42	12:31	12:20
75.7	125.8	47.1	78.2		Caution!	Sharp Bend Left!	42	12:43	12:33	12:22
75.8	125.7	47.1	78.2		Keep Right	B742	42	12:44	12:33	12:22
75.9	125.6	47.2	78.1		Caution!	Narrow Bridge	42	12:44	12:33	12:22
77.0	124.5	47.9	77.4	Sign		Colton	42	12:46	12:35	12:24
77.1	124.4	47.9	77.4	T.Junction	Right	A70	42	12:46	12:35	12:24
77.6	123.9	48.3	77.0	Junction	Left	B742	42	12:46	12:35	12:24
77.9	123.6	48.4	76.9		Keep Right	B742	42	12:47	12:36	12:25
81.7	119.8	50.8	74.5	Sign		East Ayrshire	42	12:53	12:41	12:30
82.8	118.7	51.5	73.8	T.Junction	Right	A713	42	12:55	12:43	12:31
82.9	118.6	51.6	73.8	Junction	Left	B742	42	12:55	12:43	12:31
83.6	117.9	52.0	73.3		Caution!	Fast Descent	42	12:56	12:44	12:32
85.4	116.1	53.1	72.2	Sign		Dalrymple	42	12:59	12:47	12:34
85.7	115.8	53.3	72.0		Caution!	Speed Humps x 2	42	12:59	12:47	12:35
85.9	115.6	53.4	71.9		Keep Left	B742	42	12:59	12:47	12:35
86.0	115.5	53.5	71.8	T.Junction	Right	B742	42	13:00	12:47	12:35
86.1	115.4	53.5	71.8		Caution!	Speed Humps x 2	42	13:00	12:48	12:35
86.4	115.1	53.7	71.6		Caution!	Narrow Bridge	42	13:00	12:48	12:36
86.5	115.0	53.8	71.51	Sign		South Ayrshire	00:00	13:00	12:48	12:36
86.6	114.9	53.9	71.5		Keep Right	B742	42	13:01	12:48	12:36
87.6	113.9	54.5	70.8		Caution!	Narrow Bridge	42	13:02	12:50	12:37
90.2	111.3	56.1	69.2	Green Zone	Start		42	13:06	12:53	12:40
90.5	111.0	56.3	69.0	X.Roads	Left	B7045	42	13:07	12:54	12:41
90.5	111.0	56.3	69.0	Feed Zone	Start		42	13:07	12:54	12:41
91.7	109.8	57.0	68.3	Green Zone	Ends		42	13:09	12:56	12:42
95.1	106.4	59.1	66.2	Sign		Kirkmichael	42	13:14	13:00	12:47
95.2	106.3	59.2	66.1		Keep Right	Straiton Road	42	13:14	13:01	12:47

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FINISH	St Mary Street, Kirkcudbright

