

2019 version	2020 updates	Comments
<b>Appendix 23</b>	<b>Appendix <del>R19</del>23 (In Progress)</b>	
<b>BEACH ROWING SPRINTS REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE FISA RULES OF RACING</b>	<b>BEACH <del>ROWING</del> SPRINTS <del>ROWING</del> REGULATIONS – EVENT REGULATIONS AND/OR DEPARTURES FROM THE FISA RULES OF RACING</b>	Revise Beach Rowing Sprints to Beach Sprint Rowing based on current use.
<i>Rules and regulations applying to Coastal rowing regattas shall apply to Beach Rowing Sprints regattas except as provided herein and approved by the FISA Council as Departures from the Regulations.</i>	<i>Rules and regulations applying to Coastal rowing regattas shall apply to Beach <del>Rowing</del> Sprints <del>Rowing</del> regattas except as provided herein and approved by the FISA Council as Departures from the Regulations.</i>	
<b>1. Rowing, Boats, Regattas (Coastal Regulation 1, Rule 1)</b>	<b>1) <del>1-</del>Rowing, Boats, Regattas (Coastal Regulation 1, Rule 1)</b>	
<i>A Beach Rowing Sprints regatta is a regatta in which all rowers use Coastal Rowing boats as defined in the Coastal Rowing Competition Regulations and where the competition course includes a transition between beach and sea and is in accordance with these Regulations.</i>	<i>A Beach <del>Rowing</del> Sprints <del>Rowing</del> regatta is a regatta in which all rowers use Coastal Rowing boats as defined in the Coastal Rowing Competition Regulations and where the competition course includes a transition between beach and sea and is in accordance with these Regulations.</i>	
<b>2. Application (Coastal Regulation 2, Rule 2)</b>	<b>2) <del>2-</del>Application (Coastal Regulation 2, Rule 2)</b>	
<i>These Regulations apply to International Beach Sprints Regattas and World Rowing Beach Sprints Regattas and to Beach Sprints regattas held as part of Multi-Sport Games together with and not in exclusion of the FISA Rules of Racing - Coastal Rowing Competition Regulations.</i>	<i>These Regulations apply to International Beach Sprints <del>Rowing</del> Regattas and World Rowing Beach <del>Sprints</del> <del>Sprint</del> Regattas <del>Championships (which may be referred to as the World Rowing Beach Sprint Finals)</del> and to Beach Sprints <del>Rowing</del> regattas held as part of Multi-Sport Games, <u>and all qualification regattas</u>, together with and not in exclusion of the FISA Rules of Racing - Coastal Rowing Competition Regulations.</i>	Change name of event to World Rowing Beach Sprint Championships for consistency and to match the Rules, but refer to World Rowing Beach Sprint Finals as per the current name of event.
	<b>3) <del>3-</del>Safety and Health of Rowers (Coastal Regulation <del>542</del>, Rule <del>146</del>)</b>	
	<i>a) <u>Each rower at Beach Sprint rowing events shall ensure that:</u> i) <u>they have a state of health and fitness which allows them to compete at a level commensurate with the competition level of the particular event; and</u></i>	<u>Moved from 26 to match changes in the Rules</u>  <u>Add the swimming requirements that have</u>

	<p>ii) <u>they have a basic swimming ability, including being able to swim 50m and keep their head above water unassisted for three minutes.</u></p> <p><u>Each rower shall be responsible for his own health and fitness and swimming ability (Rule 14 – Health and Safety), including being able to swim 50m and keep their head above water unassisted for three minutes.</u></p> <p>b) <u>For the World Rowing Beach Sprint Championships, all rowers must have completed a pre-competition health screening as detailed in Bye-Law to Rule 14 2) a).</u></p> <p><u>For Beach Sprint rowers, it is a personal responsibility of the rower to undergo a pre-competition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure. Rowers must be prepared to present a written confirmation that the screening has been carried out, signed by a doctor.</u></p>	<p>been included in Rule 14.</p> <p>Addition that rowers at Beach Sprint Championships must have done the pre-competition health screening</p>
<p><b>3. Age Categories (Coastal Regulation 8, Rule 24)</b></p> <p>The following age categories for rowers are recognised by FISA for Beach Rowing Sprints:</p> <ul style="list-style-type: none"> <li>• Seniors</li> </ul>	<p><del>3)4)34.</del> <b>Age Categories (Coastal Regulation 68, Rule 2417)</b></p> <p>The following age categories for rowers are recognised by FISA for Beach <del>Rowing</del> Sprints <del>Rowing</del>:</p> <p>a) <del>–</del> Seniors</p> <p>a)b) <del>–</del> Under 19</p>	<p>Adding Under 19 age category for Beach Sprints.</p>
<p><b>4. Boat Classes (Coastal Regulation 11, Rule 35)</b></p> <p>The following boat classes are recognised by FISA for Beach Rowing Sprints:</p> <ul style="list-style-type: none"> <li>• Solo (C1x)</li> <li>• Double Sculls (C2x)</li> <li>• Coxed Quadruple Sculls (C4x+)</li> </ul>	<p><del>4)5)45.</del> <b>Boat Classes (Coastal Regulation 944, Rule 3524)</b></p> <p>The following boat classes are recognised by FISA for Beach <del>Rowing</del> Sprints <del>Rowing</del>:</p> <p>a) <del>–</del> Solo (C1x)</p> <p>b) <del>–</del> Double Sculls (C2x)</p> <p>c) <del>–</del> Coxed Quadruple Sculls (C4x+)</p>	
	<p><del>5)6)World Rowing Beach Sprint Championships Event Programme (Rule 25)</del></p>	
	<p><u>World Rowing Beach Sprint Championships are held in the following events:</u></p> <p>a) <u>Men (M) C1x</u></p> <p>b) <u>Women (W) C1x</u></p> <p>c) <u>Mixed (Mix) C2x, C4x+</u></p> <p>d) <u>Under 19 Men (U19M) C1x, C2x</u></p>	

	<p>e) <u>Under 19 Women (U19W) C1x, C2x</u>  e)f) <u>Under 19 Mixed (U19Mix) C2x</u></p>	
	<p><b><u>7) <del>6-</del>Boats and Equipment (Coastal Regulation 12, Rule 28)</u></b></p>	
	<p><u>All boats used in International Beach Sprint Rowing must meet the requirements for construction, flotation and safety for Coastal Boats specified by the Coastal Rowing Competition Regulations with the exception of the following:</u></p> <p>a. <u>During Beach Sprint Rowing competition, boats are not required to carry a life jacket for each competitor in the boat, however the organizing committee shall make life jackets available for use if requested by rowers;</u></p> <p>b. <u>Boats are not required to have a 15m buoyant line.</u></p>	<p><u>Given the short distance of races and the close proximity to shore, the life jacket and towing line requirements of coastal rowing are not needed for Beach Rowing Sprints.</u></p>
	<p><b><u>8) <del>7-</del>Weight of Boats (Coastal Regulation 12, Rule 360)</u></b></p>	
	<p><u>All boats used in International Beach Sprint Rowing shall be not less than the minimum weight as described in the Coastal Rowing Competition Regulations. All boats shall be weighed prior to use in competition. The President of the Jury may order additional boat weighing during the competition.</u></p>	<p><u>To specify that all of the boats used in completion shall be weighed prior to the beginning of each day's competition.</u></p>
<p><b>5. Characteristics (Coastal Regulation 15, Rule 42)</b></p>	<p><b><u><del>8)9)58-</del>Race Course Characteristics (Coastal Regulation <u>1315</u>, Rule <u>4231</u>)</u></b></p>	
<p><i>The race course for international Beach Sprints shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start area to allow all the crews in each race to start without interference from other crews. The race area should be located on an evenly-shelving sandy beach free of rocks or other obstructions which might damage boats in the beach start and beach finish.</i></p> <p><i>The length of course shall be as provided in Regulation 6. The course shall comprise (1) a land section – (2) a water section – (3) a land section.</i></p>	<p>a) <i>The race course for international Beach Sprints <u>rowing</u> shall provide, as far as possible, fair and equal racing conditions for all crews. This shall require sufficient width of the start area to allow all the crews in each race to start without interference from other crews. The race area should be located on an evenly-shelving sandy beach free of rocks or other obstructions which might damage boats in the beach start and beach finish. <u>The start line, finish line, turning flags and buoys shall be set to provide the same distance across all lanes for both the running and rowing sections of the course.</u></i></p> <p><i>The length of course shall be as provided in Regulation <u>106</u>. The course shall comprise (1) a land section – (2) a water section – (3) a land section.</i></p>	<p>Sentence added to clarify that all sections of the course shall be equal in lane.</p>

