

BULLETIN

# - WRBSF -

## *World Rowing Beach Sprint Finals*

2021

**world  
rowing**<sup>®</sup>



*coastal championships  
& beach sprint finals*



**Oeiras  
Portugal**

[oeirascoastalrowing.com](http://oeirascoastalrowing.com)



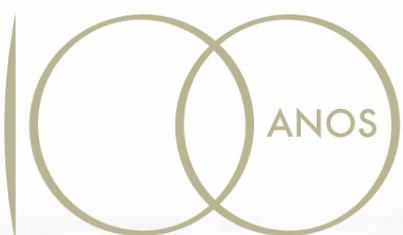


## WRBSF Bulletin

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**FPR**  
FEDERAÇÃO  
PORTUGUESA  
DE REMO



**JOGOS  
SANTACASA**  
PATROCINADOR PRINCIPAL

Message from the President

# WELCOME



**Luís Ahrens Teixeira**  
President of the Portuguese  
Rowing Federation

Dear Friends,

For the Portuguese rowing association (Federação Portuguesa de Remo) it is not enough just state that Portugal is a country of seafarers with a relationship with the sea dating back to the beginning of its history.

We believe that we must embody this relationship.

It is with immense pride, honor and a sense of responsibility that we welcome the task to organize this landmark event for the history of rowing in Portugal.

We look forward to welcoming the global rowing community to the Portuguese waters.

Our wish is that everyone joining is able to experience the magnificent conditions of Praia da Torre in Oeiras, and able to do so within the true spirit of sportsmanship, and that, together, we enjoy the sea and leave a legacy of respect for the environment and the Oceans.

In the end, we are certain that everyone will realize how privileged we are for being able to share our sport and our beliefs in such an idyllic setting that we wish to safeguard and divulge.

Sincere wishes for a competitive and fun championship.

**Luís Ahrens Teixeira**



  
**OEIRAS**  
**VALLEY**  
PORTUGAL  
—  
MUNICÍPIO DE  
**OEIRAS**

Message from the Mayor of Oeiras

# WELCOME



**Isaltino Morais**  
Mayor of Oeiras

Dear Participants,

Welcome to the municipality of Oeiras!

It is with great pleasure that we host and support the 2021 World Rowing Coastal Championships and Beach Sprint Finals between the 24<sup>th</sup> September and 3<sup>rd</sup> October at Praia da Torre.

This event has not only demonstrated in previous activities its potential for promoting sports and tourism, but it's also in alignment with the municipality's strategic plan of boosting Oeiras' coastline seafont.

Situated in the Lisbon metropolitan area and in harmony of Costa do Estoril's coastline, Oeiras is a dynamic and entrepreneurial municipality council

where history, culture, business, science, sport and leisure are combined in a sustained manner, creating a series of singular attractions which we are very proud of.

I would like to praise the Portuguese Rowing Federation on the initiative to take this endeavour and the commitment in organizing this worldwide event, which will credit our country, and naturally, wishing FPR all the success.

I am certain that it will be a week of intense competition but also of confraternization and fair play.

Wishing a good competition to all and we hope you enjoy Oeiras, leaving us with the wish to visit again.

**Isaltino Morais**

# ORGANIZING COMMITTEE



**Luís Ahrens Teixeira**  
Race Director

President of the Portuguese National Federation and a former International Rower. His passion for the sea made the birth of coastal rowing races inevitable in Portugal



**Joana Freire**  
General Secretary

With experience in organizing major international events and with complete confidence in the extraordinary team for this race.



**José Velhinho**  
Course Management

Rower, National Coach, diver and sailor. The sea is in his nature and he will prepare the most beautiful course you have ever seen.



**Manuel Pita**  
Beach Management

Unstoppable and tireless. The beach will be the party center and he has every intention of making it unforgettable.



**Sérgio Manso**  
Athletes Services

Have you ever heard of Portuguese hospitality? Sérgio is ready to welcome you and help in every way possible.



**Felisbela Fonseca**  
Volunteering and Sustainability

Sustainability is not a trend, it is her way of life. The objective is simple, to have the greenest coastal rowing event ever.



**Filipe Mendonça**  
Media and Communication

Determined to make sure you know everything about these World Championships and record every moment with the same enthusiasm with which you compete.

# ORGANIZING COMMITTEE

## General information

# OEIRAS



The Oeiras municipality is part of the Lisbon district and its metropolitan area, with 9 km of river front where the Tagus River flows into the Atlantic Ocean. Oeiras is also known as “Europe’s Silicon Valley” due to the large number of multinational companies based in this location.

In Oeiras you can find one of the oldest national sport complex, the Complexo Desportivo do Jamor, which welcomes the greatest Portuguese athletes from different sports categories. Here, the

athletes can live, study, and train in the same location.

