

TECHNICAL INFORMATION



ROWING BEACH SPRINT



PESCARA 2015

Giochi del Mediterraneo sulla Spiaggia

Jeux Méditerranéens de Plage

Mediterranean Beach Games

ألعاب البحر الأبيض المتوسط الشاطئية





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1. INTERNATIONAL FEDERATION INTERNATIONAL ROWING FEDERATION (FISA)

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2. ITALIAN NATIONAL FEDERATION ITALIAN ROWING FEDERATION

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3. MANAGEMENT OF CANOE OPEN RACING COMPETITIONS

3.1.- FISA Technical Delegate

Mr. Pasquale TRIGGIANI
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3.2. Staff of the Organizing Committee of the Mediterranean Beach Games Pescara 2015 (OCMBG 2015)

The staff organization for this sport is made up of a Referee and a Manager of the Race Path who will take the task and the necessary responsibilities for the proper conduct of the competition with the cooperation of competition managers of the unit support.

Competition Director: Mr.
E-mail:



4. COMPETITIONS, DATES AND VENUES

4.1. Competitions

The Coastal Rowing competitions of the 1st edition of the Mediterranean Beach Games will include the following events:

MEN RACE	WOMEN RACE
Single (C1x)	Single (C1x)
Double (C2x)	Double (C2x)
Quad (C4x +)	Quad (C4x +)
Relay Race (CM2x + CW1x + CM1x + CW2x)	

4.2. Dates and Venues

Coastal Rowing competition will be held from **28th August to 30th August 2015** in Arena del Mare, in Pescara.

5. CONDITIONS UNDER WHICH COMPETITION WILL BE HELD AND CONFIRMATION

Coastal Rowing competition will take place if at least eight (8) nations for men's event and six (6) nations for women's event have registered by the deadline set for numeric registration.

Considering the minimum number of participants, the President of the Technical Commission of the International Committee of the Mediterranean Games (ICMG), assisted by one or two (2) other members from the same Commission, appointed by the President of the ICMG and in the presence of the Sports Director of the OCMBG 2015 will decide the interruption of the numerical registration.

Depending on the numerical registrations submitted by **30 April, 2015** (h.24.00 Italian time), the abovementioned Commission will decide on the actual carrying out of the race, or on the possible cancellation of one or more categories, by **06 May 2015**.

Then immediately the OCMBG 2015 will notify the National Olympic Committees (NOCs) involved, via fax or e-mail about the possible cancellation of one or more of events.

Once confirmed, the events will be held and medals will be awarded, regardless of the actual number of participants.

6. COMPETITION RULES

Coastal Rowing competition will be held in accordance with the FISA rules in force as of **1st January 2015**, special dispensations by the ICMG excepted.

Any case not covered by the aforesaid rules will be decided as follows:

- General cases will be settled according to ICMG rules;
- Technical questions will be decided according to FISA rules.

Any dispute arising before or during the competitions will be decided by the Director of the competitions in accordance with mentioned rules, except by ICMG.



7. COMPETITION VENUES AND EQUIPMENT

Costal Rowing competition for men and women will be held at the Arena del Mare, located 7,5 Km (15 minutes) from the Athletes' Village.

Seating for the audience, with a capacity of 1000 seats, will have the view of all the action of the race.

