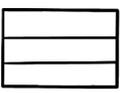
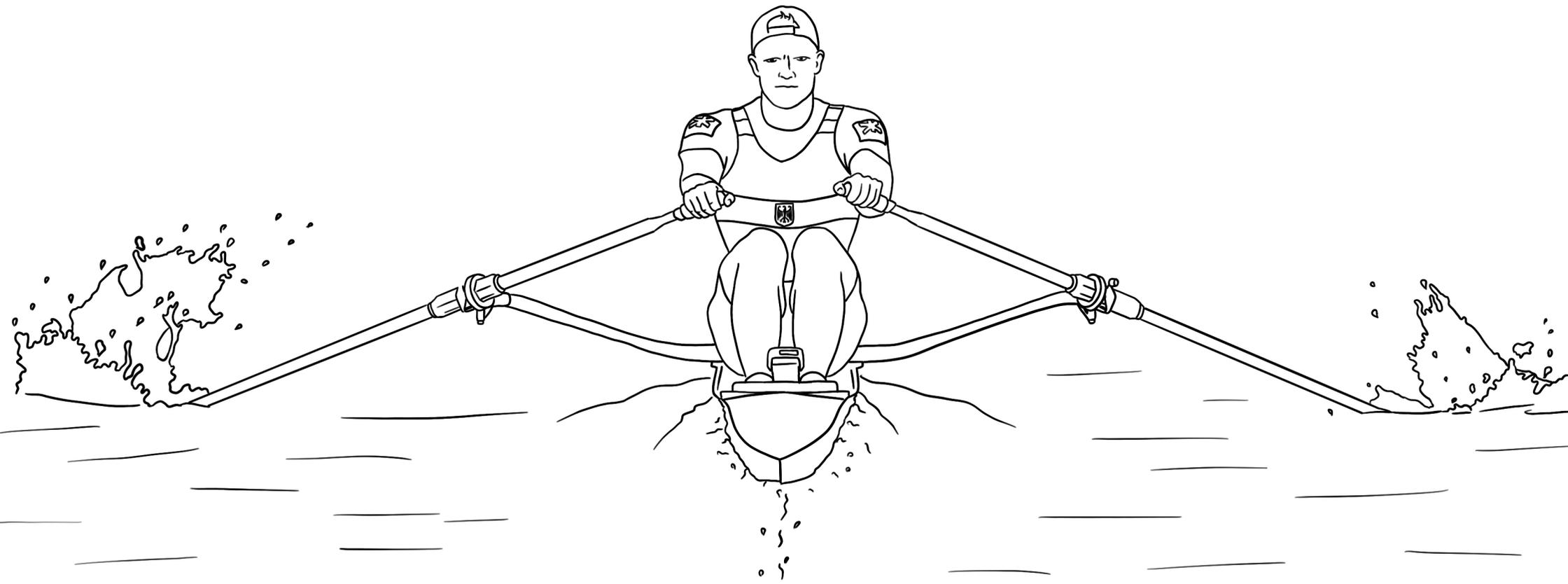


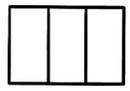
***world rowing***<sup>®</sup>  
**ACTIVITY BOOK**

**GERMANY** 

**Oliver Zeidler**

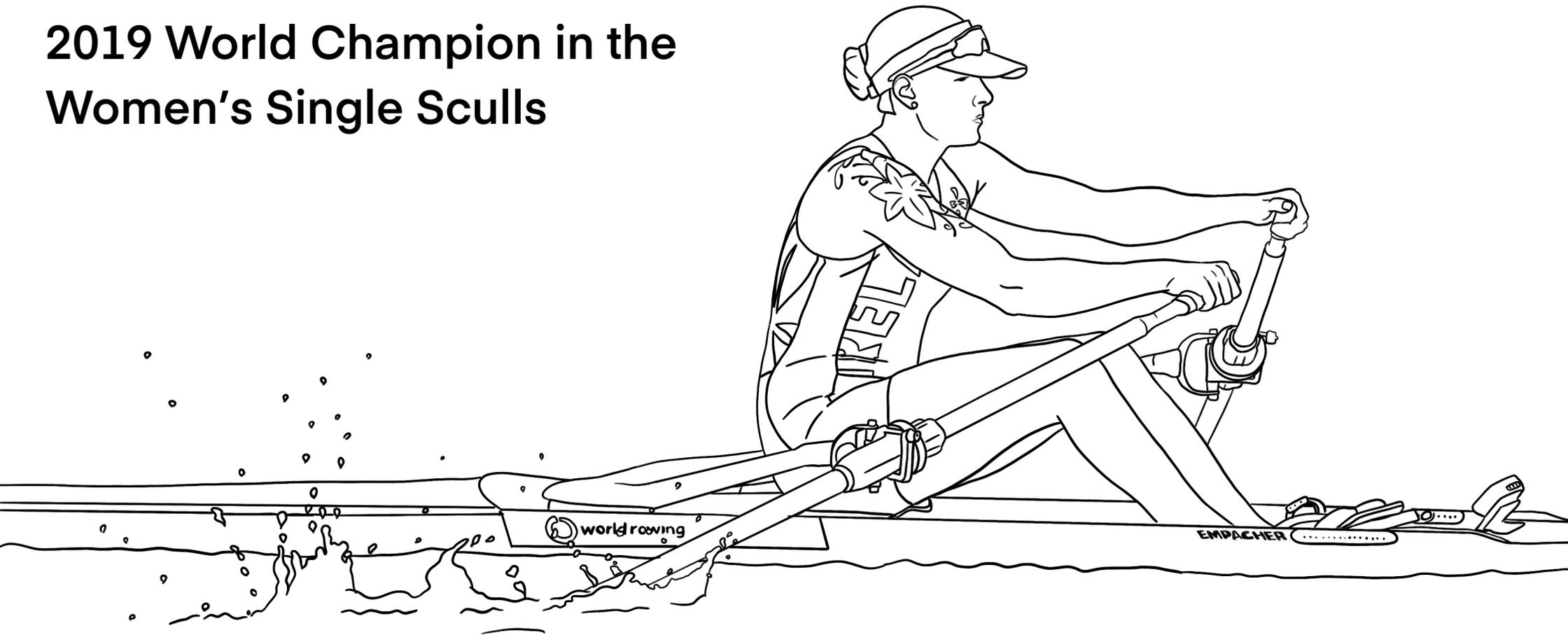
**2019 World Champion in  
the Men's Single Sculls**