The World Rowing Beach Sprint Finals will take place in Praia da Torre (“Tower beach”) which is recognized by its sea water quality and has been awarded a blue flag. This eco label award ensures the sea water is analyzed regularly and acknowledges the excellent quality of the water.



## Weather Forecast

During the week of the event, the following weather conditions are expected:

 **17° - 20°c**  
Average air temperature

 **18°c**  
Water temperature

 **2.5m/s - 4.5m/s**  
Average wind speed

 **SE and NE**  
Typical wind direction for October

 **07:30 hrs**  
Sunrise

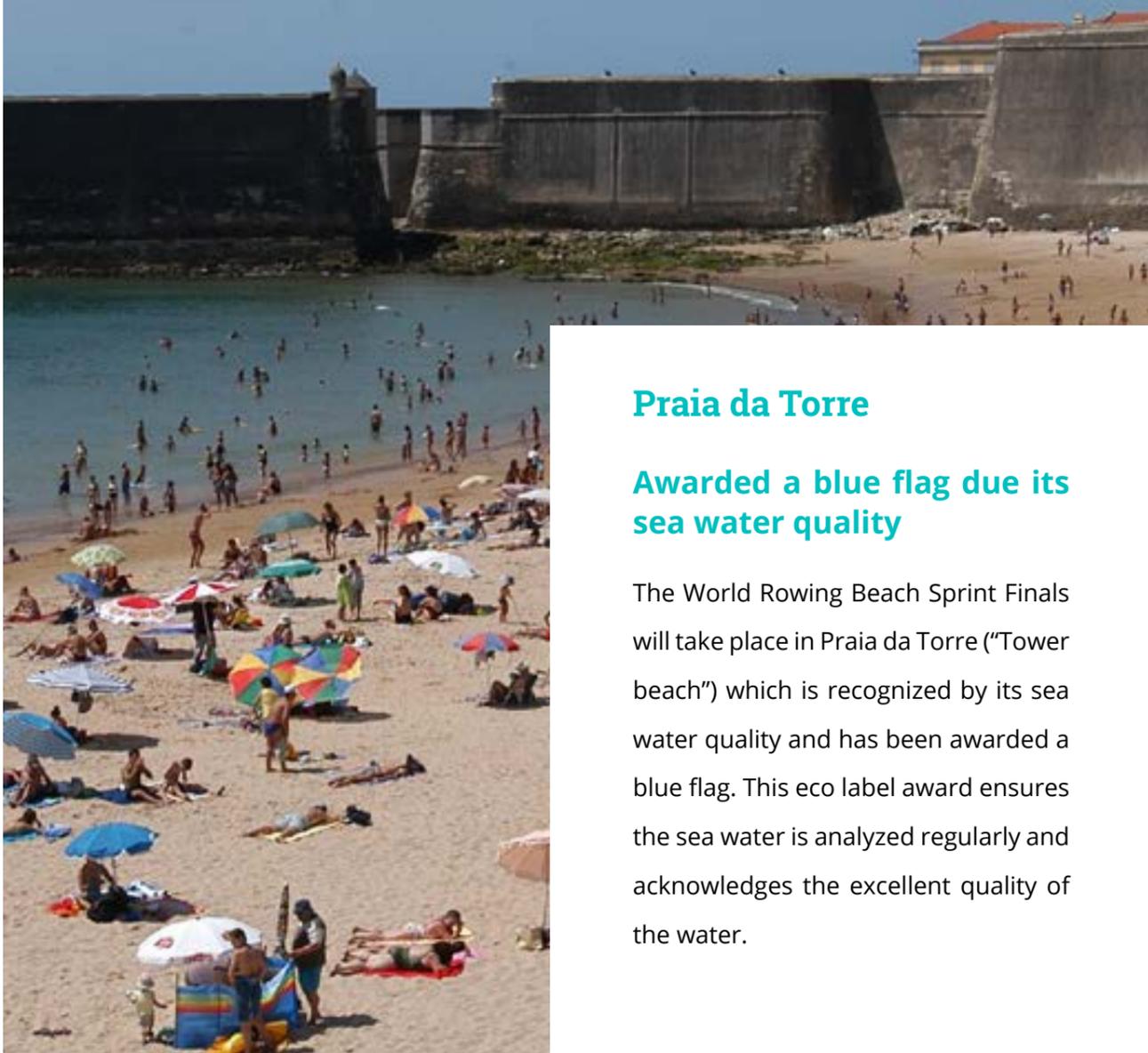
 **19:30 hrs**  
Sunset

 **80% - 90%**  
Average humidity

 For tidal Information, choose Lisbon Port  
[www.hidrografico.pt/m.mare](http://www.hidrografico.pt/m.mare)

