



## **WEST BRIDGFORD SPECTATOR GUIDE**

West Bridgford will host the start of stage five on Thursday 8 September.

This guide has been compiled to assist racegoers with their planning and help them have an enjoyable day at the Tour of Britain.

### **GETTING THERE**

There are a number of ways of travelling to West Bridgford, where stage five will start on Central Avenue at 10:45am.

Please ensure you plan your journey in advance and wherever possible travel using sustainable and active transport options.

#### **BIKE**

Cycle parking is available at locations throughout the town centre. The Citycard Cycle Hub is located at Bridgford Road Car Park.

#### **TRAIN**

Nottingham Railway Station is a 10-minute ride or 30-minute walk from Central Avenue. Nottingham Bus Station (on Station Street) is adjacent to the rail station.

#### **BUS**

A number of bus services directly serve Central Avenue and wider West Bridgford, all of which provide stops within walking distance of the start.

*From Nottingham City Centre and Nottingham Railway Station:* Join NCTX green buses 5,6,7,8,9, 10 or The Cotgrave and alight on either Musters Road, NG2 7PQ, or Rectory Road, NG2 6BS. Or join The Keyworth and alight at Loughborough Road, NG2 7QP.

*From the south and Clifton:* Join NCTX buses 1, 3 or 4 and alight at County Hall stop at NG2 7QP.

From the east: The Keyworth - alight at Melton Road, NG2 7NF. The Cotgrave - alight at Davies Road, NG2 5JE. X90 Newark to Nottingham service alight at Fox Road, NG2 6BJ.

## **TRAM**

From the south: use Clifton South park and ride (NG11 8BF, adjacent to A453). Alight at Wilford Village stop for a short hop to view the race at Compton Acres (NG2 7ST) or, for the start, walk to adjacent bus stop for NCTX buses 1, 3 or 4 and alight at County Hall stop (NG2 7QP) and walk to Central Avenue.

From the north or west: take the tram from the park and ride site at Phoenix Park (NG8 6AS) and board a tram destined for Clifton South. Alight at Wilford Village stop for a short hop to view the race at Compton Acres (NG2 7ST) or, for the start, walk to adjacent bus stop to join a passing NCTX bus 1, 3 or 4 and alight at County Hall stop (NG2 7QP) and walk to Central Avenue.

Visit [thetram.net](http://thetram.net) for more information.

## **CAR PARKING**

Parking is available at Bridge Field (Bridgford Road, West Bridgford, NG2 6AP). Rates start from £3.50 for up to three hours' stay. A maximum of 300 spaces are available from 8am onwards – spectators are advised to arrive by 9.30am latest to avoid rolling road closures.

Please note that Bridgford Road Car Park (opposite the Co-op supermarket) will be closed for the duration of the event until early afternoon. Other town centre car parks will open as normal. For details visit [rushcliffe.gov.uk/transportandstreets/carparking](http://rushcliffe.gov.uk/transportandstreets/carparking)

## **ROAD CLOSURES**

Owing to the start location of stage five, a full road closure will be in operation on Central Avenue in West Bridgford (NG2 5GR) from 4am on the morning of the race.

The southern part of Bridgford Road from Stratford Road through to Church Drive will also be closed from 4am. Rolling road closures will be operational on roads around Central Avenue from 10am onwards. More information available at [rushcliffe.gov.uk/TOB](http://rushcliffe.gov.uk/TOB)

## **ACTIVITIES**

Don't miss the race build-up and signing on of the riders which takes place on Central Avenue and the adjacent Croquet Lawn from 9.45am, prior to the race start at 10.45am.

Head to the team paddock on Bridgford Road for your opportunity to see the teams warming up and meet your cycling heroes. Food and drink will be available from adjacent coffee shops, bars and restaurants around the town centre. For information visit [rushcliffe.gov.uk/TOB](https://rushcliffe.gov.uk/TOB) or [westbridgfordway.co.uk](https://westbridgfordway.co.uk).

## **AMENITIES**

Log onto [visit-nottinghamshire.co.uk](https://visit-nottinghamshire.co.uk) for more information on where to stay near to Central Avenue or consider:

- Birchover Bridgford Hall – adjacent to the start on Central Avenue - [thebirchoverresidences.com](https://thebirchoverresidences.com)
- Birchover Trent Bridge – opposite Trent Bridge Cricket Ground - [thebirchoverresidences.com](https://thebirchoverresidences.com)
- The Beeches Hotel –15 minutes' walk to the start - [thebeecheshotel.co.uk](https://thebeecheshotel.co.uk)
- Jury's Inn, London Road - 30 minutes' walk to Central Avenue or a short walk to the railway station for passing buses – [jurysinns.com/hotels/nottingham](https://jurysinns.com/hotels/nottingham)
- Premier Inn, London Road - 30 minutes' walk to Civic Centre or a short walk to the railway station for passing buses - [premierinn.com](https://premierinn.com)

## **COVID-19 GUIDANCE**

While the event takes place in the open air, we expect large numbers of spectators to gather in and around the start line on Central Avenue.

We ask that you do not attend if you are feeling unwell. Additionally, please be considerate towards others: masks and social distancing are a personal choice.