

RACE SCHEDULE

COLCHESTER TO BURY ST EDMUNDS

Neutralised section

Boxted Road, A134 (Northern approach), Turner Road, North Station Road, The Albert roundabout, North Station Road, Middleborough, North Hill, High Street, Queen Street, St Botolphs, St Botolphs Circus, Southway, Maldon Road, Shrub End Road, Boadicea Way.

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
			Start Neutralised		Colchester Sports Park	11:00	11:00	11:00
0.00	142.1	0.00	Start Proper		A137 Parsons Heath	11:20	11:20	11:20
0.4	141.7	0.2	T.Junction	Right	B1026 Layer Road	11:20	11:20	11:20
1.3	140.8	0.8	Double M/RA	Straight	B1026 Layer Road	11:22	11:22	11:21
4.1	138.0	2.5	X.Roads	Left	Malting Green Road	11:27	11:26	11:25
4.6	137.5	2.9		Keep Left	Abberton Road	11:27	11:27	11:26
5.7	136.4	3.5		Keep Right	Aberton Road	11:29	11:29	11:28
8.5	133.6	5.3	X.Roads	Right	B1025 Colchester Road	11:34	11:33	11:32
9.3	132.8	5.8	Junction	Left	School Lane	11:36	11:34	11:33
12.5	129.6	7.8	Junction	Left	Fingeringhoe Road	11:41	11:39	11:37
14.0	128.1	8.7	X.Roads	Straight	B1029 Brook Street	11:44	11:42	11:39
15.1	127.0	9.4		Keep Right	Fingeringhoe Road	11:46	11:43	11:41
16.0	126.1	9.9	M R/about	2nd Exit	Old Heath Road	11:47	11:45	11:42
16.3	125.8	10.1	M R/about	2nd Exit	Whitehall Road	11:48	11:45	11:43
17.0	125.1	10.6	M R/about	1st Exit	Haven Road	11:49	11:46	11:44
17.6	124.5	10.9	R/about	2nd Exit	A134 Colne Causeway	11:50	11:47	11:45
17.9	124.2	11.1	R/about	2nd Exit	A134 Eastern Approach	11:51	11:48	11:45
18.2	123.9	11.3	R/about	2nd Exit	A134 Colne Causeway	11:51	11:48	11:45
18.3	123.8	11.4	M R/about	1st Exit	A133 Greenstead Roundabout	11:51	11:48	11:46
18.4	123.7	11.4	M R/about	2nd Exit	A133 Greenstead Roundabout	11:51	11:49	11:46
18.4	123.7	11.4	M R/about	1st Exit	Avon Way	11:51	11:49	11:46
18.9	123.2	11.8	M R/about	2nd Exit	Avon Way	11:52	11:49	11:46
20.5	121.6	12.7	T.Junction	Left	Bromley Road	11:55	11:52	11:49
21.1	121.0	13.1	M R/about	2nd Exit	A137 Harwich Road	11:56	11:53	11:49
21.4	120.7	13.3	M R/about	2nd Exit	A137 Harwich Road	11:57	11:53	11:50
25.5	116.6	15.9		Keep Right	A137 Colchester Road	12:04	12:00	11:56
25.6	116.5	15.9	Sign		Ardleigh	12:04	12:00	11:56
26.2	115.9	16.3	X.Roads	Straight	A137 Harwich Road	12:05	12:01	11:57
26.6	115.5	16.5		Keep Left	A137 Harwich Road	12:06	12:02	11:57
29.4	112.7	18.3	Sign		Lawford	12:11	12:06	12:01
30.0	112.1	18.7	Drinks	Start	B	12:12	12:07	12:02
31.1	111.0	19.3	M R/about	1st Exit	A137 Coks Hill	12:14	12:09	12:04
32.2	109.9	20.0	M R/about	1st Exit	A137 The Causeway	12:15	12:10	12:05
32.4	109.7	20.1	T.Junction	Left	A137	12:16	12:11	12:06
32.9	109.2	20.5	Sign		Suffolk	12:17	12:11	12:06
33.3	108.8	20.7	Sign		Brantham	12:17	12:12	12:07
33.4	108.7	20.8	R/about	2nd Exit	A137 Brantham Hill	12:18	12:12	12:07
33.4	108.7	20.8	QoM 1 Cat 3	Start		12:18	12:12	12:07
34.4	107.7	21.4	QoM 1 Cat 3	Finish	Brantham Hill	12:19	12:14	12:08
34.4	107.7	21.4	Green Zone	Start	for 200m	12:19	12:14	12:08
35.0	107.1	21.8		Keep Left	A137 Ipswich Road	12:20	12:15	12:09
35.2	106.9	21.9	X.Roads	Straight	A137	12:21	12:15	12:10
35.6	106.5	22.1	Junction	Right	Caution! ⚠️ Against one way!	12:21	12:16	12:10
39.4	102.7	24.5	Sign		Stutton	12:28	12:22	12:15

