

# WOMEN IN ROWING



**NFs Conference November 2018**



# LEARN TO ROW

A photograph of two female rowers in a double scull on a lake. They are wearing dark blue athletic gear and pink visors. The background shows a city skyline and a large blue brushstroke graphic.

Gender neutral  
"Learn to Row" booklet

**Education and  
Universality**

INNER STRENGTH  
OUTER CONFIDENCE FOR GIRL ROWERS



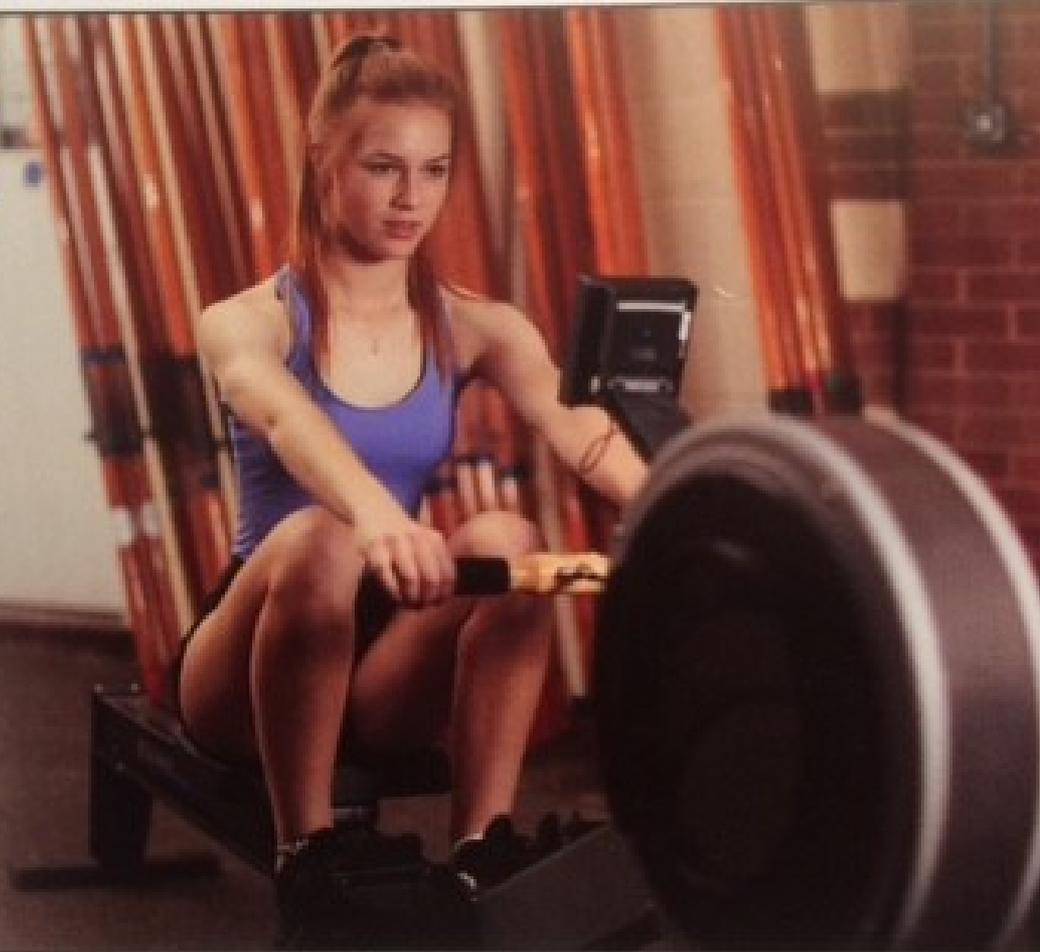
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WSNet\*

A World Rowing / Women's Sport Network collaboration

# FIND YOUR ROWING MOJO

- Physical Literacy
- Resistance training
- Core movement skills
- Balance balls
- Diet & Hydration
- Coping with anxiety
- Menstruation & training



