



Version 20 February 2019

2019 World Rowing Indoor Championships, Long Beach, CA, USA			
Sunday, February 24, 2019			
Time	Age Category	Event	Categories
USRowing Indoor National Championships - Para (self-classified)			
08:00	OPEN	PR1 Men and Women	
08:00	OPEN	PR2 Men and Women	
08:00	OPEN	PR3 Men and Women	
USRowing Indoor National Championships - FES (Remote races from Boston)			
08:20	<50	Women FES assisted return	
08:20	50+	Women FES assisted return	
08:20	<50	Men FES assisted return	
08:20	50+	Men FES assisted return	
World Rowing Indoor Championships / USRowing Indoor National Championships - Para (classified)			
08:30	OPEN	PR1 Men	
08:30	OPEN	PR1 Women	
08:30	OPEN	PR2 Men	
08:30	OPEN	PR2 Women	
08:30	OPEN	PR3 Men	
08:30	OPEN	PR3 Women	
USRowing Indoor National Championships - FES (Remote races from Boston)			
08:50	<50	Women FES non-assisted return	
08:50	50+	Women FES non-assisted return	
08:50	<50	Men FES non-assisted return	
08:50	50+	Men FES non-assisted return	
09:00	Award Ceremonies on-floor		World Rowing & USRowing Award ceremonies M&W Para
10:00	Award Ceremonies off-floor		USRowing Award ceremonies Para (self-Classified)
World Rowing Indoor Championships / USRowing Indoor National Championships - Masters			
10:00	60+	Lightweight Women	LW60, LW65, LW70, LW75, LW80, LW80, LW83, LW86, LW89
10:00	60+	Women	W60, W65, W70, W75, W80, W80, W83, W86, W89
10:00	70+	Lightweight Men	LM70, LM75, LM80, LM80, LM83, LM86, LM89
10:00	70+	Men	M70, M75, M80, M80, M83, M86, M89
10:20	43-59	Lightweight Women	LW43, LW50, LW 55
10:20	43-59	Women	W43, W50, W55
10:30	Award Ceremonies off-floor		Masters - World Rowing & USRowing Award ceremonies W&LW 43+ & M&LM 70+
10:35	65-69	Lightweight Men	LM65
10:35	65-69	Men	M65
10:35	27-42	Lightweight Women	LW27, LW36
10:35	27-42	Women	W27, W36
11:00	Award Ceremonies off-floor		World Rowing & USRowing Award ceremonies W&LW 27-42 & M&LM 65-69
10:50	55-64	Lightweight Men	LM55, LM60
10:50	55-64	Men	M55, M60
11:05	43-54	Lightweight Men	LM43, LM50
11:05	43-54	Men	M43, M50
11:20	27-42	Lightweight Men	LM27, LM36
11:20	27-42	Men	M27, M36
11:30	Award Ceremonies off-floor		World Rowing & USRowing Award ceremonies M&LM 27-64
World Rowing Indoor Championships / USRowing Indoor National Championships - Juniors			
11:35	U19	Women	
		Men Heat 1	
11:50	U19	Men Heat 2	
12:05	Award Ceremonies on-floor		World Rowing & USRowing U19 award ceremonies
12:30	Award Ceremonies off-floor		USRowing Award ceremonies U17 & U15
World Rowing Indoor Championships / USRowing Indoor National Championships - Open & Under 23			
12:25	U23	Lightweight Women	
12:25	Open	Lightweight Women	
12:45	U23	Lightweight Men	
12:45	Open	Lightweight Men	
13:05	U23	Women	
13:05	Open	Women	
13:25	Under 23	Men	
13:40	Open	Men	
14:00	Award Ceremonies on-floor		World Rowing & USRowing U23 & Open award ceremonies
USRowing Indoor National Championships/LBRA Beach Sprints - 500m sprints			
15:20	U19	Men	
15:20	U23	Men	
15:20	OPEN	Men	
15:20	Masters	Men	All Masters Categories
15:30	U19	Women	
15:30	U23	Women	
15:30	OPEN	Women	
15:30	Masters	Men	All Masters Categories
15:40	Mix U19 4x2K Relay (4X500)	Men	
15:50	Award Ceremonies on-floor		USRowing/LBRA 500m sprints all award ceremonies
LBRA Beach Sprints - Team Races			
16:25		Mix 2X 1k Heat 1	
16:35		Mix 2X 1k Heat 2	
16:45		Mix 2X 1k Heat 3	
17:00		M4X 1k	
17:10		W4X 1k	
17:20	Award Ceremonies on-floor		LBRA team & relay award ceremonies