

Edition: 5



Sparky's workbook



in partnership with

abbey
insurance



Re-arrange the names

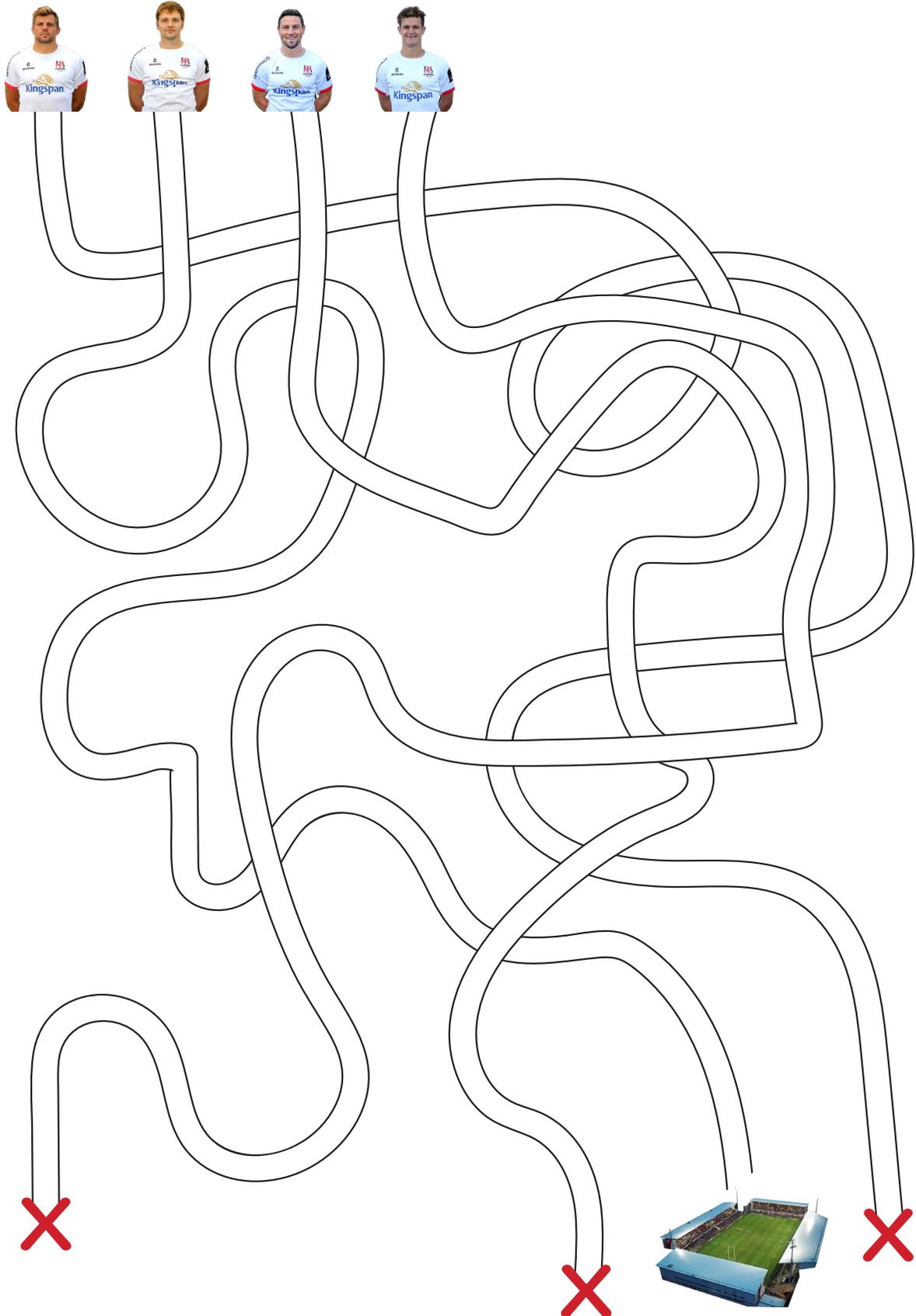
Can you unscramble these player names?



1. TORREB ANEUUOOCLEB _____
2. CALLERM EEOZCTE _____
3. EANS YEIRD _____
4. GRIAC RIGLOY _____
5. KEUL SHAMRALL _____
6. YARTM OOMRE _____
7. NIIA SONNEHDER _____
8. DIJOR PHURMY _____
9. HONJ YOONEC _____
10. TAMT DESFAD _____

Race to Kingspan Stadium

Which player has found the correct route?



