

APPENDIX 20	APPENDIX R1620	
WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/ OR DEPARTURES FROM THE FISA RULES OF RACING	WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/ OR DEPARTURES FROM THE FISA RULES OF RACING	
1. Application	1) 1. Application	
These regulations apply to the World Rowing Masters regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.	These regulations apply to the World Rowing Masters regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.	
2. Governance	2. Governance	
World Rowing Masters Regattas are international regattas and shall be rowed according to the Rules of Racing and related Bye-Laws in addition to these Event Regulations.	World Rowing Masters Regattas are international regattas and shall be rowed according to the Rules of Racing and related Bye-Laws in addition to these Event Regulations.	Deleted as duplicated from the Rues
3. Competition in World Rowing Masters Regatta (Rule 11)	2) 3. Competition in World Rowing Masters Regatta (Rule 116)	
At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.	At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.	
4. Coxswains (Rule 27 & 28)	3) 4. Coxswains (Rule 2127 & 28)	
The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation. A coxswain is not included in the calculation of the age of the crew. At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or his delegate, for weighing	The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation. A coxswain is not included in the calculation of the age of the crew. At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or his delegate, for weighing	

<p>immediately after disembarking after their race. If a coxswain, together with any deadweight he has carried in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after his race, the crew shall be excluded from that event.</p>	<p>immediately after disembarking after their race. If a coxswain, together with any deadweight he has carried in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after his race, the crew shall be excluded from that event.</p>	
<p>5. Masters Age Categories (Rule 32)</p>	<p>4) 5-Masters Age Categories (Rule 2032)</p>	
<p>A rower may compete in Masters rowing events from the beginning of the year during which he attains the age of 27. The age of a rower in a Masters rowing event shall be that which he attains during the year of the event. Events at World Rowing Masters Regattas shall be held in the following crew age categories:</p> <ul style="list-style-type: none"> A. Minimum age: 27 years B. Average age: 36 years or more C. Average age: 43 years or more D. Average age: 50 years or more E. Average age: 55 years or more F. Average age: 60 years or more G. Average age: 65 years or more H. Average age: 70 years or more I. Average age: 75 years or more J. Average age: 80 years or more K. Average age: 83 years or more L. Average age: 86 years or more M. Average age: 89 years or more <p>Age categories do not apply to coxswains of Masters crews.</p>	<p>A rower may compete in Masters rowing events from the beginning of the year during which he attains the age of 27. The age of a rower in a Masters rowing event shall be that which he attains during the year of the event. <u>Masters rowing events and E</u>events at <u>the</u> World Rowing Masters Regattas shall be held in the following crew age categories:</p> <ul style="list-style-type: none"> A. Minimum age: 27 years B. Average age: 36 years or more C. Average age: 43 years or more D. Average age: 50 years or more E. Average age: 55 years or more F. Average age: 60 years or more G. Average age: 65 years or more H. Average age: 70 years or more I. Average age: 75 years or more J. Average age: 80 years or more K. Average age: 83 years or more L. Average age: 86 years or more M. Average age: 89 years or more <p>Age categories do not apply to coxswains of Masters crews.</p> <p><u>Every Masters rower must be in a position to prove his age by presentation of an official document (passport or identity card).</u></p>	
<p>6. Mixed Masters Events (Rule 33)</p>	<p>5) 6-Mixed Masters Events (Rule 33)</p>	

Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be women and half shall be men.	Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be women and half shall be men.																																																	
7. Boat Classes	6) 7. Boat Classes																																																	
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For a World Rowing Masters Regatta, races may be held on up to eight lanes.	For a World Rowing Masters Regatta, races may be held on up to eight lanes.																																																	
9. Rowers Clothing and Blade Colours (Rule 51)	8) 9. Rowers Clothing and Blade Colours (Rule 3954)																																																	
At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform clothing (racing shirt and shorts or equivalent and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews. Crews may race with blades which are not of uniform colour within the crew.	At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform clothing (racing shirt and shorts or equivalent and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews. Crews may race with blades which are not of uniform colour within the crew.																																																	
10. Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 59)	9) 10. Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 4859)																																																	
In the case of Masters crews, a substitute shall not be permitted if the age of the substituting rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.	In the case of Masters crews, a substitute shall not be permitted if the age of the substituting replacement rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.																																																	
11. Progression System (Rule 67)	10) 11. Progression System (Rule 5767)																																																	
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<p>entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more finals accordingly, the draw for which shall be made in accordance with Regulation 12.</p>	<p>entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more finals <u>aces</u> accordingly <u>with each race being a final</u>;. †The dDraw for <u>which these finals</u> shall be made in accordance with Regulation 12<u>11</u>.</p>	
<p>12. The Draw (Rule 68)</p>	<p>11) 12. The Draw (Rule 5968)</p>	
<p>Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.</p>	<p>Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.</p>	
<p>13. Damage while in the Start Zone</p>	<p>12) 13. Damage while in the Start Zone</p>	
<p>At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race. For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.</p>	<p>At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race. For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.</p>	
<p>14. Conduct of Races</p>	<p>13) 14. Conduct of Races</p>	

At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall follow the races, and the number of such boats on the water shall be the minimum required for the safety and for the efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.	At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall follow the races, and the number of such boats on the water shall be the minimum required for the safety and for <u>the</u> efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.	
15. Titles, Prizes and Cups	14) 15. Titles, Prizes and Cups	
Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.	Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.	
16. Exceptional Cases (Rule 87)	15) 16. Exceptional Cases (Rule 8687)	
Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of the Jury and the Chair of the organising committee shall make such decisions.	Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of the Jury and the Chair of the organising committee shall make such decisions.	
17. Interpretation of Regulations (Article 9)	16) 17. Interpretation of Regulations (Article 9)	
On behalf of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.	On behalf <u>Under the delegated authority</u> of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.	
18. Health and Fitness (Bye-law to Rule 99)	17) 18. Health and Fitness (Bye-law to Rule 9914)	

<p>Each rower shall be responsible for his own health and fitness. For Masters rowers, it is a personal responsibility of the rower to undergo a precompetition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure.</p>	<p>a) Each rower <u>in a Masters rowing event</u> shall be responsible for his<u>their</u> own health and fitness <u>and swimming ability (Rule 14), including being able to swim 50m and keep their head above water unassisted for three minutes.</u></p> <p>a)b) It is strongly recommended that rowers competing in the World Rowing Masters Regatta undergo the Pre-competition Health Screening detailed in Bye-Law to Rule 14 2) a). For Masters rowers, it is a personal responsibility of the rower to undergo a pre-competition health screening which includes a questionnaire, an annual physical examination and ECG following the IOC's recommended procedure.</p>	<p>Additions to match new Rule 14</p>
<p>19. Anti-doping (Rule 100)</p>	<p>18) 19. Anti-doping (Rule 85100)</p>	
<p>Any rower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to FISA within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).</p>	<p>Any rower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to FISA within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).</p>	