HerMoJo

OUT OF THE BOAT 'STUFF' TO BOOST IN-THE-BOAT PERFORMANCE

# EQUAL VISIBILITY POLICY AT ALL FISA COMMUNICATIONS



steady growth in the % female athletes over the last 5 years

## Athletes:



40%

2013

60%



43%

2015

57%



45%

2018

55%



female athletes registered in 2018

183220

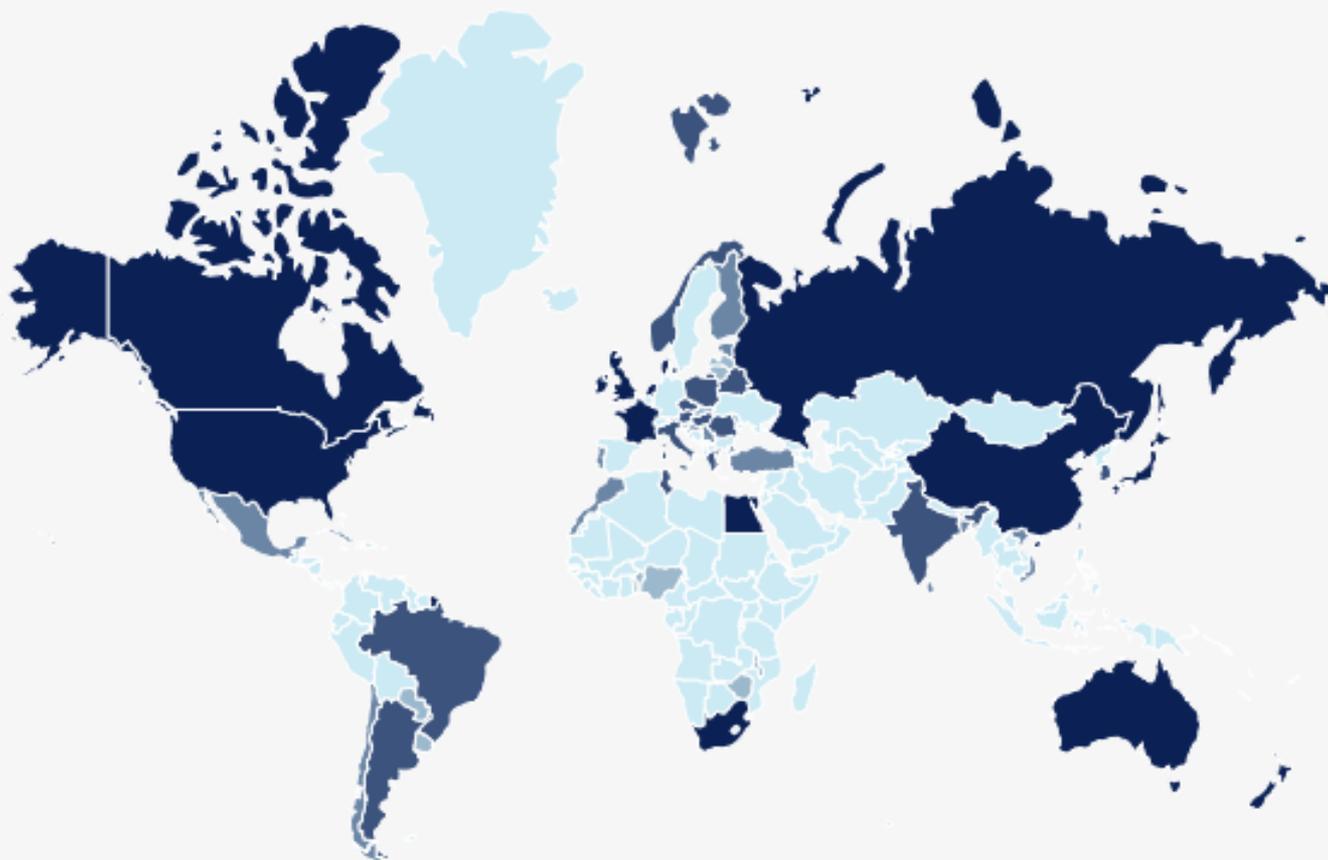


# world rowing®

# 2018 FEMALE ATHLETES DISTRIBUTION

unevenly distributed across the world

95% are registered in 19 countries



USA	- 59.278
France	- 19.884
Great Britain	- 18.058
Netherlands	- 17.496
Australia	- 14.004
Canada	- 7.652
Egypt	- 6.361
Denmark	- 4.326
Russia	- 4.088
China	- 3.825
Ireland	- 2.960
Japan	- 2.953
New Zealand	- 2.258
South Africa	- 1.999
Italy	- 1.772