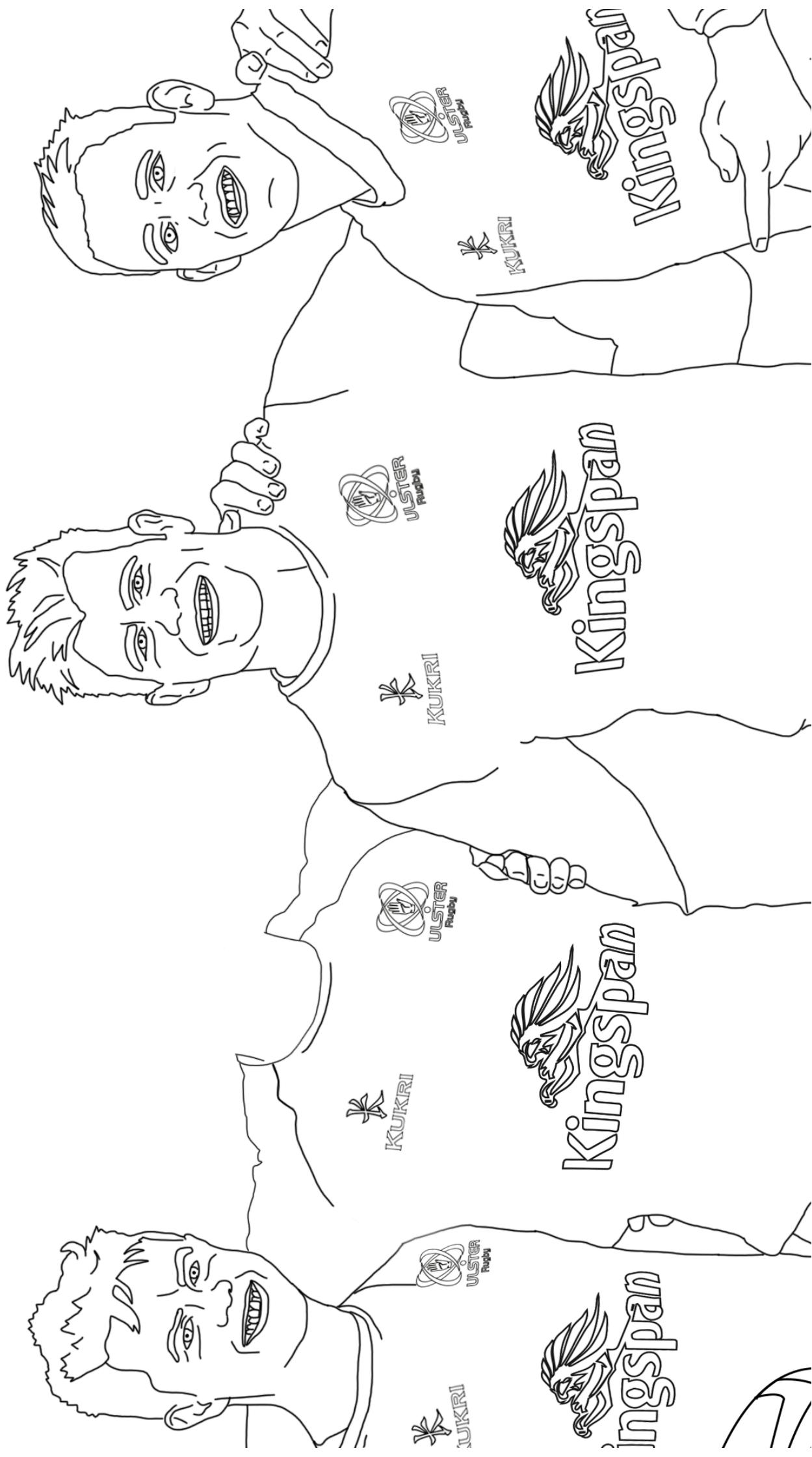
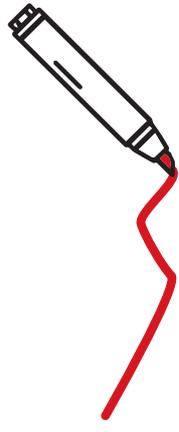
Spot the Difference

Can you find the 7 differences?



Join the team

Draw yourself into this group-shot
Submit your finished design to standup@ulsterrugby.com



Maths Questions



David Shanahan

is practicing passing from the ground. He does this from 3 different distances, passing 12 times from each side (L&R).

Answer:

What is the total number of passes David will throw?



Sparky

is inflating rugby balls before the game. It takes him 45 seconds to inflate each ball.

Answer:

How long will it take Sparky to inflate 30 balls?



Sam Carter

is doing running drills. He runs out 10m and back, then runs out 20m and back. Finally, he runs out 30m and back.

Answer:

If Sam completes this 5 times, how far will he have ran?