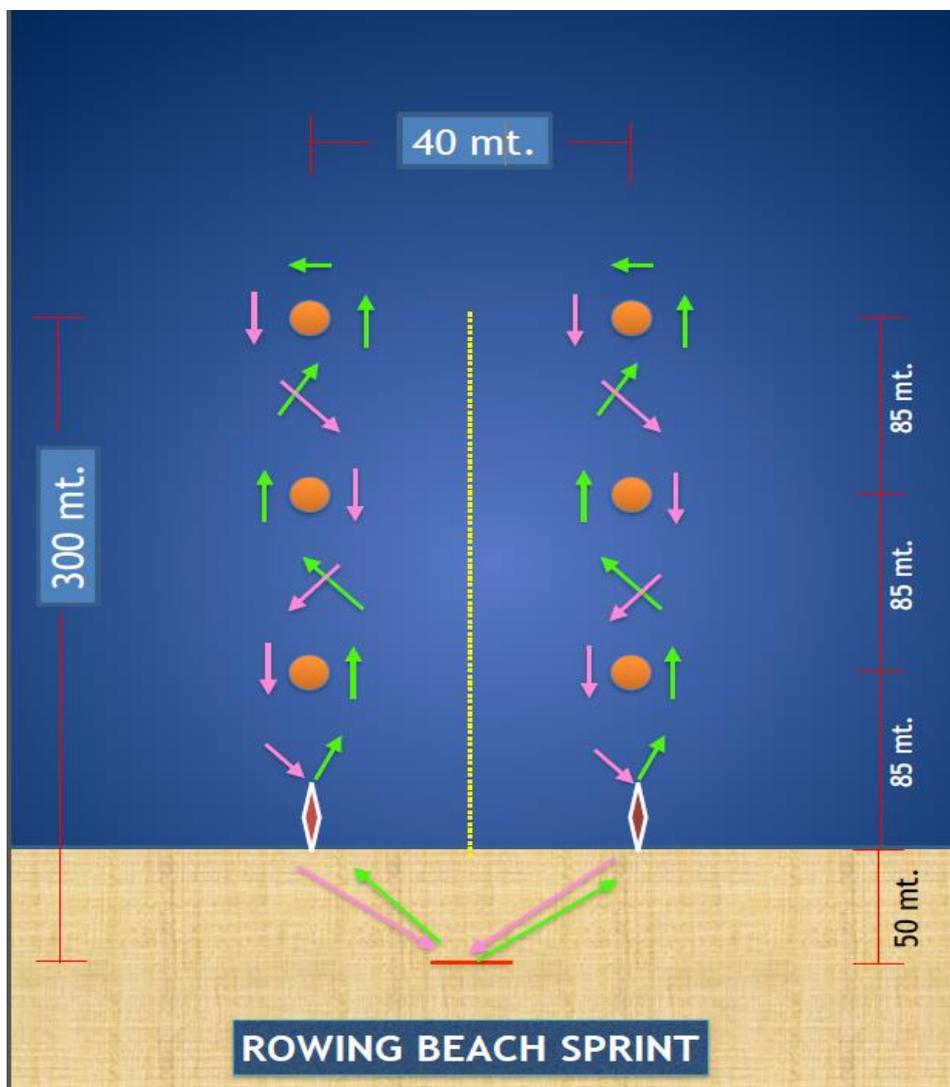
7.1. Competition area.

The Regatta competition area is a body of still water 300meters long and 150 metres large, the same track for men and for women.

The field will be a slalom round trip course, with a part of running of 50 meters and a part of rowing of 250 meters.

The field may provide 2 or 3 lanes, with a minimum of 2 turning points positioned in each lane.

The number of teams playing in the final, after the preliminary rounds, will be defined in relation to the number of teams registered.





7.2. Warm-up area

Athletes will be able to warm up in the expanse of water used for the race, in a designed area which is marked-off by buoys.

The organization will provide participants with a designated warm-up area behind the starting line as previously mentioned.

7.3. Equipment

All sports and technical equipment used for Coastal Rowing competitions and the training will comply with technical regulations as defined by FISA and in force as of 1st January 2015, special dispensations by the ICMG excepted.

7.4. Changing rooms

Private changing rooms, two (2) for men and two (2) for women, will be provided for the Athletes with facilities including showers, baths and massage beds.

7.5. Boats

The boats will be provided by the Local Organizing Committee. The measurements of the average length and the minimum weight allowed for Coastal boats are the following:

Boats	Average length	Minimum weight
C1x	6,00 m	35 Kg
C2x	7,50 m	60 Kg
C4x +	10,70 m	150 Kg

All boats, for training and competition, shall be registered by the Organizing Committee, and they will be assigned an identification number recording. Each boat will have to show its identification number marked on both sides of the bow for identification and security. Any changes made to the boats and oars must comply with the FISA rules. The assignment of the boats will be made by a draw during the Technical Meeting.