Austria	- 1.535
Norway	- 1.374
Czech Republic	- 1.319
Argentina	- 1.303

# Female Participation at FISA Development Camps 2018

**athletes**  
147 F  
222 M

**athletes**  
40% F

**coaches**  
39 F  
126 M

**coaches**  
24% F

# Olympic Solidarity Scholarships

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>50%  
scholarships  
for women  
Tokyo 2020

24%  
scholarship  
for women

London 2012

44%  
scholarship  
for women

Rio de Janeiro 2016

## 2017 HAS BEEN A HISTORIC YEAR FOR WOMENS ROWING:

NEW OLYMPIC PROGRAMME  
PROPOSAL FOR IOC 50/50 IN 2020  
EVENTS & ATHLETES  
-> APPROVED BY IOC JULY 2017

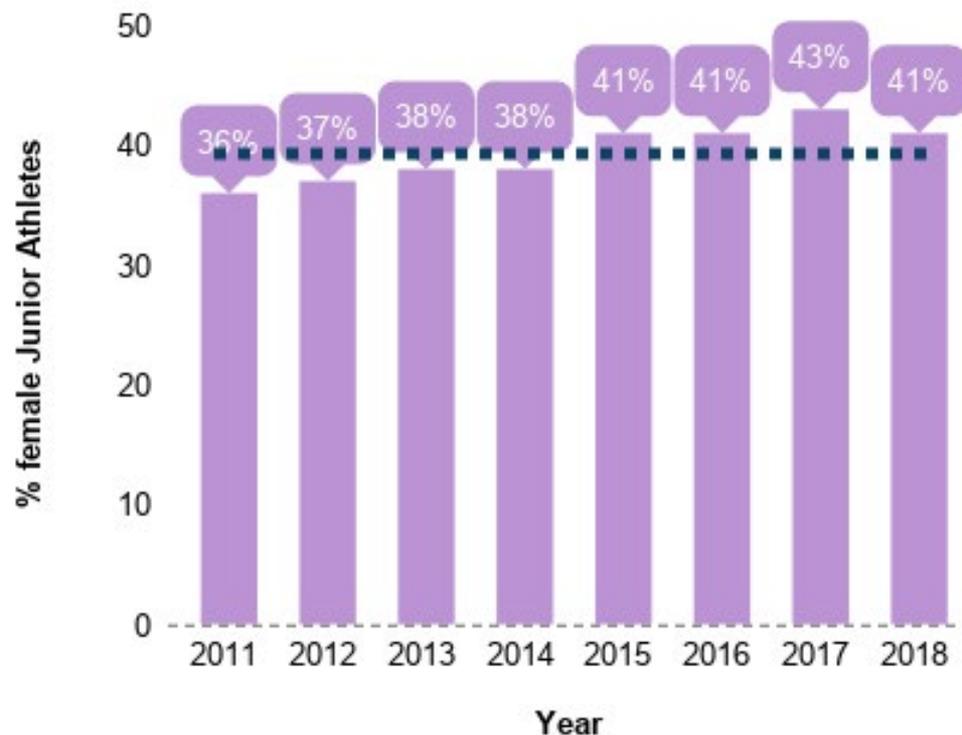
50/50 AT ALL CHAMPIONSHIPS  
'PATHWAYS TO OLYMPICS'