**IRELAND** 

**Sanita Puspure**

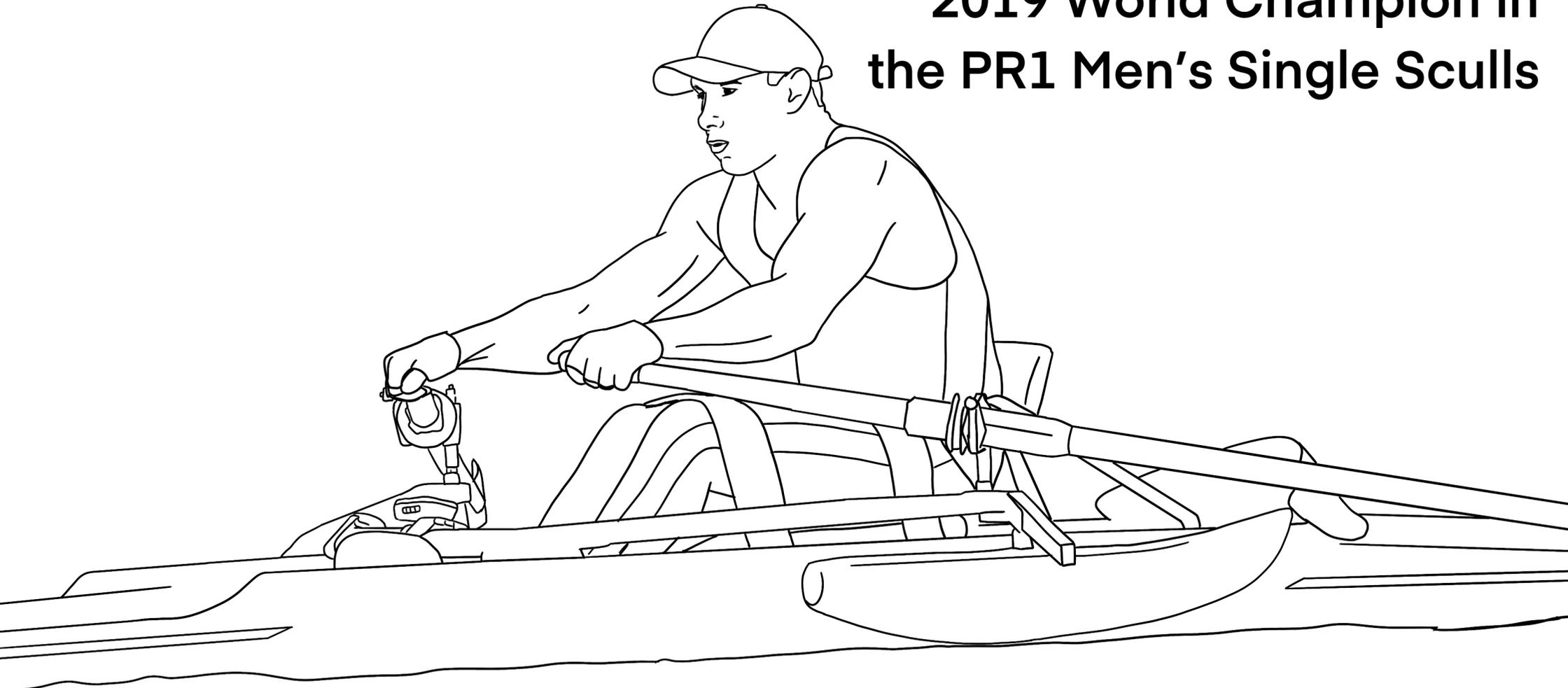
**2019 World Champion in the  
Women's Single Sculls**

