

## Pre-Games Training of Sea Forest Waterway

Please be informed that Sea Forest Waterway will be opened for Rowing and Canoe athletes recommended by their respective National Federation, NOC or NPC and expected to participate in Tokyo 2020 Olympic or Paralympic Games. As the facilities office of Sea Forest Waterway, we are pleased to inform you of the details as follows. Should you have any questions, please feel free to contact us with [uminomori@prfj.or.jp](mailto:uminomori@prfj.or.jp) at any time.

### 1. Programme

- Period: Sat 12 Oct – Fri 25 Oct 2019 (Total: 14 days)
- Venue Open : 8:30
  - Course Open : 9:00-12:00
  - Course Closed : 12:00-12:30
  - Course Open : 12:30-15:30
  - Venue Close : 16:30

\* Whenever Rowing and Canoe athletes use the course simultaneously, the traffic rule on water may be regulated.  
\* The temporary facilities are under construction during the period towards Tokyo2020. Please do not enter the prohibited area.

- Admission Fee (including Rowing/Canoe Course, Toilet, Shower and Dressing Room)
  - Admission Fee: **JPY 2,000** per athlete / day
  - Admission Fee (including Boat Rack Rental Services): **JPY 2,200** per athlete / day
    - \* The charge is the same all Length of Boat or Canoe
  - Admission Fee (including Canoe Rental Services): **JPY 5,000** per athlete / day
    - \* The charge is the same all types of Canoe

### 2. Application

- Eligibility : Pre-Games Training of Sea Forest Waterway is for athletes recommended by National Federation, NOC or NPC and expected to participate in Tokyo 2020 Olympic or Paralympic Games.
- Application to be submitted : by each NF, NOC or NPC (not by each athlete individually), by Email ([uminomori@prfj.or.jp](mailto:uminomori@prfj.or.jp)) or FAX (+81-3-3599-5421) either in English or Japanese and by 10 July 2019
- Application to be accepted : on the first-come-first-served basis
- Payment to be made : by Bank transfer (bank transfer fee to be borne by each NF/NOC/NPC)

### Reservation flow and key deadline;



### 3. Facilities

- You may use the facilities below by paying the course admission fee.

- Rowing/Canoe Course

<Boat Storage Building> ● Toilet ● Dressing Room (No locker is available)

- Shower Room (Bring your towels and soap)

4. Immigration Procedures

- Make your own arrangements through NF, NOC or NPC

5. Transportation

- Make your own arrangements
- There is no direct access of public transportation to the venue.
- The venue is located on the island to which biking and walking is not allowed.

6. Accommodation

- Make your own arrangements

7. Food

- Make your own arrangements
- There is no restaurant and dining area in/near the venue.

8. Parking lots

- Please fill out the reservation form
- Parking cost is free.
- Please follow the instructions from the facilities office staff when you arrive at parking lots.
- The facilities office will not be responsible for any accident in the parking lots.
- Parking is not allowed between 16:30 and 8:30.
- We produce and distribute a pass through the gate to you when you arrive at the venue.
- You cannot enter and park in the venue without the pass.

9. Canoe Rental Services (No Rowing Rental Services)

- Type•Number

Type	Number
K1 S	3
K1 M	3
K1 ML	4
K1 L	3
K1 XXL	1
Paracanoe K1 Cinco M	2
Paracanoe K1 Cinco L	2
K2 S	2
K2 M	3
K2 ML	3
K2 L	2
K2 XXL	1
K4 M	2
K4 ML	3
K4 L	1

Type	Number
C1 S	1
C1 L	2
C1 XL	1
C1 Cinco M	1
C1 Cinco L	2
C1 Cinco XXL	1
C2	2
C2 Cinco M	3
C2 Cinco L	2
V1 M	1
V1 L	1
/	
	Total 52

- Rates \*Refer to Appendix 2
- On the first-come-first-served basis
- Canoe rental services start from 9:00 at Boat House Building Office.
- Please return by 15:00 at Boat Storage Building Office and check the Canoe with the facilities office staff.

10. Own Boat or Canoe

- Make your own arrangements of transportation from your country to the venue by the logistics company.
- The facilities office may ask for the adjustment of the dates of bringing in and/or carrying out of your schedule.
- Please follow the instructions from the facilities office staff about the location of boat storage.
- You can bring in your Boat or Canoe from 9 Oct.
- Please bring in your own Boat or Canoe between 9:00 and 16:00 at the venue.
- The facilities office will not be responsible for any damages and accidents during bringing in and/or carrying out of your Boat or Canoe.
- You are required to take your Boat or Canoe, container and your stuffs outside the venue after your training days.
- Please fill out the reservation form in case you bring in your Boat or Canoe.

11. Boat Rack Rental Services

- The facilities office provides Boat rack rental services with rental charge on the first-come-first-served basis.
- The facilities office will not be responsible for any damages caused in the boat storage.

12. Other Information

- Personal accidents : The facilities office will not be responsible for any personal accidents.  
Personal insurance is recommended to cover medical attention.  
Make your own arrangements of personal insurance through NF, NOC or NPC.
- The facilities office do not provide baggage keeping service.
- Bad weather :  
The facilities maybe closed due to bad weather.  
Please follow the instructions from the facilities office staff when you use the course.

