



BRITISHROWING

# The Impact of US Based College Rowers on a National Programme

A GB Perspective

TEAMWORK | OPEN TO ALL | COMMITMENT

# How big is it?

For GB TODAY

- **86** GB rowers in **US** based universities  
(that I know of)
- **18** women's programmes
- **12** men's programmes
- **22** different programmes
- Yale **(20/12/8)**



# Where are we in 2019?

## Some facts

- **Global Education opportunities (AUS/NED/?)**
- **Numbers involved increasing**
  - Autumn 2019 = 45 Men, 41 Women
- **Line in the sand each year NCAA's/IRA's**
  - 7-8 weeks until the U23s
  - Henley Royal Regatta
- **19/46 US Based Openweight Rowers/Coxes in 2019 U23 Team, 18 won medals**
- **39 medal winning athletes (from 46)**



# Some Timelines

## How has it evolved for GB?

- **2009** opened it up for **U23s** to be eligible
- **2015** first senior team member (**W 4-**)
- **2016** included athletes in **FISU Team**
- **2017** first senior **Olympic Class** boat while still studying in **US (M 2-)**
- **2017** first **U23** sculling medal (**M 2x, W 4x**)
- **2018** **U23 W 2x** then became **Senior W 2x**
- **2019 Senior Team**
  - 4 Men Sweep (4 medals)
  - 0 Men Scullers
  - 4 Women Sweep (0 medals)
  - 1 Women Scull (0 medals)



# 2009 onwards

Year	Men	<b>M</b> (Medals)	Women	<b>W</b> (Medals)	Total	<b>Medals</b>
<b>2009</b>	3	1	1	1	4	2
<b>2010</b>	4	4			4	4
<b>2011</b>	4	3	1		5	3
<b>2012</b>	3	3	1		4	3
<b>2013</b>	5 + COX	0	2	2	8	2
<b>2014</b>	6	0	2	2	8	2
<b>2015</b>	4	2	5	5	9	7
<b>2016</b>	8	8	8	4	16	12
<b>2017</b>	10	10	7	2	17	12
<b>2018</b>	7	7	9	5	16	12
<b>2019</b>	9 + COX	8	9	9	19	18



# Strengths and Weaknesses

## Strengths/Benefits/Opportunities

- **Competitive team training environment in large groups**
- **Great competition experiences, particularly for females (Title IX)**
- **Crew boat experiences**
- **Access to rowers from beginning of June v UK based rowers from beginning of July**
- **Blade skills & technical coaching**
- **The athlete grows as a person**



# Strengths and Weaknesses

## Weaknesses/Negatives/Challenges

- **US college programme goals are not always aligned to national team goals**
- **LTAD – Lack of S & C in their training**
- **Model of training often different**
- **Off the water during the winter**
- **Lure of internships and lost to the sport**
- **Perception of US based rowers by UK based coaches and rowers**
- **Often an extension of our school programmes**



# Some thoughts on how to manage the situation

## Evolution

- **Build Relationships & Partnerships**
- **Good regular Communication**
- **Visits**
- **Manage expectations**
  - Scale
  - Post Graduation
- **Educate the athletes of the trials process**
- **Filter out the good ones early**
- **Understand that there will be GAPS in their profiles, recognise and identify these**
- **Recognise what condition they are in when they come back?**
  - Mentally and Physically
- **Do they need to be the complete athlete while in the US?**
- **Get the right ones back!**



# Any Questions



Questions?



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