

2020 FISA Training Camp and Paralympic Rowing Qualification Regatta for the Americas, 28 March – 5 April 2020, Rio de Janeiro, Brazil.

Introduction

FISA and the Brazilian Rowing Association are hosting the **Paralympic Rowing Qualification Regatta for the Americas** in Rio de Janeiro from 28 March – 5 April 2020. Prior to the regatta a training camp will be organised to prepare athletes and coaches.

Below qualification events are offered.

Events	Quotas
PR1 Men's Single Sculls (PR1 M1x)	1
PR1 Women's Single Sculls (PR1 W1x)	1

Please note that crews that finish in second or even in third place may still be able to qualify for the 2020 Tokyo Paralympic Games. For more details on the qualification process please check:

Paralympic Games Qualification:

http://www.worldrowing.com/mm/Document/General/General/13/82/08/ParalympicGames2020QualificationGuide-Rowing_Neutral.pdf

We invite your teams to participate in this training camp and regatta.

Programme

The details for the training camp are as follows:

- Training camp before the event: **28 March to 1 April 2020**
- Paralympic Rowing Qualification Regatta **2 to 5 April 2020**
- Accommodation, meals, local transport and equipment are provided during this period for a maximum of 9 nights
- FISA will invite coaching experts to supervise the activities.

Funding* (note 1)

The programme has funding per NF for a maximum of:

Paralympic team

Maximum 3 people:

- One coach
- Two athletes: one PR1 male and one PR1 female athlete

Funded Athletes will receive:

- Airfare Contribution of maximum US\$500 per person (Economy fare tickets)

The contribution is offered on an "up to" basis; in case the National Federation decides to take a less convenient, i.e. cheaper flight with more connections and/or longer connecting times, which would cost less than the offered contribution, the actual amount of the airfares will be paid as per the presented receipt;

The contribution may be reimbursed to the National Federation based on a provision of an Invoice with the related scans of the receipt(s) within 20 days of the request for payment.

If requested by the National Federation (NF), FISA may book the flights and further invoice the respective NF for the amounts that exceed US\$500 per person.

- Airport pickup/drop off
- Local transport
- Accommodation in shared rooms
- Meals: breakfast, lunch, dinner
- Boats and equipment during the training camp and regatta* (note 2)
(Countries are requested to bring their own sculls)
- Support from FISA and local coaches
- Participation in the Paralympic Qualification Regatta
- A certificate for participation

*NOTE 1: There are limited spaces for funding. FISA selects the teams which will be funded. Only complete applications will be taken into consideration.

*NOTE 2: Teams who are working with boat providers already are advised to continue to discuss with them directly. Duplicate requests for equipment by teams with multiple boat builders will result in the national federation being removed from FISA development support for one year.

Costs for extra people

For the rowers and coaches above the invited individuals (two athletes and one coach per NF), please observe the accommodation costs, specifically the *para-rowing option:

Category	Distance to venue	Room	Price full board <i>*until 31/Jan/2020</i>
I (4 star)	2,4km walking	Single	US\$ 115
		Twin	US\$ 85
		Triple	US\$ 80
I * (4 star) *pararowing	5km; 15' by car 50m from metro station (15' to venue)	Single	US\$ 120
		Twin	US\$ 90
II (3 star)	10km; 25' by car 350m from metro station (20' to venue)	Single	US\$ 80
		Twin	US\$ 65
		Triple	US\$ 60
		Quadruple	US\$ 55

Flights for extra individuals are also each NF responsibility.

Accident/Health insurance are mandatory and the responsibility of each National federation for the entire delegation.

Criteria

To be eligible to participate in the qualification regattas and the final Paralympic qualification regatta:

- **Only for PR1 athletes:** athletes that mainly use their arms and shoulders to row. See links below for more information
- evidence of athletes and coaches participating in regular training.
- evidence that athletes are selected following a clear selection procedure
- commitment of the team to keep training until the 2020 Tokyo Paralympic Games.

Links

- General: <http://www.worldrowing.com/para-rowing/>
- Information Sheet Classification: http://www.worldrowing.com/mm/Document/General/General/12/68/56/FISAClassificationInformationSheet_Neutral.pdf

Register for the regatta

Organising Committee:

Brazilian Rowing Federation <https://www.remobrasil.com>

Avenida Graça Aranha, 145, Sala 709

Centro, Rio de Janeiro, RJ – 20030-003

Telephone: (21) 2294-3342

Telephone: (21) 2294-0225

Mobile: (21) 99198-2986

Monday to Friday, from 9h to 18h

OC Contact: inscricoes@remobrasil.com

FISA contact person:

Daniela Gomes at daniela.gomes@fisa.org

Tel: +351 91 9401718

The Application Process

Step 1: Send a written confirmation to FISA and the OC daniela.gomes@fisa.org and inscricoes@remobrasil.com including

- Completed application for 2020 Americas Para Rowing Training Camp and PQR Rio. Needs to be signed and stamped by your National Paralympic Committee. See attachment 1.
- Submit the excel application form (including equipment request). See attachment 2.
- Passport scans of the athletes and coaches to be funded
- The training programme of the athletes with testing results from past three months.
- Selection document of your national team
- Accident/Health insurance athletes-coaches to cover their stay in Brazil

Deadline: 26 January 2020. Only complete applications will be taken into consideration.

