

APPENDIX 20

WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/ OR DEPARTURES FROM THE FISA RULES OF RACING

1. Application

These regulations apply to the World Rowing Masters regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.

2. Governance

World Rowing Masters Regattas are international regattas and shall be rowed according to the Rules of Racing and related Bye-Laws in addition to these Event Regulations.

3. Competition in World Rowing Masters Regatta (Rule 11)

At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.

4. Coxswains (Rule 27 & 28)

The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation.

A coxswain is not included in the calculation of the age of the crew.

At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or his delegate, for weighing immediately after disembarking after their race. If a coxswain, together with any deadweight he has carried in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after his race, the crew shall be excluded from that event.

5. Masters Age Categories (Rule 32)

A rower may compete in Masters rowing events from the beginning of the year during which he attains the age of 27. The age of a rower in a Masters

rowing event shall be that which he attains during the year of the event. Events at World Rowing Masters Regattas shall be held in the following crew age categories:

Minimum age: 27 years

Average age: 36 years or more

Average age: 43 years or more

Average age: 50 years or more

Average age: 55 years or more

Average age: 60 years or more

Average age: 65 years or more

Average age: 70 years or more

Average age: 75 years or more

Average age: 80 years or more

Average age: 85 years or more

Age categories do not apply to coxswains of Masters crews.

6. **Mixed Masters Events (Rule 33)**

Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be women and half shall be men.

7. **Boat Classes**

The World Rowing Masters Regatta offers racing in the following boat classes:

Men	1x	2x	2-	4x	4-	4+	8+
Women	1x	2x	2-	4x	4-	4+	8+
Mixed	2x			4x			8+

8. **Number of Lanes**

For a World Rowing Masters Regatta, races may be held on up to eight lanes.

9. **Rowers Clothing and Blade Colours (Rule 51)**

At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform clothing (racing shirt and shorts or equivalent

and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews.

Crews may race with blades which are not of uniform colour within the crew.

10. Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 59)

In the case of Masters crews, a substitute shall not be permitted if the age of the substituting rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.

11. Progression System (Rule 67)

At a World Rowing Masters Regatta, there will be a final for events where the number of entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more finals accordingly, the draw for which shall be made in accordance with Regulation 12.

12. The Draw (Rule 68)

Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.

13. Damage while in the Start Zone

At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race.

For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.

14. Conduct of Races

At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall

follow the races, and the number of such boats on the water shall be the minimum required for the safety and for the efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.

15. Titles, Prizes and Cups

Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.

16. Exceptional Cases (Rule 87)

Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of the Jury and the Chair of the organising committee shall make such decisions.

17. Interpretation of Regulations (Article 9)

On behalf of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.

18. Health and Fitness (Bye-law to Rule 99)

Each rower shall be responsible for his own health and fitness. For Masters rowers, it is a personal responsibility of the rower to undergo a pre-competition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure.

19. Anti-doping (Rule 100)

Any rower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to FISA within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).