Competition Venue

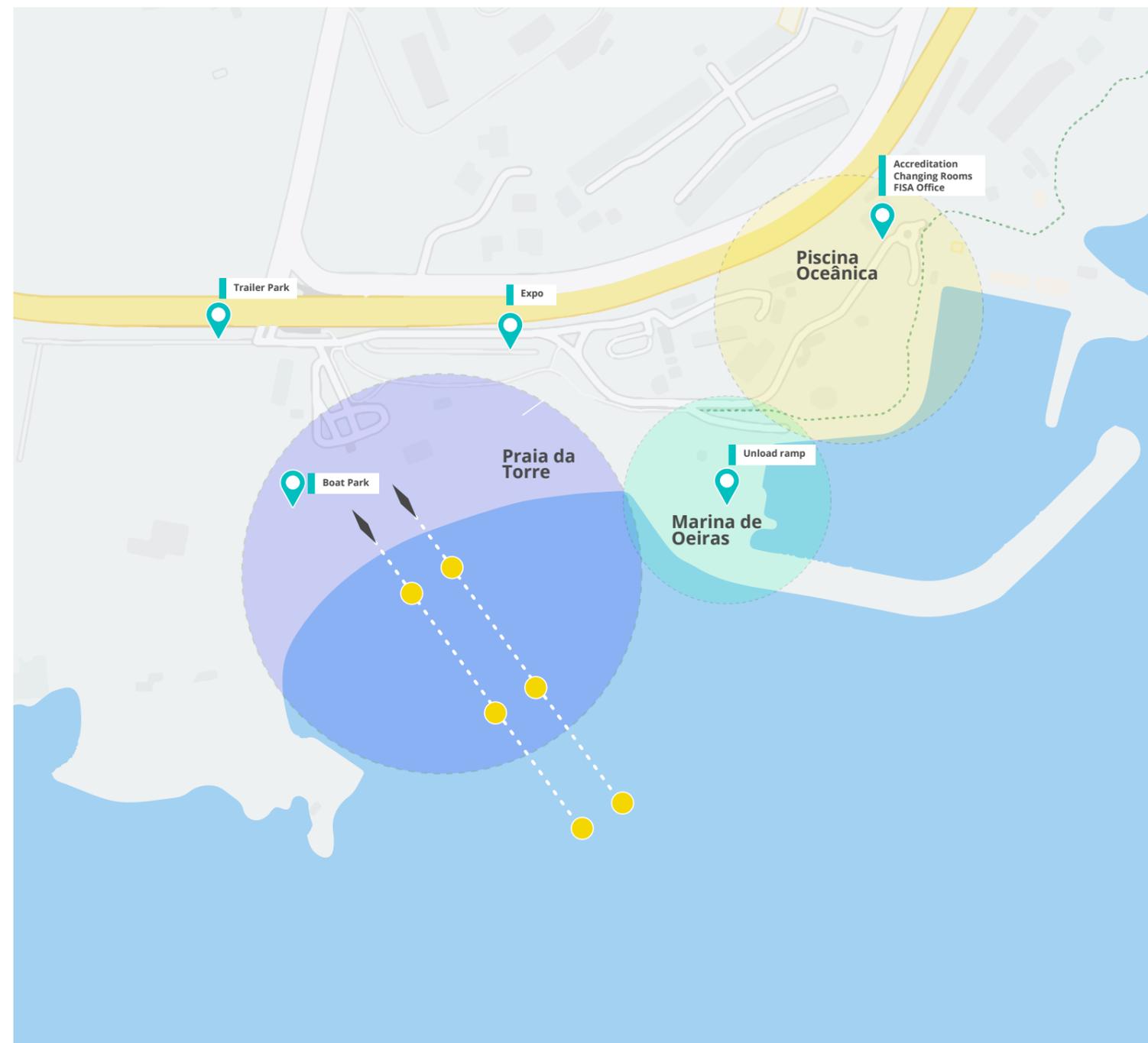
# LOCATION



## Praia da Torre

### Awarded a blue flag due its sea water quality

The World Rowing Beach Sprint Finals will take place in Praia da Torre (“Tower beach”) which is recognized by its sea water quality and has been awarded a blue flag. This eco label award ensures the sea water is analyzed regularly and acknowledges the excellent quality of the water.



Praia da Torre is a sandy beach with a 1.8% slope with a rolling wave break approximately 20m from the waters edge. The east end of the beach can with a southerly swell create a heavy wave.