<p>The first section of the course shall be a straight line from a point on the beach (the start/finish line) to the water edge, a distance of between approximately 10 and 50 metres.</p> <p>The second section of the course shall comprise, for each lane, a series of three lane buoys in each racing lane, the first buoy positioned approximately 85 metres from the water edge, the second buoy a further 85 metres out and the third buoy a further 80 metres out, all in a straight line. The number of lanes so provided shall depend on the nature of the event, but in general shall be a minimum of two lanes and up to four lanes. (See Regulation 7)</p> <p>The third section of the course shall be approximately between 10 and 50 metres distance on land from the water edge back to the start/finish line.</p> <p>The distances stated here shall be a general guide but will depend on local conditions. In particular, the first buoy should be positioned slightly beyond, and clear of, any wave break. Substantial change from these dimensions is permitted with the prior approval of FISA.</p>	<p>The first section of the course shall be a straight line from a point on the beach (the start/finish line) to the water edge, a distance of between approximately 10 and 50 metres.</p> <p>The second section of the course shall comprise, for each lane, a series of three lane buoys in each racing lane, the first buoy positioned approximately 85 metres from the water edge, the second buoy a further 85 metres out and the third buoy a further 80 metres out, all in a straight line. The number of lanes so provided shall depend on the nature of the event, but in general shall be a minimum of two lanes and up to four lanes. (See Regulation <a href="#">117</a>)</p> <p>The third section of the course shall be approximately between 10 and 50 metres distance on land from the water edge back to the start/finish line.</p> <p>The distances stated here shall be a general guide but will depend on local conditions. In particular, the first buoy should be positioned slightly beyond, and clear of, any wave break. <del>Substantial</del> Any substantial change from these dimensions is <u>only</u> permitted with the prior approval of FISA.</p>	
<p>5.1 Course Markers</p>	<p>b) <del>58.1</del> Course Markers</p>	
<p>5.1.1 A plan of the course(s) showing the location of all course markers shall be included in the Notice of Regatta and also in the instructions issued to all crews upon arrival at the regatta. The plan shall also be displayed at the Control Commission;</p>	<p>i) <del>58.1.1</del> A plan of the course(s) showing the location of all course markers shall be included in the Notice of Regatta and also in the instructions issued to all crews upon arrival at the regatta. The plan shall also be displayed at the Control Commission;</p>	
<p>5.1.2 For safety and visibility purposes, the buoys used to mark the turning points should be inflatable or other soft-surface type which will not cause damage to boats and equipment and shall each be approximately 150cm high. The first two buoys from the beach in each lane shall be approximately 30cm diameter and the farthest turning buoy shall be between 50cm and 100cm diameter. The 3 buoys in one lane shall be the same colour. The buoys shall be a different colour for each lane;</p>	<p>ii) <del>58.1.2</del> For safety and visibility purposes, the buoys used to mark the turning points should be inflatable or other soft-surface type which will not cause damage to boats and equipment and shall each be approximately 150cm high. The first two buoys from the beach in each lane shall be approximately 30cm diameter and the farthest turning buoy shall be between 50cm and 100cm diameter. The 3 buoys in one lane shall <u>each</u> be the same colour. <del>The buoys shall be a different colour for each lane;</del></p>	<p>The requirement that the buoys in each lane be a different color removed at the request of Rowing for All Commission</p>

<p>5.1.3 The organising committee shall take all necessary precautions in setting out the course markers and the course to avoid any risks of boats grounding in shallow waters;</p>	<p>iii) <del>58.1.3</del> The organising committee shall take all necessary precautions in setting out the course markers and the course to avoid any risks of boats grounding in shallow waters;</p>	
<p>5.1.4 The organising committee shall ensure that the distances between buoys in each lane are equal and in particular that the distance of the farthest buoy from the beach in each lane is equal;</p>	<p>iv) <del>58.1.4</del> The organising committee shall ensure that the distances between buoys in each lane are equal and in particular that the distance of the farthest buoy from the beach in each lane is equal;</p>	
<p>5.1.5 If the course is located in waters that are affected by significant tidal movements the organising committee shall make arrangements for regular repositioning of the course as necessary. This may include additional gates and markers to assure safety and fairness to the crews.</p>	<p>v) <del>58.1.5</del> If the course is located in waters that are affected by significant tidal movements the organising committee shall make arrangements for regular <u>checking and, if necessary,</u> repositioning of the course. This may include additional gates and markers to assure safety and fairness to the crews.</p>	
<p>For safety purposes the layout of the course shall not allow boats to be travelling in opposite directions in the same water.</p>	<p>vi) <del>8.1.6</del> For safety purposes the layout of the course shall not allow boats to be travelling in opposite directions in the same water: <u>and the distance between the centres of adjoining lanes shall be at least 25 metres (see diagrams at Annex A and B).</u></p>	<p>Addition to specify the distance between lanes as was only listed in the Annex diagrams</p>
<p>5.2 Start and Finish Lines</p>	<p>c) <del>58.2</del> Start and Finish Lines</p>	
<p>5.2.1 The start line shall be visually marked on the beach in a clear, fixed manner which will keep its position under all race situations. The width of the start line shall be a minimum of 2 metres. The distance from the start line to each boat shall be equal for all rowers.</p>	<p>i) <del>58.2.1</del> The start line shall be visually marked on the beach in a clear, fixed manner which will keep its position under all race situations. The width of the start line shall be a minimum of 2 metres. The distance from the start line to each boat shall be equal for all rowers. <u>Where a starting light system will be used to start the races, a starting light will be placed 5 meters in front of the start line and evenly between the starting position of the runners so that the lights will be visible to the runners. Starting lights should also be visible to crew members who maybe at the boat during the start procedure. The Starting lights shall operate as specified in Appendix R4 Regatta Courses Section-.</u></p>	<p>Allow for a starting light to be used for starting races.</p>
<p>5.2.2 The width of the Finish Line shall be a minimum of 2 metres. Where only two racing lanes are in use, the Finish Line may be a narrow “funnel” design to bring the runners of each</p>	<p>ii) <del>58.2.2</del> The width of the Finish Line shall be a minimum of 2 metres. Where only two racing lanes are in use, the Finish Line may be a narrow “funnel” design to bring the runners</p>	

<p>crew together at the finish. However where 3 or more racing lanes are in use, the Finish line should be of such length to ensure that the runner from every crew has an equal distance from the designated finishing point of their boat to reach the Finish Line. The designated finishing point of each boat at the water's edge shall be marked by a flag in line with the lane buoys and runners shall be required to pass on the outside of this flag in their run to the Finish Line after leaving the boat, to ensure equal distance to the finish line.</p>	<p>of each crew <u>close</u> together at the finish. However where 3 or more racing lanes are in use, the Finish line should be of such length to ensure that the runner from every crew has an equal distance from the designated finishing point of their boat to reach the Finish Line. The designated <u>arrival</u> point of each boat at the <u>beach</u> shall be marked by a flag in line with the lane buoys and runners shall be required to pass on the outside of this flag in their run to the Finish Line after leaving the boat, to ensure equal distance to the finish line.</p>	
<p>5.2.3 The method of marking the Finish Line and therefore the finish of the race, may be any one of the following, or a similar arrangement:</p> <ul style="list-style-type: none"> <li>• A clear line on the beach which the runner from each crew must cross;</li> <li>• A tape which the runner from each crew must run through;</li> <li>• One flag or similar device for each crew, standing upright in the sand, and which must be picked up by the runner from each crew;</li> <li>• One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.</li> </ul>	<p>iii) <del>58.2.3</del> The method of marking the Finish Line and therefore the finish of the race, may be any one of the following, or a similar arrangement:</p> <ol style="list-style-type: none"> <li>(1) <del>•</del>A clear line on the beach which the runner from each crew must cross;</li> <li>(2) <del>•</del>A tape which the runner from each crew must run through;</li> <li>(3) <del>•</del>One flag or similar device for each crew, standing upright in the sand, and which must be picked up by the runner from each crew;</li> <li>(4) <del>•</del>One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.</li> </ol> <p><u>The finish line for runners shall be an equal distance from the water where their boats would reach the shore in their designated course.</u></p>	
<p>5.2.4 The organising committee shall decide the method of marking the finish and this shall be notified in the Notice of Regatta and included in all information given to teams.</p>	<p>iv) <del>58.2.4</del> The organising committee shall decide the method of marking the finish and this shall be <del>included</del><u>notified</u> in the <del>Notice of Regatta and included in all</del><u>all</u> information given to teams.</p>	
<p>5.2.5 The orientation of the start and finish line shall in principle be perpendicular to the rowing course.</p>	<p>v) <del>58.2.5</del> The orientation of the start and finish line shall in principle be perpendicular to the rowing course.</p>	
<p>5.2.6 The diagrams at Annex A and Annex B to these Regulations show the general layout of the course.</p>	<p>vi) <del>58.2.6</del> The diagrams at Annex A and Annex B to these Regulations show the general layout of the course.</p>	
<p>5.3 Race Format</p>	<p>d) <del>58.3</del> Race Format</p>	