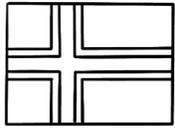


**UKRAINE** 

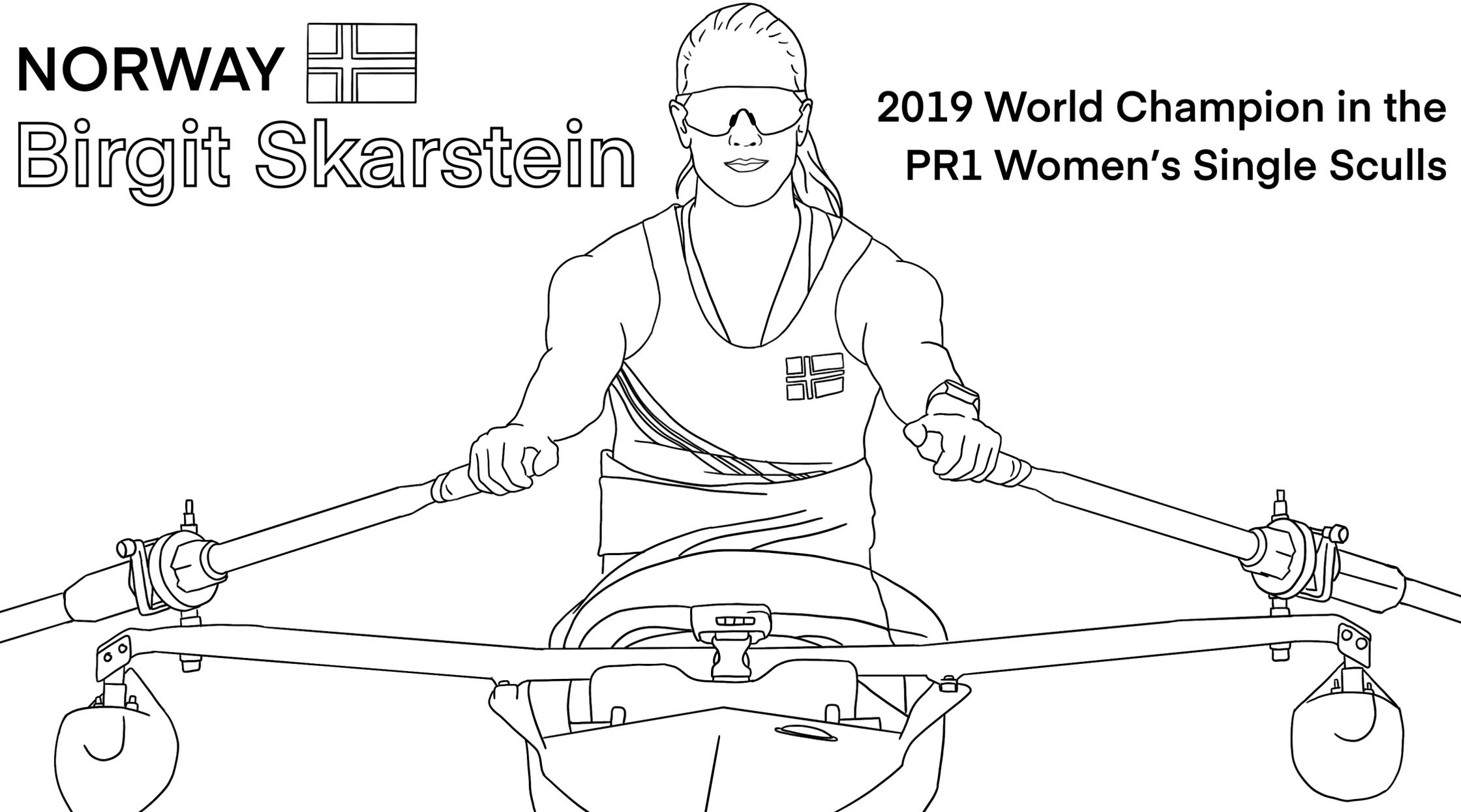
Roman Polianskyi

**2019 World Champion in  
the PR1 Men's Single Sculls**



**NORWAY**   
**Birgit Skarstein**

**2019 World Champion in the  
PR1 Women's Single Sculls**





 **IRELAND**

Fintan McCarthy

Paul O'Donovan

**2019 World Champions in the  
Lightweight Men's Doubles Sculls**

**NEW ZEALAND**

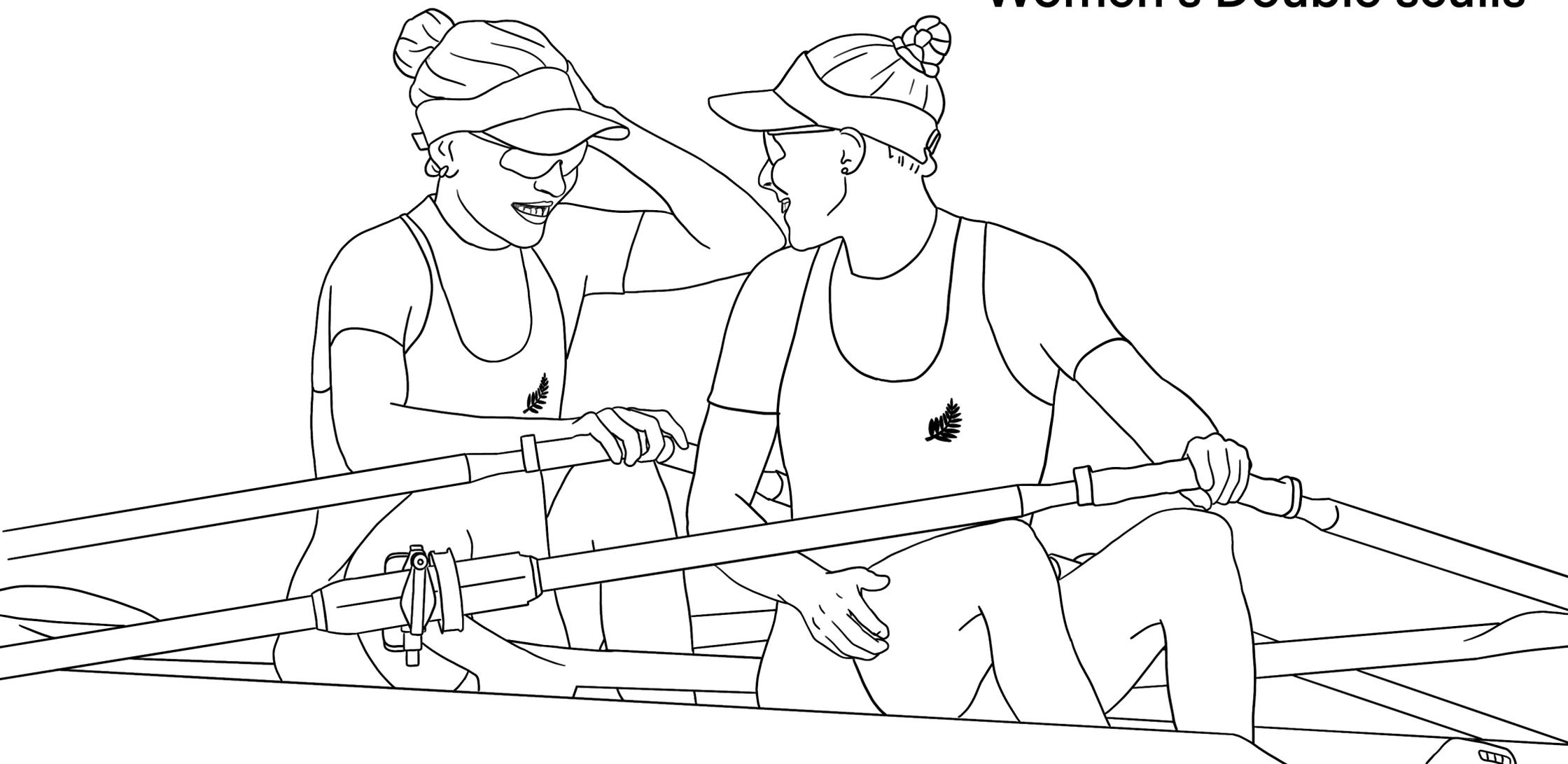


Jackie Kiddle

Zoe McBride



**2019 World Champions  
in the Lightweight  
