



## **2019 World Rowing Coastal Championships**

*Hong Kong, China*

**1st – 3rd November, 2019**

### **Crew Captains Manual**

## **WELCOME TO HONG KONG!**

It is our great pleasure to welcome the world of coastal rowing to the Hong Kong Special Administrative Region of the Peoples Republic of China!

Hong Kong, despite being one of the most densely populated regions on earth, is surrounded by water and provides some spectacular coastal rowing adventure opportunities. One of these is the iconic Victoria Harbour, with its amazing surrounding city-scape, and it is here, in the very heart of the city, that competitors in the 2019 World Rowing Coastal Championships will compete, will forge new international friendships and will experience the unique attractions which Hong Kong has in abundance.

Welcome to Hong Kong!

Organising Committee of the  
2019 World Rowing Coastal Championships



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## I. Organization

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### 1. Hong Kong, China Rowing Association

Chairman	:	Mr. Mike TANNER, MH	
Vice Chairman	:	Mr. CHEUNG Kwok Fai	
	:	Mr. NG Kong Wan	
Company Secretary	:	Mr. Anthony ROGERS, GBS, QC, JP	
Executive Director	:	Ms. Annie LAM	
Address	:	No. 27 Yuen Wo Road, Sha Tin, New Territories, Hong Kong	
Tel	:	(852) 2699-7271	
Fax	:	(852) 2601-4477	
Email	:	hk cra@rowing.org.hk	
Website	:	www.rowing.org.hk	

### 2. Organizing Committee

Chairman	:	Mr. Mike TANNER, MH	
Secretary	:	Mr. Thuan TRAN	
Vice-Chairman	:	Mr. NG Kong Wan	
	:	Ms. HO Kim Fai, Fay	
	:	Mr. Mark WELLES	
Financial Controller	:	Mr. Koichi OHIRA	
Legal Advisor	:	Ms. Olivia LEUNG	
Safeguarding Advisor	:	Ms. LAU Yin Ling	
Members	:	Mr. Allan BELL	Mr. Robert STONELEY
	:	Mr. CHEUNG Wai Lun, Warren	Ms. Madison WAI
	:	Mr. CHOW King Fun, Edward	Ms. WONG Yun Yun, Joyce
	:	Mr. Stephen HAY	Mr. YAU Chi Choi, Daniel
	:	Mr. NG Wing Ning, Victor	Ms. YEUNG Yuk Man, Vick
	:	Ms. Isa SCHEUNPFLUG	
Working Group Members	:	Mr. LI Tze Wan, Steven	
	:	Mr. LEE Tin Fan, Paul	
	:	Ms. Kata CHAN	

Address : No. 27 Yuen Wo Road, Sha Tin, New Territories, Hong Kong  
Email : info@wrcc2019.com  
Website : [www.wrcc2019.com](http://www.wrcc2019.com)

### 3. Race Officials

Race Director : Mr. NG Wing Ning, Victor HKG

#### *International Jury (ITOs)*

President of Jury : Mr. SENDA Takao JPN  
Jury Members : SIU Kin Wah HKG  
: SMITH Gregory Edward AUS  
: NEIRINCKX Chantal BEL  
: CASTRO GOMEZ Miguel CUB  
: HAAGENSEN Kasper DEN  
: GUTIERREZ PRAENA Daniel ESP  
: BOREL Régis FRA  
: HELM Ben GBR  
: PANKATZ Daniel GER  
: HAN Kyunghwan KOR  
: DAUKANTAS Edmundas LTU  
: WIDUN Anna POL  
: HERRERO III Ismael PUR  
: HAMMAMI Aymen TUN  
: TIERNEY Drew NZL

*Safeguarding Officer* : Hannah EVERY-HALL AUS  
LAU Yin Ling HKG

### *National Technical Officials (NTOs)*

NTO Liaison	: Candy WONG	
NTOs	: CHAN Sheung Yu	LI Wai Lam
	: CHAU Bentley	LO Tze Yang
	: CHEUNG Kwok Keung	NG See Hung
	: CHO Ming Kiu	TABATA Yoshihiko
	: CHUM Pong Ching	TANG Tik
	: HON Siu Na	WIESNER Jens
	: KUMAMOTO Koji	WONG Hang Tim
	: KWAN Ka Chung	WONG Kar Man
	: LAM Ho Kwan	WRAY Elizabeth
	: LAU Sui Tung	YAMAZAKI Kanako Cathy
	: LEUNG Lai King	YU Tak Fai
	: LEUNG Ying Kit	CHAN Sheung Yu

#### 4. Race Management Responsibilities (Organising Committee):

Race Director	: NG Wing Ning, Victor
Race Operations	: Toby CHENG
Rental Boat Pool	: NG See Hung
Chief Press Officer	: Madison WAI
Volunteers	: Daniel YAU
Safety Advisors	: Gary MEACHAM
	: WONG Man Wai, Benjamin
Team Hospitality	: YEUNG Yuk Man, Vick
Executive Director	: Annie LAM

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## II. General Information of Hong Kong

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### 1. Emergency Telephone Numbers

Emergency (police, fire, ambulance): 999

### 2. Rescue/ Medical and First Aid Services

Rescue services : Hong Kong Life Saving Society

Medical services : Auxiliary Medical Services

### 3. Nearest Hospital

Ruttonjee Hospital (24-Hour Accident and Emergency Service)

Tel: (852) 2291 2222

Address: 266 Queen's Road East, Wan Chai, Hong Kong

Website: <http://www.ha.org.hk/rtskh>

### 4. Local Clinics & Dental Clinics

#### *Local Clinics*

St. Paul's Hospital (24-hour general outpatient services) - Tel: (852) 2830 8774

Quality HealthCare Medical Centre - Tel: (852) 2890 3118

TY Medical Practice - Tel: (852) 2836 6288

#### *Dental Clinics*

Quality HealthCare Dental Centre - Tel: (852) 2891 3113

DSC Dental Surgeons - Tel: (852) 2838 7117

### 5. Weather and Tide in November

Sunrise / Sunset	: 6:30am / 5:45pm
Average daily air temperature	: 22.9°C
Average daily max & min air temperature	: Maximum: 24.8°C / Minimum: 21.4°C
Average relative humidity	: 78%
Average monthly rainfall	: 73.4 mm
Average wind speed of the prevailing wind	: 7.5m/s
Direction of prevailing wind	: North

Tidal current pattern Victoria Harbour	: south-east to north-west on the rise : north-west to south-east on the ebb of tide.
Hong Kong Tidal Stream Prediction System	<a href="https://current.hydro.gov.hk/en/map.html">https://current.hydro.gov.hk/en/map.html</a>
Real Time Tide Victoria Harbour	<a href="https://tide1.hydro.gov.hk/hotide/en/main.php?loc=qub">https://tide1.hydro.gov.hk/hotide/en/main.php?loc=qub</a>
Sunrise and Sunset	<a href="#">0627; 1745</a>

## 6. Currency and Money Exchange

The currency in Hong Kong is Hong Kong Dollar (HKD) which is pegged to the US dollar at a rate of about 7.80 HKD to 1 USD. Money changers and automated teller machines can be found in Hong Kong International Airport and in many locations in the City.

## 7. Octopus Card

The Octopus card is a stored value card that can be used on most public transport in Hong Kong (including Airport Express, MTR, ferries, buses and trams).

Payment for food and beverage within the Royal Hong Kong Yacht Club by visiting teams should also be made with Octopus card and showing your accreditation card (no cash is accepted in RHKYC).

“Sold Tourist Octopus” is designed for visitors to Hong Kong. It costs HK\$39 (~US\$5) without initial stored value (to be added and topped up by user) and no deposit is required. Remaining value can be refunded but the Octopus card will be deactivated. They are available at the airport: MTR Airport Express Counter, 7-Eleven or China Travel Service (Counter A4, Arrival Hall, Terminal 1), or at any 7-Eleven or Circle K Stores in Hong Kong.

The alternative is local Octopus Card which requires HK\$50 deposit but deposit is fully refundable. Before departing Hong Kong, visit any MTR Customer Service Centre (there is a Centre at the Arrivals Level of Hong Kong International Airport) to request a refund of the remaining value on your Octopus card. A refund handling fee of HK\$9 will be levied if it is returned within 90 days after the date of issue.

Refer to online information about Octopus Cards –

<https://www.nextstophongkong.com/hong-kong-octopus-card-smartcard>

**NOTE:** It is not possible to top up your Octopus Card at RHKYC, so please top up whenever necessary before arriving at the venue.

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### III. Competition Venue

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#### 1. Location

The competition venue will be Victoria Harbour with the Race Village at the Royal Hong Kong Yacht Club in Causeway Bay (**Annex 1**). This was also the venue of the 2018 Asia Rowing Coastal Championships.