13. Wi-fi

- Not available

14. Cancel Policy

- No refund is made except for the venue is closed due to the bad weather before 9:00 AM on the day by the decision of the facilities office. We will not refund when the venue is closed due to the bad weather after 9:00 AM on the day.

Appendix 1

Sea Forest Waterway – Pre-Games Training  
Reservation Form

- Application to be submitted : by each NF, NOC or NPC (not by each athlete individually)
- Period: Sat 12 Oct – Fri 25 Oct 2019 (Total : 14 days)
- Programme \* Please fill in number of athletes for each training slot

	AM Training 9:00-12:00	PM Training 12:30 – 15:30
10/12 Sat		
10/13 Sun		
10/14 Mon		
10/15 Tue		
10/16 Wed		
10/17 Thu		
10/18 Fri		
10/19 Sat		
10/20 Sun		
10/21 Mon		
10/22 Tue		
10/23 Wed		
10/24 Thu		
10/25 Fri		

- Admission Fee (including Rowing/Canoe Course, Toilet, Shower and Dressing Room): **JPY 2,000** per athlete / day
- Admission Fee (including Boat Rack Rental Services): **JPY 2,200** per athlete / day  
\* The charge is the same all Length of Boat or Canoe
- Admission Fee (including Canoe Rental Services): **JPY 5,000** per athlete / day  
\* The charge is the same all types of Canoe
- Please send via Email ([uminomori@prfj.or.jp](mailto:uminomori@prfj.or.jp)) or FAX (+81-3-3599-5421) by 10 July 2019.
- The acceptance of application will be sent by 31 July and the invoice sent by 16 August.
- Please transfer full amount to our bank account by 12 September. (Bank transfer fee to be borne by each NF/NOC/NPC)
- No refund is made except for the venue is closed due to the bad weather before 9:00 AM on the day by the decision of the facilities office. We will not refund when the venue is closed due to the bad weather after 9:00 AM on the day.

<input type="checkbox"/> Nation/Country	
<input type="checkbox"/> NF/NOC/NPC name	
<input type="checkbox"/> Team Contact Name	<input type="checkbox"/> Number of Users Athletes _____ Training Partners _____
<input type="checkbox"/> Email address	<input type="checkbox"/> Parking Lots
<input type="checkbox"/> Mobile Phone Number	<input type="checkbox"/> Number of Vehicles _____
<input type="checkbox"/> Team Leader Name	<input type="checkbox"/> Hotel Name/Address in Japan
<input type="checkbox"/> Email Address/Mobile Phone Number	

Teams are responsible for making your accommodation and transport reservation.

Personal insurance is recommended to cover medical attention.

Make your own arrangements of personal insurance through NF, NOC or NPC.

Own boat or canoe / or / Canoe rental services

Please fill in the form below: the types and number of boat or canoe, date of use

Type		Own boat or canoe	Canoe rental services
Date of use		/ - /	/ - /
CANOE	K 1		
	K 2		
	K 4		
	C 1		
	C 2		
	Paracanoe		
	V1		
ROWING	1 ×		/
	2 ×/2 –		
	4 ×/4 –/4 +		
	8 +		
Total			

\* The facilities office will not be responsible for any damages and accidents during bringing in and/or carrying out your boat or canoe.

Boat Rack Rental Services

Length overall of Boat or Canoe	Number	Date of use
Under 6.0m		/ - /
6.0m~7.5m		/ - /
7.5m~9.0m		/ - /
9.0m~10.5m		/ - /
10.5m~12.0m		/ - /
12.0m~13.5m		/ - /
Over 13.5m		/ - /

\* The facilities office will not be responsible for any damages caused in the boat storage.

The dates of bringing in and/or carrying out your own boat or canoe

<Arrival at Japan>

<input type="checkbox"/> Estimated time of arrival date	<input type="checkbox"/> The date of bringing in the venue
<input type="checkbox"/> Arrival port name	* Available for bringing in from 9 Oct
<Logistics Route>	
<input type="checkbox"/> Departing country or port	
<input type="checkbox"/> Transit country or port	
<input type="checkbox"/> Logistics company in Japan	<input type="checkbox"/> Logistics company Email
<input type="checkbox"/> Website	<input type="checkbox"/> Phone
<input type="checkbox"/> The size and number of vehicle	

<Departure from Japan>

<input type="checkbox"/> Departure date	<input type="checkbox"/> The dates of carrying out the venue
<input type="checkbox"/> Departure port name	* Please carry out by 30 Oct

Appendix 2

Sea Forest Waterway – Pre-Games Training  
Rates List

Admission Fee

(Amount : JPY)

	Unit	Rate
Including Rowing/Canoe Course, Toilet, Shower and Dressing Room	Per day per athlete	2,000

Admission Fee (including Canoe Rental Services)

\* Usage time of Canoe Rental Services from 9:00 to 15:00

(Amount : JPY)

Types	Unit	Rate
The charge is the same all types of Canoe	Per day per athlete	5,000

Admission Fee (including Boat Rack Rental Services)

(Amount : JPY)

Length overall of Boat or Canoe	Unit	Rate
The charge is the same all Length of Boat or Canoe	Per day per athlete	2,200