### Venue Address:

**[Praia da Torre,](#)**  
**[Passeio Marítimo de Oeiras,](#)**  
**[278-267 Oeiras, Portugal](#)**

<https://goo.gl/maps/e9EARmKyTqyPnJcF7>

Competition Information

# PROGRAMME WRBSF

Day	Activity	Location
Wednesday, 22 <sup>nd</sup> September	Registration & Accreditation / 12:00 – 17:30 Training Sessions / 12:00 – 17:30	Piscina Oceânica Praia da Torre
Thursday, 23 <sup>rd</sup> September	Registration & Accreditation / 09:00 – 14:00 Training Sessions / 09:00 – 17:00 Team Managers Meeting / 15:00 Opening Ceremony / 18:00	Piscina Oceânica Praia da Torre Piscina Oceânica Fort of São Julião da Barra
Friday, 24 <sup>th</sup> September	Rounds 1 & 2 / 09:00 – 16:21	Praia da Torre
Saturday, 25 <sup>th</sup> September	Round 3 & Finals / 09:15 – 17:57	Praia da Torre
Sunday, 26 <sup>th</sup> September	Round 3 & Finals / 10:00 – 17:27 Closing Ceremony	Praia da Torre
Monday, 27 <sup>th</sup> September	Reserved day	

Competition Information

# EVENT CATEGORIES

- Men: CM1x | CJM1x\* | CJM2x\*
- Women: CW1x | CJW1x\* | CJW2x\*
- Mixed: CMix2x | CMix4x+ | CJMix2x\*

\*Additional Junior races at the 2021 WRBSF



The Beach Sprint format of coastal rowing will be included in the programme of the 2026 Youth Olympic Games. In order to provide National Federations with an opportunity to prepare their junior teams for the YOG, FISA announces the inclusion of the above\* five junior events at the 2021 WRBSF. The FISA Junior age rule (Rule 29) will apply for athletes competing in these events. National Federations are reminded that the rules for the coastal discipline require rowers to be responsible for making decisions in

relation to their level of skills. Please make sure your teams have suitable experience of operating in waves alongside their rowing competency. Teams are advised to bring two experience boat handlers to support their crews during training and racing. Please note that teams are not required to bring boats since pool boats will be provided. **However, teams are advised to bring their own oars.** FISA's Rowing for All Commission is happy to advise National Federations who are seeking for good training locations.

## Competition Information

# ENTRIES

## National Federations to submit entries by Thursday 02 September 2021

Each National Federation can enter one crew per event.

National Federations to submit entries by 02 September 2021, using the FISA online entry system: <https://rowingtwo.sportresult.com>

All Athletes must complete the "Athlete

Commitment Form". If an athlete has not completed the form before, please mail the form to FISA or submit it in person to the FISA representative at the Regatta Registration desk in Oeiras.

**All crews must confirm their entries by 14:00 hrs on Thursday, 23 September 2021.**

Entries will be confirmed at Registration (at the event) where all athletes will be required to collect their accreditation.

## Competition Information

# ACCREDITATION

Crew members and team officials will receive an accreditation card during Registration. Team leaders or Crew Captains will be required to bring photo identification (passport or international identification card) of all crew members

to collect the accreditation cards for their crews. All competitors are required to carry their accreditation cards with them throughout the Regatta.



### Competition Information

# RESPONSIBILITY OF THE TEAM MANAGERS AND CREW CAPTAINS

Teams are reminded that coastal rowing is an assumed risk sport and the crew captain shall be responsible to assess the risks and the ability of the crew to cope with the prevailing and forecast conditions. (see FISA Rules of Racing Appendix 22 19.3.2.a).

Crews that feel that they are not competent or confident to train or race in the conditions, are expected to not go on the water and to inform the organising committee at the earliest opportunity of their decision.

### Competition Information

# BEACH ORIENTATION

All athletes, spares and boat handlers will need to attend a Beach Orientation before they can take part in any official training times or races.

The Beach Orientation will include a swim or walk through the wave break, familiarisation of the beach features and how to call for assistance. Team managers should book their rowers and boat handlers onto a Beach Orientation slot at accreditation. The session will last 30 minutes. Participants should come in training kit, ready to get wet and have their accreditation ready to be stamped.



Competition Information

# OFFICIAL TRAINING

Teams will need to book onto official training slots on training days. To book a training slot, please contact the Athlete's Service: [sergiomanso@fpremo.pt](mailto:sergiomanso@fpremo.pt). Teams shall also confirm the training slots at accreditation with the OC.

Only teams that have already attended a Beach Orientation session will be allowed to participate in official training.

Competition Information

# VENUE AND COURSE OPENING TIMES

The venue will be open for accreditation and registration beginning on Wednesday 22 September from 12:00 hrs

The course will be officially open for training from 12:00 hrs on Wednesday 22 September 2020. Training times will be arranged on a booking basis.