Approximate distance of neutralised section 11.6km / 7.2miles

Distance of stage 142.1km / 88.4miles

Neutralised start 11:00

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
39.5	102.6	24.6		Keep Right	B1080	12:28	12:22	12:16
39.6	102.5	24.6		Keep Left	B1080 Holbrook Road	12:28	12:22	12:16
40.5	101.6	25.2	Sign		Holbrook	12:30	12:23	12:17
41.2	100.9	25.6	Sprint 1		Holbrook	12:31	12:25	12:18
41.8	100.3	26.0		Caution!	Sharp Bend Left	12:32	12:26	12:19
45.4	96.7	28.2	T.Junction	Left	B1456	12:38	12:31	12:24
45.9	96.2	28.5		Caution!	Fast Descent	12:39	12:32	12:25
47.0	95.1	29.2	Sign		Wherstead	12:41	12:34	12:26
48.9	93.2	30.4	R/about	1st Exit	A137 Wherstead Road	12:44	12:37	12:29
50.1	92.0	31.2	R/about	2nd Exit	A137	12:47	12:39	12:31
50.2	91.9	31.2	R/about	2nd Exit	A137	12:47	12:39	12:31
52.4	89.7	32.6	Junction	Left		12:51	12:42	12:34
52.5	89.6	32.6	T.Junction	Left		12:51	12:42	12:34
53.2	88.9	33.1	Sign		Tattingstone	12:52	12:44	12:35
53.6	88.5	33.3	Junction	Left	School Road	12:53	12:44	12:36
54.7	87.4	34.0	T.Junction	Right	Church Road	12:55	12:46	12:37
55.7	86.4	34.6	X.Roads	Straight		12:56	12:47	12:39
56.4	85.7	35.1	Sign		Bentley	12:57	12:49	12:40
56.5	85.6	35.1		Caution!	Level Crossing	12:58	12:49	12:40
57.7	84.4	35.9		Keep Left	B1352 High Street	13:00	12:51	12:42
59.3	82.8	36.9	T.Junction	Right	Ipswich Road	13:03	12:53	12:44
59.6	82.5	37.1	R/about	1st Exit	The Street	13:03	12:54	12:44
59.8	82.3	37.2	Sign		Capel St Mary	13:03	12:54	12:44
60.3	81.8	37.5		Caution!	Buildout Nearside	13:04	12:55	12:45
60.7	81.4	37.7		Keep Right		13:05	12:55	12:46
62.1	80.0	38.6		Keep Left		13:07	12:58	12:48
62.9	79.2	39.1		Keep Left		13:09	12:59	12:49
63.1	79.0	39.2	T.Junction	Left	A137 Wignall Street	13:09	12:59	12:49
65.3	76.8	40.6	T.Junction	Right	B1070	13:13	13:03	12:52
65.4	76.7	40.7	Sign		Raydon	13:13	13:03	12:52
65.8	76.3	40.9		Keep Left		13:14	13:03	12:53
66.4	75.7	41.3		Keep Left		13:15	13:04	12:54
68.1	74.0	42.3		Keep Right	B1070 Upper Street	13:18	13:07	12:56
68.5	73.6	42.6	Sign		Upper Layham	13:18	13:08	12:57
69.7	72.4	43.3	Sign		Hadleigh	13:21	13:10	12:59
70.7	71.4	44.0		Caution!	Buildout Outside	13:22	13:11	13:00
70.9	71.2	44.1	T.Junction	Left	B1070 High Street	13:23	13:11	13:00
71.4	70.7	44.4	M R/about	1st Exit	B1070 High Street	13:24	13:12	13:01
71.0	71.1	44.2	Sprint 2		High Street – Hadleigh	13:23	13:12	13:00
71.6	70.5	44.5		Keep Left	B1070 Bridge Street	13:24	13:13	13:01
72.0	70.1	44.8		Keep Right	B1070 Gallows Hill	13:25	13:13	13:02
72.6	69.5	45.1	T.Junction	Left	A1071	13:26	13:14	13:03
72.7	69.4	45.2	Junction	Right	A1141 Stone Street	13:26	13:14	13:03
74.8	67.3	46.5		Keep Left	A1141	13:29	13:18	13:06