7.6. Athletes lounge

The Athletes lounge, located near the playing field, is for Athletes only; during competition sessions, access will be allowed only by showing the accreditation pass. In this lounge, equipped with treated air, competing athletes will be provided with refreshments including cold beverages, water and fruits. A sport information desk will also provide information on competition.

7.7. Mixed Zone and Press Conference Room.

Accredited Media will be allowed to conduct short interviews with the Athletes in the Mixed Zone immediately after competitions.

Athletes must go through this area to get out of the arrival area and they are requested to cooperate and to answer questions from the Press.

Upon request by accredited Media, the person in charge of the Press of the OCMBG 2015 will escort the Athletes or their Coaches to the Press Conference Room in order to answer questions from the reporters.



8 - TRAINING

8.1. Training venues

Training for Coastal Rowing of the 1st edition of the Mediterranean Beach Games will be held in the same location of the competition, according to the training program schedule by the OCMBG 2015.

8.2. Procedures for the scheduling of training sessions

The venue of the regatta will be open from **26 August**. During competition days, the time of training will be from 30 minutes before the start of the races and 30 minutes after the end of the races.

Training sessions will be assigned by the OCMBG 2015 in accordance with the FISA Technical Delegate, and communicated to the national teams at their arrival.

The teams will find information on the training sessions at the Information Centre of Sports and Athletes' Village at the Office Technician Coastal Rowing located on the site of the race.

9. TECHNICAL ORGANIZATION.

The FIC supervised by the FISA Technical Delegate, is responsible for the technical organization and management of the Coastal Rowing competitions of the 1st edition of the Mediterranean Beach Games 2015 in Pescara.

9.1. Special Provisions for the holding of Competitions

All Coastal Rowing races will be held according to the FISA Rules using the Boating Beach Sprint official format, with both categories - beach/running and rowing.

If eight (8) or less teams are registered for an event, the crews will be selected for the final stage by a single timed round.

All participants must wear the official team uniform and be registered in the team membership.

The official uniform should expose both on the front and on the back the country code of 3 letters and the last name of the rower.

Any technical dispute occurring before or during the competition will be resolved by FISA Technical Delegate and the Jury, any logistical and organizational dispute by Organizing Committee.

9.2. Competition System

The competition system will be the one specified in the FISA regulations for this kind of events. In case of necessity will be carried out with preliminaries draw for the definition of the various heats composition.

Relay Race: 1) the male double starts (CM2X) with the **first running phase** - 2)the male double arrives and the single female starts in seed (CW1X) without the running phase

3) the female single arrives and the single male starts in seed (CM1X) without running phase - 4) the single male arrives and the double female starts in seed (CW2X) with **final running phase**

10. ELIGIBILITY

All NOCs of the ICMG member countries whose Federations are also FISA members can take part in the Coastal Rowing of the 1st Edition of the Mediterranean Beach Games 2015 in Pescara.

Athletes must be nationals of the country entering them and must comply with and follow ICMG and FISA conditions and rules.

Each country is eligible to take part in the competition with one (1) crew for each trial.



Each country is eligible to take part to the competition with maximum eight (8) male athletes and eight (8) female athletes.

The components of the relay race will be the same athletes participating in the competitions.

In the C4X+ can participate athletes who participated in the competitions of Single and Double.

11. ENTRIES

The entries system of the Delegation is linked to the General Accreditation System.

The OCMBG 2015 registration system is based upon a document downloadable from the website: www.pescara2015.it

Each Delegation will receive a code and a password to access the document available in three languages: Italian, French and English.

The document for online accreditation allows the registration of sports entries which must also be faxed or e-mailed to the OCMBG 2015 before the deadlines hereafter indicated.

11.1. Preliminary Entries by Number

The Preliminary Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th March 2015** (24:00 CET).

11.2. Entries by Number

The Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th April 2015** (24:00 CET).