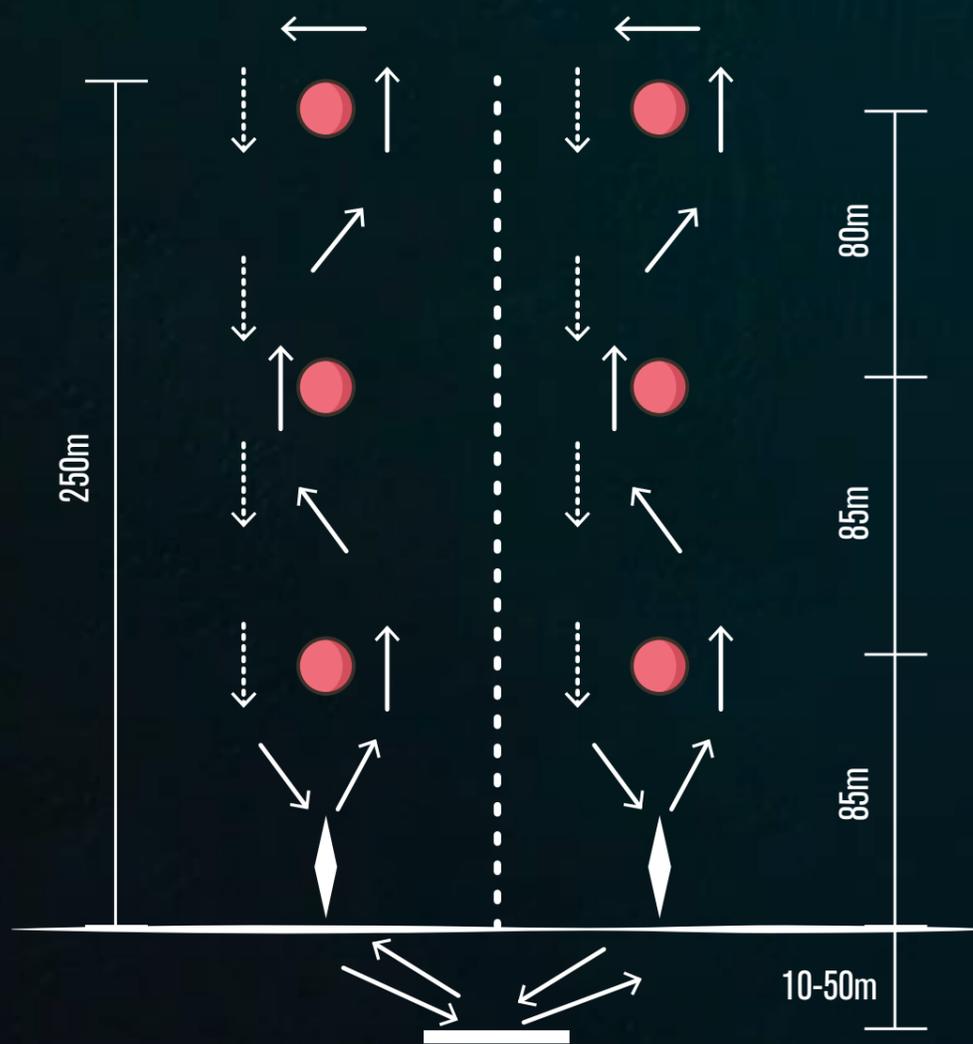


Competition Information

# COMPETITION RACE FORMAT

The competition will run in accordance with the FISA Rules of Racing, and specific departures related to the Beach Sprint

format (Appendix 22 – Coastal Rowing Competition Regulations and Appendix 23 -- Beach Rowing Sprints Regulations).



Competition Information

# UNIFORM

According to the FISA regulations, each team member/crew must display on their racing suit the 3 letter country code and their family name, following the format below:

Racing Shirt	Font	Height	Width	Case	Example
Front: family name (short)	Arial	50mm	120-150mm	Uppercase	BATTEN
Front: family name (long)	Arial	50mm	150mm	Lowercase	Batten-Ball
Front: country code	Arial	50mm	60-100mm	Uppercase	GBR
Back: country code	Arial	100mm	150mm	Uppercase	GBR

The boat handlers shall wear matched uniforms in a colour that is different from the crew. World Rowing may also issue the boat handlers with bibs to wear (see FISA Rules of Racing Appendix 23 12.1.1)

Competition Information

# RACE SCHEDULE

The latest version of the provisional race schedules will be available on

<http://www.worldrowing.com/events/2021-world-rowing-beach-sprints-finals/event-information>.

## Competition Information

# BOATS AND EQUIPMENT

The Official Pool Boat Supplier for the 2021 WRBSF will be Filippi Boat. The Organizing Committee (OC) will provide Pool boats during training and competition.

**Teams are required to supply their own oars.** Teams that need to rent oars should contact the listed suppliers.

The pool boats will have standard rigging which cannot be changed. Teams are

advised to use the measurements on their private oars to allow for personal preferences in gearing and angles. Personal seat pads and booties may be used.