Women's Double sculls**

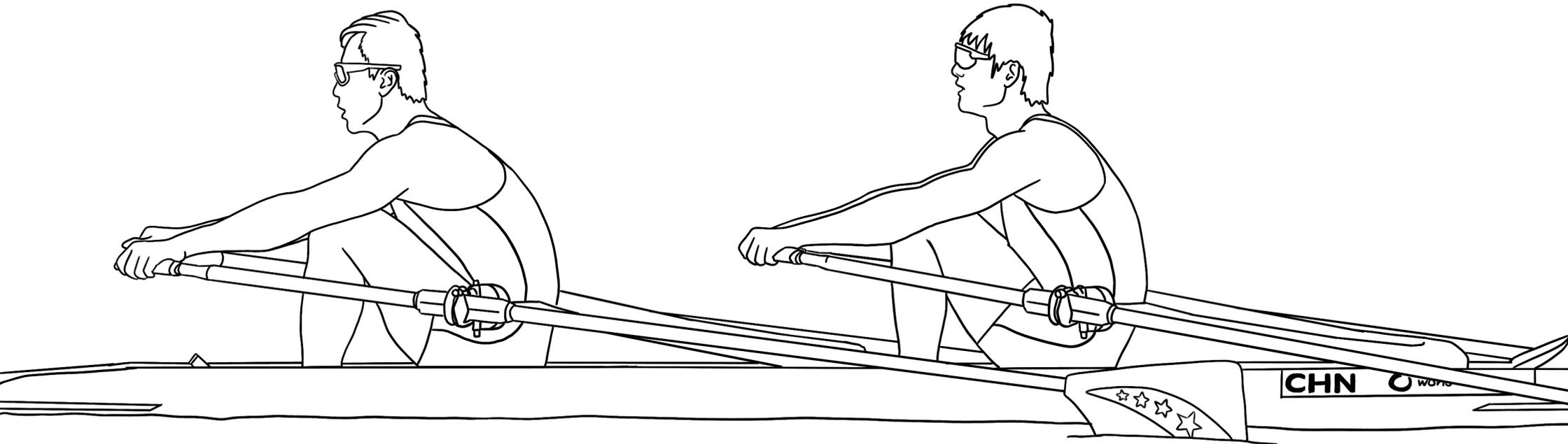


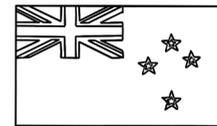
**CHINA** 

Liang Zhang

Zhiyu Liu

**2019 World Champions in the  
Men's Double Sculls**



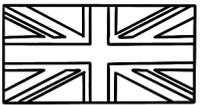


**NEW ZEALAND**

Brooke Donoghue

Olivia Loe

**2019 World Champions in  
the Women's Double Sculls**

**GREAT BRITAIN** 

Laurence Whiteley

Lauren Rowles



**2019 World Champions  
in the PR2 Mixed  
Double Sculls**

**CROATIA** 

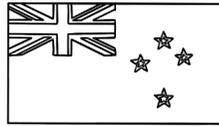