<p><i>There are two options for the format of the rowing section of Beach Sprints. The organising committee shall decide which format shall be used and this shall be notified in the Notice of Regatta and shall be included in all information to teams and displayed at the venue. The same format should be used for all events at a regatta.</i></p> <p><i>Option 1 – “Slalom out / slalom back” –</i>  <i>When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy and again racing slalom fashion around each buoy back to the beach, ensuring that they go around each buoy in turn in the correct direction. The diagram at Annex A refers.</i></p> <p><i>Option 2 – “Slalom out / straight back” -</i>  <i>When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy they shall then race directly in a straight line back to the designated point on the beach. (Note: Crews not taking a straight line course back to the beach or arriving at the beach at other than the designated point shall not be penalised as long as they do not interfere with another crew and they otherwise comply with the requirements of these regulations.) Crews must ensure that they go around each of the three buoys in turn in the correct direction on the outward sector. The diagram at Annex B refers.</i></p>	<p>i) <i>There are two options for the format of the rowing section of Beach Sprints. The organising committee shall decide which format shall be used and this shall be notified in the Notice of Regatta and shall be included in all information to teams and displayed at the venue. The same format should be used for all events at a regatta.</i></p> <p><i>(1) Option 1 – “Slalom out / slalom back” –</i>  <i>When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy and again racing slalom fashion around each buoy back to the beach, ensuring that they go around each buoy in turn in the correct direction. The diagram at Annex A refers.</i></p> <p><i>(2) Option 2 – “Slalom out / straight back” -</i>  <i>When all crews are in their boats they shall race from the beach in a slalom fashion around each of the three buoys in turn in their respective racing lanes, turning around the last buoy. After rounding the last buoy they shall then race directly in a straight line back to the designated point on the beach. (Note: Crews not taking a straight line course back to the beach or arriving at the beach at other than the designated point shall not be penalised as long as they do not interfere with another crew and they otherwise comply with the requirements of these regulations.) Crews must ensure that they go around each of the three buoys in turn in the correct direction on the outward sector. The diagram at Annex B refers.</i></p>	
<p><b>6. Racing Distance (Coastal Regulation 16, Rule 43)</b></p>	<p><b>10) <del>69.</del> Racing Distance (Coastal Regulation 146, Rule 4332)</b></p>	
<p><i>Beach Sprints – In principle the course should include a run on the beach of between approximately 10 and 50 metres to start and to finish the race with an on-water distance of 250 metres from the beach to the farthest turning buoy. The race will then comprise a 10 – 50 metre run from the start line to the water, a 250 metre (buoys at approximately 85m + 85m + 80m) row out, a similar 250 metre row back and a 10 – 50 metre beach run to the finish. See Regulation 5 for the layout of the course. The</i></p>	<p><i>Beach Sprints – In principle the course should include a run on the beach of between approximately 10 and 50 metres to start and to finish the race with an on-water distance of 250 metres from the beach to the farthest turning buoy. The race will then comprise a 10 – 50 metre run from the start line to the water, a 250 metre (buoys at approximately 85m + 85m + 80m) row out, a similar 250 metre row back and a 10 – 50 metre beach run to the finish. See Regulation <del>859</del> for the layout of the course. The distances stated here shall be a general guide but will</i></p>	

<p>distances stated here shall be a general guide but will depend on local conditions. Substantial changes from these dimensions are permitted with the prior approval of FISA.</p>	<p>depend on local conditions. <del>Substantial changes from these dimensions are permitted with the prior approval of FISA.</del></p>	<p>Deleted as already stated in previous Regulation</p>
<p><b>7. Number of Lanes (Coastal Regulation 17, Rule 44)</b></p>	<p><b>11) <del>710-</del> Number of Lanes (Coastal Regulation 15, Rule 4433)</b></p>	
<p>There shall be a minimum of two lanes up to, in principle, a maximum of four lanes. The number of lanes shall depend on the available space at the beach and on the water and on the number of crews entered in each event. In all cases, the beach running distance should be equal for all crews. Additional lanes can be provided if a competition format so requires. The number of lanes shall be notified in the technical handbook or notice of regatta.</p>	<p>There shall be a minimum of two lanes up to, in principle, a maximum of four lanes. The number of lanes shall depend on the available space at the beach and on the water and on the number of crews entered in each event. In all cases, the beach running distance <u>and the water conditions</u> should be equal for all crews. Additional lanes can be provided if a competition format so requires. The number of lanes shall be notified in the technical handbook or notice of regatta.</p>	
	<p><b>12) <del>11-</del> Composition of the Jury (Coastal Regulation 1731, Rule 3746)</b></p>	
	<p>a) <del>11.1 The Jury shall consist of will be made up of a minimum of 5 members</del> <u>international</u> umpires carrying out the following duties:</p> <ul style="list-style-type: none"> <li>i) <del>President of the Jury*</del></li> <li>ii) <del>Starter / Race Umpire</del> <u>Finish Judge *</u></li> <li>iii) <del>Judge at the Start / Judge at the Finish</del> <u>Race Umpire *</u></li> <li>iv) <del>Lane Umpires (1 per lane)</del></li> <li>v) <del>Turning Mark Umpire</del></li> <li>vi) <del>Members of the Control Commission, one per lane</del> <u>one of whom shall be the senior member</u></li> </ul> <p><del>*The President of the Jury, the Starter / Race Umpire</del> <u>Finish Judge, and the a- Judge at the Start / Judge at the Finish</u> <u>Race Umpire and senior member of the Control Commission shall each hold an International Umpire's license. The Jury shall be supported in its work by other officials holding a national umpire licencelicense.</u></p> <ul style="list-style-type: none"> <li>b) <del>Several members of the Jury may have dual roles. The organising committee may also appoint an Assistant Starter and assistants to other umpires.</del></li> <li>c) <del>There shall be at least one Turning Mark Umpire positioned within clear sight of the end turning buoys. Additional Turning Mark Umpires may be required if racing is conducted on more than two lanes.</del></li> </ul>	<p>Moved from 18 in keeping with the order in the Rules</p>

	<p>d) <del>e</del>-If a Beach Sprints regatta has large entries requiring more than two lanes then the number of Jury members may be increased accordingly.</p> <p>e) <del>11.2</del>For International Beach Sprints regattas – The Jury shall be appointed by the organising committee.</p> <p>f) <del>11.3</del>For World Rowing Beach Sprint Championshipss-regattas – The Jury shall be appointed by the Executive Committee after recommendation by the FISA Umpiring Commission and supervised by the FISA Umpiring Commission.</p>																																																													
<p><b>8. FISA Advertising Rules (Coastal Regulation 18, Rule 50)</b></p>	<p><del>12)13) 812-</del><b>FISA Advertising Rules</b><del>Identifications displayed on Equipment and Rowers (Coastal Regulation 18, Rule 5038)</del></p>																																																													
<p>In addition to the requirements of the Coastal Rowing Competition Regulations, each crew member shall display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:</p> <table border="1" data-bbox="208 691 949 1190"> <thead> <tr> <th>Racing Shirt</th> <th>Font</th> <th>Height</th> <th>Width</th> <th>Case</th> <th>example</th> </tr> </thead> <tbody> <tr> <td>FRONT: Family name (short)</td> <td>Arial</td> <td>50mm</td> <td>120-150mm</td> <td>Uppercase</td> <td><b>BATTEN</b></td> </tr> <tr> <td>FRONT: Family name (long)</td> <td>Arial</td> <td>50mm</td> <td>150mm</td> <td>Lowercase</td> <td><b>Batten-Ball</b></td> </tr> <tr> <td>FRONT: Country code</td> <td>Arial</td> <td>50mm</td> <td>60-100mm</td> <td>Uppercase</td> <td><b>GBR</b></td> </tr> <tr> <td>BACK: Country code</td> <td>Arial</td> <td>100mm</td> <td>150mm</td> <td>Uppercase</td> <td><b>GBR</b></td> </tr> </tbody> </table>	Racing Shirt	Font	Height	Width	Case	example	FRONT: Family name (short)	Arial	50mm	120-150mm	Uppercase	<b>BATTEN</b>	FRONT: Family name (long)	Arial	50mm	150mm	Lowercase	<b>Batten-Ball</b>	FRONT: Country code	Arial	50mm	60-100mm	Uppercase	<b>GBR</b>	BACK: Country code	Arial	100mm	150mm	Uppercase	<b>GBR</b>	<p><del>In addition to the</del>The requirements of the Coastal Rowing Competition Regulations <del>for Identifications on rower uniforms and equipment shall also apply to Beach Sprints rowing.</del> each-Each crew member shall display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:</p> <table border="1" data-bbox="981 719 1825 1222"> <thead> <tr> <th>Racing Shirt</th> <th>Font</th> <th>Height</th> <th>Width</th> <th>Case</th> <th>example</th> </tr> </thead> <tbody> <tr> <td>FRONT: Family name (short)</td> <td>Arial</td> <td>50mm</td> <td>120-150mm</td> <td>Uppercase</td> <td><b>BATTENGARCIA</b></td> </tr> <tr> <td>FRONT: Family name (long)</td> <td>Arial</td> <td>50mm</td> <td>150mm</td> <td>Lowercase</td> <td><b>Batten-Ball</b></td> </tr> <tr> <td>FRONT: Country code</td> <td>Arial</td> <td>50mm</td> <td>60-100mm</td> <td>Uppercase</td> <td><b>MEXGBR</b></td> </tr> <tr> <td>BACK: Country code</td> <td>Arial</td> <td>100mm</td> <td>150mm</td> <td>Uppercase</td> <td><b>MEXGBR</b></td> </tr> </tbody> </table> <p><del>These requirements are in addition to the requirements detailed in Rule 39 (Rowers' Clothing and Blade Colours).</del></p>	Racing Shirt	Font	Height	Width	Case	example	FRONT: Family name (short)	Arial	50mm	120-150mm	Uppercase	<b>BATTENGARCIA</b>	FRONT: Family name (long)	Arial	50mm	150mm	Lowercase	<b>Batten-Ball</b>	FRONT: Country code	Arial	50mm	60-100mm	Uppercase	<b>MEXGBR</b>	BACK: Country code	Arial	100mm	150mm	Uppercase	<b>MEXGBR</b>	<p>Consolidate the two versions of the FRONT of the racing shirt requirement to reduce confusion.</p>
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<p><b>9. FISA Progression System (Coastal Regulation 20, Rule 67)</b></p>	<p><del>13)14) 913-</del><b>FISA Progression System (Coastal Regulation 20, Rule 6757)</b></p>																																																													

