

2017 World Games - Mixed Relays - FAQ

How will the Mixed Relay Teams be formed?

All participants in the 2,000m and 500m events shall be eligible to also compete in the Mixed Relay event and no additional quota is available for the Mixed Relay event. A total of 110 athletes will compete at TWG Rowing, (OpenM - 20; OpenW - 20; LightweightM - 20; LightweightW - 20; OpenM500 - 15; OpenW500 - 15).

From these, a maximum of 27 Mixed Relay teams (with 2 athletes left over) can be formed if all athletes agree to compete. We would press them to agree to compete in this event. The process of forming teams will be as follows:

- (1) Upon arrival, athletes will be invited to confirm that they will compete in the Mixed Relay.
- (2) The make-up of each team will be governed by the fact that there are 35 Open Men, 35 Open Women and only 20 Lightweight men and 20 Lightweight Women. This means it is not possible to spread lightweight rowers equally between each team. Therefore it is proposed that each team must consist of 2 Men and 2 Women, with no distinction between Open and Lightweight rowers.
- (3) Teams will be selected by random draw - 2 from the Men's group and 2 from the Women's group. The random draw will be a formal occasion with invitation to the media. It should be on the day before the overall competition starts - possibly directly following the Team Managers Meeting - so that teams can get to know each other and have some time to practice their changeover technique for the race.

Note: Random draw will be the fairest way to select teams. If teams are selected by FISA based on their qualifying times (for example, to try to find the most equal teams), there are sure to be many complaints and even withdrawals. Random draw makes it equal for everyone.

- (4) A protocol will be prepared for the conduct of the random draw.

How will the Mixed Relay Competition be organised?

Each team of 4 will race on 1 machine. We can consider to race heats and a final (more attractive) or we can just race one round for all teams and take the fastest time.

Each rower in a team must race 500m and then change to the next rower. There are strict requirements to change at the correct distance (each 500m point). The teams may choose the order in which their members will compete. One rower will sit on the machine at the start.

The change of rowers will be a "hot" change, i.e. the time taken to change will be part of the overall elapsed time, and rowers will have to change as quickly as possible.

During the change of rowers, It is acceptable for team members to hold the feet of the rowers coming off and going on to the machine to allow them to row effectively. In addition a team

member can help to pick up a handle if it is dropped and to move a seat if the rower mis-sits. But only the rower on the machine can row on the handle and no-one can assist him/her in this. The Indoor Rowing Rules contain rules for relay races.

How will the Mixed Relay Competition be scheduled?

Current scheduling has only one round for Mixed Relay at 12:30hrs on THU 27 July. With 27 potential teams for this event, all requiring their own machine, the Relay should be run as 2 Heats and then one Final (an exciting climax to the Games rowing).

If we run as 2 Heats and one Final, it is noted that the two 500m events, M & W, will take place at 11:00 and 11:30 on the same morning, so there needs to be a reasonable gap to the Mixed Relay, as the same athletes will be involved. This means we could run the Heats at 12:30 (as scheduled) and 12:40 with the Final then at, for example, 13:30, with the Victory Ceremony directly following. In order to provide for this change, a revised schedule is attached showing proposed new times for demonstration events, etc.