



19 to 22 November 2015 in Sarasota/Bradenton USA

Thursday 19 November	
Arrivals, Registration and Welcome Dinner	
Friday 20 November	
Performance fuelling and hydration to maximise training effect	Kate Burks, IMG
Nutrition- A practical Approach	Elizabeth Fusco, US Rowing Nutritionist
Coach in the spotlight including working groups to prepare questions	
Coach there is hope- Avoiding Stress and Burnout	LaNise Rosemond, Assistant Professor Tennessee Tech University
Monitoring Performance	Juergen Steinacher, FISA Sports Medicine Commission
Using monitoring data to affect Performance sport	Wayne Diesel, Miami Dolphins NFL team
Coaching Para Rowing	
Tour of the 2017 WRC venue at Nathan Benderson Park and Dinner	
Saturday 21 November	
FISA Matters	
Questions to the coach in the Spotlight	
Transitioning from University to International Rower	Bryan Volpenhein, US Rowing
Developing the Endurance Athlete	Nick Clarke, Canadian Rowing Physiologist
Leadership in High Performance Sport	US Navy Seal and IMG
Everyone needs to Raise a Banner- the Importance of winning a national title	Wyc Grousbeck, Boston Celtics NBA
Agenda 2020 and the Principles for Rowing Event Programme	Jean-Christophe Rolland
FISA feedback and discussion	
World Rowing Gala Dinner and Awards Ceremony	

For Further Information, visit: www.2015FISACoachesConference.com