<p>9.1 The progression system for Beach Sprints rowing shall be decided by the organising committee and may be in the format of:</p> <ul style="list-style-type: none"> <li>• Multiple pools of crews; or</li> <li>• Time trials; or</li> <li>• Elimination heats which may or may not include repêchages; or</li> <li>• A combination of these;</li> </ul> <p>in order to bring the number of crews remaining in the medal competition in each event down to eight (8).</p>	<p><u>a) The FISA Beach Sprint Rowing Progression System shall in principle be used for international Beach Sprint regattas and World Rowing Beach Sprint Championships. If an organizing committee (or FISA in the case of World Championships) decides to adopt an alternative progression system this shall be included as part of the information to teams.</u></p> <p><u>a)b) 913.1 International Beach Sprint Rowing Regattas: The progression system for Beach Sprints rowing shall be decided by the organising committee and</u> may be in the format of:</p> <ul style="list-style-type: none"> <li>i) <del>Multiple</del> Multiple pools of crews; or</li> <li>ii) <del>Time</del> Time trials; or</li> <li>iii) <del>Elimination</del> Elimination heats which may or may not include repêchages; or</li> <li>iv) <del>A</del> A combination of these;</li> </ul> <p>in order to bring the number of crews remaining in the medal competition in each event down to <u>the final</u> eight (8) <u>crews</u>.</p>	<p>Addition of a pre-amble to reference the FISA Beach Sprint rowing progression system and confirm process for the WRBSC</p>
<p>9.2 The Final Eight Crews</p>	<p><del>b)c) 913.2</del> The Final Eight Crews</p>	
<p>After the preliminary rounds are completed and the final eight remaining crews in an event are determined, then racing shall in all cases be conducted on two lanes with 4 quarter-finals, 2 semi-finals and then finals following a consistent time schedule without additional rest breaks between races. The race for 3rd and 4th positions shall take place before the race for 1st and 2nd positions. Additional semi-finals and finals for ranking all final eight crews may also be rowed within this format.</p>	<p>After the preliminary rounds are completed and the final eight remaining crews (<u>the Final Eight</u>) in an event are determined, then racing shall in all cases be conducted on two lanes with 4 quarter-finals, 2 semi-finals and then finals following a consistent time schedule without additional rest breaks between races. The race for 3rd and 4th positions shall take place before the race for 1st and 2nd positions. Additional semi-finals and finals for ranking all final eight crews may also be rowed within this format.</p>	
<p>9.3 For World Rowing Beach Sprints, the organising committee shall obtain the approval of FISA for the progression system to be adopted.</p>	<p><del>913.3 For World Rowing Beach Sprints, the organising committee shall obtain the approval of FISA for shall determine the progression system to be adopted.</del></p>	<p>FISA decides the progression system for the WRBSC</p>
<p>9.4 The progression system shall be described in the Notice of Regatta and confirmed at the Crew Captains' meeting.</p>	<p><del>913.4 The progression system shall be described in the Notice of Regatta and confirmed at the Crew Captains' Team Managers meeting.</del></p>	<p>Delete as now referenced in the opening paragraph of this Regulation</p>
<p>9.5 The organising committee in the case of international Beach Sprints, and FISA in the case of World Rowing Beach Sprints, may place a limit on the number of crews from which</p>	<p><del>e)d) 913.5</del> The organising committee in the case of international Beach Sprint <u>Rowing regattass</u>, and FISA in the case of World Rowing Beach Sprint <u>Championshipss</u>, may place a limit on the</p>	

<p>entries will be accepted and the method of limiting numbers (i.e. qualification, order of entry or random draw of crews or any other method) shall be included in the Notice of Regatta and in all information given to crews before the regatta.</p>	<p>number of crews from which entries will be accepted and the method of limiting numbers (i.e. qualification, order of entry or random draw of crews or any other method) shall be included in the Notice of Regatta and in all information given to crews before the regatta.</p>	
<p><b>10. The Draw and Determining the Lanes (Coastal Regulation 21, Rule 68)</b></p>	<p><del>14)15)</del> <b>1014. The Draw and Determining the Lanes (Coastal Regulation 21, Rule 6859 and 60)</b></p>	
<p>10.1 Where a system of preliminary heats is required, a draw for the first round shall take place at the Crew Captains' meeting on the day before the first heat takes place, or earlier if appropriate. The draw shall determine which crews take part in which heats and which lanes each crew shall use.</p>	<p>a) <del>1014.1</del> Where a system of preliminary heats <u>or time trials</u> is required, a <u>d</u>Draw for the first round shall take place at the <u>Crew Captains' Team Managers</u> meeting <u>on the day before the first heat takes place, or earlier if appropriate.</u> The <u>d</u>Draw, <u>supervised by the Jury,</u> shall <u>be random except in the case of seeded crews, and shall</u> determine which crews take part in which heats and which lanes each crew shall use.</p>	<p>Reflect the use of Team Managers for the World Rowing Beach Sprint Finals, and the TMM could be at other times Add reference to random Draw and seeded crews.</p>
<p>10.2 If there is seeding of crews at the World Rowing Beach Sprints, the highest seeded crews shall be placed at opposite sides of the draw and then descending seedings should follow the same principle. When the final eight crews remaining in the event are determined, the top four seeded crews in descending order (or less if there are less than four seeded crews) remaining in the final eight crews shall be drawn alternatively on opposite sides of the draw for the last eight. The remaining places shall be allocated by random draw for the remaining crews. (i.e. seeds 1 and 3 shall be on one side of the Draw and 2 and 4 on the other side.)</p>	<p>b) <del>1014.2</del> If there is seeding of crews at the World Rowing Beach Sprint <u>Championships</u>, the highest seeded crews shall be placed at opposite sides of the draw and then descending seedings should follow the same principle. When the final eight crews remaining in the event are determined, the top four seeded crews in descending order (or less if there are less than four seeded crews) remaining in the final eight crews shall be drawn alternatively on opposite sides of the draw for the last eight. The remaining places shall be allocated by random draw for the remaining crews. (i.e. <u>remaining</u> seeds 1 and <u>43</u> shall be on one side of the Draw and 2 and <u>34</u> on the other side.)</p>	<p>Correction</p>
<p>10.3 Where the first round is in the form of time trials, the results of the time trials shall be adopted to determine the following round heat and lane allocations rather than any seeding.</p>	<p>c) <del>1014.3</del> <del>Where the first round is in the form of time trials,</del> <u>The results of the <del>time trials</del> first round shall be <u>adopted used</u> to determine the following round heat <u>and lane</u> allocations <u>rather than any seeding,</u> with the lanes being decided by random draw supervised by the Jury. This process shall apply to subsequent rounds until the Final Eight is reached.</u></p>	<p>Remove reference to time trial as this would be the case for any form of first round. Clarification that lane selection only applies to the Final Eight and not rounds prior to that.</p>

<p>10.4 Lanes for “The Final Eight” The lanes for each race in the quarterfinals, semi-finals and finals (the final eight remaining crews) only, shall be determined as follows:</p> <ul style="list-style-type: none"> <li>• The crew with the faster time in its previous round shall choose which of the two lanes it shall use for the race.</li> <li>• The other crew shall use the other lane.</li> </ul> <p>Such determination shall be made not later than 10 minutes before the scheduled start time of the race and shall be confirmed by the Crew Captain to the President of the Jury who shall also notify the Crew Captain of the other crew in that race.</p>	<p>d) <del>1014.4</del> Lanes for “The Final Eight” The lanes for each race in the quarterfinals, semi-finals and finals (the final eight remaining crews) only, shall be determined as follows:</p> <p>i) <del>–</del>The crew with the faster time in its previous round shall choose which of the two lanes it shall use for the race. <del>– A crew whose previous round was a repechage will not have priority in choosing lanes over a crew that did not row in a repechage in the previous round.</del></p> <p>ii) <del>–</del>The other crew shall use the other lane. Such determination shall be made not later than 10 minutes before the scheduled start time of the race and shall be confirmed by the Crew Captain to the President of the Jury who shall also notify the Crew Captain of the other crew in that race.</p>	<p>A crew directly advancing to the finals have priority in selecting lanes over crews advancing through the repechage.</p>
<p><b>11. Adverse Weather Conditions (Coastal Regulation 22, Rule 71)</b></p>	<p><del>45)16) 4115-</del> <b>Adverse Weather Conditions (Coastal Regulation 22, Rule 7163)</b></p>	
<p>The President of the Jury, in consultation with the Race Director and the organising committee, shall take all decisions on any delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and equipment and officials on the water or the fairness of the course.</p>	<p>The President of the Jury, in consultation with the Race Director and the organising committee, shall take all decisions on any delay, postponement or cancellation of races, or of changes to the course, resulting from adverse weather conditions or other matters relating to the safety of rowers and equipment and officials on the water or the fairness of the course.</p>	
<p><b>12. The Start (Coastal Regulations 23 and 24, Rules 73 and 74)</b></p>	<p><del>46)17) 4216-</del> <b>The Start (Coastal Regulations 23 and 24, Rules 7366 and 7474)</b></p>	
<p>12.1 The Start During the start procedure, the boats shall be lined up in the water in the allotted start position and shall be held by crew members (except solo (C1x)) and up to two boat handlers per boat.</p>	<p>a) <del>4216.1</del> The Start During the start procedure, the boats shall be lined up in the water in the allotted start position and shall be held by crew members (except solo (C1x)) and up to two boat handlers per boat.</p>	
<p>12.1.1 Boat Handlers There shall be up to two boat handlers per boat. The boat handlers shall, in principle, be provided by the teams and are recognised as official support crew members. The role of the boat handler is to support the departure and arrival of the crew from and to the beach. The boat handlers for each crew should wear matched uniforms that conform to the rules, and in a colour which is different from the crew (alternatively the boat</p>	<p>b) <del>4216.1.1</del> Boat Handlers There shall be up to two boat handlers per boat. The boat handlers shall, in principle, be provided by the teams and are recognised as official support crew members. The role of the boat handler is to support the departure and arrival of the crew from and to the beach. The boat handlers for each crew should wear matched uniforms <del>or a bib that conform to comply with the</del> <del>Rules in respect of Identifications,</del> and <del>in a colour which is</del></p>	