The pool boats will be set at 5 degree of pitch, 0.5-1 degree of lateral and 158cm span, with maximum height set.

## Official Supplier

### Filippi Boats

**Filippi Boats produces the most renowned boats in the sport of rowing.**



The history of Filippi is a family business story that dates back to 1980, when Lido Filippi founded "Filippi Lido SRL", when he began by constructing wooden rowing boats. His warehouse of 200 square meters has since given way to a factory of 5.000 square meters and the original wooden boats have been replaced by technologically advanced boats.

International rowing sport successes, a staggering amount of technology, high quality materials and a continuous research is the company ADN, and allow us to grow more and more.

During years, Filippi has collaborated with several academic institutions, commissioning studies on various aspects of fluid dynamics of boats, in order to understand the athletes rowing

movement.

Building the fastest rowing hull on the market is our priority mission.

Immediately present in the Beach Sprint panorama, already during the first edition of the World Rowing Beach Sprint Finals 2019, Filippi Boats had been chosen as exclusive sponsor, we are also confirmed this year as Official Boat Supplier of the event.



## Equipment

### Oars Rental

The OC encourages crews to bring their own blades with their respective club or country colours on.

Official oars suppliers and rental fees:

Supplier name	Cost	Deposit	Contact
Name of oars supplier	Rental Fee	Damage Deposit	Information
Braca	Per regatta: 60€ (Including training days)	100€	martinas@braca-sport.com (+) 37 065 025 341
Concept2	Information available online soon on <a href="http://www.oeirascoastalrowing.com">www.oeirascoastalrowing.com</a>		

## Logistics Information

# ACCOMMODATION & TRAVEL

Combine the World Rowing Beach Sprint Finals or the World Rowing Coastal Championships, with exclusive event services/accommodation, and you're in for an unforgettable experience!

# NIRVANA

Official Travel Partner, [Nirvana](#), with over 20 years experience in the sports travel industry, have the knowledge of the locality and vast event management experience, meaning you'll be able to concentrate on your event.

To secure your accommodation and event travel services, please click [here](#).

The Nirvana team of travel consultants are also available to book your flights, and arrange any air shipment of specialist equipment.

Alternatively, please call the Nirvana customer support team on +44 191 257 1750 or email:

 [contactus@nirvanaeurope.com](mailto:contactus@nirvanaeurope.com)

or Brendan Duggan  
Brendan@nirvanaeurope.com  
+44 191 2571750

## ACCOMMODATION

# ACCOMMODATION PRICES

5* VILA GALÉ PALÁCIO DOS ARCOS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 255.00	€ 285.00
Twin Bedroom (2 guests sharing)	€ 315.00	€ 375.00

4* PRAIA MAR		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 139.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 189.00	€ 225.00

4* HOTEL RIVIERA CARCAVELOS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 145.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 209.00	€ 225.00

4* HOTEL SOLAR PALMEIRAS		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 145.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 199.00	€ 225.00

4* LAGOAS PARK HOTEL		
Room Type	Bed & Breakfast	Half Board

Double/Twin Bedroom - Single Occupancy	€ 139.00	€ 165.00
Twin Bedroom (2 guests sharing)	€ 195.00	€ 245.00

4* HOTEL REAL OEIRAS		
Room Type	Bed & Breakfast	Half Board

Double Bedroom - Single Occupancy	€ 125.00	€ 139.00
Twin Bedroom (2 guests sharing)	€ 179.00	€ 195.00



## ACCOMMODATION

# ACCOMMODATION PRICES

4* SOLPLAY HOTEL		
Room Type	Bed & Breakfast	Half Board
Studio - Single Occupancy	€ 155.00	€ 165.00
1 Bedroom Comfort Suite - Single Occupancy	€ 195.00	€ 219.00
Studio (2 guests sharing)	€ 199.00	€ 245.00
1 Bedroom Comfort Suite (2 guests sharing)	€ 269.00	€ 319.00
2 Bedroom Family Suite (up to 4 guests)	€ 449.00	€ 549.00

3* AMAZÓNIA JAMOR HOTEL		
Room Type	Bed & Breakfast	Half Board
Single Standard	€ 129.00	€ 149.00
Single Superior	€ 135.00	€ 155.00
Twin Standard Bedroom (2 guests sharing)	€ 185.00	€ 205.00
Twin Superior Bedroom (2 guests sharing)	€ 195.00	€ 225.00

3* HOLIDAY INN EXPRESS		
Room Type	Bed & Breakfast	Half Board
Double Bedroom (single occupancy)	€ 109.00	€ 129.00
Twin Bedroom (2 guests sharing)	€ 179.00	€ 199.00

## ACCOMMODATION

# PAYMENTS TERMS

The booking and payment policies can be found on [www.oeirascoastalrowing.com](http://www.oeirascoastalrowing.com)

\* Please note that FISA and the OC are monitoring the current situation carefully. For any updates, please check <http://www.worldrowing.com/events/2021-world-rowing-beach-sprints-finals/event-information>

## Logistics Information

# EVENT TRANSPORTATION

By **NIRVANA Europe**

**Airport meet and greet with return airport transfers = 30 EUR per person**

This includes a meet and greet service in arrivals when the clients land and provide with a transfer to the hotel and then transfer back to the hotel for their departure flight.