Address: Royal Hong Kong Yacht Club (RHKYC), Kellett Island, Causeway Bay, Hong Kong.

#### 2. Access to the competition venue

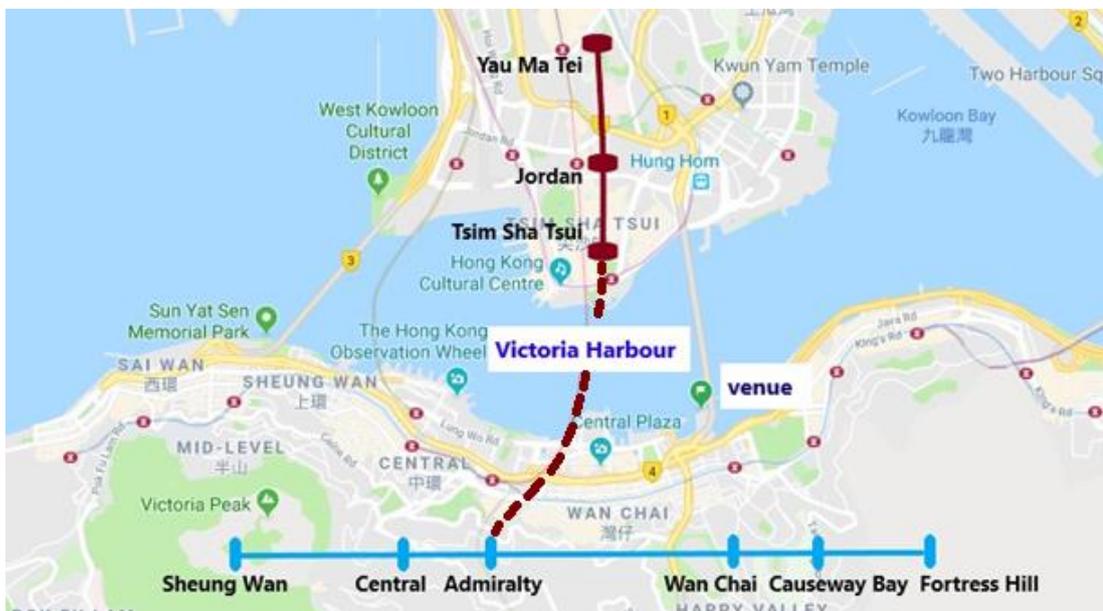
Public transport can be taken to bring you within walking distance of the competition venue. In addition, taxis are convenient and relatively inexpensive.

##### *Walking*

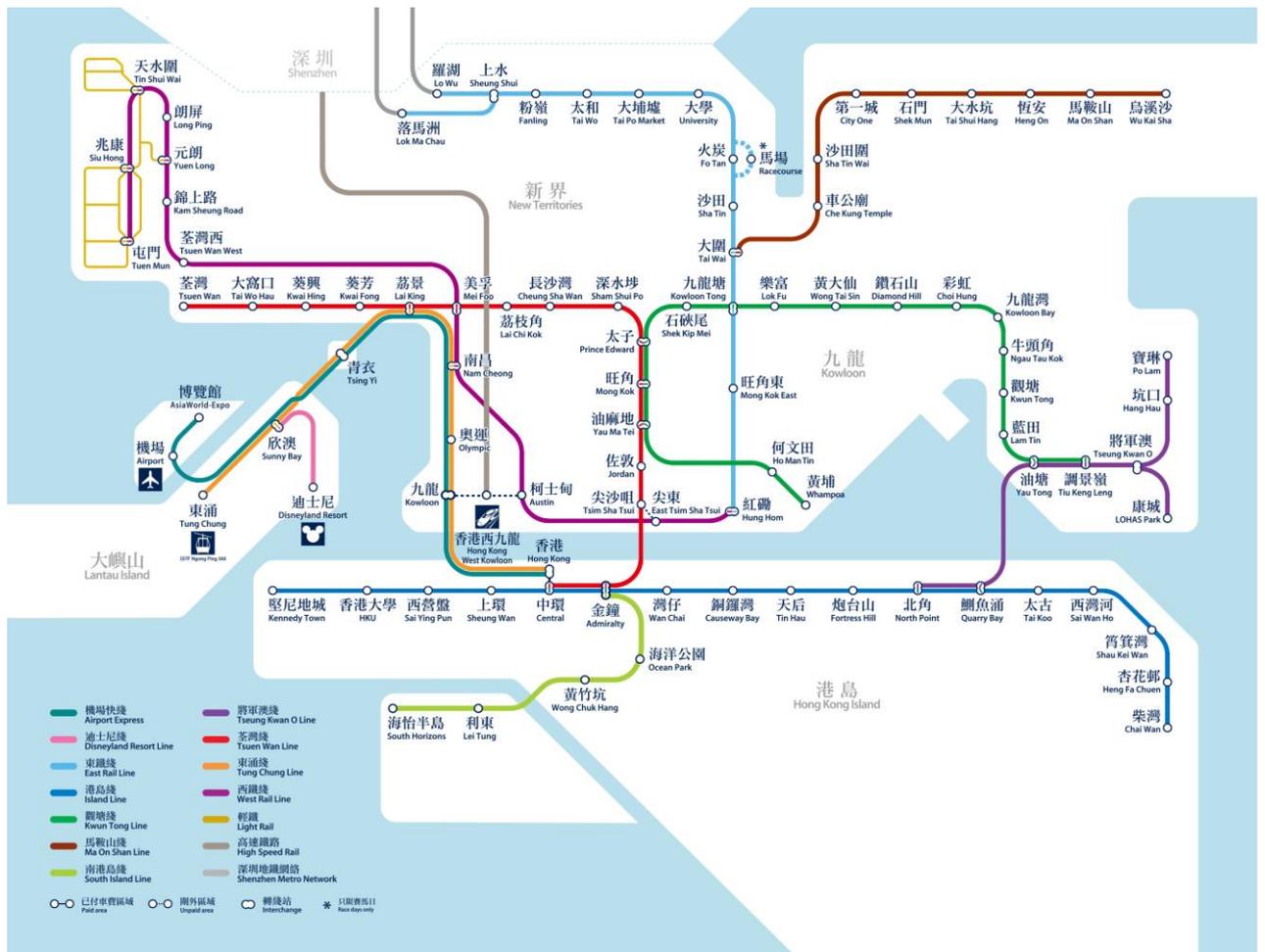
The venue is located at the harbourfront in Causeway Bay. It is within easy walking distance from Causeway Bay, Wan Chai and Fortress Hill. (**Annex 2**)

##### *MTR*

The closest MTR (metro) station to the venue is Causeway Bay. MTR lines cover most parts of Hong Kong. It is easy and convenient to explore the city with the MTR. You can plan your trip easily by using the [Train Trip Planner](#).



Source: Google map



## Taxis

[Taxi Fare in Hong Kong](#) is based on the distance travelled together with any waiting time incurred while the taxi is hired. All taxis are metered and only the meter fare should be paid. Taxis are relatively cheap and although normally plentiful, it can sometimes be difficult to get a taxi during rainy days. Visitors should note that ride hiring services such as Uber, Didi Chuxing and Grab are not legally recognised in Hong Kong. Visitors are recommended to only use official taxis.

## Public Buses

Hong Kong bus services provide a convenient and inexpensive transport option. Plan your route by using [Route Search](#).

**NOTE:** Prepaid Octopus Cards are accepted on all modes of public transport except taxis.

### 3. Internet and WiFi

Free Wi-Fi is available at the RHKYC venue (Wi-Fi network: RHKYC member). In addition free public Wi-Fi is available in many major shopping centres and other public facilities throughout Hong Kong.

### 4. Food and beverage

No outside food and beverage is allowed in the RHKYC venue. Food and beverage, including breakfast, are available for purchase. Please see information at the Race Information Desk for RHKYC restaurant hours or check it out on [RHKYC official website](#). Payment should be made by Octopus card (please refer to section on Octopus Card) which will be accepted in RHKYC upon showing your 2019 WRCC accreditation card. Cash is NOT accepted. There are many restaurants in nearby areas which accept cash and credit cards.

### 5. Bag Drop and Lost & Found

Bag Drop and Lost & Found counter is open during official venue hours and will be located in the area by the side of swimming pool. Teams are encouraged to leave all bags at the Bag Drop each day and not to leave belongings unattended. All bags must be collected each day before venue closing. The Organizing Committee will not take responsibility for any bags left overnight.