11.3. Entries by Name (Long List)

The Entries by Name (Long List) must be entered into the system by the NOC of each participating country and must be submitted to the OCMBG 2015 by: **15th June 2015** (24:00 CET)

11.4. Final Entries by Name (Short List)

The final nominative list of participating Athletes issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th July 2015** (24:00 CET).

11.5. Entries Confirmation

Confirmation of registration of the participant Athletes will be announced at the Information Technology Center at the competition venue or to 'Sport Information Point' at the Athletes' Village before the technical meeting.

The Team Leader of each Country will be duly sent the specific forms for registration confirmation.

12. TECHNICAL MEETING

The Technical Meeting will be held on **August 27** at the Athletes Village.

The time fixed for the Meeting will be announced at a later date.

The Meeting will be organized following FISA rules and under the supervision of the Technical Delegate.

The meeting will be attended by:

- FISA Technical Delegate;
- All Team managers
- OCMBG 2015 Director of Coastal Rowing



In this meeting, the Technical Delegate will provide all necessary information for the right running of the race and, if necessary, will make the draw for heats assignment. A member of the ICMG Technical Commission will attend the meeting.

The Referee, prior to the start of the Team Leaders' meeting, will proceed to the random draw for the series.

Additional meetings with team managers will take place every day 30 minutes after the last race.

13. MEDICAL SERVICES

Medical Services will be available in the Athletes' Village and at the Training and Competition venues for all Accredited.

a. Athletes' Village

The Athletes' Village clinic will provide assistance to residents with the following medical services:

- Sports medicine;
- Physiotherapy;
- First aid;
- 24-hour emergency service;
- Ambulance Service.

A Medical Guide will be published with a detailed list of medical services that will be given to the Mediterranean Family during the Games.

b. Training and Competition venues.

Service of sports medicine and physiotherapy will be provided to Athletes and support staff at the training and competition venues.

An ambulance service to designated hospitals will be also organized.

A water rescue service will be provided by qualified personnel.

13.1. Anti-Doping Tests.

Anti-doping test will be conducted during, and sometimes prior to, the competition, under the responsibility of the Medical Committee of the ICMG in collaboration with the Anti-Doping Commission of the OCMBG 2015 and in accordance with ICMG and FISA rules.

All Athletes selected for anti-doping tests will receive written notification.

The procedure for collecting of samples to be analyzed in accordance with set rules and the time limits will then start.

Any athlete who refuses to undergo anti-doping control or who tests positive will be excluded from the competition and will be sanctioned along with his team according to the ICMG and FISA rules.

14. JURY MEMBERS and JUDGES

14.1 Judges

The Jury President will appoint tasks to each Jury Member and oversee their activities. He will be the President of meetings; he will ensure an adequate coordination with the Organizing Committee and with the race Director and control the FISA rules application.

14.2. Jury Composition

The Jury will be composed, appointed and supervised by the FISA Arbitration Commission.

Generally the Jury shall be composed of:

- The President of the Jury



- The Starter
- Judge at the Start
- The Referee turning,
- The Finish Judges, one of them will be the Responsible (Senior)
- The members of the Audit Commission, one of them will be the Responsible (Senior).

14.3. Objections

The crew claiming that race was not regular may raise objection to Judge of the distance, at the end of the race and before leaving the area of the finish line, signaling with a crew member arm raised.

15. CLAIMS

The crew or crews who have submitted an opposition rejected or the crew/s disadvantaged by an objection acceptance or disqualified or excluded or DNS or DNF categorized, as the crews contesting the published Results, may submit to the Chief Judge a written complaint no later than one hour after the statement of the judge's path about objection or, in the case of a dispute over the published results, no later than one hour after publication. All complaints shall be submitted by a cash deposit of 100 € (hundred). If the complaint is accepted, the deposit will be refunded. The Board of the Jury will decide if the complaint was justified. The complaint must be filed in writing, in Italian, French or English. The President of the Jury, the Starter, Judge at the start, Judge of course, the Senior judge at arrival and the Senior Judge of the Control Commission shall hold International Licence.