<p>handlers may wear a coloured bib). In rougher conditions and at the discretion of the President of the Jury the number of boat handlers may be increased.</p> <p>Boat handlers may not board the boat at any time but may assist the crew in any other way, including rudder fixing, etc.</p> <p>When the boat returns to the beach the boat handlers may “catch” the boat to slow its progress when it reaches the beach and a crew member disembarks to run to the finish line.</p>	<p><del>differentare clearly distinguishable from the crew (alternatively the boat handlers may wear a compliant coloured bib).</del> In rougher conditions and at the discretion of the President of the Jury the number of boat handlers may be increased. <u>Boat handlers must ensure that they, and the equipment they are handling, do not impede other competitors.</u></p> <p>Boat handlers may not board the boat at any time but may assist the crew in any other way, including rudder fixing, etc.</p> <p>When the boat returns to the beach the boat handlers may “catch” the boat to slow its progress when it reaches the beach and a crew member disembarks to run to the finish line.</p>	<p>Change to match Coastal Regulations</p> <p>To clarify that boat handlers have a responsibility not to interfere with competitors.</p>
<p>a. The boat handlers shall at all times remain in shallow water not above their shoulder height. The boat handlers shall comply with any instructions of the race officials and shall at all times be subject to the rules of racing.</p> <p>Where a crew does not supply its own boat handlers, the organising committee shall provide them.</p> <p>The boats should be held reasonably in line and shall be positioned so that the centres of boats are in a line with the buoys in their lane. All rowers (except the runner of each crew) must be standing in the water next to their boat and shall not start boarding their boat until the start signal is given.</p> <p>The Judge at the Start, with the advice of the Aligner, shall determine whether the boats are reasonably in line and shall take such action as necessary to ensure this.</p>	<p>i) <del>a.</del>The boat handlers shall at all times remain in shallow water not above their shoulder height. The boat handlers shall comply with any instructions of the race officials and shall at all times be subject to the <u>rules-Rules of racingRacing, Bye-laws and Regulations.</u></p> <p>Where a crew does not supply its own boat handlers, the organising committee shall provide them.</p> <p>The boats should be held reasonably in line and shall be positioned so that the centres of boats are in a line with the buoys in their lane. All rowers (except the runner of each crew) must be standing in the water next to their boat and shall not start boarding their boat until the start signal is given.</p> <p>The Judge at the Start, with the advice of the <u>Lane Umpires Aligner,</u> shall determine whether the boats are reasonably in line <u>with the buoys in their lane</u> and shall take such action as necessary to ensure this.</p>	<p>The Beach Sprint Rowing Regulations do not define Aligner as a required position. Clarified that alignment is with the buoys in the race lane and not the start line.</p>

<p>b. One nominated crew member from each crew shall be a runner. (The runner at the start may be different from the runner at the finish but in both cases must be a member of the crew.) The runners shall stand behind the start line which shall be clearly marked on the beach.</p> <p>The remaining crew members (except for solo (C1x)) shall be standing in the water holding their boats. No crew members shall start to board their boats before the start signal has been given.</p> <p>When the start signal is given the runners shall run to their boats to join the other crew members. The other crew members may start to board their boats as soon as the start signal is given.</p>	<p>ii) <del>b.</del> One nominated crew member from each crew shall be a runner. (The runner at the start may be different from the runner at the finish but in both cases must be a member of the crew.) The runners shall stand behind the start line which shall be clearly marked on the beach.</p> <p>The remaining crew members (except for solo (C1x)) shall be standing in the water holding their boats. No crew members shall start to board their boats before the start signal has been given.</p> <p>When the start signal is given the runners shall run to their boats to join the other crew members. The other crew members may start to board their boats as soon as the start signal is given.</p>					
<p>c. The boat handlers will support the crews in holding the best pointing for the boat for the crew members to board and depart.</p>	<p>iii) <del>c.</del> The boat handlers will support the crews in holding the best pointing for the boat for the crew members to board and depart.</p>					
<p>12.2 The Start Procedure</p> <p>The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall be elevated and such that he has a clear view of the start line and all boats. The starting signals should be clearly audible and visible to all rowers. A clearly distinguishing jacket should be worn by the Starter.</p> <p>The Starter shall inform the crews when there is three minutes remaining before the start time.</p> <p>There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out his responsibilities. Where he considers it necessary, the President of the Jury may instruct another Umpire to assist the Judge at the Start in his duties.</p> <p>The Judge at the Start shall be responsible to decide if any crew has caused a false start.</p> <p>The starting procedure for beach sprints shall be as follows:</p> <table border="1" data-bbox="210 1209 952 1367"> <tr> <td data-bbox="210 1209 324 1367">-3:00</td> <td data-bbox="324 1209 952 1367">All crew members should be in the start zone and under the control of the starter. The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.</td> </tr> </table>	-3:00	All crew members should be in the start zone and under the control of the starter. The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.	<p>c) <del>12.2</del> The Start Procedure</p> <p>The Starter may be assisted by other umpires under the authority of the Starter. The position of the Starter shall be elevated and <u>either beside or behind the start line</u> such that he has a clear view of the start line and all boats. The starting signals should be clearly audible <del>and visible</del> to all rowers. <del>A clearly distinguishing jacket should be worn by the Starter.</del></p> <p>The Starter shall inform the crews when there <u>is are</u> three minutes remaining before the start time <u>either directly or through the race Announcer, by saying "THREE MINUTES!"</u>.</p> <p>There shall be a Judge at the Start who shall be positioned in such location as to be able to properly carry out his responsibilities. <u>Where the Starter is positioned on the start line, the Starter may also serve as the Judge at Start.</u> Where he considers it necessary, the President of the Jury may instruct another Umpire to assist the Judge at the Start in his duties.</p> <p>The Judge at the Start shall be responsible to decide if any crew has caused a false start.</p> <p>The starting procedure for beach sprints shall be as follows:</p> <table border="1" data-bbox="978 1273 1720 1337"> <tr> <td data-bbox="978 1273 1137 1337">-3m:00s</td> <td data-bbox="1137 1273 1720 1337">All crew members should be in the start zone and under the control of the starter.</td> </tr> </table>	-3m:00s	All crew members should be in the start zone and under the control of the starter.	<p>Eliminate the requirement for a special jacket worn by the Starter.</p> <p>Allow the Starter to allocate the 3 minute call to the Announcer where there is an announcer.</p> <p>Sentence added to specify that when the Starter is positioned on the start line, the Starter may serve both</p>
-3:00	All crew members should be in the start zone and under the control of the starter. The Starter may penalise a crew which is late to the start and may start the race without reference to absentees.					
-3m:00s	All crew members should be in the start zone and under the control of the starter.					

-2:45-1:45	Crews are introduced to the spectators, once the introductions are complete the crews return to their start positions.		The Starter may <del>penalise-sanction</del> a crew which is late to the start and may start the race without reference to absentees.		as the Starter and Judge at Start.		
-1:00	When there is one minute to the start, the Starter shall say "One minute!" at this time all crew and boats should be 'ready' on the water, the runner positioned behind the start line.	-2m:45s-1m:45s	Crews are introduced to the spectators <u>by the Announcers.</u> <del>once</del> Once the introductions are complete the crews <u>shall immediately</u> return to their start positions.				
-0:30	When there are 30 seconds to the start, the Starter shall alert the crews by saying "Get ready!", after which alert the Starter may start the race at any time, having taken into account the wave conditions and any other factors.	-1m:00s-0m:45s	When there is one minute to the start, the Starter shall say " <del>One minute</del> <u>Get Ready</u> <del>GET READY!</del> " <u>After this the runners will position themselves behind the start line and the Starter shall instruct the other members of the crew and/or the boat handlers to "put the boats in</u>				
-0.10 or when the red flag is raised	The start music stops. To give the start signal, the Starter shall say "Attention!" and shall then raise a red flag to the vertical position above his head. After a clear pause, the Starter shall then give the signal to start by dropping in one fast downward motion the red flag, simultaneously sounding a hooter in one long blast.		<u>the water." at this time all crew and boats should be 'ready' on the water, the runner positioned behind the start line. The Starter may allocate these commands to the race Announcer.</u>				
The official start signal will be the moment the red flag starts to move downwards.		-0:30-0:20	When there are <u>between 20 and 30</u> seconds to the start, the Starter shall alert the crews by saying "Get ready!", after which alert the Starter may start the race at any time, having taken into account the wave conditions and any other factors.				
		-0.10 or when the red flag is raised <u>used to start the race at any time between approx. -0m.20s and 0m.0s</u>	The start music stops. To give the start signal, the Starter shall <u>first</u> say "Attention!"; <u>After a clear pause, the Starter shall then EITHER raise the red flag, OR where the start is given using traffic lights, shall press a button (or switch) to change the traffic lights from the neutral position to red;</u> <u>The After a clear and variable pause, the Starter will then start the race by EITHER dropping the red flag quickly to one side and simultaneously sounding a hooter in one long blast;</u>			Revisions to the commands and allow the Starter to allocate commands to the race Announcer.  Time sequence revised based on actual experience	

