# WOMEN IN ROWING

FISA

NFs Conference November 2018

STRATEGY
Activation of Women´s Development Strategy
2014
Participation
increase female participation at WCH
2017
Support & Research
Increase in support for female athletes
New programmes for female leaders.
Research on female Coaches/Coaching
New Olympic and WCH Programme
Equal Participation

# LEARN TO ROW

Gender neutral
"Learn to Row" booklet

Education and Universality

INNER STRENGTH

OUTER CONFIDENCE FOR GIRL ROWERS

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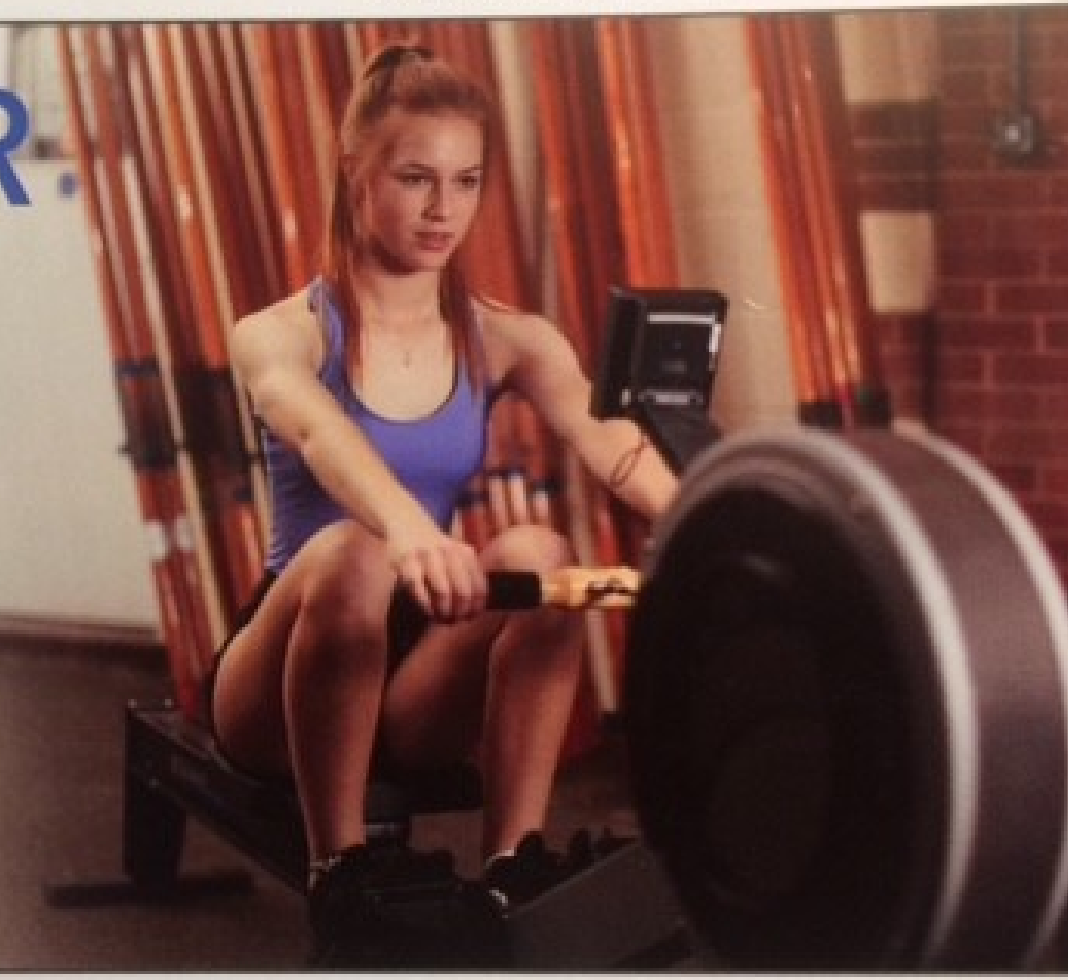
WSNet

A World Rowing / Women's Sport Network collaboration

# FIND YOUR ROWING MOJO



- Physical Literacy
- Resistance training
- Core movement skills
- Balance balls
- Diet & Hydration
- Coping with anxiety
- Menstruation & training