### 6. Changing Rooms, Showers and Toilets

These are located in the main RHKYC building. All WRCC participants are reminded to keep these areas clean and tidy and to respect the use by Club members. Lockers are restricted for Club members only. WRCC participants should use the Bag Drop for safe keeping of belongings.

### 7. FISA Office and OC Office

The FISA and OC offices are located in the Regatta Rooms.

### 8. Doping Control

The Doping Control Centre is located in the Squash Court area at the Annex Building

## IV. Competition Information

### 1. Competition Dates

1<sup>st</sup> – 3<sup>rd</sup> November, 2019 (Competition Days)

4<sup>th</sup> November, 2019 (Reserve Day)

### 2. Venue Opening Hours

29<sup>th</sup> Oct: 2:00pm – 5:30pm

30<sup>th</sup> Oct: 8:00am - 6:00pm

31<sup>st</sup> Oct: 8:00am – 6:00pm

1<sup>st</sup> Nov: 7:00am – 6:00pm

2<sup>nd</sup> Nov: 7:00am – 6:00pm

3<sup>rd</sup> Nov: 7:00am – 6:30pm

### 3. Provisional Schedule (Annex 3)

Date	29/10 (Tue)	30/10 (Wed)	31/10 (Thu)	1/11 (Fri)	2/11 (Sat)	3/11 (Sun)	4/11 (Mon)
Venue Open	✓	✓	✓	✓	✓	✓	✓
Arrival & Check-in	✓	✓					
Crew Registration	✓	✓	✓				
Boat Rental and Training Schedule Allocation	✓	✓	✓				
Course Open for Training*		✓	✓	✓			
International Jury Meeting			✓				
Crew Captains' Meeting				✓			
Opening Ceremony		✓					
Heats				✓	✓		
Finals						✓	
Victory Ceremonies, Medal Ceremonies & Closing Ceremony						✓	
Celebration Party						✓	
Reserve Day							✓

*\* Training outings will be by booking scheduled times for each crew*

#### 4. Events

Men (3)	: CM1X, CM2X, CM4X+
Women (3)	: CW1X, CW2X, CW4X+
Mixed (1)	: CMix2x

#### 5. Registration Deadline

Crews are required to confirm their entries at Registration Desk at the venue by 5:00 p.m. Thursday 31<sup>st</sup> October 2019. Any crew who has not confirmed their entry by that time may be assumed to be not competing and may be removed from the Draw.

*Note 1: The FISA Commitment Form must be completed by all athletes, coxswains and team officials. Please submit it to the FISA representative at the Regatta Registration desk in Hong Kong.*

*Note 2: If any crew withdraws later than 3 hours before the draw until the end of the regatta (except for medical reasons), it will be subject to penalty in accordance with FISA rules.*

*Note 3: TRAINING SESSIONS*

*Please note that each crew is permitted to have 2 hours of training only at those times designated for different boat types on the Provisional Programme. Normally these two hours would be one hour each on any two training days.*

*Training sessions are available on 30 OCT, 31 OCT and morning of 1 NOV (see Provisional Programme).*

*Booking of training times and pool boats should be made immediately following your accreditation and registration when you first arrive at the venue. Training time slots will be allocated on a first come first served basis.*

*Competitors using non-pool boats may only train during the periods designated for that boat type.*

#### 6. Race Course Layout

Please refer to **Annex 5**.

## 7. Race Format

- 7.1 The race course will be in the harbour waters around turning points, with on-water start and finish. The course length will be 4 km for heats and B Finals and 6 km for A finals. A plan of the race course is shown at **Annex 5**. The 4 km course will be one round of all Turning Points. For the 6km course crews arriving at Turning Point 6 will be required to make a second round of Turning Points 1,2, 3, 4 and 5 before heading to the Finish Line (see course plan but subject to final confirmation).
- 7.2 Racing will be run in accordance with the FISA Rules of Racing and Appendix 22 – Coastal Rowing Competition Regulations. See [www.worldrowing.com](http://www.worldrowing.com)
- 7.3 The start and finish will both be on water.
- 7.4 The progression system will be published separately by FISA. Copies will be available online or at the Race Information Desk.
- 7.5 **Special Race Course Alert:**

- (i) **SPECIAL COURSE RULE FOR AVOIDANCE OF STAR FERRY BOATS DURING RACE. All crews must note and strictly follow this special course Rule.**

**Hong Kong Star Ferry Route – this scheduled ferry route crosses the racing course at Wan Chai, close to the Hong Kong Convention & Exhibition Centre (Turning Buoy 6). The approximate ferry route is shown on the course map. ALL CREWS are prohibited from passing in front of the Star Ferry when it is crossing the course at this point. All crews must only pass BEHIND the ferry.**

**A marshal boat will be present during all races to control this crossing point and will be in direct contact with Star Ferry to ensure minimal disruption to races. However, it is the crews' responsibility and crews not following this rule or crews which create danger for themselves or others may be immediately disqualified from the event. Marshal boats might also stop the racing boat at that point to avoid any danger. Crews MUST follow the instruction of Marshals at all times.**

- (ii) Other Motorised Vessels: All crews should note that Hong Kong Harbour is a working harbour with a number of motorized vessels using the water space. Crews must at all times be aware of other vessels and must not put themselves or others in dangerous positions with regard to other vessels at any time.

## 8. Register the Crew's Outing

For every training and racing outing, the Crew Captain shall be responsible to register the outing with the Control Commission. After the outing, the Crew Captain should inform the Control Commission of the return of the crew and complete the register to indicate the crew's return.

## 9. Boat Stickers

All boats are required to display stickers on both sides of the bow as follows:-

- i) OC stickers will be permanently displayed on each boat showing the Boat Number;
- ii) Country/region stickers and numbers must be applied by each crew to their boat before going on the water to race. These stickers will show the 3-letter code for the country/region plus a number to indicate which crew, if more than one crew from that country/region is in that event, e.g. HKG 01; HKG 02. Crews are responsible to collect the stickers next to the Registration Counter (located in Main Lawn) and attach these stickers in the correct position before their race. If you are not sure, please ask the International Jury.

## 10. Uniform

The 2019 FISA Coastal Rowing Competition Regulations (para. 18.1.2) require each crew member to display on their racing shirt or equivalent the three-letter country code and their family name (in Romanised text) in the following manner and format:

<b>Racing Shirt</b>	<b>Font</b>	<b>Height</b>	<b>Width</b>	<b>Case</b>	<b>example</b>
FRONT: Family name (short)	Arial	50mm	120-150mm	Uppercase	BATTEN
FRONT: Family name (long)	Arial	50mm	150mm	Lowercase	Batten-Ball
FRONT: Country code	Arial	50mm	60-100mm	Lowercase	GBR
BACK: Country code	Arial	100mm	150mm	Lowercase	GBR

## 11. Accreditation

- i) Crew members and team officials will collect their accreditation card during registration.
- ii) Team leaders or Crew Captains will be required to bring photo identification (passport or international identification card) of all crew members to collect the accreditation cards for their crews. All competitors are required to carry their accreditation cards with them throughout the Championships.

## 12. Coxswains Weighing and Boat Weighing

Weighing of coxswains will take place in the Control Commission area not more than 2 hours or less than 1 hour before their race.

Boat weighing scales are located in the Control Commission area. Crews are responsible to ensure their boat meets the minimum weight required under FISA Rules. Crews found to have raced with an underweight boat will be relegated to last place in that race.

## 13. Crew Changes

FISA Rules will apply to crew changes. Any crew changes after the Crew Captains Meeting must be done by completing an official Crew Change Form at the FISA Regatta Office.

## 14. Ergometers

A number of ergometers are provided for team use at the elevated Sundeck Area adjacent to the swimming pool.

## 15. Crew Captains' Meeting

One member of each crew must attend. Important information on the racing course, local navigation rules and special rules for the competition will be explained in this meeting. Information will be provided in English.

The Meeting will be held on **1 November 2019** (Friday) at **9:00am** at the **Arena, 2/F, Harbour Road Sports Centre (Address: 27 Harbour Rd, Wan Chai, Hong Kong)**. It's a walkable distance in approximately 12 minutes from the Race Venue at Royal Hong Kong Yacht Club. If you go by MTR to Wan Chai or Causeway Bay Station, it takes approximately 11 and 15 minutes respectively to walk from there to the Sports Centre. There are several restaurants nearby and you can enjoy breakfast before attending the meeting (**Annex 4**).

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## V. Boats and Equipment

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### 1. Official Boat Supplier

The Official Boat Supplier to the Championships is **SWIFT RACING**. The rental charge for boats is USD\$125 per rower for full regatta if paid by 30 September 2019 (includes one training session per day on training days). Payments after 30 September will be USD\$150 per rower. All payments should be made to the Organising Committee (OC).