Martin Sinkovic

Valent Sinkovic

**2019 World Champions  
in the Men's Pair**



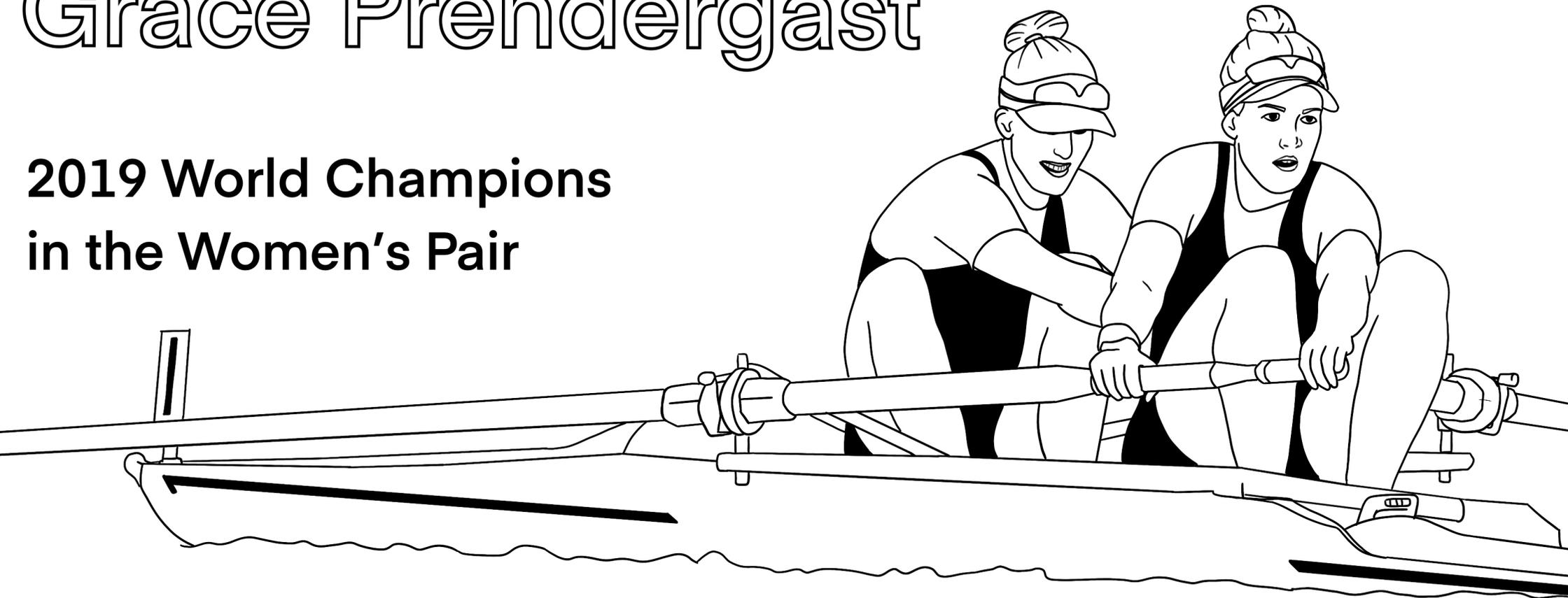
**NEW ZEALAND**

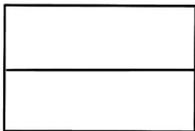


**Kerri Gowler**

**Grace Prendergast**

**2019 World Champions  
in the Women's Pair**



**POLAND** 

**M4-**

**2019 World Champions  
in the Men's Four**



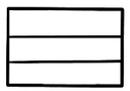
**AUSTRALIA**



**W4-**

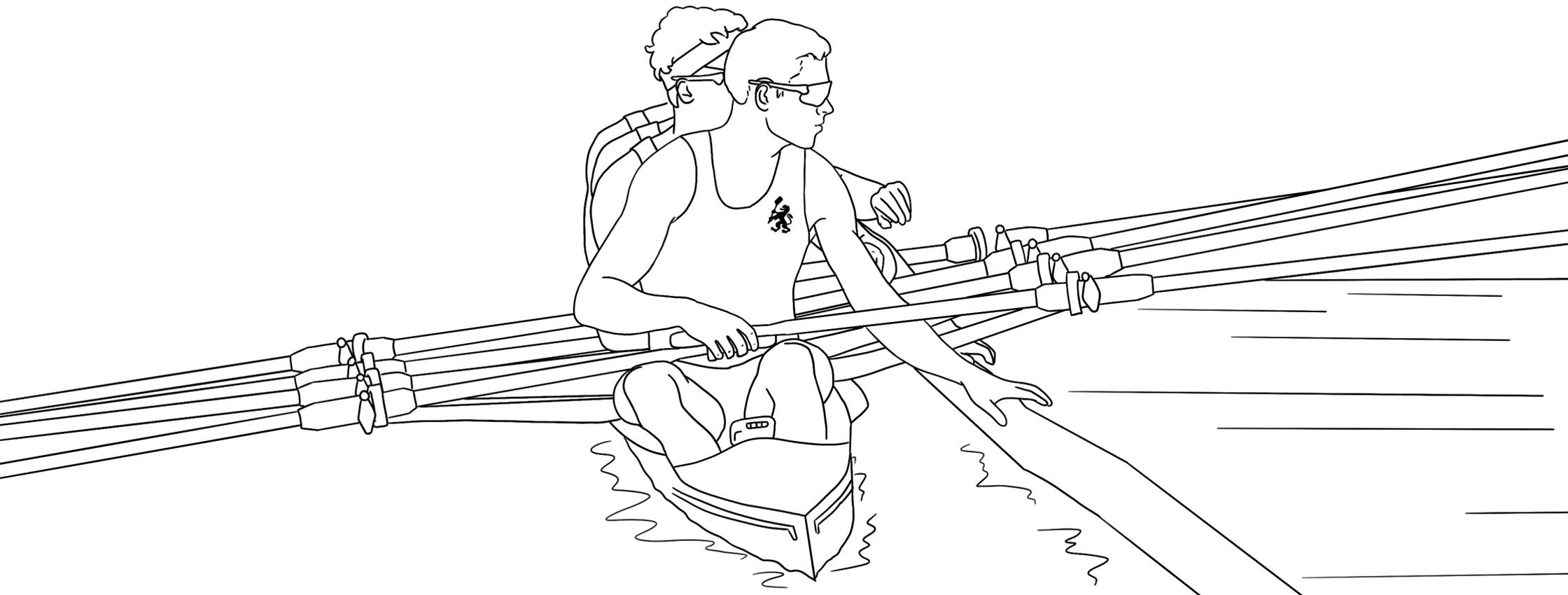
**2019 World Champions  
in the Women's Four**



