

2020 Olympic Solidarity / FISA Training Camp and Olympic Rowing Qualification Regatta for the Americas, 28 March – 5 April 2020, Rio de Janeiro, Brazil.

Introduction

FISA and the Brazil Rowing Federation, supported by Olympic Solidarity, are hosting the **Olympic Rowing Qualification Regatta for the Americas** in Rio de Janeiro from 28 March – 6 April 2020. Prior to the regatta a training camp will be organised to prepare athletes and coaches.

Below qualification events are offered.

- Men's Single Sculls (M1x) Number of boat quota places available: 5
- Lightweight Men's Double Sculls (LM2x) Number of boat quota places available: 3
- Women's Single Sculls (W1x) Number of boat quota places available: 5
- Lightweight Women's Double Sculls (LW2x) Number of boat quota places available: 3

For more details on the qualification process please check:

http://www.worldrowing.com/mm/Document/General/General/13/08/07/Final-2019-02-25-Tokyo2020-QS-Rowing-eng_Neutral.pdf

We invite your teams to participate in this training camp and regatta.

Programme

The details for the Rowing training camp are as follows:

- Training camp before the event: 28 March to 1 April 2020
- Olympic Rowing Qualification Regatta for the Americas 2 to 5 April 2020
- Accommodation, meals, local transport and equipment (1x, 2x, limited to supported athletes) are provided during this period **for a maximum of 9 nights**
- FISA will invite coaching experts to supervise the activities.

Immediately following the Olympic Rowing Continental Qualification Regatta, the South American Rowing Championships will take place from 7 to 10 April 2020. All nations wishing to attend the South American Championships are responsible for all costs in Rio de Janeiro from 6 April 2020 onwards, but may request the return flight to be booked following the South American Championships.

Funding and extra costs

The programme has funding for a maximum of 2 athletes (1 male, 1 female), and 1 coach per nation.

Funded NFs will receive:

- Flight tickets (Economy fare) to Rio de Janeiro and back
- Airport pickup/drop off
- Accommodation in shared rooms
- Meals: breakfast, lunch, dinner
- Boats (limited to supported athletes and reserved on a first come, first served basis) (Countries are requested to bring their own sculls)
- Support from FISA and local coaches
- Participation in the Americas Olympic Continental Qualification Regatta
- A certificate for participation

For the rowers and coaches above the invited individuals (two athletes and one coach per NF), please observe the accommodation costs:

Category	Distance to venue	Room	Price full board *until 31/Jan/2020
I (4 star)	2,4km walking	Single	US\$ 115
		Twin	US\$ 85
		Triple	US\$ 80
I * (4 star) *pararowing	5km; 15´ by car 50m from metro station (15´ to venue)	Single	US\$ 120
		Twin	US\$ 90
II (3 star)	10km; 25´ by car 350m from metro station (20´ to venue)	Single	US\$ 80
		Twin	US\$ 65
		Triple	US\$ 60
		Quadruple	US\$ 55

Flights for extra individuals are also each NF responsibility.
Accident/Health insurance are mandatory and the responsibility of each National federation for the entire delegation.

Criteria

To be eligible to participate in the continental Olympic qualification regattas and the final Olympic qualification regatta, all athletes must comply with the provisions of the Olympic Charter currently in force, including but not limited to Rule 41 (Nationality of Competitors). See QUALIFICATION SYSTEM – GAMES OF THE XXXII OLYMPIAD – TOKYO 2020

http://www.worldrowing.com/mm//Document/General/General/13/08/07/Final-2019-02-25-Tokyo2020-QS-Rowing-eng_Neutral.pdf

Other Commitment to a training program and evidence of athletes and coaches participating in regular training.

Commitment of the team to keep training until the 2020 Tokyo Olympic Games.

Register for the training camp and regatta

Organising Committee:
Brazilian Rowing Federation <https://www.remobrasil.com>
Avenida Graça Aranha, 145, Sala 709
Centro, Rio de Janeiro, RJ – 20030-003
Telefone: (21) 2294-3342
Telefone: (21) 2294-0225
Celular: (21) 99198-2986
Segunda a sexta, das 9h às 18h
Contact persons:
Daniela Gomes at daniela.gomes@fisa.org
cc inscricoes@remobrasil.com

The Application Process

Please verify the participants Identity documents and/or Passport and regularly check your e-mails until everything is booked!