*(NOTE: Swift Racing Boats used at the WRCC are available for sale with a discount, on a first come, first served basis. For details, please contact Swift at the venue or at: [elaine.chen@swiftinternational.biz](mailto:elaine.chen@swiftinternational.biz))*

- 1.1 The OC will provide pool boats & oars for shared use on a rental basis. All boats and other equipment shall comply with FISA Rules of Racing, including specified safety equipment. All pool boats & oars will be shared between teams, and the OC cannot guarantee crews will have the same equipment each day.
- 1.2 Teams will not be allowed to share boats and oars between their own crews racing in different events as boats and oars will be shared and allocated by the OC.

### 2. Official Oar Supplier

The Official Oar Supplier to the Championships is **CROKER OARS** (S40 Arrow, 285-291cm, Yellow grip). The rental charge for oars is USD\$10 per day per pair for both training and competition days. All payments should be made to the OC.

*(NOTE: Croker Oars used at the WRCC are available for sale with a discount, on a first come, first served basis. For details, please contact Croker Oars at the venue)*

### 3. Mandatory Equipment in the Boat

Under FISA Rules, boats must have a towline for the sake of rescue and it is compulsory to carry in the boat a life jacket for all crew members. The OC will provide sufficient life jackets for all pool boats. Life jackets should not be removed from boats by crews. Teams may bring their own life jacket and if they are bringing their own boats should also supply their own life jackets.

#### 4. Allocation Process for Boats and Boat Damage

Upon arrival at venue each day, each crew should collect a wrist band from the Crew Registration Counter after showing their accreditation card. A different colour wrist band will be issued for each day. The wrist band will be the crew's authorization to collect their boat for training or racing.

Please check in at the Boat Pool Tent for your training time and the assigned boat. Crews should inspect, check and report damage (if any) of the allocated boat before moving the boat. Any equipment failure caused by technical or other errors by the crew is the responsibility of the crew. Decisions on such cases shall be taken by the Jury in accordance with the Rules of Racing. Crews are responsible for the repair costs of any damage caused during their use of equipment.

Crews are allowed to change the setting or rig the boat before the race but are required to restore the original setting after use. All pool boats, oars and life jackets must be returned to the assigned place by the crew after every use.

Volunteers will be available to assist with moving boats but it is each crew's responsibility to collect and replace their boat before and after use.

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## VI. Official Ceremonies

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### 1. Opening Ceremony

**6:30pm, 30<sup>th</sup> October 2019** (Wednesday) at the Hong Kong Observation Wheel, Central. Full information is available from the Race Information Centre at RHKYC. All Teams are encouraged to attend the Opening Ceremony.

### 2. Victory Ceremonies

Victory Ceremonies will be held on **3<sup>rd</sup> November 2019** at the Hong Kong Observation Wheel, Central. Full details will be provided at the Crew Captains meeting and will be available from the Race Information Centre.

### 3. Medal Ceremonies, Closing Ceremony and Celebration Party

The above event will be held at the Hong Kong Observation Wheel, Central, at **7:45 p.m. on 3<sup>rd</sup> November**. Full details will be provided at the Crew Captains meeting and will be available from

the Race Information Centre. Tickets for the Closing Ceremony and Celebration Party will be available for sale in Race Information Desk at a cost of **HK\$350 per person until 12:00nn on Thursday on 31<sup>st</sup> October 2019**. After the early bird period, a cost of **HK\$450** per person will be charge but the sale of ticket will be closed by 12:00nn on 1 November 2019.

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## VI. Media Accreditation

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All overseas media are required to be accredited through the World Rowing (FISA) website. For general information, please visit World Rowing's Media Centre. Application for accreditation specific to WRCC 2019 is now open.

<http://www.worldrowing.com/mediacenter>

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## VII. Environment – Go Green

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### 1. No Single Use Plastic Bottles

Teams should note that NO single-use plastic bottles are permitted in the Royal Hong Kong Yacht Club venue. Water dispensers for refillable water bottles are available onsite. We encourage competitors to bring their own refillable bottles. Help to cut down on the amount of waste.

### 2. Environmental Awareness – Everyone Plays a Part

- Leave the venue clean and free of waste at the end of each day.
- Minimize use of paper (as well as printing ink); go digital wherever practical.
- Respect the natural environment and marine life. Do not throw any waste into the sea.
- Reduce your carbon footprint. The venue is within easy walking distance from Wan Chai/Causeway Bay/ Fortress Hill.

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## VIII. Contact

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For all enquiries, please contact the OC at the following address:

Person: Mr. Toby CHENG

Email: [info@wrcc2019.com](mailto:info@wrcc2019.com)

Website: [www.wrcc2019.com](http://www.wrcc2019.com)

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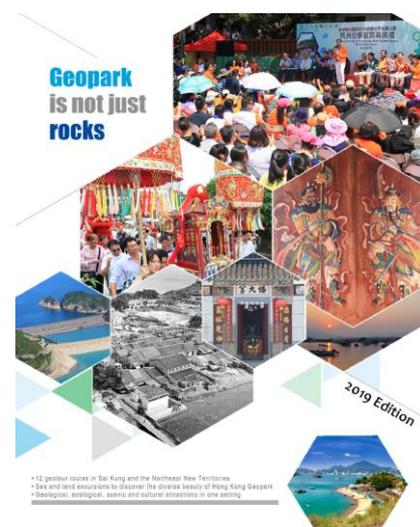
## IX. Discovering Hong Kong

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### 1. Hong Kong UNESCO Global Geopark

Hong Kong is more than just an urban jungle; there are rustic villages, cultural and historical landmarks and serene islands with beautiful beaches. You can [join a guide hiking tour](#) to Hong Kong UNESCO Global Geopark, or a [boat tour](#) to Sai Kung Islands to learn about the unique hexagonal volcanic rock columns and coastal erosion landforms.

Read the [e-guidebook](#) (or visit [www.geopark.gov.hk/en\\_s5d.htm](http://www.geopark.gov.hk/en_s5d.htm)) to learn more about the eco-tour ideas.



Source: <http://www.geopark.gov.hk>

### 2. Arts & Cultural – Exhibition

#### **Bruce Lee: Kung Fu. Art. Life**

The special exhibition has more than 600 invaluable items of Bruce Lee memorabilia provided by local and overseas collectors and organizations. Visitors will be able to gain a greater insight into his achievements and contributions as well as his significance in popular culture.

Website: [https://www.heritagemuseum.gov.hk/en\\_US/web/hm/exhibitions/data/exid209.html](https://www.heritagemuseum.gov.hk/en_US/web/hm/exhibitions/data/exid209.html)

Time: 10am - 6pm (Extended to 7pm on Saturday, Sunday and public holidays; closed on Tuesdays except public)

Venue: Thematic Gallery 6, 2/F, Hong Kong Heritage Museum, 1 Man Lam Road, Sha Tin, New Territories

### 3. Hong Kong Top 10 Attractions



#### **The Peak**

Out-of-this-world view of skyscrapers, the glittering harbour and the green hills of the distant New Territories.

(The Peak area includes Victoria Peak, Peak Tram, Peak Tower and Madame Tussauds Hong Kong.)



### **Tsim Sha Tsui Promenade**

Take a walk on the bright side! Stroll along the waterfront with your eyes locked on one of the world's most spectacular city skylines.

(The Tsim Sha Tsui Promenade area includes the Clock Tower at Tsim Sha Tsui, Garden of Stars/Starry Gallery, Tsim Sha Tsui Waterfront Promenade and Hong Kong Cultural Centre.)



### **Hong Kong Disneyland**

Enjoy a complete Disney experience at Hong Kong Disneyland and its hotels, with all your favourite rides and characters!



### **Ladies' Market**

About a kilometre of street-market bustle and clothing, accessories and souvenir bargains



### **Ocean Park Hong Kong**

Thrill rides, giant pandas and a world-class aquarium keep Ocean Park Hong Kong on travellers' list of favourites.



### **Temple Street Night Market**

Souvenirs, snacks, opera singers and fortune tellers – ordered chaos in action.



### **Lan Kwai Fong/SoHo**

Wine and dine your way through two of the most happening bar and restaurant areas in downtown Hong Kong.



### **Golden Bauhinia Square (and Hong Kong Convention & Exhibition Centre)**

The backdrop for the daily flag-raising ceremony, near a world-renowned convention centre  
(The Hong Kong Convention & Exhibition Centre area includes Golden Bauhinia Square and Ani-Com Park@Harbour "Fun".)



### **Lantau Island — Ngong Ping**

Enjoy a scenic ride on the cable car for a visit to the Big Buddha, a serene monastery, and Buddhist-themed architecture.  
(Lantau Island — Ngong Ping includes Wisdom Path, Ngong Ping 360, The Big Buddha and Po Lin Monastery.)