HerMoJo

OUT OF THE BOAT 'STUFF' TO BOOST IN-THE-BOAT PERFORMANCE

# EQUAL VISIBILITY POLICY AT ALL FISA COMMUNICATIONS

steady growth in the % female athletes over the last 5 years

## Athletes:

| | | |
|---|---|---|
| 40% | 2013 | 60% |
| 43% | 2015 | 57% |
| 45% | 2018 | 55% |

female athletes registered in 2018 183220

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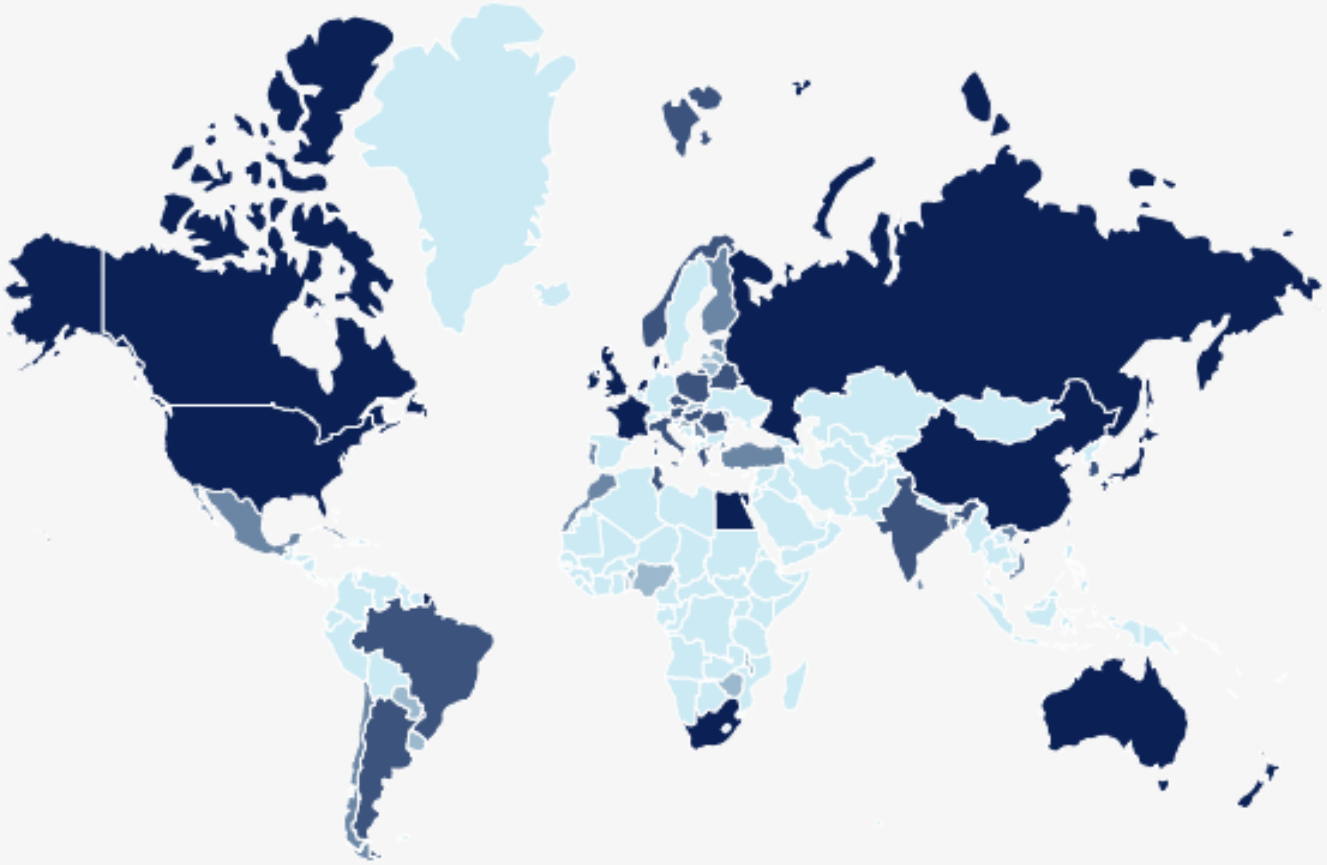
# 2018 FEMALE ATHLETES DISTRIBUTION

unevenly distributed across the world

95% are registered in 19 countries



USA - 59.278
France - 19.884
Great Britain - 18.058
Netherlands - 17.496
Australia - 14.004
Canada - 7.652
Egypt - 6.361
Denmark - 4.326
Russia - 4.088
China - 3.825
Ireland - 2.960
Japan - 2.953
New Zealand - 2.258
South Africa - 1.999
Italy - 1.772
Austria - 1.535
Norway - 1.374
Czech Republic - 1.319
Argentina - 1.303