	<p><u>OR by pressing a button that shall, at the same instant:</u>  <u>a. Change the red light to green;</u>  <u>b. Make an audible signal through the loudspeakers;</u>  <u>c. Start the timing system for the race; and shall then raise a red flag to the vertical position above his head. After a clear pause, the Starter shall then give the signal to start by dropping in one fast downward motion the red flag, simultaneously sounding a hooter in one long blast.</u></p> <p>The official start signal will be the moment the red flag starts to move downwards <u>or the red light changes to green light illuminates.</u></p>	Provide for the use of a traffic light system to start the race.
<p><b>13. False Start (Coastal Regulation 25, Rule 75)</b>  A crew commits a false start if the crew's nominated runner crosses the start line before the start signal is given or if any crew member starts to board their boat before the start signal is given.  The Judge at the Start shall be the sole judge of a false start.</p>	<p><del>47)18)</del> <del>4317-</del> <b>False Start (Coastal Regulation 25, Rule 7565)</b>  A crew commits a false start if the crew's nominated runner crosses the start line before the start signal is given or if any crew member starts to board their boat before the start signal is given.  The Judge at the Start shall be the sole judge of a false start.</p>	
<p>13.1 Consequences of a False Start</p>	<p>a) <del>4317.1</del> Consequences of a False Start</p>	
<p>13.1.1 Where a false start is committed, whether by a runner or other crew member, the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card.</p>	<p>i) <del>4317.1.1</del> Where a false start is committed, whether by a runner or other crew member, the Judge at the Start shall immediately raise a red flag and the Starter shall stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped. <u>Where the Starter is serving as the Judge at Start, when a false start is committed, the Starter will immediately stop the race by waving a red flag and sounding repeated blasts on the hooter until all crews have stopped.</u>  The Judge at the Start shall inform the Starter which crew has caused a false start and the Starter shall award the crew a Yellow Card.</p>	

<p>13.1.2 A crew causing two false starts or receiving two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event by the Starter.</p>	<p><del>f)ii) 1317.1.2</del> A crew causing two false starts or receiving two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event by the Starter.</p>	
<p><b>14. Responsibility of the Rowers (Coastal Regulation 26, Rule 77)</b></p>	<p><del>18)19) 1418</del> <b>Responsibility of the Rowers (Coastal Regulation 26, Rule 7770)</b></p>	
<p>14.1 When turning around the buoys, crews are permitted to touch the turning buoys with their boat or oars, but the keel of the boat must pass around the designated side of the buoy.</p>	<p>a) <del>1418.1</del> When turning around the buoys, crews are permitted to touch the turning buoys with their boat or oars, but the keel of the boat must pass around the designated side of the buoy.</p>	
<p>14.2 In order to finish the race a crew must correctly round all designated turning markers and must complete the full course as designated by the organising committee.</p>	<p>b) <del>1418.2</del> In order to finish the race a crew must correctly round all designated turning markers and must complete the full course as designated by the organising committee.</p>	
<p>14.3 A crew not correctly rounding any buoy on the course shall be awarded a time penalty as follows:</p> <ul style="list-style-type: none"> <li>• Not correctly rounding the first or second buoy from the beach – 30 seconds each instance;</li> <li>• Not correctly rounding the third buoy from the beach – 60 seconds</li> </ul>	<p>c) <del>1418.3</del> A crew not correctly rounding any buoy on the course shall be awarded a time penalty as follows:</p> <ul style="list-style-type: none"> <li>i) <del>1418.3.1</del> Not correctly rounding the first or second buoy from the beach – 30 seconds each instance;</li> <li>ii) <del>1418.3.2</del> Not correctly rounding the third buoy from the beach – 60 seconds</li> </ul>	
<p>14.4 For coxed boats, the coxswain is required to be in the boat for the whole time the crew is rowing; otherwise the crew shall not be ranked in the race and shall be shown on the results as DNF.</p>	<p>d) <del>1418.4</del> For coxed boats, the coxswain is required to be in the boat for the whole time the crew is rowing; otherwise the crew shall not be ranked in the race and shall be shown on the results as DNF.</p>	
	<p>e) <del>1418.5</del> Crews returning to the beach must make every effort to keep their boat under control in an upright position with the crew members in contact with the boat until reaching the beach. In the event the boat capsizes while returning to the beach, the crew is responsible to ensure that all crew members and equipment are safe, and such responsibility shall have priority over finishing their race.</p>	<p>Specify that crews returning to the beach must maintain control of their boats as they go through the surf, and that safety of all crew members has priority over finishing the race.</p>
<p>14.5 Upon their boat reaching the beach, one crew member shall disembark and run in the designated route to the finish point of the race.</p>	<p><del>e)f) 1418.65</del> Upon their boat reaching the beach, one crew member shall disembark and run in the designated route to the finish point of the race.</p>	
<p>14.6 Crews shall at all times be aware of the weather and water conditions and the safety of themselves and others. Crews rowing in a dangerous manner or in a way which is</p>	<p><del>f)g) 1418.76</del> Crews shall at all times be aware of the weather and water conditions and the safety of themselves and others. Crews rowing in a dangerous manner or in a way which is</p>	

<p>considered out of control may be excluded or otherwise penalized by the umpire.</p>	<p>considered out of control may be excluded or otherwise penalized by the umpire.</p>	
<p><b>15. Interference (Coastal Regulation 27, Rule 78)</b></p>	<p><del>19)20) 1519-</del> <b>Interference (Coastal Regulation 27, Rule 7871)</b></p>	
<p>A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponent's water and cause a disadvantage to its opponents by contact or by causing the other crew to change course to avoid such contact. The Umpire alone shall decide if a crew is interfering with another crew and causing them a disadvantage. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the result of that crew, then the Umpire may exclude the crew or alternatively may award a time penalty of 5 seconds or such other time as he deems appropriate against the crew causing the interference or take other appropriate measures under the rules. It is each crew's responsibility to remain in their proper course and their water and to not cause interference to other crews.</p>	<p>A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponent's water and cause a disadvantage to its opponents by contact or by causing the other crew to change course to avoid such contact. The Umpire alone shall decide if a crew is interfering with another crew and causing them a disadvantage. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the result of that crew, then the Umpire may exclude the crew or alternatively may award a time penalty of 105 seconds or such other time as he deems appropriate against the crew causing the interference or take other appropriate measures under the rules. It is each crew's responsibility to remain in their proper course and their water and to not cause interference to other crews.</p>	
<p><b>16. Finish of the Race (Coastal Regulation 28, Rule 80)</b></p>	<p><del>20)21) 1620-</del> <b>ConclusionFinish of the Race (Coastal Regulation 298, Rule 8073)</b></p>	
<p>The method of marking the Finish Line and the finish of the race may be any one of the following, or a similar arrangement:</p> <ul style="list-style-type: none"> <li>• A clear, straight line on the beach which the runner from each crew must cross;</li> <li>• A tape which the runner from each crew must run through;</li> <li>• One flag or similar device for each crew, standing in the sand, and which must be picked up (or "caught") by the runner from each crew to mark the finish (in the case of flags, a different colour flag shall be used for each crew, ideally to match the colour of the buoys in their respective lanes);</li> <li>• One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.</li> </ul> <p>The organising committee shall decide which type of finish shall be used and this shall be notified in the Notice of Regatta and shall be included in all information to teams and displayed at the venue.</p>	<p><del>The method of marking the Finish Line and the finish of the race may be any one of the following, or a similar arrangement:</del></p> <ul style="list-style-type: none"> <li><del>• A clear, straight line on the beach which the runner from each crew must cross;</del></li> <li><del>• A tape which the runner from each crew must run through;</del></li> <li><del>• One flag or similar device for each crew, standing in the sand, and which must be picked up (or "caught") by the runner from each crew to mark the finish (in the case of flags, a different colour flag shall be used for each crew, ideally to match the colour of the buoys in their respective lanes);</del></li> <li><del>• One button or similar device for each crew, which must be pressed by the runner from each crew and which, upon being pressed, shall emit a sound or visual display, at the same time recording the elapsed race time for that crew.</del></li> </ul> <p><del>The organising committee shall decide which type of finish shall be used and this shall be notified in the Notice of Regatta and shall be included in all information to teams and displayed at the venue.</del></p> <p><del>The finish point line for all crewrunners shall be an approximately equal distance from the water where the their boats would reach the</del></p>	<p>Duplicated</p>