### **Stanley**

Shop at a popular market in a laid-back seaside village.

Source: The Hong Kong Tourism Board. 2018.

To discover more information of the culture & heritage, events & festivals, arts & performance, local tours and outdoor activities in Hong Kong, please visit the website of [Hong Kong Tourism Board](http://www.discoverhongkong.com) (<http://www.discoverhongkong.com>)



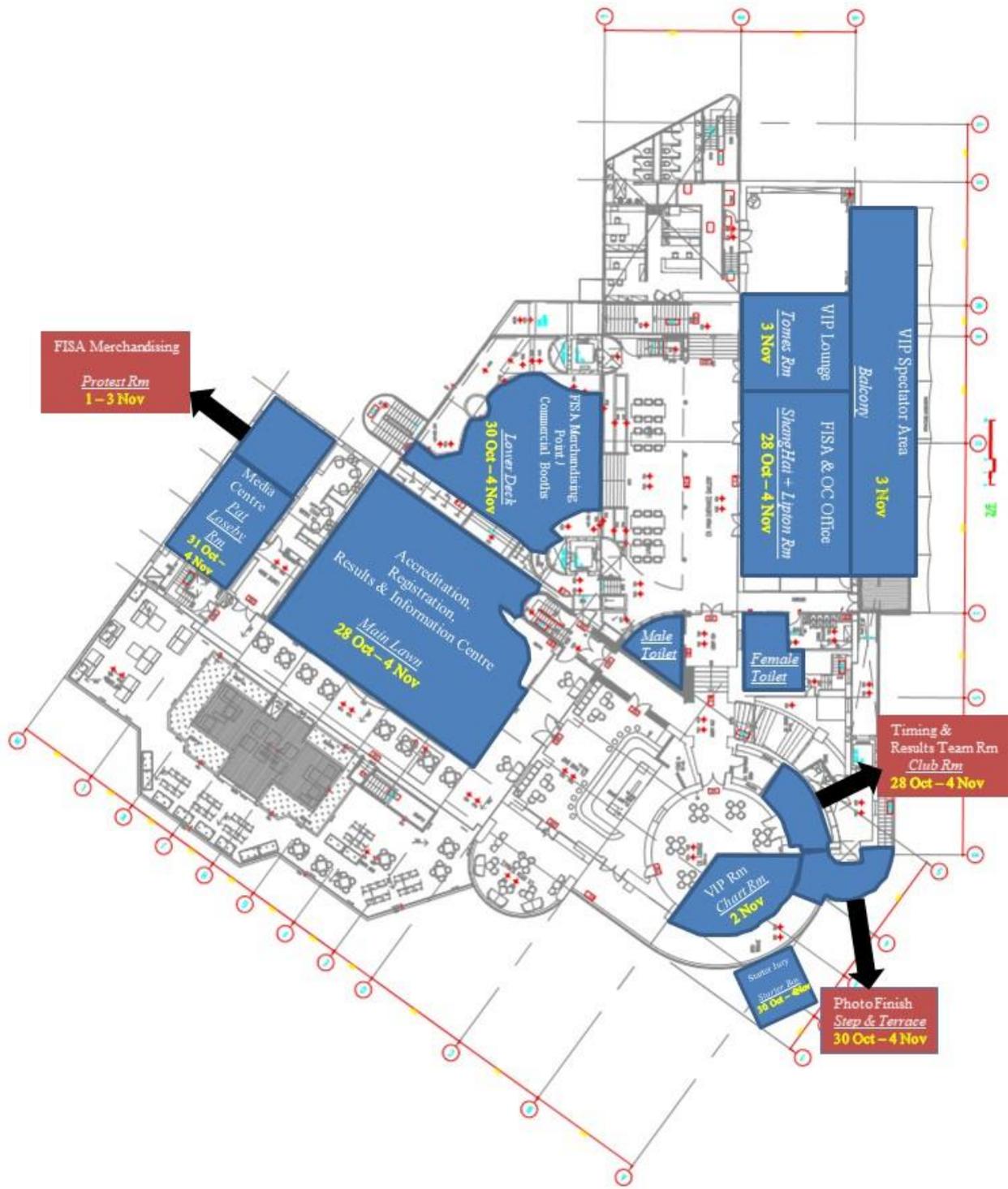
### **Attachments**

- Annex 1 : Site Map
- Annex 2 : Walking to the Race Venue
- Annex 3 : Provisional Competition Schedule
- Annex 4 : Crew Captains Meeting
- Annex 5 : Race Course
- Annex 6 : World Champ Square at Central

# Annexes

## 1. Site Map (Royal Hong Kong Yacht Club)





## 2. Walking to the Race Venue

The venue is in a walkable distance from the Wan Chai Ferry Pier or MTR stations including Causeway Bay, Wan Chai and Tin Hau.



## Walking to the venue from Causeway Bay MTR Station

### Route 1 (approximately 12 minutes)

(1) Take exit D1 in Causeway Bay MTR station. Turn right and cross the road

銅鑼灣地鐵站D1出口，轉右，橫過馬路



(2) Turn left and walk through the shopping arcade. 直行至東角道轉左，往世貿中心走



(3) Walk down the narrow road next to World Trade Centre. 再行到世貿中心旁邊的後巷



(4) At the end of that road go down the steps into the World Trade Centre car park.

走到最尾，會見到一門口，入內到世貿中心停車場



(5) Walk down to level B1. 去B1層



(6) Walk straight ahead when you come out of the door. 直行到最尾 (牆上亦有指示往遊艇會)



(7) At the end, turn right to enter the tunnel.

右轉，轉往隧道



(8) Walk through the tunnel. 穿過隧道



(9) Up the steps at the other end. 上樓梯



(10) If you prefer to walk, turn right and walk out through the gates onto Gloucester Road.  
 不坐舢舨亦可走路，出隧道後轉右，沿告士打道直行



(11) Turn right again and walk westwards, with the typhoon shelter on your right.  
 一直行，行車線在左手邊