**NETHERLANDS** 

**M4x**

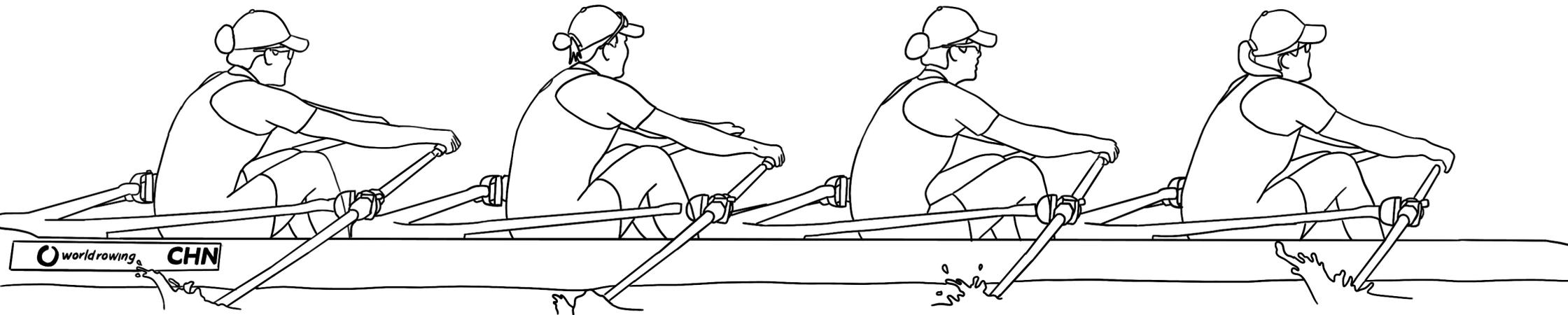
**2019 World Champions in  
the Men's Quadruple Sculls**