15.1. The outcome of the complaint

The Board of the Jury shall decide on the claims and on the measures resulting from the decision.

15.2. Appeals

The Organizing Committee and FISA designate its representatives that will be the Appeals Committee.

An appeal against a Board of the Jury decision is possible only if made by a crew whose accepted claim has been overturned by the Board of the jury, or whose protests against the published results have been rejected by the Board of the Jury. The appeal must be submitted in writing to the Appeals Committee on the same day as the decision under appeal. The decision will be taken before the next stage of the race in question.

In general, special dispensation by the International Federation excepted, the Appeals Committee shall be composed of:

- One (1) President;
- Two (2) members selected from a list of six (6) qualified people, chosen from a list of the representatives of the participating countries.

This list will be communicated by the Technical Delegate during the Technical Meeting.

In the event of a complaint, the members of the Committee cannot be of the same nationality as the person lodging the complaint itself.

16. SPORTS UNIFORMS

Athletes taking part in the competitions of Coastal Rowing in the 1st Edition of the Mediterranean Beach Games must wear uniforms which correspond to the standards provided by FISA rules.



No advertising logos may appear on the uniforms, accessories or, generally, on any clothing or equipment worn or used by Athletes, with the exception of producer labels of the clothing and equipment, under the condition that the latter are not displayed for advertising purposes, in accordance with ICMG and FISA rules.

The awards ceremony is subject to the same rules for the advertising aspects of the athletes' uniform.

17. AWARDS

Award ceremonies will be held at the end of each race final, according to the ICGM rules.

Medals and diplomas

In accordance with the ICMG rules, the following prizes will be awarded:

- **First Prize**
 - A Gold medal and a diploma for each member of first-ranked crew;
- **Second Prize**
 - A Silver medal and diploma for each member of second-ranked crew;
- **Third Prize**
 - A Bronze medal and diploma for each member of third-ranked crew;
- **From the 4th place onwards**
 - A diploma for each member of fourth, fifth, sixth, seventh and eighth ranked crew;

18. CALENDAR

Friday 28 August 2015		
Categories		Phase
Single (CW1x)	Women	Heats
Single (CM1x)	Men	Heats
Double (CW2x)	Women	Heats
Double (CM2x)	Men	Heats
Single (CW1x)	Women	Repechage
Single (CM1x)	Men	Repechage
Double CW2x)	Women	Repechage
Double (CM2x)	Men	Repechage
Relay Race		Timed race



Saturday 29 August 2015		
Categories		Phase
Quad (CW4x +)	Women	Heats
Quad (CM4x +)	Men	Heats
Quad (CW4x +)	Women	Repechage
Quad (CM4x +)	Men	Repechage
Single (CW1x)	Women	QUARTERS - SEMIFINALS - FINALS
Single (CM1x)	Men	QUARTERS - SEMIFINALS - FINALS
Double (CW2x)	Women	QUARTERS - SEMIFINALS - FINALS
Double (CM2x)	Women	QUARTERS - SEMIFINALS - FINALS

Sunday 30 agosto 2015		
Categories		Phase
Quad (CW4x +)	Women	QUARTERS - SEMIFINALS - FINALS
Quad (CM4x +)	Men	QUARTERS - SEMIFINALS - FINALS
Relay Race		QUARTERS - SEMIFINALS - FINALS

19. TECHNICAL OFFICES FOR THE COMPETITION

Two offices will provide specific information on the Coastal Rowing: the first one is located at the Technical Office of Coastal Rowing at the competition venue and the second at the Sport Information Centre in the Athletes' Village.

These two offices will provide information on competition times, training sessions, transportation, list of Athletes and results.

The two offices will also provide technical information issued and communicated by FISA and the OCMBG 2015.

20. APPROVAL OF THE REGULATION

In case of disagreement on the interpretation of this Regulation, the French version shall prevail.

This Regulation was approved by the ICMG on **February 2015**.