Step 2: Classification of eligible athletes.

Identify PR1 athletes and interested coach(es). If you already have PR1 athletes, prepare them for the training camp and regatta.

If your athlete is not internationally classified yet, you must upload the medical documentation (listed below) required for classification by the deadline below.

Deadline to upload medical documentation for this classification panel is 16 February 2020

- FISA Medical Diagnostics Form (for physically impaired) which can be found at <http://www.worldrowing.com/para-rowing/>
- Mandatory additional supporting documentation. This varies based on the impairment of the athlete. The details on this can be found on page 2 of the FISA Medical Diagnostics Form within the 'Impairments' chart, under the heading "Additional supporting tests/documentation."

NOTE: The medical forms need to be filled in by a registered licensed physician.

FISA Diagnostics Forms and supporting medical documents need to be uploaded to the FISA RowingTwo database. Each National Federation has a login for this. Please check with your National Federation administrator to obtain the login.

For questions about classification, please contact: classification@fisa.org

Step 3: FISA confirms if your National Federation is eligible for development support

- Please check if your NF's FISA Membership Fees are paid to date
- Please check if any outstanding debts are paid to date

Step 4: FISA liaises with NF to book the flights for successful applicants.

Step 5: Training Camp and regatta in Rio:

The camp and regatta are held from **28 March – 5 April 2020 (max 9 nights accommodation support)**

Step 6: Follow up

FISA will invite the nations that qualified for the 2020 Tokyo Olympic and Paralympic Games to prepare for the Games.

IMPORTANT NOTES:

-If you require a VISA to enter Brazil, please click on the link for details:
<http://www.portalconsular.itamaraty.gov.br/vistos-para-viajar-ao-brasil>

-All costs in Rio de Janeiro from 6 April 2020 are at each National Federation's cost and should be paid upon arrival to the local organising committee.

CALENDAR

Arrival:	28 March 2020
Camp:	28 March – 1 April 2020
FISA Paralympic Qualification Regatta	2nd – 5th April 2020
Departure	Evening of 5 April or 6 April 2020

TRANSPORT

An airport-hotel transfer service will be available for teams booked via the Organising Committee. To secure a pickup from the airport, teams must confirm their arrival and departure times to: daniela.gomes@fisa.org
cc inscricoes@remobrasil.com

LIABILITY

The participants are responsible for insurance costs of their own equipment and persons. The Organising Committee declines all liabilities for all kinds of damage in the area of the regatta.

SAFETY

The ability to swim and tread water is fundamental for participants in a water sport such as rowing. Capsizing in a rowing boat can be dangerous if athletes are not able to tread water, and coaches need to be prepared.

Prior to attending a FISA rowing camp, all rowers, other than those who are reliably known to be able to swim, need to have demonstrated to officials of their national rowing federation their ability to swim at least 50 meters either unaided or when wearing a buoyancy aid and tread water for at least five minutes. Similarly, all rowers other than those who are reliably known to have done capsize drills need to have completed a boat capsize recovery exercise.

Swimming tests and capsize drill must be conducted in swimming pools with at least two lifeguards in attendance. FISA recommends that you contact your national swimming federation to ask for guidance, if needed. Swim tests should never be conducted in open water. Each National federation is requested to be able to certify the swimming ability for each rower presented for participation at a FISA training camp or activity.

It is recommended that Federation members carefully read the British Rowing guidance on Swimming Competence that can be found in Section 3.6 of RowSafe:

<https://www.britishrowing.org/wp-content/uploads/2018/10/Row-Safe-April-2018.pdf>

WEATHER

The past average weather conditions in Rio de Janeiro in April are as follows:

Average daily maximum air temperature (°C)	28°C	Predominant wind direction	E
Average daily minimum air temperature (°C)	18 °C	Average wind speed	2 m/s
Average relative humidity (%)	80 %	Maximum wind speed	6 m/s
Average monthly rainfall (mm)	130 mm		

PRE-COMPETITION HEALTH SCREENING

Please acknowledge that all the participating athletes have their pre-competition Health Screening done as under Part VII, Rule 99 By-Law 1 of the FISA rules.

ANTI-DOPING

Please be updated with the latest rules on anti-doping. Doping tests will be conducted at the event.

FISA RULES of RACING

Please be aware that your team needs to follow the official FISA Rules of Racing. These are available at: <http://www.worldrowing.com/fisa/publications/rule-book>

This means teams are responsible for:

- Official racing uniforms
- Rowing oars with the official design of their nation on it: <https://bit.ly/2KimD0g>
- Boat weigh-in procedure
- Correct equipment: straps, seat, safety release
- Be present at all team managers meetings
- Etc.

Application Checklist

Make sure you provide all documents below when submitting your application

If any of the mandatory documents are missing after the deadline, the application will not be considered.

- Application letter signed and stamped by your NPC ([See attachment 1](#)).
- Excel application form ([See attachment 2](#)).
- Passport scans of the athletes and coach to be funded
- The training programme of the athletes
- Selection document of your national team
- Accident/Health insurance athletes-coaches to cover their stay in Brazil

Please send the application + these supporting documents to daniela.gomes@fisa.org cc inscricoes@remobrasil.com before **26 January 2020**.