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
76.5	65.6	47.6		Keep Right	B1115	13:32	13:20	13:08
79.1	63.0	49.2	Sign		Bildeston	13:37	13:24	13:12
79.4	62.7	49.4	Junction	Right	B1078 Ipswich Road	13:37	13:25	13:12
79.4	62.7	49.4	QoM 2 Cat 3	Start		13:37	13:25	13:12
80.5	61.6	50.1	QoM 2 Cat 3	Finish	 Bildeston	13:39	13:27	13:14
80.5	61.6	50.1	Green Zone	Start	for 200m	13:39	13:27	13:14
82.0	60.1	51.0	Sign		Nedging with Norton	13:42	13:29	13:16
84.9	57.2	52.8	Sign		Green Street	13:47	13:34	13:20
86.9	55.2	54.0	X.Roads	Straight		13:50	13:37	13:23
87.6	54.5	54.5	Sign		Barking	13:52	13:38	13:24
88.6	53.5	55.1		Keep Left		13:53	13:39	13:25
91.9	50.2	57.1	Sign		Needham Market	13:59	13:45	13:30
92.8	49.3	57.7	T.Junction	Left	B1113 High Street	14:01	13:46	13:31
94.2	47.9	58.6	Sign		Badley	14:03	13:48	13:33
95.9	46.2	59.6		Keep Left	Dual Cariageway	14:06	13:51	13:36
96.4	45.7	59.9	Sign		Stowmarket	14:07	13:52	13:36
96.9	45.2	60.3	T.Lights	Straight	A1308 Needham Road	14:08	13:53	13:37
97.5	44.6	60.6	R/about	2nd Exit	Needham Road	14:09	13:53	13:38
98.0	44.1	60.9	R/about	2nd Exit	Ipswich Road	14:10	13:54	13:39
98.5	43.6	61.3	M R/about	1st Exit	Ipswich Road	14:11	13:55	13:39
98.7	43.4	61.4	T.Lights	Left	Ipswich Road	14:11	13:55	13:40
99.0	43.1	61.6	T.Lights	Left	B1115 Ipswich Road	14:11	13:56	13:40
99.8	42.3	62.1		Keep Right	B1115 Finborough Road	14:13	13:57	13:41
101.2	40.9	62.9		Keep Left	B1115	14:15	13:59	13:43
101.3	40.8	63.0		Keep Left	B1115	14:15	13:59	13:43
101.4	40.7	63.1		Caution!	 Narrow Bridge	14:16	14:00	13:44
102.1	40.0	63.5		Caution!	 Hump Back Bridge	14:17	14:01	13:45
102.7	39.4	63.9	Sign		Great Finborough	14:18	14:02	13:45
102.9	39.2	64.0	X.Roads	Straight		14:18	14:02	13:46
107.3	34.8	66.7		Keep Right	B1115	14:26	14:09	13:52
107.8	34.3	67.0	Sign		Hitcham	14:27	14:10	13:53
108.6	33.5	67.5		Keep Left	B1115	14:28	14:11	13:54
110.6	31.5	68.8		Keep Left	B1115	14:32	14:14	13:57
111.1	31.0	69.1		Keep Right	B1115	14:32	14:15	13:57
112.4	29.7	69.9	Sign		Bildeston	14:35	14:17	13:59
113.4	28.7	70.5	Junction	Right	B1115 Bildeston Road	14:36	14:19	14:01
114.4	27.7	71.1	Sign		Chelworth	14:38	14:20	14:02
115.8	26.3	72.0	Sign		Monks Eleigh	14:41	14:22	14:04
116.2	25.9	72.3	T.Junction	Right	A1141 The Street	14:41	14:23	14:05
117.5	24.6	73.1		Keep Right	A1141	14:44	14:25	14:06
119.0	23.1	74.0	Sign		Brent Eleigh	14:46	14:27	14:09
119.5	22.6	74.3	X.Roads	Straight		14:47	14:28	14:09
122.1	20.0	75.9	20km to Finish		 Drinks end	14:52	14:32	14:13
122.1	20.0	75.9	Green Zone		for 200m	14:52	14:32	14:13
122.2	19.9	76.0	Sign		Lavenham	14:52	14:32	14:13
122.3	19.8	76.1		Keep Left	Water Street	14:52	14:33	14:13
122.5	19.6	76.2		Caution!	 Buildout Offside	14:52	14:33	14:14
122.6	19.5	76.2		Caution!	 Buildout Nearside	14:52	14:33	14:14
122.8	19.3	76.4	T.Junction	Right	A1141 High Street	14:53	14:33	14:14
124.3	17.8	77.3		Keep Left	A1141 Bury Road	14:55	14:36	14:16
127.1	15.0	79.0	Sign		Cockfield	15:00	14:40	14:20
127.1	15.0	79.0	15km to Finish			15:00	14:40	14:20
128.7	13.4	80.0	Junction	Right	Howe Lane	15:03	14:43	14:22
131.0	11.1	81.5	Junction	Left	Great Green	15:07	14:46	14:26