ROUTE DETAILS							ESTIMATED TIMETABLE			
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101.7	99.8	63.2	62.1	Sign		Straiton	42	13:24	13:10	12:55
102.0	99.5	63.4	61.9		Caution!	Narrow Bridge	42	13:25	13:10	12:56
102.2	99.3	63.6	61.7	Junction	Left	B741 Dalmellington Road	42	13:25	13:11	12:56
102.7	98.8	63.9	61.4	KoM 1 Cat 2	Start		42	13:26	13:11	12:57
105.4	96.1	65.5	59.8	KoM 1 Cat 2	Finish	Lambdoughty Hill	42	13:30	13:15	13:00
105.7	95.8	65.7	59.6		Caution!	Cattle Grid	42	13:31	13:16	13:00
107.1	94.4	66.6	58.7		Caution!	Cattle Grid	42	13:33	13:18	13:02
107.7	93.8	67.0	58.3	Sign		East Ayrshire	42	13:34	13:18	13:03
109.1	92.4	67.8	57.5		Caution!	Fast Descent	42	13:36	13:20	13:05
109.4	92.1	68.0	57.3		Caution!	Cattle Grid	42	13:36	13:21	13:05
109.8	91.7	68.3	57.0		Caution!	Narrow Bridge	42	13:37	13:21	13:06
111.0	90.5	69.0	56.3		Caution!	Narrow Bridge	42	13:39	13:23	13:07
112.1	89.4	69.7	55.6	X.Roads	Right	A713	42	13:41	13:25	13:09
112.3	89.2	69.8	55.5	Sign		Dalmellington	42	13:41	13:25	13:09
112.5	89.0	70.0	55.3	Sprint 2		Dalmellington	42	13:41	13:25	13:09
112.7	88.8	70.1	55.2	X.Roads	Straight	A713	42	13:42	13:26	13:09
112.9	88.6	70.2	55.1	M R/about	1st Exit	Carsphairn Road	42	13:42	13:26	13:10
112.9	88.6	70.2	55.1	KoM 2 Cat 2	Start		42	13:42	13:26	13:10
112.9	88.6	70.2	55.1		Caution!	Speed Humps x 2	42	13:42	13:26	13:10
114.0	87.5	70.9	54.4		Caution!	Narrow Bridge	42	13:44	13:27	13:11
119.0	82.5	74.0	51.3	KoM 2 Cat 2	Finish	Dalmellington	42	13:52	13:35	13:18
119.7	81.8	74.4	50.9	Sign		Dumfries & Galloway	42	13:53	13:36	13:18
128.5	73.0	79.9	45.4	Sign		Carsphairn	42	14:06	13:48	13:30
128.7	72.8	80.0	45.3	Sprint 3		Carsphairn	42	14:07	13:48	13:30
129.4	72.1	80.5	44.8	Junction	Left	B729	42	14:08	13:49	13:31
129.6	71.9	80.6	44.7	Junction	Left	B729	42	14:08	13:50	13:31
135.5	66.0	84.3	41.0	Junction	Right	B7000	42	14:17	13:58	13:39
135.8	65.7	84.4	40.9		Caution!	Narrow Bridge	42	14:18	13:59	13:39
145.0	56.5	90.2	35.1	Sign		St John's Town of Dalry	42	14:32	14:12	13:51
145.2	56.3	90.3	35.0	T.Junction	Right	A702 Main Street	42	14:33	14:12	13:51
145.7	55.8	90.6	34.7	T.Junction	Right	A713 Main Street	42	14:33	14:13	13:52
159.7	41.8	99.3	26.0	Sign		Parton	42	14:55	14:33	14:10
164.9	36.6	102.5	22.8	Sign		Crossmichael	42	15:04	14:40	14:17
167.3	34.2	104.0	21.3	Sign		Townhead of Greenlaw	42	15:07	14:44	14:20
169.9	31.6	105.7	19.7	Sign		Castle Douglas	42	15:11	14:47	14:23
171.0	30.5	106.3	19.0	X.Roads	Straight	B736 St Andrew Street	42	15:13	14:49	14:24
174.6	26.9	108.6	16.7	T.Junction	Left	B736	42	15:19	14:54	14:29
176.5	25.0	109.8	15.5			25km to Race Finish	42	15:22	14:57	14:31
179.2	22.3	111.4	13.9	X.Roads	Right	A711	42	15:26	15:01	14:35
181.5	20.0	112.9	12.4			20km to Race Finish	42	15:30	15:04	14:38
183.8	17.7	114.3	11.0	Sign		Auchencairn	42	15:33	15:07	14:41
184.1	17.4	114.5	10.8		Keep Right	A711 Main Street	42	15:34	15:08	14:41
184.2	17.3	114.5	10.8		Keep Left	A711 Church Road	42	15:34	15:08	14:41
184.7	16.8	114.9	10.4		Keep Left	A711	42	15:35	15:08	14:42
186.0	15.5	115.7	9.6	KoM 3 Cat 3	Start		42	15:37	15:10	14:44
186.5	15.0	116.0	9.3			15km to Race Finish	42	15:38	15:11	14:44

STAGE ONE: GLASGOW TO KIRKCUDBRIGHT - SATURDAY 7 SEPTEMBER



START	George Square, Glasgow
NEUTRALISED SECTION	6.1km (3.8mi)
STAGE DISTANCE	201.5 km or 125.3 miles
FINISH	St Mary Street, Kirkcudbright

ROUTE DETAILS							ESTIMATED TIMETABLE			
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	38kmph	42kmph	46kmph
								110%	100%	90%
188.6	12.9	117.3	8.0		Caution!	Sheep!	42	15:41	15:14	14:47
188.8	12.7	117.4	7.9	KoM 3 Cat 3	Finish	Bankhead	42	15:41	15:14	14:47
190.1	11.4	118.2	7.1		Caution!	Fast & Technical Descent	42	15:43	15:16	14:49
190.9	10.6	118.7	6.6		Caution!	Narrow Bridge	42	15:44	15:17	14:50
191.4	10.1	119.0	6.3	Sign		Dundrennan	42	15:45	15:18	14:51
191.5	10.0	119.1	6.2			10km to Race Finish	42	15:45	15:18	14:51
193.9	7.6	120.6	4.7		Keep Left	A711	42	15:49	15:22	14:54
196.5	5.0	122.2	3.1			5km to Race Finish	42	15:53	15:25	14:57
198.7	2.8	123.6	1.7	Sign		Muteshill	42	15:57	15:28	15:00
198.9	2.6	123.7	1.6		Keep Right	A711	42	15:57	15:29	15:00
200.5	1.0	124.7	0.6			1km to Race Finish	42	16:00	15:31	15:02
200.7	0.8	124.8	0.5		Keep Right	St Mary Street	42	16:00	15:31	15:03
201.5	0.0	125.3	0.0	Finish		St Mary Street, Kirkcudbright	42	16:01	15:32	15:04