<p>The finish point for all crews shall be an approximately equal distance from the water where the boats would reach the shore in their designated course. There shall be a flag or similar marker placed at the water's edge for each lane in line with the lane buoys and an equal distance from the finish line. Each runner shall pass on the outside of the flag when running from their boat to the finish line. A runner not passing on the correct side of the flag shall receive a penalty of 5 seconds.</p> <p>The finish of the race for each crew shall be the moment their crew member (the runner) reaches the finish point and completes the action as required to mark the finish of the race.</p> <p>In the case of World Rowing Beach Sprints, the organising committee shall obtain the approval of FISA for the method of marking the finish.</p> <p>Timing – Finish times shall be recorded to 1/10th of a second.</p>	<p><del>shore in their designated course. There shall be a flag or similar marker placed at the water's edge for each lane in line with the lane buoys and an equal distance from the finish line. After exiting the boat, Each runner shall must pass on the outside (relative to the finish line) of the flag placed on the water's edge in line with the lane buoys for their lane when running from their boat to the finish line. A runner not passing on the correct side of the flag shall receive a penalty of 5 10 seconds.</del></p> <p>The finish of the race for each crew shall be the moment their crew member (the runner) reaches the finish point and completes the action in accordance with Regulation 9 as required to mark the finish of the race.</p> <p><del>In the case of World Rowing Beach Sprints, the organising committee shall obtain the approval of FISA for the method of marking the finish.</del></p> <p>Timing – Finish times shall be recorded to 1/10<sup>th</sup> of a second.</p>	<p>Changes for clarity</p>
<p><b>17. Dead Heats (Coastal Regulation 29, Rule 81)</b></p> <p>If there is a dead-heat in any round other than a final, the crews which have dead-heated shall be required to race again over the same course not later than 10 minutes after the finish of the race which was a dead-heat. If they again dead-heat they shall be required to race again within a further 15 minute period and so on until a decision is reached.</p> <p>If a dead-heat occurs in a final the crews concerned shall be given equal ranking and the next ranking shall be left vacant.</p>	<p><del>24)22) 4721. Dead Heats (Coastal Regulation 3029, Rule 84)7489)</del></p> <p>If there is a dead-heat in any round other than a final, <del>and only one of the crews progresses into the next round,</del> there must be a re-row <del>the crews which have dead-heated shall be required to race again</del> over the same course <del>between the crews involved. The re-row must take place</del> not later than 10 minutes after the finish of the race <del>in which was at the</del> dead-heat <del>occurred. If all of the crews involved in the dead-heat progress to the same level of the next round, there will be no re-row and their relative positions in the next round shall be decided by a supervised draw.</del> <del>If they re-row results in a again</del> dead-heat the crews <del>y</del> shall be required to <del>re-row the race again not later than within a further 15 minutes after the finish of the previous re-row. period and so</del> This process will continue <del>on</del> until a decision is reached.</p> <p>If a dead-heat occurs in a final the crews concerned shall be given equal ranking and the next ranking shall be left vacant.</p>	<p>Revised to reflect the language used in Rules 89 Dead Heats</p>
<p><b>18. Composition of the Jury (Coastal Regulation 31, Rule 92)</b></p>	<p><del>18. Composition of the Jury (Coastal Regulation 31, Rule 92)</del></p>	
<p>18.1 The Jury will be made up of a minimum of 6 members of whom at least 3 shall hold an International Umpire's Licence.</p> <ul style="list-style-type: none"> <li>• President of the Jury*</li> <li>• Starter / Race Umpire *</li> <li>• Judge at the Start / Judge at the Finish *</li> <li>• Lane Umpires (1 per lane)</li> </ul>	<p><del>18.1 The Jury will be made up of a minimum of 6 members of whom at least 3 shall hold an International Umpire's Licence.</del></p> <ul style="list-style-type: none"> <li><del>• President of the Jury*</del></li> <li><del>• Starter / Race Umpire *</del></li> <li><del>• Judge at the Start / Judge at the Finish *</del></li> <li><del>• Lane Umpires (1 per lane)</del></li> </ul>	<p>Moved to 12 to keep with the new order of the Rules</p>

<ul style="list-style-type: none"> <li>• Turning Mark Umpire (1)</li> <li>• Members of Control Commission, one per lane</li> </ul> <p>*The President of the Jury, the Starter / Race Umpire and the Judge at the Start / Judge at the Finish shall each hold an International Umpire's licence.</p> <p>Several members of the Jury may have dual roles. The organising committee may also appoint an Assistant Starter and assistants to other umpires.</p> <p>There shall be at least one Turning Mark Umpire. Additional Turning Mark Umpires may be required if racing is conducted on more than two lanes.</p> <p>If a Beach Sprints regatta has large entries requiring more than two lanes then the number of Jury members may be increased accordingly.</p> <p>For International Beach Sprints regattas – The Jury shall be appointed by the organising committee.</p> <p>For World Rowing Beach Sprints regattas – The Jury shall be appointed and supervised by the FISA Umpiring Commission.</p>	<ul style="list-style-type: none"> <li><del>• Turning Mark Umpire (1)</del></li> <li><del>• Members of Control Commission, one per lane</del></li> </ul> <p><del>*The President of the Jury, the Starter / Race Umpire and the Judge at the Start / Judge at the Finish shall each hold an International Umpire's licence.</del></p> <p><del>Several members of the Jury may have dual roles. The organising committee may also appoint an Assistant Starter and assistants to other umpires.</del></p> <p><del>There shall be at least one Turning Mark Umpire. Additional Turning Mark Umpires may be required if racing is conducted on more than two lanes.</del></p> <p><del>If a Beach Sprints regatta has large entries requiring more than two lanes then the number of Jury members may be increased accordingly.</del></p> <p><del>For International Beach Sprints regattas – The Jury shall be appointed by the organising committee.</del></p> <p><del>For World Rowing Beach Sprints regattas – The Jury shall be appointed and supervised by the FISA Umpiring Commission.</del></p>	
<p><b>19. Penalties (Coastal Regulation 32, Rule 72)</b></p>	<p><del>22)23) 1922. Penalties-Sanctions (Coastal Regulation 321, Rule 7265)</del></p>	
<p>The Jury shall impose appropriate penalties in any case of breach of the rules. The penalties available to the Jury are:</p> <ul style="list-style-type: none"> <li>• Reprimand;</li> <li>• Time penalty (as provided in these Regulations 14, 15 &amp; 16 and otherwise where the Umpire considers appropriate);</li> <li>• Yellow Card (applying to the next round in which the crew competes) – a crew receiving 2 Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event;</li> <li>• Relegation where specifically provided in these Rules;</li> <li>• Red Card (exclusion from all the rounds of the event in question);</li> <li>• Disqualification (from all events in the regatta).</li> </ul>	<p><u>In any case of breach of the rules, a member of the Jury may impose appropriate sanctions. The sanctions available are:</u><del>The Jury shall impose appropriate penalties in any case of breach of the rules. The penalties available to the Jury are:</del></p> <ol style="list-style-type: none"> <li><del>• Reprimand, which is a formal admonishment that the conduct of the rower or crew is in breach of the Rules and that this breach may be taken into account when considering an appropriate sanction for any further breach during that regatta. This will be an appropriate sanction where the breach does not warrant a high level of sanction.;</del></li> <li><del>• Time penalty, which is a sanction awarded to a crew which is in breach of these Regulations which requires a crew to spend the awarded time penalty in a designated penalty box. If the penalty box is not available, the awarded penalty times will be added to the crew's finish time. (as provided in these Regulations 14, 15 &amp; 16 and otherwise where the Umpire considers appropriate);</del></li> <li><del>• Yellow Card (applying to the next round in which the crew competes) – a crew receiving 2 Yellow Cards applying to the</del></li> </ol>	<p>Additions to match new Sanction Rules</p>

	<p><del>same race shall be awarded a Red Card and excluded from the event; which is a formal warning for a breach of these Rules and Regulations:</del></p> <p><del>i) A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or a re-row of that race.</del></p> <p><del>ii) A crew awarded two Yellow Cards applying to the same race shall be awarded a Red Card and excluded from the event.</del></p> <p><del>e)d) Relegation (REL) which places a crew in the last position in a race where specifically provided in these Rules and Regulations where specifically provided in these Rules;</del></p> <p><del>e)e) Red Card or Exclusion (EXC) which excludes the crew from all the rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event. (exclusion from all the rounds of the event in question);</del></p> <p><del>f) Disqualification (DSQ) which disqualifies a rower or a crew from all events in the regatta.</del></p> <p><del>i) This sanction is for the most serious breach of the Rules justifying removal from the regatta.</del></p> <p><del>ii) Where a rower is disqualified, that rower shall take no further part in the regatta.</del></p> <p><del>iii) Where a rower is disqualified at a time when Rules 48 and 49 only allow substitutions in a crew for medical reasons, then the rower may not be replaced and the crew of that rower shall be excluded from all rounds of the event in question.</del></p> <p><del>iv) Where a crew is disqualified, no member of that crew shall take any further part in any event in the regatta</del></p> <p><del>e)f) (from all events in the regatta).</del></p>	
<p><b>20. Control Commission (Coastal Regulation 38, Rule 95)</b></p>	<p><b>24) <del>2023</del>. Control Commission (Coastal Regulation <del>385</del>, Rule <del>9581</del>)</b></p>	
<p>In addition to its other duties, the Control Commission at Beach Rowing Sprints regattas shall check the correct display of the boat registration numbers and that the rower names and national federation acronyms required to be displayed on the uniform of each rower (Regulation 8) are correctly displayed.</p>	<p>In addition to its other duties, the Control Commission at Beach <del>Rowing</del> Sprints <del>Rowing</del> regattas shall check the correct display of the boat registration numbers and that the rower names and national federation acronyms required to be displayed on the uniform of each rower</p>	

