

# Exercise is Medicine Europe (EIEIM)

## 5th Annual Meeting

Conference topic: Exercise and Aging – from hospital care to secondary prevention and aging athletes



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**SAVE THE DATE**

**September 5th & 6th 2016**  
Rigshospitalet, Copenhagen, Denmark

Attend the 5th annual Exercise is Medicine Europe (EIEIM) in conjunction with the **2016 Masters World Rowing Regatta** in Copenhagen. **The European 'Exercise is Medicine' (EIEIM)** campaign aims to integrate physical activity into the European healthcare system with the ultimate goal to encourage a healthy lifestyle among all Europeans. Exercise is Medicine® (EIM) is a global initiative! Launched by the American College of Sports Medicine in 2007, EIM now has a presence in several countries around the globe.

The Annual Meeting is for all exercise and health professionals. We are planning an exciting programme with acknowledged international experts and medalists in rowing. The meeting will be organized by the Universities of Ulm/Germany (Prof. Dr. Jürgen Steinacker) and Copenhagen/Denmark (MD DMSci Associate Professor Henning Bay-Nielsen).

**Further information and registration: [www.exerciseismedicine.eu](http://www.exerciseismedicine.eu)**

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Information about World Master Rowing Regatta, [www.wrmr2016.com](http://www.wrmr2016.com)