(12) Past the Noonday Gun 經過怡和午炮



(13) Turn right. Following the signs. 轉右，跟指示往遊艇會



(14) Keep walking along the sea. 沿著海邊行



(15) Turn left. 轉左



(16) Walk along Hung Hing Road 沿鴻興道直行



(17) Until you reach the entrance to the Club at your right side 直至到達在你右邊的遊艇會入口



## Route 2 (approximately 14 minutes)

(1) Take exit C in Causeway Bay MTR station 港鐵銅鑼灣站C出口



(2) Turn left. 轉左



(3) Cross Lockhart Road at the first crossing. 過駱克道



(4) Cross Jaffe Road. 再過謝斐道



(5) Walk straight on to Gloucester Road and turn right. 直行至告士打道轉右



(6) Enter Sino Plaza. 進入信和集團大廈



(7) Go up three escalators. 乘搭三條扶手電梯上三樓



(8) And out the glass doors to the elevated walkway. 離開玻璃門出口，至天橋



(9) At the end of the walkway 走至天橋盡頭





### 3. Provisional Competition Schedule

2019 World Rowing Coastal Championships presented by Dah Sing Bank - Hong Kong, China						
18/10/2019 Provisional Programme D 10.0						
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
29-Oct	30-Oct	31-Oct	1-Nov	2-Nov	3-Nov	4-Nov
			<b>HEATS</b>	<b>HEATS &amp; FINALS B</b>	<b>FINALS B &amp; A</b>	<b>RESERVE DAY</b>
		Cord. Meeting 10:00	Cord. Meeting 08:00	Sunrise 6:30	Sunset 17:45	
			Course inspection 12:55	Coordination Meeting 07:00	Coordination Meeting 07:00	
				Course inspection 07:30	Course inspection 07:35	
				<b>HEATS</b>	<b>FINALS B</b>	
				Group B	Group B	
Accreditation & Crew Registration 14:00 - 17:00	Accreditation & Crew Registration 09:00 - 17:00	Accreditation & Crew Registration 09:00 - 17:00	9:00 Crew Captains Meeting	8:30 H1 CW2x	8:35 FB CW2x	
				8:55 H1 CM1x	9:05 FB CM1x	
				9:30 H1 CM4x+	9:35 FB CM4x+	
	TRAINING 8:45 to 17:45	TRAINING 8:45 to 17:45	TRAINING 10:15 to 12:35	9:55 H2 CW2x	10:05 FB CMix2x	
				10:30 H2 CM1x		
				10:55 H2 CM4x+	<b>FINALS A</b>	
	0945-0945 C2x		1015-1115 C2x		Group A	
	0915-1015 C1x		1045-1145 C1x		FA CW1x	
	0945-1045 C4x+		1135 -1235 C2x	11:30 H1 CMix2x	10:45	
	1015-1115 C2x					
	1045-1145 C1x			11:55 H3 CM1x	11:25	FA CM2x
	1115-1215 C4x+					
	1145-1245 C2x			12:30 H3 CM4x+	12:15	FA CW4x+
	1345-1445 C2x			12:55 H2 CMix2x	13:15	<b>VICTORY CEREMONY</b> GROUP A (Central Pier)
	1415-1515 C1x		<b>HEATS</b>			
	1445-1545 C4x+		Group A	<b>LUNCH BREAK</b>		
	1515-1615 C2x		13:55 H1 CM2x		Group B	
	1545-1645 C1x		14:30 H1 CW1x	14:30 R2H3 CMix2x	14:30	FA CW2x
	1615-1715 C4x+					
	1645-1745 C2x			<b>FINALS B</b>	15:15	FA CM1x
			14:55 H1 CW4x+	Group A		
	16:00 Jury Meeting		15:30 H2 CM2x	14:55 FB CW1x	16:05	FA CM4x+
	17:00 Crew Registration Closes		15:55 H2 CW1x	15:30 FB CW4x+	16:45	FA CMix2x
			16:30 H2 CW4x+	15:55 FB CM2x	17:20	<b>VICTORY CEREMONY</b> GROUP B (Central Pier)
			16:55 H3 CM2x			
Venue closes 17:30	Venue closes 18:00	Venue closes 18:00				<b>Entries</b>
						GROUP A
						CM2x 43
						CW1x 24
						CW4x+ 23
	18:30 Opening Ceremony (Central Pier)					GROUP B
			Cord. Meeting 18:00	Cord. Meeting 17:00	(19:30 medallist reception)	CW2x 32
					19:45	CM1x 45
					<b>MEDAL CEREMONY</b> (Central Pier)	CM4x+ 34
						CMix2x 40

#### 4. Crew Captains Meeting

Date and Time: **9:00am, 1 November 2019 (Friday)**

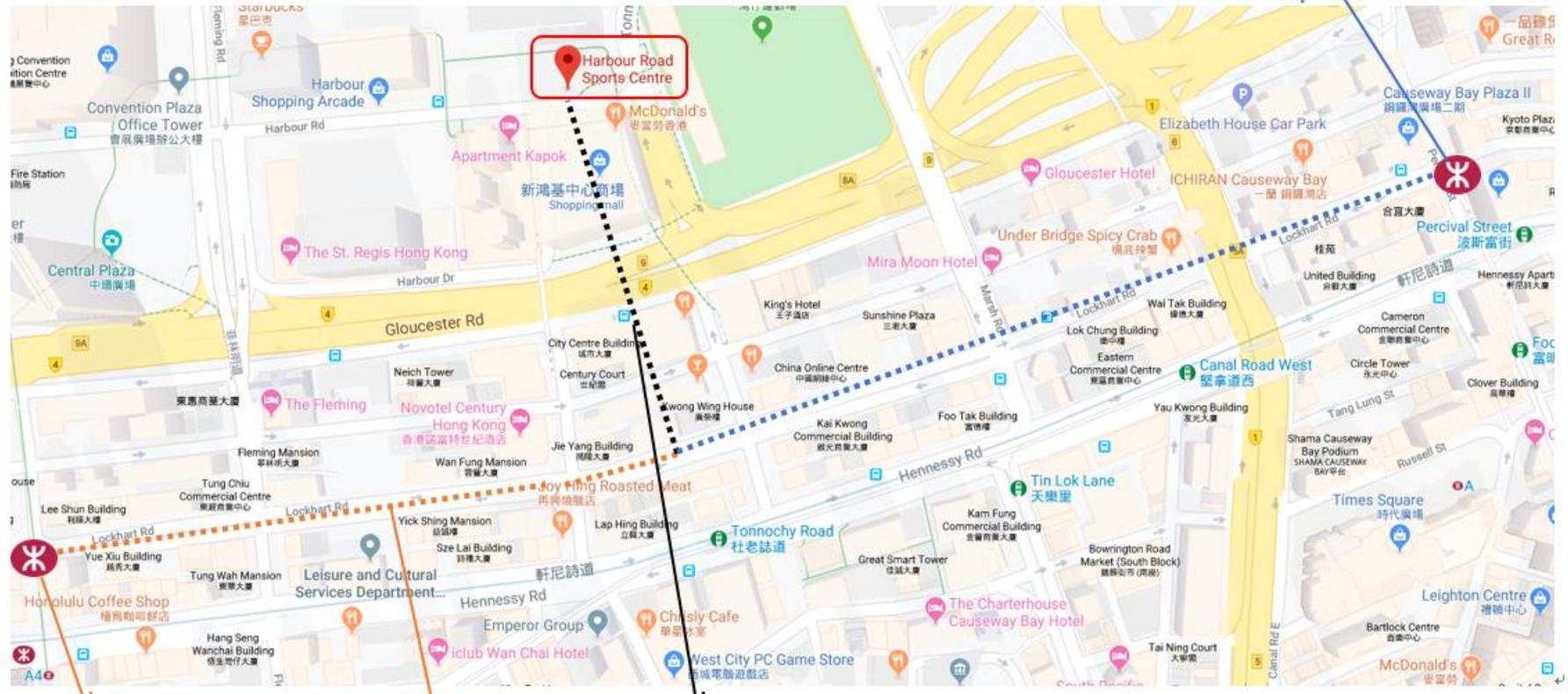
Address: Arena, 2/F, Harbour Road Sports Centre, 27 Harbour Rd, Wan Chai, Hong Kong

(1) Walking from the venue, Royal Hong Kong Yacht Club (approx.12 minutes)



(2) Walking from the Wan Chai / Causeway Bay MTR station (approx.11-15 minutes)

**MTR: Causeway Bay (exit C)**  
Approx. 15 minutes



**MTR: Wan Chai (exit A1)**  
Approx. 11 minutes

**Lockhart Road**

**Take the pedestrian overpass in Tonnochy Road. Cross the platform of Sun Hung Kai Centre.**



## 🍴 Restaurants near to Harbour Road Sports Centre

Enjoy a nice breakfast before attending the Crew Captains Meeting!

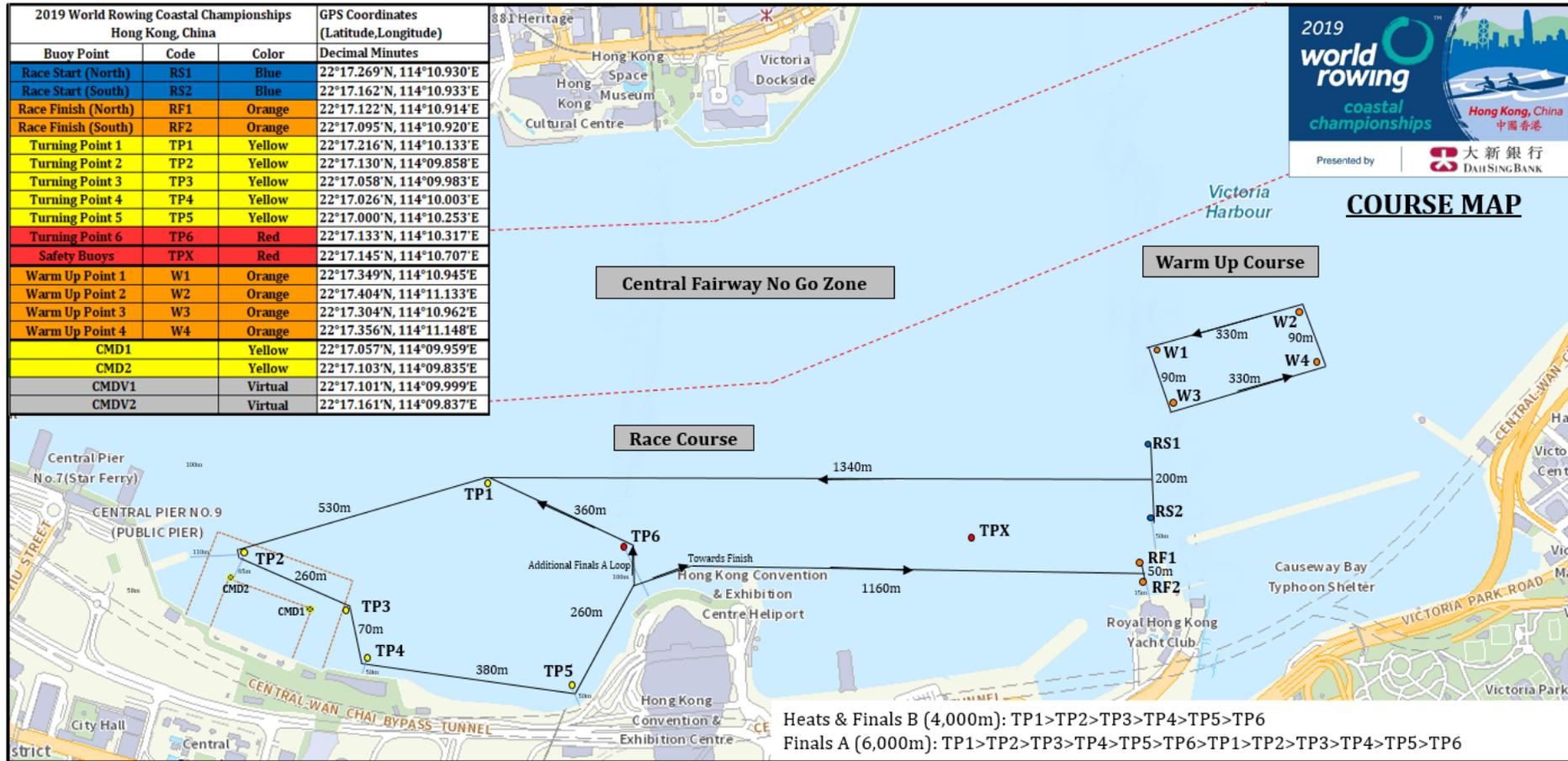
The map shows the area around Harbour Road Sports Centre (港灣道體育館). Key locations include Harbour Rd, Convention Ave, and the Sun Hung Kai Centre. Various restaurants are marked with icons and labels, including Starbucks, Pacific Coffee, McDonald's, and others. The map also shows the Harbour Road Sports Centre and the Wan Chai Sports Ground.