EXTRAORDINARY  
CONGRESS  
FEBRUARY TOKYO

ORDINARY CONGRES  
OCTOBER SARASOTA

# % Female Athlete Participation World Rowing Junior Championships 2011-2018

## % Female Athletes - Junior Worlds



**41%**

2018 WRJCH  
% of female athletes

**39%**

Average % of  
female athletes  
2011-2018

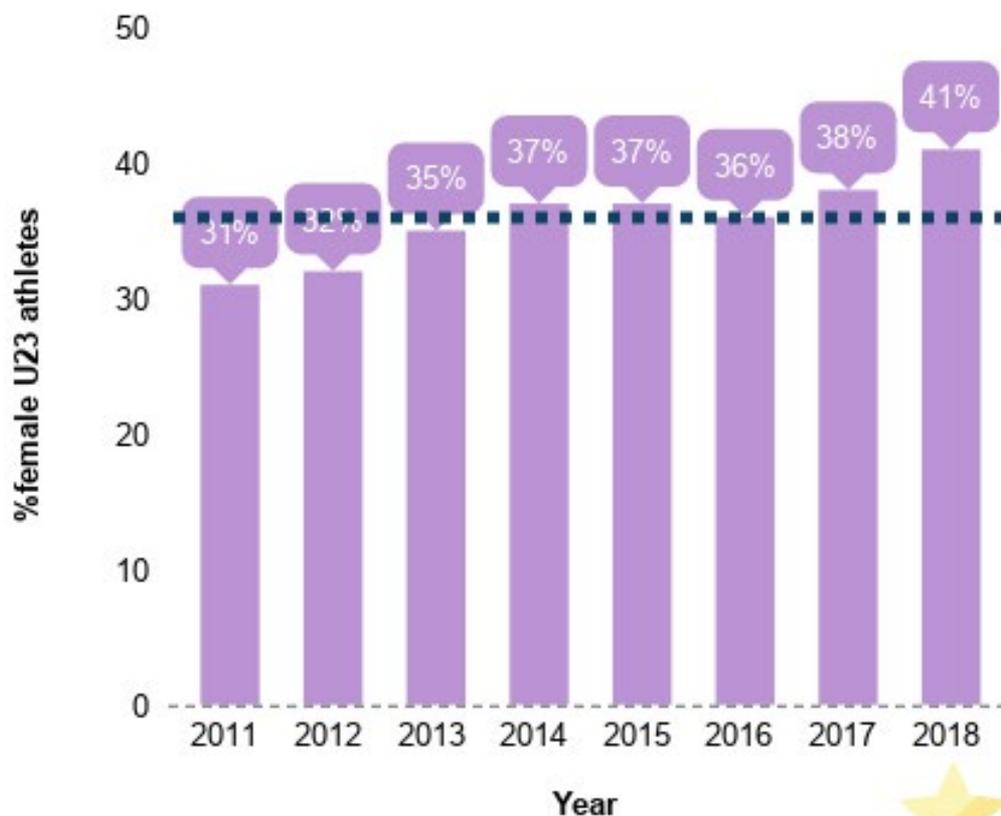
## Take Away

steady ratio  
females vs total athletes  
Over 40% since 2015  
43% peak in 2017

Swiss Timing data  
excluding Para Rowing  
entries  
October, 2018

# % Female Athlete Participation World Rowing U23 Championships 2011-2018

## % Female athletes - U23 Worlds



★ **41%**

2018 WRU23CH  
% of female athletes

**36%**

Average % of  
female athletes  
2011-2018

## Take Away

steady progression  
ratio females vs total athletes  
over 40% for the first time  
in 2018