	<i>(Regulation <del>8</del>13) are correctly displayed <u>and that crews race in the boats which are allocated to them.</u></i>	
<p><b>21. The Starter and the Judge at the Start (Coastal Regulation 39, Rule 96)</b>  <i>The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed. Both shall be in an elevated position (on a podium or stand) from where they have a clear view of the start/finish line and the racing course, and can be clearly seen by all crews.</i>  <i>The Judge at the Start shall determine if any crew causes a false start and if so shall follow the procedure outlined in Regulation 13.</i></p>	<p><b>25) <del>2124.</del> The Starter and the Judge at the Start (Coastal Regulation 369, Rule <del>96</del>)<u>9782</u></b>  <i>The Starter and the Judge at the Start shall ensure that the correct starting procedure is followed. Both shall be in an elevated position (on a podium or stand) from where they have a clear view of the start/finish line and the racing course, and can be clearly seen by all crews.</i>  <i>The Judge at the Start shall determine if any <u>runner or</u> crew causes a false start and if so shall follow the procedure outlined in Regulation 13. <u>Where the Starter is positioned on the start line such that the Starter can determine if a false start has occurred, the Starter may also serve as a the Judge at Start.</u></i></p>	<p>Allow the Starter to also serve as the Judge at Start where the Starter is positioned on the start line and can judge if a false start has occurred.</p>
<p><b>22. The Umpire (Coastal Regulation 40, Rule 97)</b></p>	<p><b>26) <del>2225.</del> The Umpire (Coastal Regulation <u>3740</u>, Rule <u>9783</u>)</b></p>	
<p><i>The President of the Jury, in consultation with the Race Director, shall decide the number of Umpires to supervise each race. Where there is more than one Umpire, the Umpires shall have equal status in their areas of responsibility.</i>  <i>For Beach Rowing Sprints regattas, the Starter shall act also as the Race Umpire, will be positioned on land, elevated as necessary, so as to have a clear view of all crews during the race. The Race Umpire shall have precedence over the Lane Umpires and the Turning Mark Umpire. He shall in general not communicate with crews during the race but will make decisions based on his observations and on the advice of the Lane Umpires and the Turning Mark Umpire. The Lane Umpires shall be positioned on the beach in an elevated position to give them a clear view of their lane, each in line with their lane.</i>  <i>The Race Umpire shall ensure the proper conduct of the race and the safety of the rowers. In particular, he shall observe whether any crew gains any advantage or suffers any disadvantage from its opponents or from external factors and</i></p>	<p><i>The President of the Jury, in consultation with the Race Director, shall decide the number of Umpires to supervise each race. Where there is more than one Umpire, the Umpires shall have equal status in their areas of responsibility.</i>  <u>a) a. Race Umpire</u>  i) <u>For Beach Rowing Sprints Rowing regattas, the <del>The Judge at the Starter</del> shall act also as the Race Umpire <u>and</u>, will be positioned on land, elevated as necessary, so as to have a clear view of all crews during the race. The Race Umpire shall have precedence over the Lane Umpires and the Turning Mark Umpire. He shall in general not communicate with crews during the race but will make decisions based on his observations and on the advice of the Lane Umpires and the Turning Mark Umpire. <del>The Lane Umpires shall be positioned on the beach in an elevated position to give them a clear view of their lane, each in line with their lane.</del></u>  ii) <u>b.</u> <del>The Race Umpire shall ensure the proper conduct of the race and the safety of the rowers. In particular, he shall observe whether any crew gains any advantage or suffers any disadvantage from its opponents or from external</del></p>	

shall impose appropriate penalties on crews at fault. The Race Umpire shall not give any steering indications to crews. If necessary, the Race Umpire may stop the race, impose any necessary penalties and order the race to be re-started from the start immediately. If for any reason, such as equipment damage, the re-start must be delayed, he shall decide on a new starting time in consultation with the President of the Jury and he shall inform the crews concerned.

Where a crew suffers interference or other impediment and the Race Umpire considers the impediment did not affect the result of the race, or considers the effect of the impediment was not significant, he may decline to take any action or he may take such action as he sees fit in the circumstances.

The Lane Umpires shall ensure the boats are held in line with their lane while waiting for the start signal and shall notify the Judge at the Start if they consider the boats are not correctly in line when the start signal is given (a faulty start) or if any crew member starts to board the boat before the start signal is given (a false start). They shall give such notification by raising a red flag, upon which the Judge at the Start shall follow the procedure outlined in Regulation 13.

The Turning Mark Umpire shall be stationed in a boat at the farthest point of the course and shall observe the race and shall determine whether all crews go around all buoys correctly as required. He shall indicate to the Race Umpire by raising a flag after the crew in their lane has rounded the farthest buoy from the beach; and after the crew in their lane has reached the beach on the return sector. The flag shall be raised as follows:

- A white flag if the crew has rounded all buoys correctly;
- A red flag if the crew has not rounded the buoys correctly.

The Turning Mark Umpire shall also show a red flag if he considers there has been any other infringement of the Rules, including interference. He shall as soon as possible after the finish of the race inform the Race Umpire of the detailed reasons for showing the red flag.

When all crews have finished the race the Race Umpire shall indicate if the race was in order by raising a white flag. If the race was not in order the Race Umpire shall raise a red flag.

factors and shall impose appropriate penalties on crews at fault. The Race Umpire shall not give any steering indications to crews.

If necessary, the Race Umpire may stop the race, impose any necessary penalties and order the race to be re-started immediately from the start ~~immediately~~. If for any reason, such as equipment damage, the re-start must be delayed, he shall decide on a new starting time in consultation with the President of the Jury and he shall inform the crews concerned.

Where a crew suffers interference or other impediment and the Race Umpire considers the impediment did not affect the result of the race, or considers the effect of the impediment was not significant, he may decline to take any action or he may take such action as he sees fit in the circumstances.

iii) When all crews have finished the race the Race Umpire shall indicate if the race was in order by raising a white flag. If the race was not in order the Race Umpire shall raise a red flag.

The Judge at the Finish shall not release any results of the race until the Race Umpire makes a determination on the infringement indicated by the red flag.

- b) Lane Umpires - The Lane Umpires shall be positioned on the beach in an elevated position to give them a clear view of their lane, each in line with their lane. They shall ensure the boats are held in line with their lane while waiting for the start signal and shall notify the Judge at the Start if they consider the boats are not correctly in line when the start signal is given (a faulty start) or if any crew member starts to board the boat before the start signal is given (a false start). They shall give such notification by raising a red flag, upon which the Judge at the Start shall follow the procedure outlined in Regulation 183.
- c) ~~d- Turning Mark Umpire~~ - The Turning Mark Umpire shall be stationed in a boat at the farthest point of the course and shall observe the race and shall determine whether all crews go around all buoys correctly as required. He shall indicate to the Race Umpire by raising a flag after the crew in their lane has rounded the farthest buoy from the beach; ~~and after the crew in~~

<p>The Judge at the Finish shall not release any results of the race until the Race Umpire makes a determination on the infringement indicated by the red flag.</p>	<p><del>their lane has reached the beach on the return sector.</del> The flag shall be raised as follows:</p> <ul style="list-style-type: none"> <li>i) <del>–A white flag if the crew has rounded all buoys correctly;</del></li> <li>ii) <del>–A red flag if the crew has not rounded the buoys correctly.</del></li> </ul> <p>The Turning Mark Umpire shall also show a red flag if he considers there has been any other infringement of the Rules, including interference. He shall as soon as possible after the finish of the race inform the Race Umpire of the detailed reasons for showing the red flag.</p> <p><del>d) <u>e.</u> When all crews have finished the race the Race Umpire shall indicate if the race was in order by raising a white flag. If the race was not in order the Race Umpire shall raise a red flag. The Judge at the Finish shall not release any results of the race until the Race Umpire makes a determination on the infringement indicated by the red flag.</del></p>	
<p><b>23. Judges at the Finish (Coastal Regulation 41, Rule 98)</b></p>	<p><b>27) <del>2326.</del> Judges at the Finish (Coastal Regulation <u>3941</u>, Rule <u>9884</u>)</b></p>	
<p>The Judge at the Finish shall determine the order in which the runners of each crew finish the race. He shall ascertain that the race was in order. He shall be responsible for validating the results.</p>	<p>The Judge at the Finish shall determine the order in which the runners of each crew finish the race. He shall ascertain that the race was in order. He shall be responsible for validating the results.</p>	
<p><b>24. Health of Rowers (Coastal Regulation 42, Rule 99)</b></p>	<p><b><del>24. Health of Rowers (Coastal Regulation 42, Rule 99)</del></b></p>	
<p>Each rower shall be responsible for his own health and fitness. For Beach Rowing Sprints rowers, it is a personal responsibility of the rower to undergo a pre-competition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure. Rowers must be prepared to present a written confirmation that the screening has been carried out, signed by a doctor.</p>	<p><del>Each rower shall be responsible for his own health and fitness. For Beach Rowing Sprints rowers, it is a personal responsibility of the rower to undergo a pre-competition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure. Rowers must be prepared to present a written confirmation that the screening has been carried out, signed by a doctor.</del></p>	<p>Moved to 3 in keeping with the new order of the Rules.</p>