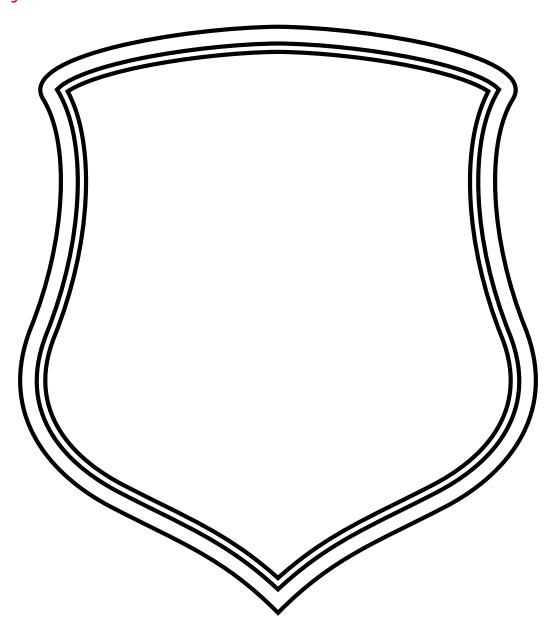


# Sparky's workbook



### Design A Team Logo

Many teams still use the traditional shield-style logos. Design your own below:









D	С	L	F	R	М	0	N	W	I	N	G
Р	0	С	F	U	L	L	В	А	С	K	0
R	В	Α	L	Н	А	R	S	А	0	Р	U
0	Ν	S	А	U	С	Е	N	N	А	R	L
Р	Н	D	N	Е	В	F	А	Е	С	Е	0
L	0	С	K	S	I	Е	R	С	Н	Y	F
Е	0	X	Е	В	U	R	N	S	Е	S	L
Q	K	Е	R	Ν	R	Е	S	S	Е	Ν	Y
U	Е	Т	Р	R	S	Е	N	Т	R	L	Н
I	R	Е	М	А	S	С	0	Т	Е	Е	А
Ν	D	R	А	I	С	Е	N	Т	R	Е	L
S	С	R	U	М	Н	А	L	F	Т	0	F

### Can you find all of these match day words?

Prop Scrum Half Full Back Coach Lock Fly Half Hooker Referee Flanker Centre Wing Mascot



## Colour Cooney







Can you find the 7 differences?







### Maths Questions



## Louis Ludik is practicing his catching. He receives 12x high kicks from John Cooney, then 6x cross-field kicks from Billy Burns. Finally, Louis kicks to himself 6x times

Answer:

If Louis completes these drills on a Tuesday and Thursday, how many kicks will he receive?



#### Stuart McCloskey

is doing some endurance training on the pitch. Stuart runs 25m out, then back, before running 50m out, then back again. He does this 5 times.

Answer:

What is the total number of metres that Stuart will run?

#### Back Row Players (Flankers & No.8)



**Marcell Coetzee** Age: 29 Height: 192cm Weight: 114kg



**Jordi Murphy** Age: 29 Height: 188cm Weight: 106kg



**Sean Reidy** Age: 31 Height: 183cm Weight: 104kg



Matthew Rea Age: 26 Height: 193cm Weight: 112kg

\*Measurements have been changed

3. What is the average height of these players?

Answer:

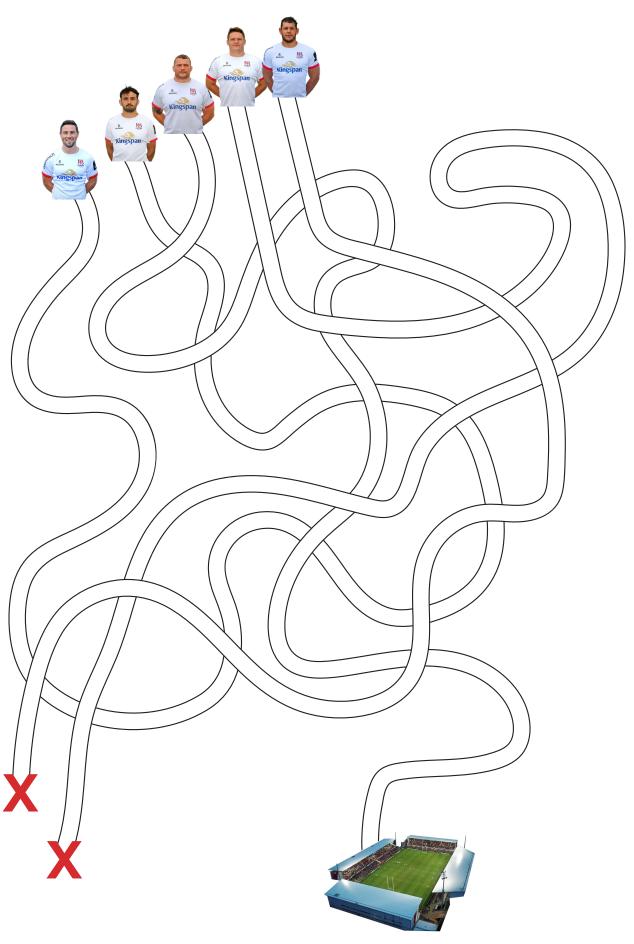
4. What is the average weight of these players?

Answer:



### Race t@ Kingspan Stadium

Which player has found the correct route?



# Rugby Laws Quiz

- Can you answer the following questions correctly?
- 1. An offside player may not take part in the game until he/she is onside again. Is this true or false?
  - A. True
  - B. False
- 2. A Rugby match is played with one referee within the field of play. Is this true or false?
  - A. True
  - B. False
- 3. When a team is awarded a penalty, they must kick for goal. Is this true or false?
  - A. True
  - B. False
- 4. A team scoring a try in a game of Rugby will be awarded:
  - A. 2 points
  - B. 3 points
  - C. 5 points
  - D. 7 points
- 5. In a maul, the team with the ball can pass the ball:
  - A. Backwards within the maul
  - B. Forwards within the maul
  - C. Backwards and forwards within the maul
- 6. Which of the following are three of the five Core Values in the Game of Rugby?
  - A. Discipline
  - B. Aggression
  - C. Passion
  - D. Respect
  - E. Winning