**Event Shuttle Service = 10 EUR per day**

The shuttle service will operate from 30 minutes before the start time of each day at the event site, until 30 minutes after the finish time. Athletes who purchase the shuttle pass can use the bus shuttle service as many times as they wish during event days – a hop on hop off shuttle service.

Contact **NIRVANA Europe** to book transportation:

Brendan Duggan

[Brendan@nirvanaeurope.com](mailto:Brendan@nirvanaeurope.com)

+44 191 2571750



## Logistics Information

# PUBLIC TRANSPORTATION

### Airport

Lisbon International Airport (LIS) is a 25 minutes car journey from Praia da Torre (venue's location). From the airport, you can also choose to travel by Bus, Metro, Taxi or Uber. Also available are a variety of rental car companies at the airport.

### Taxi and Uber

Lisbon has a strong presence and a great network of taxis and Uber. These services are accessible from the airport and as they follow rigorous safety standards and inspection procedures, they have become reliable and comfortable travel options.

### Public Transports

In the event that you plan to travel locally via public transport, we advise to purchase the rechargeable ticket card "Viva Viagem". This card costs 0,50 EUR and it is required for the purchase of metro and train tickets. You can buy the "Viva Viagem" card in the automatic machines available in every station and it can be topped up with tickets. You can also use the "Zapping" mode, meaning you can pay a prepaid travel credit amount, and the travel fare is deducted from your card subject to the value of the journeys you make (and dependable on your prepaid credit amount).

The closest train station from Praia da Torre is Oeiras, a 1.8 km away.

You can calculate your journey in Lisbon's public transportation system through Google Maps.

## Logistics Information

# RESTAURANTS

The venue is served with many restaurants and bars.

The official restaurant is Praia Caffe, just by the beach, and you can buy meal vouchers at the registration office.

Further details regarding costs will be available at [www.oeirascoastalrowing.com](http://www.oeirascoastalrowing.com)



## Logistics Information

# VISA INFORMATION

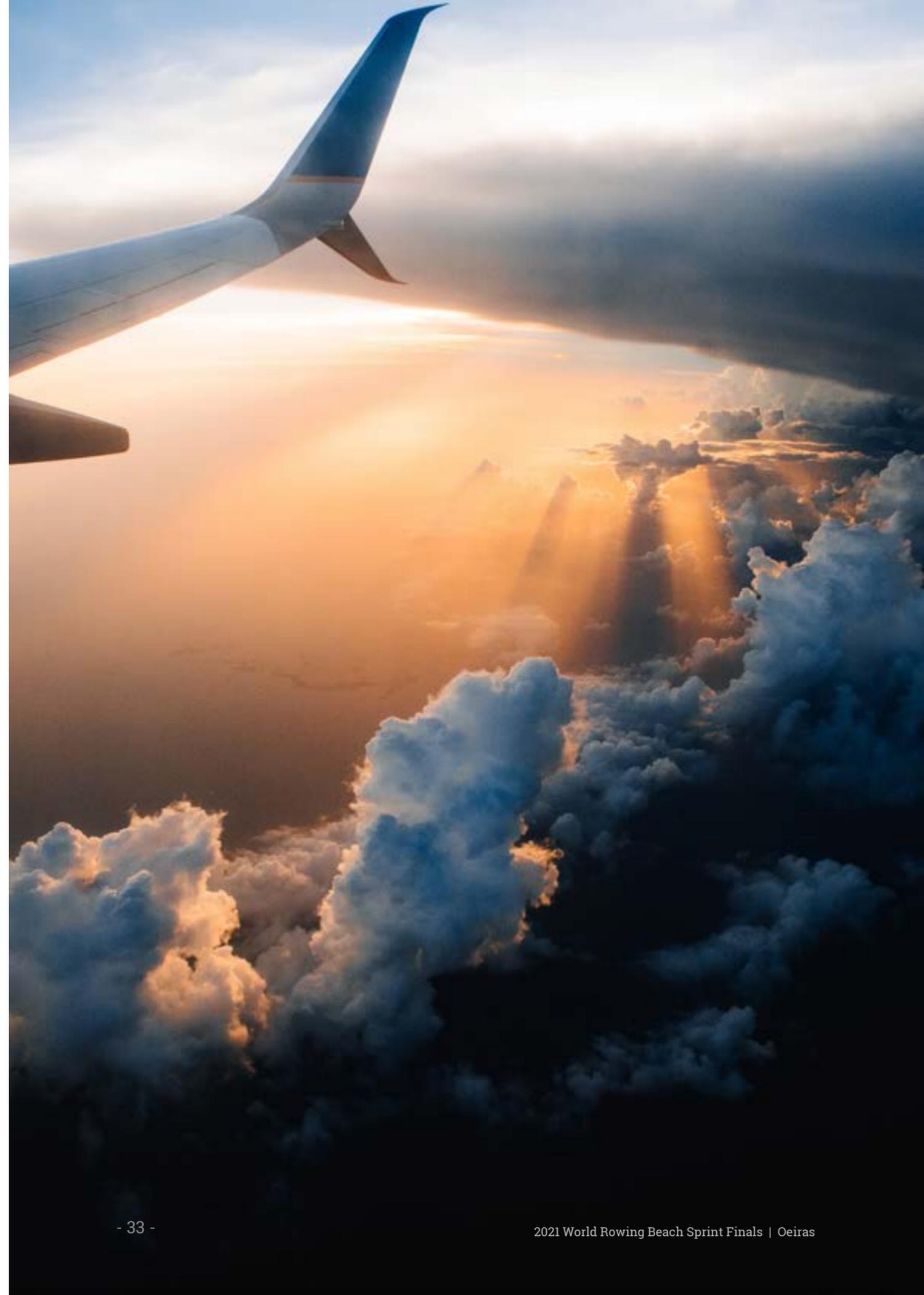
If you need a Visa Invitation, please send the name list showing passport details and nationality by email as soon as possible. It is necessary to apply for visas in good time. The OC will not be responsible for teams unable to obtain visas due to late application or any other reasons.