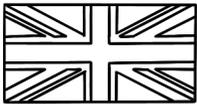
**CHINA** 

**W4x**

**2019 World Champions in the  
Women's Quadruple Sculls**

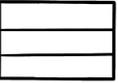




**GREAT BRITAIN**   
**PR3 Mix4+**

**2019 World Champions in the  
PR3 Mixed Coxed Four**



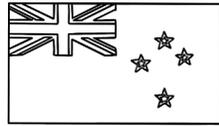
**GERMANY** 

**M8+**

**2019 World Champions  
in the Men's Eight**



**NEW ZEALAND**

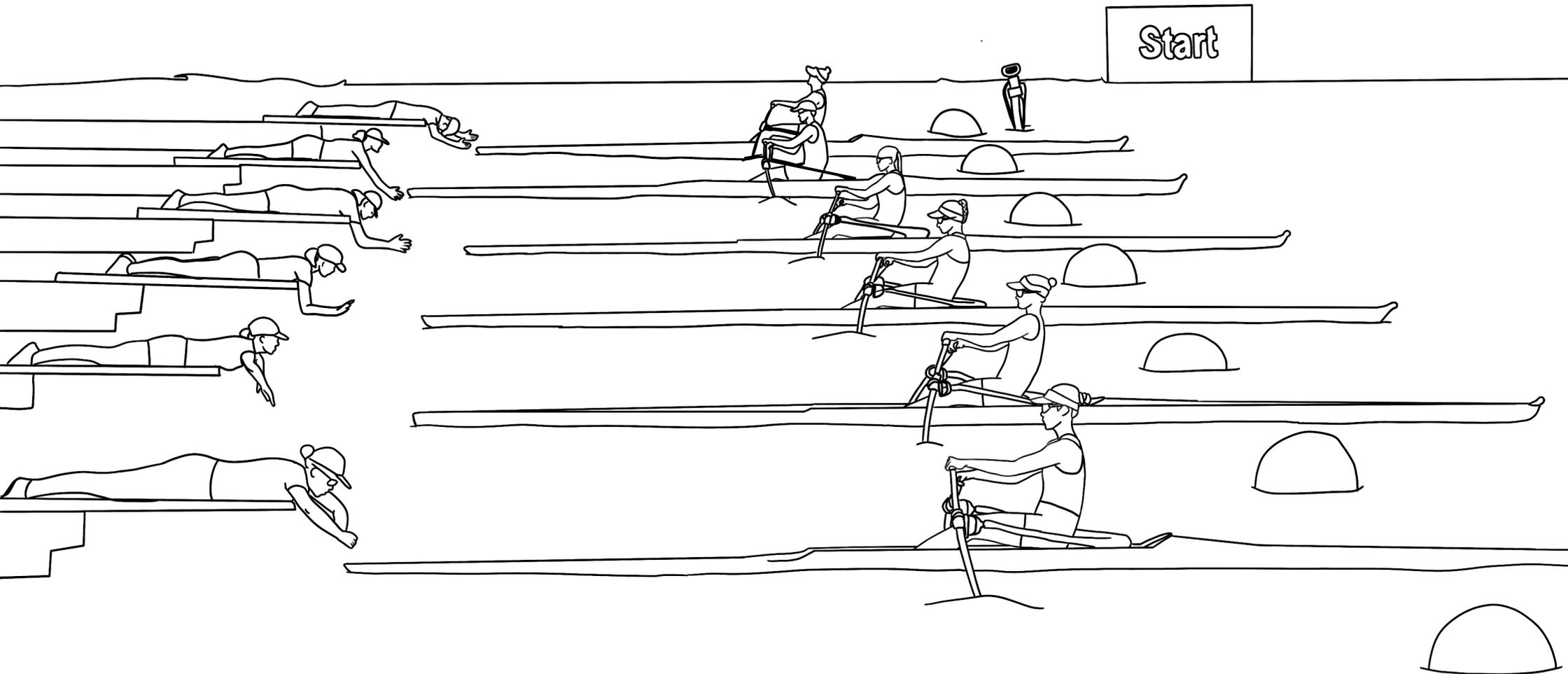


**W8+**

**2019 World Champions  
in the Women's Eight**



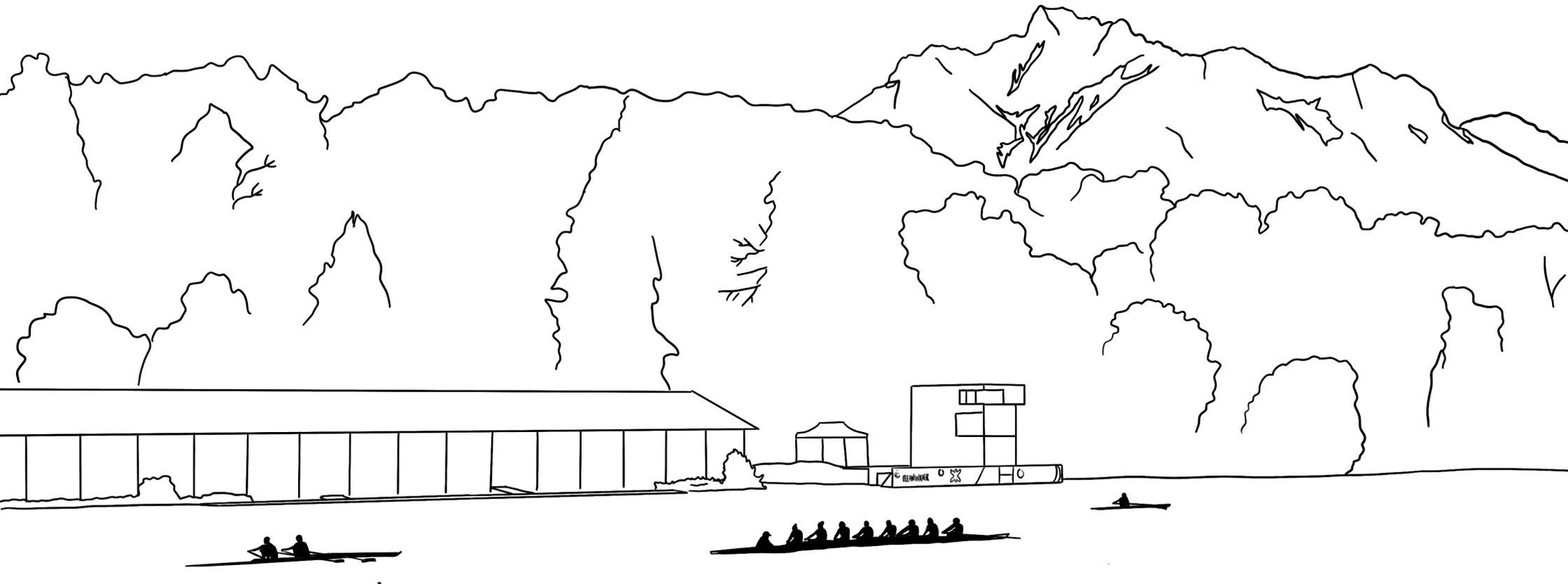
# FAIRNESS



# INCLUSIVENESS



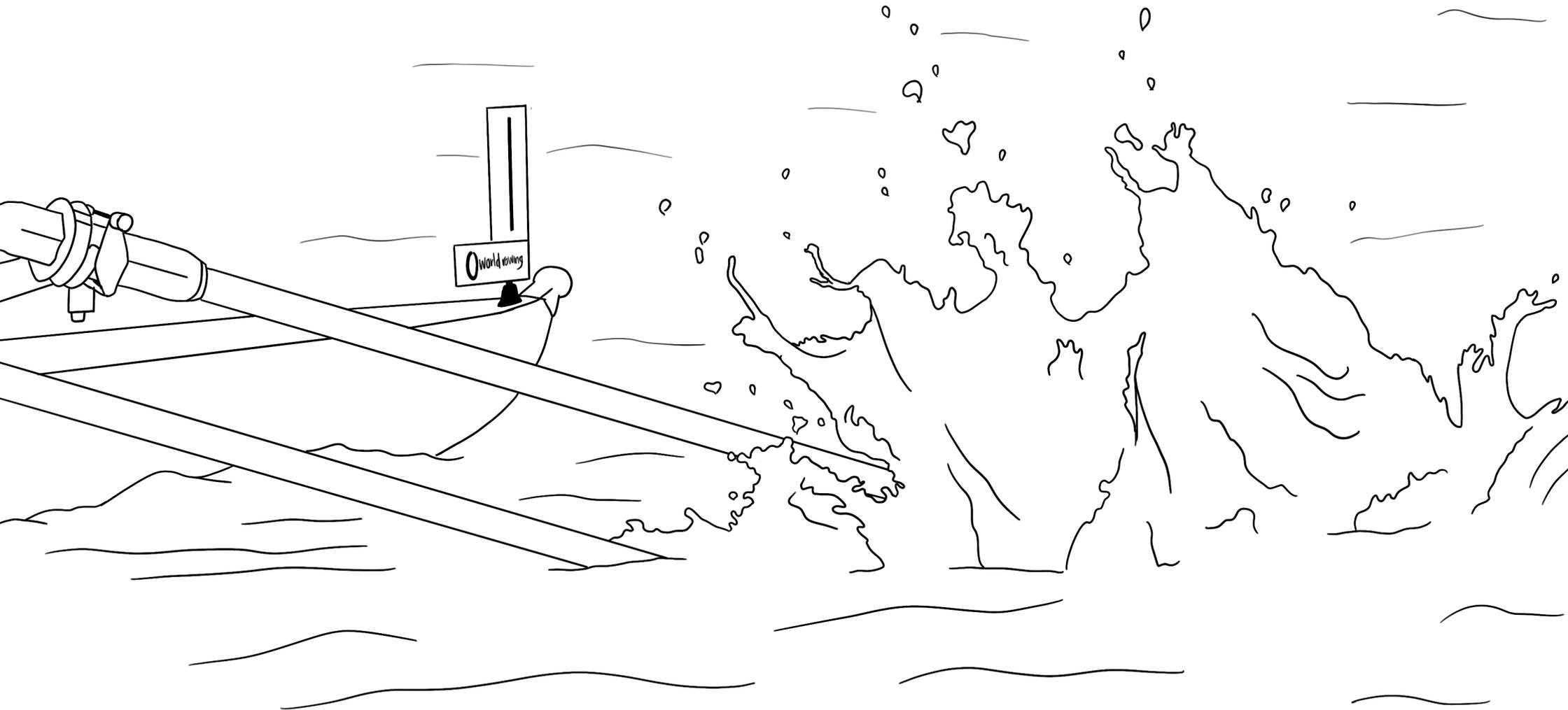
# SUSTAINABILITY



# TEAMWORK



# TIMELESS



# Word Search

**BOAT  
COXSWAIN  
DOUBLE  
EIGHT  
FOUR  
LIGHTWEIGHT  
OAR  
PAIR  
QUAD  
ROWING  
SCULLING  
SINGLE  
STROKE  
SWEEPING  
TOKYO  
WORLD CUP  
WORLD ROWING**

Q	P	X	Y	Q	C	M	S	G	G	V	K	E	U	T	H	O	N	M	D	A	C	A	N	T
D	F	T	K	O	B	C	E	N	B	G	C	H	T	B	C	E	Y	I	D	C	V	B	A	U
I	W	B	U	U	U	L	G	I	W	T	B	I	I	S	E	C	C	I	A	Q	X	O	Z	V