Swiss Timing data  
excluding Para Rowing  
entries  
October, 2018



# % Female Athlete Participation World Rowing Championships 2011-2018

## % Female Athletes - Worlds



 **44%**

2018 WRCH  
Record % of  
female athletes  
2011-2018

**34%**  
Average % of  
female athletes  
2011-2018

Swiss Timing data  
excluding Para Rowing  
entries  
October, 2018





# FEMALE LEADERS



- WHATS NEXT TO ROWING *2015*  
CONTINUE WITH LEADERSHIP PROGRAMS:
- WSLA – IOC – MESOS
  - ROLE MODELS – TALENT GROUP
  - STRATEGIC RECRUITMENT POLICIES

sustainable growth in the % Female Board Members over the last 5 years

## NF BOARD MEMBERS:



2013



17%



83%

2015

18%

82%

2018

22%

78%

**World  
rowing®**

#878



NF Board Members in 2018

# NF BOARD MEMBERS DISTRIBUTION



North America



48% WOMEN

Europe



24% WOMEN

Asia



13% WOMEN

Americas



26% WOMEN

Africa



25% WOMEN

Oceania



25% WOMEN



Newly elected  
Executive  
Committee

Council 45/55

50/50

fluctuation in the % female coaches over the last 5 years

## Coaches:



26%

2013

74%



27%

2015

73%



23%

2018

77%



2836 female coaches registered in 2018

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# 2018 FEMALE COACHES DISTRIBUTION

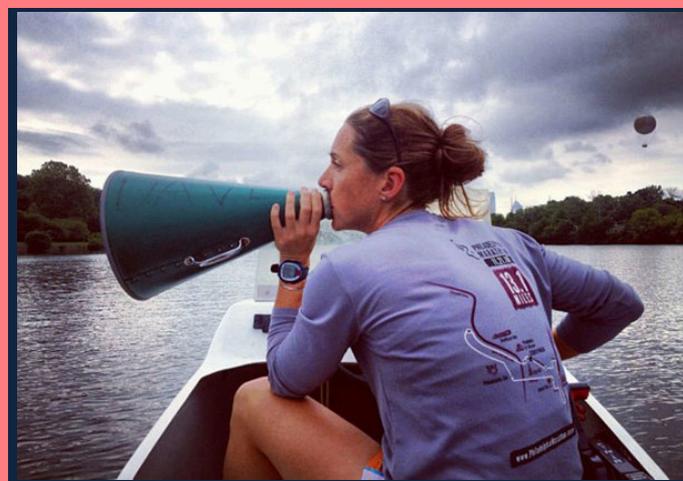
13% (#360)  
registered in  
41 countries

unevenly distributed across the world

87% (#2476)  
registered in  
9 countries



Australia - 889  
Great Britain - 862  
New Zealand - 228  
Italy - 138  
Czech Republic - 112  
South Africa - 70  
France - 65  
Russia - 62  
China - 50



## FEMALE COACHES LEADERSHIP PROJECT

Structural learning opportunity to:  
25 coaches from 5 IFs\* over 18 months  
2 cohorts per Olympic cycle  
6 months for evaluation and preparing  
1<sup>st</sup> pilot 2018/2019

\*gymnastics – wrestling – field hockey –  
triathlon - rowing

- leadership and technical competencies
- collaborative matrix HP female coaches
- development (inter)national network
- leadership and coach mentoring

OS: scholarship (travel, tuition, course)

IFs: accommodation, sport specific costs



# Key Facts and Figures

What is the state of Women's Rowing at the world level? The 2018 FISA Factsheet offers an overview of female participation across the World

## Women's Rowing across the World



403694 REGISTERED ROWERS

45% female



7.133 UMPIRES IN NATIONAL FEDERATIONS

31% FEMALE UMPIRES

23% FEMALE COACHES

12.080 REGISTERED COACHES



878 REGISTERED BOARD MEMBERS

22% FEMALE BOARD MEMBERS