KM	KM to go	Miles	Feature	Instruction	Description	35km/ph	38km/ph	42km/ph
131.2	10.9	81.6		Keep Left	Great Green	15:07	14:47	14:26
131.3	10.8	81.6	T.Junction	Left	Bury Road	15:08	14:47	14:26
132.1	10.0	82.1	Sign		Bradfield St Clare	15:09	14:48	14:27
132.1	10.0	82.1	10km to Finish			15:09	14:48	14:27
134.1	8.0	83.4		Caution!	 Narrow Bridge	15:12	14:51	14:30
134.5	7.6	83.6		Caution!	 Sharp Bend Left	15:13	14:52	14:31
135.2	6.9	84.1	X.Roads	Left	Water Lane	15:14	14:53	14:32
136.1	6.0	84.6	T.Junction	Right	A134 Sudbury Road	15:16	14:54	14:33
137.1	5.0	85.3	Sign		Sicklesmere	15:18	14:56	14:34
137.1	5.0	85.3	5km to Finish			15:18	14:56	14:34
137.4	4.7	85.4		Keep Right	A134 Sudbury Road	15:18	14:56	14:35
138.9	3.2	86.4	Sign		Bury St Edmunds	15:21	14:59	14:37
139.1	3.0	86.5	Green Zone	Start	for 200m	15:21	14:59	14:37
140.8	1.3	87.6	R/about	2nd Exit	Southgate Street	15:24	15:02	14:40
141.3	0.8	87.9	Junction	Right	Southgater Street Against One Way!	15:25	15:03	14:40
141.4	0.7	87.9		Caution!	 Buildouts	15:25	15:03	14:40
141.6	0.5	88.1	X.Roads	Left	St Mary's Square	15:25	15:03	14:41
141.7	0.4	88.1	Junction	Right	St Mary's Square	15:26	15:03	14:41
141.8	0.3	88.2	T.Junction	Left	Sparhawk Street	15:26	15:03	14:41
141.9	0.2	88.2		Keep Left	Honey Hill	15:26	15:04	14:41
142.0	0.1	88.3	Junction	Right	Crown Street	15:26	15:04	14:41
142.1	0.0	88.4	Finish		 Angel Hill – Bury St Edmunds	15:26	15:04	14:41