

3 February 2016  
Lausanne, Switzerland

To: Affiliated Federations  
Council and Commission Members

**Circular No 2 of 2016  
Anti-Doping Programme Information**



Ladies and Gentlemen,

**Anti-Doping Obligations for Rowers and National Federations**

This circular is entirely dedicated to the Anti-Doping obligations for rowers and national federations and contains the following information:

1. 2016 Prohibited Substances and Methods List
2. Training Camp Forms - National Federations and the Team Whereabouts Programme - Forms Attached
3. Retirement Policy – Form Attached
4. Anti-Doping Survey Form (due by 29 February 2016)
5. Therapeutic Use Exemptions (TUEs) and ADAMS.
6. 2016 FISA Registered Testing Pool (RTP)

**1. 2016 Prohibited Substances and Methods List**

You will always find the very latest list of substances and methods which are prohibited by WADA, the IOC and FISA at the WADA website:

<https://wada-main-prod.s3.amazonaws.com/resources/files/wada-2016-prohibited-list-en.pdf>

You are reminded that this list is automatically incorporated into the FISA Anti-Doping Bye-Laws. The 2016 Prohibited substances list came into effect on 1 January 2016. Please distribute it widely to rowers, clubs, team doctors and coaches.

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## 2. National Federations and the Team Whereabouts Programme

**This information can be submitted by fax or email using the attached forms.**

We would like to draw your attention to Article 5.9.1 of the Anti-Doping Bye-Laws in the FISA Rule Book:

*“5.9.1 Before 31 December of each year, each member National Federation must provide to FISA Headquarters quarterly training camp and main training location whereabouts for the following year. The completed Summary Training Camp form, Main Training Location form and if possible, the Individual Training Camp forms for its national teams, as well as any other information requested by FISA should be submitted to FISA Headquarters quarterly by 31 December, 31 March, 30 June and 30 September (These forms set out the dates and venues of the camps and main training locations). The individual training camp forms must be completed and received by FISA Headquarters no later than two weeks before the start of any above reported training camp. It is the responsibility of the national federation to update this information so that the information received by FISA is timely, accurate and complete at all times. Any changes to the list of training camps, or training camp contacts must be immediately communicated to FISA Headquarters.*

*Failure to submit complete timely quarterly whereabouts may result in sanctions being imposed on the national federation...”*

Please note that all responses must be in English or French and as complete as possible.

Summary Training Camp and Main Training Location forms –

**Due 29 February 2016**

then the updates are

**due 31 March 2016**

**due 30 June 2016**

**due 30 September 2016**

Individual Training Camp Forms – **due at the latest, 2 weeks**

**before the start of each training camp.**

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### **3. Retirement Policy – Form Attached**

Please note Articles 5.7.1 and 5.7.2 of the Anti-Doping Bye-Laws in the FISA Rule Book.

#### *5.7 Retirement and Return to Competition*

*5.7.1 A Rower in FISA's Registered Testing Pool for that year shall continue to be subject to the obligation to comply with the whereabouts requirements of Annex 1 to the International Standard for Testing and Investigations until 31 December of that year, unless the Rower gives written notice to FISA that he has retired.*

*5.7.2 A Rower in the FISA Registered Testing Pool who has given notice of retirement to FISA may not resume competing at national and international rowing Competitions until he has given FISA written notice of his intent to resume competing and has made himself available for Testing for a period of at least six (6) months before returning to Competition, including (if requested) complying with the whereabouts requirements of Annex 1 to the International Standard for Testing and Investigations. WADA, in consultation with FISA and the Athlete's National Anti-Doping Organisation, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an Athlete. This decision may be appealed under Article 13. Any competitive results obtained in violation of this Article 5.7.2 shall be Disqualified.*

### **4. Anti-Doping Survey – Due 29 February 2016**

**This information can be submitted by fax or email using the attached form.**

We would like to remind you that FISA's survey of all anti-doping tests conducted by your national anti-doping organisation or national federation in 2015 is due on 29 February 2016. The survey form is attached with this circular. National federations must indicate the number of in-competition and out-of-competition tests conducted by the national federation or national anti-doping organisation as well as the results of these tests and any sanctions imposed in the case of a doping offence. Even if a national anti-doping organisation or national federation did not conduct any tests in 2015, this information must be communicated to FISA.

Please note Article 14.4.1 of the Anti-Doping Bye-Laws in the FISA Rule Book.

*"14.4.1 Before 31st January each year, each National Federation shall provide a report to FISA Headquarters on the anti-doping tests conducted on its Rowers during the preceding year, indicating the number of In-Competition and Out-of-Competition tests conducted as well as the results of these tests and any sanctions imposed in the case of positive results or other doping offences.*

*Failure to provide a report to FISA Headquarters by 31 January each year on the anti-doping tests conducted on its Rowers during the previous year may result in sanctions being imposed on the National Federation."*

## 5. Therapeutic Use Exemptions (TUEs)

### To be submitted using ADAMS - international level rowers

Any international level rower using a Prohibited Substance or Prohibited Method for therapeutic reasons must have a valid FISA TUE. In addition to all rowers included in FISA's Registered Testing Pool, all Rowers who intend to compete in the following international competitions shall be considered international level for TUE purposes (reference paragraph 4.4.2 of the FISA Anti-Doping Rules):

- World Rowing Championships for Senior, Under 23 and Junior
- Continental Rowing Championships, Regional Games and Olympic, Youth Olympic and Paralympic Qualification Regattas
- World Rowing Cup Regattas
- World and Continental Championships in rowing ergometer competitions
- Olympic, Youth Olympic and Paralympic Rowing Regattas

Rowers are advised that a FISA approved TUE may only be valid for national competitions 21 days after approval by FISA, therefore rowers are informed that they should apply for a TUE from their national anti-doping organisation as well as from FISA. Please refer to Article 4.2.2.2 of the FISA Anti-Doping Bye-Laws.

All TUEs submitted to FISA must be submitted in ADAMS. All relevant medical evidence must be attached. If an athlete does not have an account in ADAMS, please contact Natalie at FISA ([natalie.schmutz@fisa.org](mailto:natalie.schmutz@fisa.org)) for an account to be set up.

### Glucocorticosteroids

1. The use of glucocorticosteroids when administered by oral, intravenous, intramuscular or rectal routes is prohibited and requires a TUE.
2. Glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes do not require a TUE or a declaration of use. However the athlete should declare the use of these substances on the doping control form if required to undergo an anti-doping test.

### Asthma

3.

4. Inhaled formoterol, salbutamol and salmeterol are not included in the WADA Prohibited list. A declaration of use is not required however the use of these substances must be declared on the doping control form by the athlete if tested.
5. The inhalation of terbutaline still requires the submission of a TUE application in ADAMS.

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## **6. 2016 FISA Registered Testing Pool**

National Federations with rowers included in the FISA Registered Testing Pool would have received a separate communication with information on the FISA RTP for 2016. Please note that if a rower is included in the 2016 RTP it will be for one calendar year, from 1 January 2016 until 31 December 2016.

Thank you for your cooperation.

Yours sincerely,

A handwritten signature in blue ink that reads "Matt Smith". The signature is written in a cursive style with a large initial 'M'.

Matt Smith  
Executive Director

Attachments