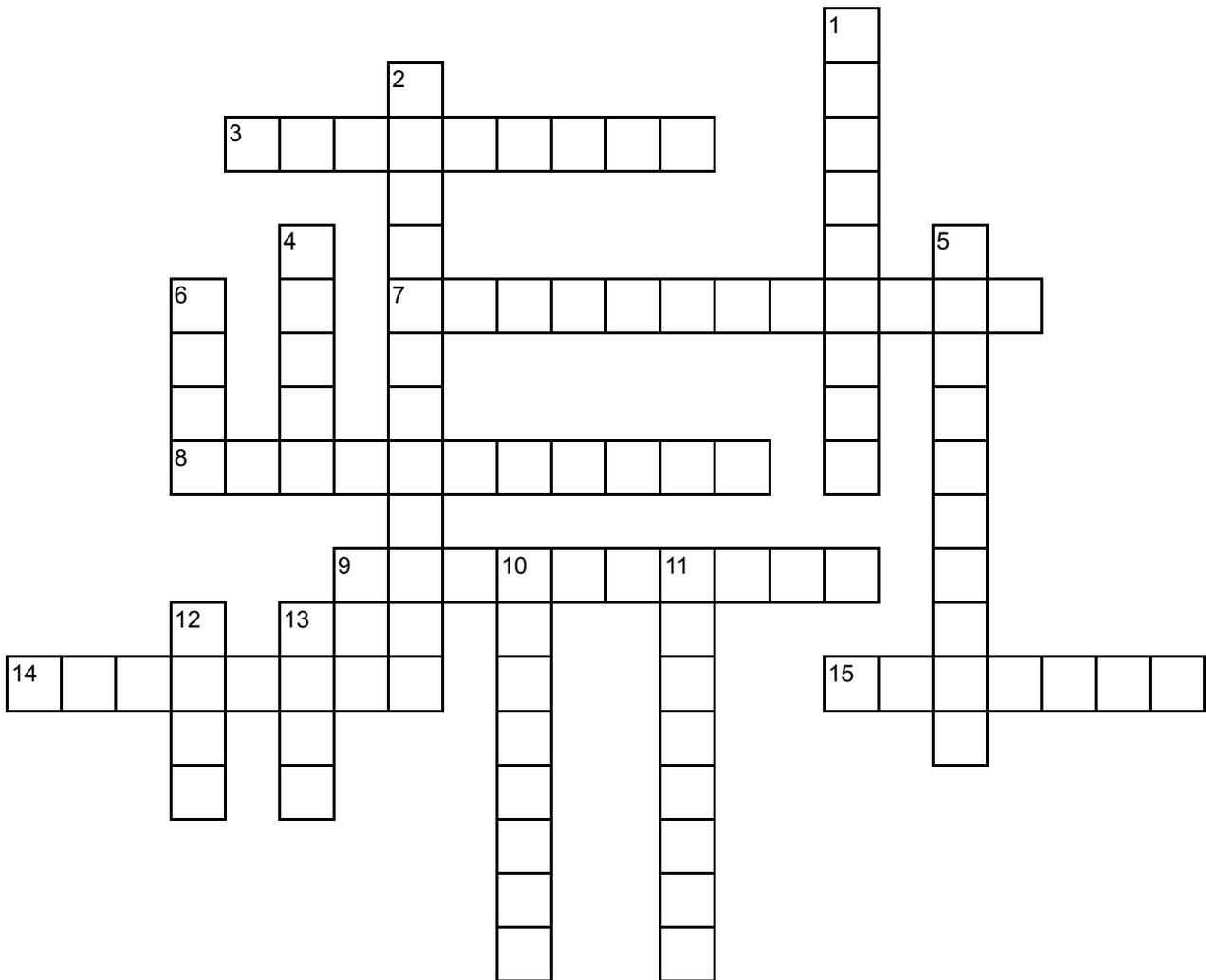
Supporters

If there are 17,000 supporters at a game and 40% of them walk under the Memorial Arch.

Answer:

How many supporters will walk under the Memorial Arch?

Crossword



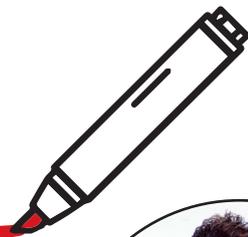
Across

- 3 David Shanahan plays in this position
- 7 The name of the avenue entrance to Kingspan Stadium to get to the East Terrace.
- 8 Cool FM morning radio presenter who does prematch-stadium announcements.
- 9 Along with Andrew Trimble, this former player has made the joint most number of appearances for Ulster.
- 14 The name of the arch clock at Kingspan Stadium.
- 15 Ulster lost to this Irish province away but defeated them at home this season.

Down

- 1 This player left Super Rugby team ACT Brumbies to join Ulster in 2019.
- 2 This centre from Ballymena has played more than 1200 minutes for Ulster this season.
- 4 Number of seasons Rob Herring has played for Ulster so far.
- 5 Ulster Hooker. Has played 38 times in the Heineken Champions Cup.
- 6 Jack McGrath plays in this position.
- 10 Ulster's previous club captain before Iain Henderson.
- 11 Iain Henderson made his debut against this Irish province.
- 12 Number of pairs of brothers in the Ulster senior and Academy squads.
- 13 Craig Gilroy plays in this position.

Design A Shirt



Design your own vintage rugby shirt