- ☕ Starbucks
- ☕ Pacific Coffee
- 🍔 Triple O's by White Spot
- 🍜 Super Super Congee & Noodle
- 🍞 Pret A Manger
- 🍞 Arome Bakery
- 🍔 McDonald's
- 🍔 Oliver's Super Sandwiches
- 🍔 KFC
- 😊 Fairwood (fast food)
- ☕ Honolulu Coffee Shop
- ☕ Chrisly Cafe

Index:

- 😊 Hong Kong Style!!
- 🍔 Western fast food
- ☕ Coffee shop
- 🍞 Grab and go

## 5. Race Course



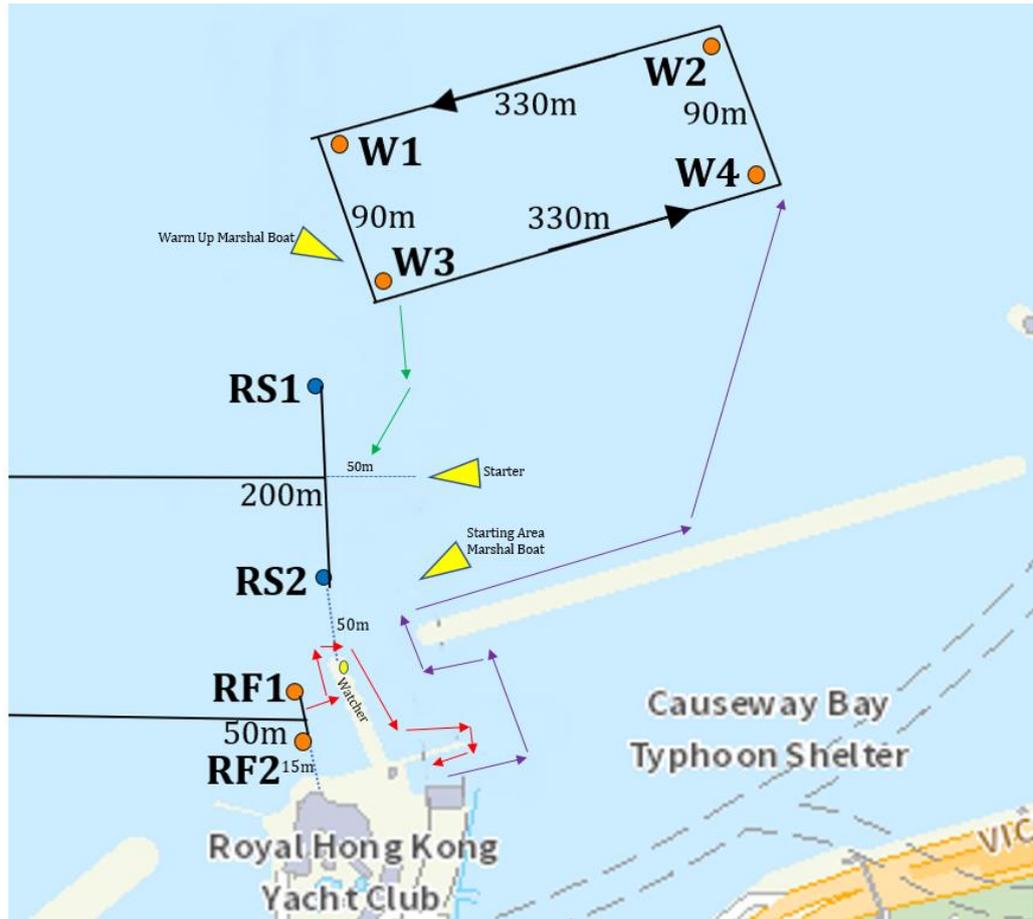
**Boat In & Out Traffic Direction (1)**

- 

Before Warm up & Race:  
From Pontoon to Warm Up
- 

After Warm up, Before Race:  
From Warm up Area to Starting Area
- 

After Race:  
From Finish Line to Pontoon

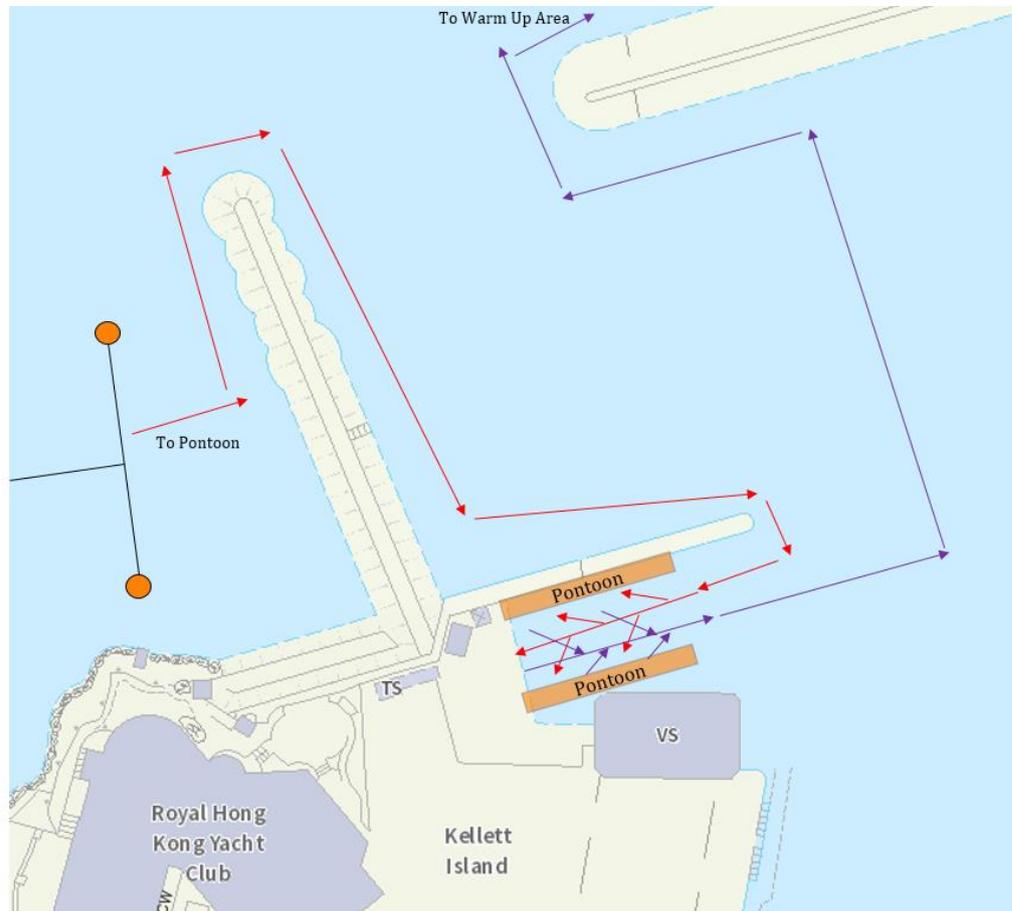


**Boat In & Out Traffic Direction (2)**

- 

Before Warm up & Race:  
From Pontoon to Warm Up
- 

After Race:  
From Finish Line to Pontoon



## 6. World Champ Square, Central

To celebrate the hosting of the World Rowing Coastal Championships in Hong Kong and to embrace the excitement of this event in Victoria Harbour, “**World Champ Square**” is set up at the Central harbourfront with a range of displays and activities for you and your team to take part free of charge. Let's feel the Row n' Rock fever this Autumn! Activities include: -

- **Maritime Exhibitions and Photo Opps**

You can visit the different education exhibition panels and giant photo-taking areas to experience the fun and expand your knowledge of coast rowing!