Step 1: Complete the OS FISA Application for 2020 Americas TC and OQR Rio and ask your NOC to confirm with a signature/stamp by email, **along with passport scans** of participants to FISA at daniela.gomes@fisa.org and to Olympic Solidarity at astrid.hasler@olympic.org

Deadline: Sunday, 26 January (see attachment 1)

Step 2: Submit the excel application form (including equipment request)

Deadline: Sunday, 26 January (see attachment 2)

Step 3: FISA confirms if your National Federation is eligible for development support

-Please check if your Federation has sent the athletes' test performance information

-Please check if your NF FISA Subscription Fee is paid to date

Step 4: FISA helps to book the flights for successful applicants (**see important notes below**).

Step 5: Training Camp and regatta in Rio de Janeiro:

The camp and regatta will be from **28 March – 5 April 2020**.

South American Rowing Championships will be from **7 to 10 April 2020**

Step 6: Follow up

FISA will invite the nations that qualified for the 2020 Tokyo Olympic Games to prepare for the Games.

Step 7: FISA will work with the other teams to prepare for the Final Qualification Regatta in Lucerne, Switzerland, from 17-19 May 2020.

IMPORTANT NOTES:

-If you require a VISA to enter Brazil, please click on the link for details:

<http://www.portalconsular.itamaraty.gov.br/vistos-para-viajar-ao-brasil>

-All costs in Rio de Janeiro from 6 April 2020 are at each National Federation's cost and should be paid upon arrival to the local organising committee*

(an option will be provided for teams to schedule a later return flight if their wish is to be able to compete in the South America Rowing Championships from 7th – 10th April 2020)

CALENDAR

Arrival:	28 March 2020
Camp:	28 March – 1 April 2020
FISA Olympic Qualification Regatta	2nd – 5th April 2020
South American Rowing Championships (National Federation cost*)	7th – 10th April 2020
Departure (possibility to schedule departure following the South American Rowing Championships)	5/6th April or 10/11th April 2020 The night of 5 April can be included if needed, after that night all costs are the responsibility of each National Federation

Nr of Nights for development support: 9 (28,29,30,31 March, 1,2,3,4,5 April)

TRANSPORT

An airport-hotel transfer service will be available for teams who booked their hotels via the Organising Committee. Teams booking own accommodation will not be provided airport transfers, local transport or boats.

LIABILITY

The participants are responsible for insurance costs of equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta. Please send a scan of your health/accident insurance to daniela.gomes@fisa.org

SAFETY

The ability to swim and tread water is fundamental for participants in a water sport such as rowing.

Capsizing in a rowing boat can be dangerous if athletes are not able to tread water, and coaches need to be prepared.

Prior to attending a FISA rowing camp, all rowers, other than those who are reliably known to be able to swim, need to have demonstrated to officials of their national rowing federation their ability to swim at least 50 meters either unaided or when wearing a buoyancy aid and tread water for at least five minutes. Similarly, all rowers other than those who are reliably known to have done capsize drills need to have completed a boat capsize recovery exercise.

Swimming tests and capsize drill must be conducted in swimming pools with at least two lifeguards in attendance. FISA recommends that you contact your national swimming federation to ask for guidance, if needed. Swim tests should never be conducted in open water. Each National federation is requested to be able to certify the swimming ability for each rower presented for participation at a FISA training camp or activity.

It is recommended that Federation members carefully read the British Rowing guidance on Swimming Competence that can be found in Section 3.6 of RowSafe, available in the following link

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

WEATHER

The past average weather conditions in Rio de Janeiro in April are as follows:

Average daily maximum air temperature (°C)	28°C	Predominant wind direction	E
Average daily minimum air temperature (°C)	18 °C	Average wind speed	2 m/s
Average relative humidity (%)	80 %	Maximum wind speed	6 m/s
Average monthly rainfall (mm)	130 mm		

FISA Rules of Racing: <http://www.worldrowing.com/fisa/publications/rule-book>

If one of your athletes is a lightweight athlete, please read the lightweight protocol as under Section-4, Rule 31 of the FISA rules. Kindly acknowledge that all the participating athletes have their pre-competition Health Screening done as under Part VII, Rule 99 By-Law 1 of the FISA rules.