

WSLA



Women's Sports Leadership Academy

We provide a unique learning programme that empowers women to be great leaders in a wide range of sport organisations round the world



Two key objectives for WSLA:

Further develop leadership competencies – supporting women to further develop their leadership competencies or behaviours, consolidate their own leadership style and empower them to be who they want to be



Two key objectives for WSLA:

Develop confidence – encouraging women to identify their strengths, pursue goals, take opportunities and progress their career path



- Six international WSLAs held in the UK since 2014
- WSLA Botswana
- Two NZ Olympic WSLAs
- Just starting
 - WSLA High Performance Coaches
- Shortlisted for 2019 Beyond Sport Global Award



WSLA network

- 283 women
- 52 countries
- 6 continents

Angola	Hong Kong	Russia
Argentina	India	Samoa
Australia	Ireland	South Africa
Bangladesh	Ivory Coast	St Lucia
Barbados	Japan	Switzerland
Belarus	Kenya	Tanzania
Botswana	Laos	Thailand
Brazil	Latvia	Trinidad and Tobago
Burundi	Macedonia	Tunisia
Cameroon	Malawi	UAE
Canada	Mongolia	Uganda
China	Nepal	UK
Czech Republic	Netherlands	USA
Denmark	New Zealand	Uzbekistan
Finland	Nigeria	Vanuatu
Germany	Palestine	Zambia
Guatemala	Papua New Guinea	Zimbabwe
	Philippines	

<https://www.youtube.com/watch?v=abT3ZOXgi3k>



Values

- Self-reflection and personal growth
- Support and empowerment
- Inclusiveness and diversity
- Passion and commitment
- Innovation and change



WSLA Leadership Philosophy



WSLA learning principles

- Facilitative rather than prescriptive and focussed on self-sustained learning
- Creating a safe working environment
- Setting scaled challenges that take participants out of their comfort zone
- Allowing time to practise new techniques successfully



WSLA learning principles

- Supporting participants to apply the learning to their current or future situation
- Actively encouraging women to give and receive feedback
- Flexible to meet the diverse needs of everyone
- Drawing on a variety of theories, ideas, opinions and approaches to develop learning that 'sticks'
- Having fun!



WSLA Learning methodology

- Non-formal, mediated learning aided by our team of highly experienced WSLA facilitators
- Activities are learner-centred and highly participative using discussion, small/syndicate groups, role plays and scenarios/case studies



WSLA Learning methodology

- Using experiential learning exploring the resolution of real-life problems; it's not the same as learning from experience
- There are no tests or assessments, however we will check for learning during the activities
- There is no writing of papers however we may ask for a prepared presentation



“When I was coming here, I felt my leadership skills needed to be sharpened. I have changed because I have learnt that we should lead by inspiring instead of leading by imposing. I believe that as a woman leader I have a lot of potential but the first step is building confidence. Working in groups allowed me more confidence to share my experiences and easily learn from others. That was a brilliant way of facilitation. I am excited for the future and highly recommend the programme to others. WSLA is inspirational.”

Nancy Njeri Waweru (Vijana Amani Pamoja, Kenya)

What do graduates say

“Attending the WSLA would be the best decision you will ever make. I would highly recommend it, especially if you are involved or thinking of getting involved in women in sport activism/advocacy. It's a learning experience that you have to jump into on your own to fully understand and appreciate.”



“It’s a unique and wonderful experience to focus on yourself, your goals and values. You meet the most phenomenal women in the most supportive as part of this well organised, purposeful programme.”



“Come with your eyes, heart and arms open. Prepare to be challenged in an amazingly supportive environment surrounded by fabulous women. This week could change your life forever.”



WSLA 2019 cohort



Thank you