*First phase: October 5 - October 31*

3 giant photo taking zones and coastal rowing exhibition panels

*Second phase: November 2 - November 3*

3 giant photo taking zones, coastal rowing exhibition panels, 'Save the Ocean' game booth, kids' rowing experience, public trial on indoor rowing machines and 'Let's Row n Rock' Busking Performance.

- **'Let's Row n Rock' Busking Performance**

We are connecting music and coastal rowing by inviting local musicians and performers to support and cheer for the athletes.

Session 1: November 2 (4:30pm - 6:30pm)

Session 2: November 3 (8:30pm - 9:30pm)

- **“Sea for Future Exhibition”**

WWF - Hong Kong launches the exhibition to promote reviving the seas by reducing use of plastics to save Hong Kong's marine biodiversity.

Exhibition location:

Hong Kong Maritime Museum (Central Pier No.8)

Exhibition period:

From 5 October until 3 November 2019

Opening hours:

09:30 - 17:30 (Monday to Friday)

10:00 - 19:00 (Saturday, Sunday and Public Holidays)

The augmented reality (AR) experience on Hong Kong's valuable marine species and the virtual reality (VR) experience on Hong Kong's marine world can be experienced but only available on Saturday and Sunday.

- **Free Admission to Hong Kong Maritime Museum**

All rowers and their supporters are welcome to come and visit the maritime history of Hong Kong on **2 and 3 November 2019**. Please show your Accreditation Card for entry.

- **World Champ Pier Spectator Zone**

Your friends and supporters can view the racing from World Champ Pier at Central Piers 9 and 10, just in front of the Hong Kong Observation Wheel, where the excitement of the mid-race turning points can be viewed close at hand.

**Join us at World Champ Square!**

# Floor Plan of the World Champ Square

## 大新銀行呈獻 2019世界海岸賽艇錦標賽 世錦賽廣場 2019 World Rowing Coastal Championships presented by Dah Sing Bank World Champ Square

350W x 80H  
 Presenting Sponsor  
**大新銀行**  
 DAH SING BANK

250W x 155H  
 2019 world rowing coastal championships  
 Hong Kong, China  
 主辦單位  
 大新銀行  
 Dah Sing Bank

340W x 85H  
 Organiser  
**Hong Kong, China**  
 ROWING ASSOCIATION  
 中國香港賽艇協會

180W x 100H  
**world rowing**

230W x 75H  
**Kafue River & Rowing Centre**

170W x 95H  
**WWF**  
 WORLD WILDLIFE FUND  
 PARTNER FOR CLEAN WATER

130W x 100H  
**THE HONG KONG Jockey Club**

230W x 35H  
 Major Sports Events Committee  
 大型體育活動  
 Major Sports Events

115W x 105H  
**大新體育活動**  
 Major Sports Events

155W x 85H  
**ASIA WORLD CITY 亞洲世界城市**  
 ASIA WORLD CITY



世錦賽廣場 World Champ Square			
2/11	11:00   20:00	3/11	11:00   20:00
大新銀行呈獻 2019世界海岸賽艇錦標賽 2019 World Rowing Coastal Championships presented by Dah Sing Bank			
比賽時間 Race Time	開幕典禮 Opening Ceremony		
1/11 10:55   17:30	30/10 18:30		
2/11 08:30   16:30	開幕典禮 Opening Ceremony	頒獎典禮 Medal Presentation & Closing Ceremony	
3/11 08:35   17:30	13:15   17:05	3/11 19:30	
*活動如有更改，恕不另行通知。詳情請留意。 No activities listed for any change of programmes, details please refer to:			
f WRCC2019		QR Code	



天星小輪  
The "Star" Ferry



STAR FERRY'S HARBOUR TOUR  
天星維港遊

Promotional Offer to WRCC  
Accreditation Card Holders!

WRCC 賽員証持有者  
可享有特別優惠!



Promotion Period 推廣日期:  
26.10.2019 - 10.11.2019

Touring Victoria Harbour in 60 minutes

60分鐘遨遊維港





**WRCC 優惠票價**  
**WRCC Discount Fare**

票類 Ticket Type	開出 Departs			成人 Adult	優惠* Concessionary*
	尖沙咀 Tsim Sha Tsui	中環 Central	灣仔 Wanchai		
天星維港遊 (日間) Star Ferry's Harbour Tour (Daytime)	11:55/12:55/ 13:55/14:55/ 15:55/16:55	12:15/13:15/ 14:15/15:15/ 16:15	12:30/13:30/ 14:30/15:30	<del>\$110</del> <b>\$55</b>	<del>\$95</del> <b>\$48</b>
天星維港遊 (夜間) Star Ferry's Harbour Tour (Nighttime)	17:55/18:55/ 20:55	18:15/20:15	N/A	<del>\$200</del> <b>\$100</b>	<del>\$175</del> <b>\$88</b>
天星維港遊 • 「幻彩詠香江」 Star Ferry's Harbour Tour • "A Symphony of Lights"	19:55	19:15	N/A	<del>\$200</del> <b>\$115</b>	<del>\$200</del> <b>\$100</b>

凡於售票處出示會員証之顧客可享半價優惠，此優惠不可與其他優惠同時使用。  
Please present WRCC Accreditation Card at the ticket counter to enjoy the 50% off discount. This offer cannot be used in conjunction with other promotions.

所有維港遊船票包括飲品及小食一份。  
Refreshment is included in all Harbour Tour tickets.

\* 優惠票價適用於3至12歲小童、65歲或以上長者及殘疾人士。  
\* Concessionary fares are applicable to children (aged 3-12), senior (aged 65 or above) and people with disabilities.

乘客必須於完成一小時航程後在登船碼頭離船。  
Passengers must disembark at the boarding pier upon completion of the one-hour tour.

船票於開航班前10分鐘停止發售。  
Ticket sales will stop 10 minutes prior to departure.

售票處營業時間 Ticketing Counter Business Hours: 11:45 - 20:05

熱線 Hotlines: 2118 6201 / 2118 6202

電郵 Email: harbourtour@starferry.com.hk

網址 Website: www.starferryharbourtour.com.hk



天星小輪  
The "Star" Ferry



STAR FERRY'S WATER TOUR  
天星海港遊

Promotional Offer to WRCC  
Accreditation Card Holders!



WRCC 賽員証持有者  
可享有特別優惠!



Promotion Period 推廣日期:  
26.10.2019 - 10.11.2019

Ride on a luxury and eco-friendly  
Star Ferry on Victoria Harbour

乘搭豪華環保天星小輪暢遊維港





**WRCC 優惠票價**  
**WRCC Discount Fare**

票類 Ticket Type	開出Departs	航程 (分鐘) Journey Time (mins)	WRCC 優惠票價	
	尖沙咀 Tsim Sha Tsui		成人 Adult	優惠* Concessionary*
天星海港遊 (香港東) Star Ferry's Water Tour (Hong Kong East)	16:30	90	<del>\$145</del> \$68	<del>\$115</del> \$58
天星海港遊 • 「聲光耀維港」及「幻彩詠香江」 Star Ferry's Water Tour • "ICC Light and Music Show" & "A Symphony of Lights"	19:25	70	<del>\$240</del> \$120	<del>\$210</del> \$105

凡於售票處出示會員証之顧客可享半價優惠，此優惠不可與其他優惠同時使用。  
Please present WRCC Accreditation Card at the ticket counter to enjoy the 50% off discount. This offer cannot be used in conjunction with other promotions.

所有海港遊船票包括飲品及小食一份。  
Refreshment is included in all Water Tour tickets.

\* 優惠票價適用於3至12歲小童、65歲或以上長者及殘疾人士。  
\* Concessionary fares are applicable to children (aged 3-12), senior (aged 65 or above) and people with disabilities.

乘客必須於完成航程後在登船碼頭離船。  
Passengers must disembark at the boarding pier upon completion of the tour.

船票於開航班前10分鐘停止發售。  
Ticket sales will stop 10 minutes prior to departure.