Contact person:

**Sérgio Manso**  
[sergiomanso@fpremo.pt](mailto:sergiomanso@fpremo.pt)

## INFORMATION ON THE COVID-19 PANDEMIC

FISA and the 2021 WRBSFOC are monitoring the Covid-19 pandemic and the current situation carefully. We advise you to regularly check <http://www.worldrowing.com/events/2021-world-rowing-beach-sprints-finals/event-information> and [oeirascoastalrowing.com](http://oeirascoastalrowing.com) for any updates. For specific questions, please don't hesitate to contact the OC.





## Environment

# LIVING THE OCEAN

The importance of the sea for Portugal is different than any other country. Our sea has history, connects us to the rest of the world and it is the basis of our country's livelihood. Oeiras is proudly hosting the World Rowing Beach Sprint Finals and World Rowing Coastal Championships in 2021, an honour we regard with great enthusiasm and respect.

The Rowing Portuguese Federation

challenges itself every year to reduce their carbon footprint by respecting its natural environment and marine life in all its events. For the WRBSF and WRCC, our goal is even greater: we aim to organise the greenest event in the Federation's history.

For that to become a reality, we need the support of all participants to follow our GREEN RULES:

## Green Rules



### Don't use disposable bottles.

Get a reusable bottle at the ANF/WWF tent and fill it in on our free water dispenser available onsite.



### No waste behind.

Please take your rubbish with you when you leave the venue and recycle it whenever possible.



### Zero emissions (whenever possible).

If your local accommodation is not far, choose a bicycle or an electric scooter to reach Praia da Torre. There are many rental and sharing apps available, so you can choose the most suitable for your needs.



### Go digital and paper free.

The information about the event hosted by the Organizing Committee (OC) will not be printed on paper. All the brochures, event information and championship results will be available online and you can consult these at the Info Point tent or at the Accreditation Office.

## Media Accreditation

# MEDIA

Media representatives are required to be accredited through World Rowing (FISA).

For further information, please visit the World Rowing's Media Centre [www.worldrowing.com/mediacenter](http://www.worldrowing.com/mediacenter)

Application for accreditation specific to the 2021 WRBSF will be opened in the beginning of 2021.

## Get in touch

# CONTACTS

### Secretary Contact Person

Joana Freire

### Email

[joanafreire@fpremo.pt](mailto:joanafreire@fpremo.pt)

### Website

[www.oeirascoastalrowing.com](http://www.oeirascoastalrowing.com)

### Mobile phone

+351 910 048 307

### Telephone

+351 213 929 840

## Official Travel Partner

### NIRVANA EUROPE

Brendan Duggan

### Email

[Brendan@nirvanaeurope.com](mailto:Brendan@nirvanaeurope.com)

### Mobile phone

+44 191 2571750

2021

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