B	H	I	P	L	G	E	N	W	W	Y	W	W	Q	X	Z	S	R	R	I	W	B	B	W	L
Y	K	L	L	N	F	I	N	O	X	K	C	O	N	C	S	U	Y	S	J	M	S	C	R	D
E	E	I	I	M	H	G	L	R	J	A	M	R	R	S	C	Y	I	V	U	B	R	X	X	G
X	N	S	D	G	S	H	D	S	J	F	H	L	S	F	D	K	V	P	I	D	B	T	O	I
G	V	F	A	A	H	T	P	D	Z	W	X	D	Z	L	N	G	N	I	P	E	E	W	S	C
V	O	Y	U	R	V	T	Q	Z	G	G	B	C	P	U	V	W	T	W	G	A	G	S	B	Z
Q	F	U	Q	C	M	F	W	K	Q	Y	V	U	X	S	N	D	E	P	Z	G	E	N	V	O
J	D	N	W	H	Z	O	N	E	L	M	G	P	A	N	U	C	L	Q	L	H	T	E	L	L
Q	N	U	T	I	F	S	Y	V	I	M	W	E	M	Q	C	N	P	G	Z	C	H	Z	I	J
W	O	R	L	D	R	O	W	I	N	G	X	I	Z	M	H	Y	Z	I	Q	R	U	G	H	S
W	N	B	Z	R	S	R	Q	O	R	J	H	F	D	G	Y	O	X	V	A	I	R	A	Q	I
M	L	Q	N	L	G	O	D	Y	D	A	R	T	Q	H	F	O	A	R	H	O	O	I	O	F
F	P	T	X	N	Q	A	F	I	D	S	T	C	A	Y	S	O	W	S	S	E	Q	B	A	B
F	I	R	G	R	F	R	O	Y	A	O	C	C	R	M	W	F	Z	U	M	A	U	U	P	P
W	H	S	Y	R	O	C	P	S	N	L	D	M	G	R	P	V	F	C	U	J	O	G	T	T
L	R	H	X	L	O	Z	R	O	T	B	D	Q	S	S	R	T	J	I	P	W	O	D	O	V
J	U	K	K	Q	H	L	I	G	N	R	Q	A	M	A	T	D	B	Z	C	L	Z	K	Q	F
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S	G	G	H	H	L	F	D	R	U	O	F	W	M	W	B	R	D	O	U	B	L	E	P	C