# Female Participation at FISA Development Camps 2018

athletes
147 F
222 M

athletes
40% F

coaches
39 F
126 M

coaches
24% F

# Olympic Solidarity Scholarships

>50% scholarships for women Tokyo 2020

24% scholarship for women

London 2012

44% scholarship for women

Rio de Janeiro 2016

EXTRAORDINARY CONGRESS FEBRUARY TOKYO

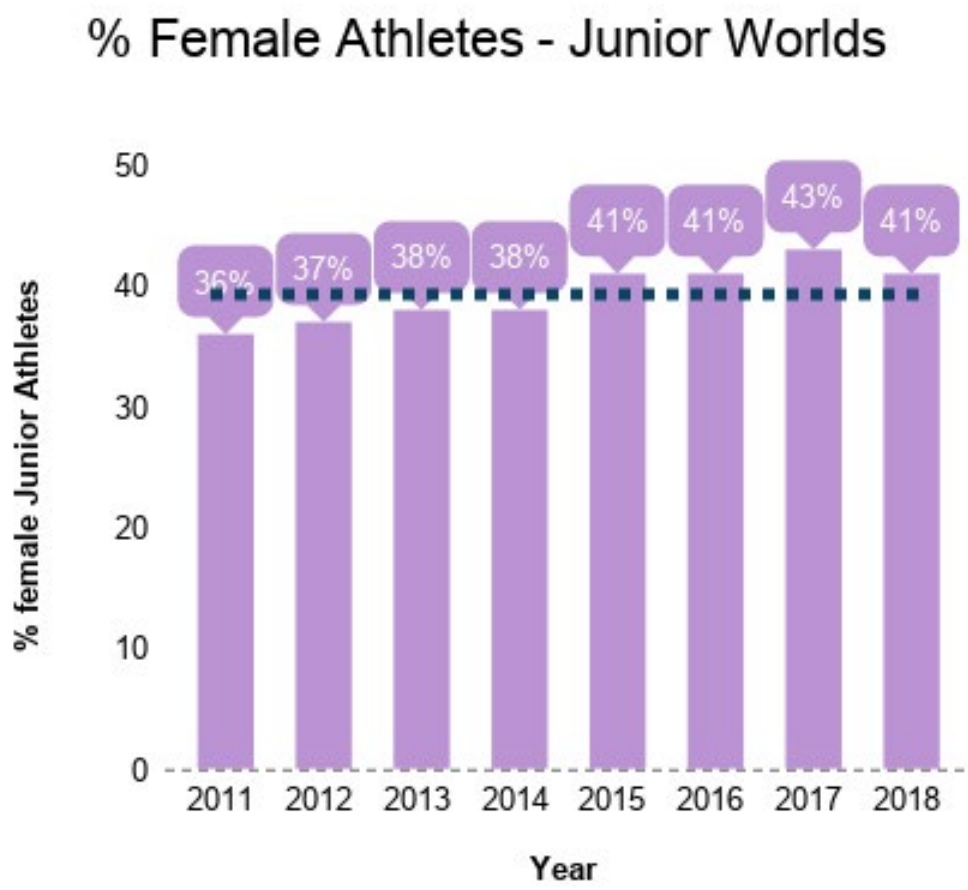
ORDINARY CONGRES OCTOBER SARASOTA

**2017 HAS BEEN A HISTORIC YEAR FOR WOMENS ROWING:**

NEW OLYMPIC PROGRAMME PROPOSAL FOR IOC 50/50 IN 2020 EVENTS & ATHLETES
-> APPROVED BY IOC JULY 2017

50/50 AT ALL CHAMPIONSHIPS
'PATHWAYS TO OLYMPICS'

# % Female Athlete Participation
# World Rowing Junior Championships
# 2011-2018




**41%**

2018 WRJCH
% of female athletes

**39%**

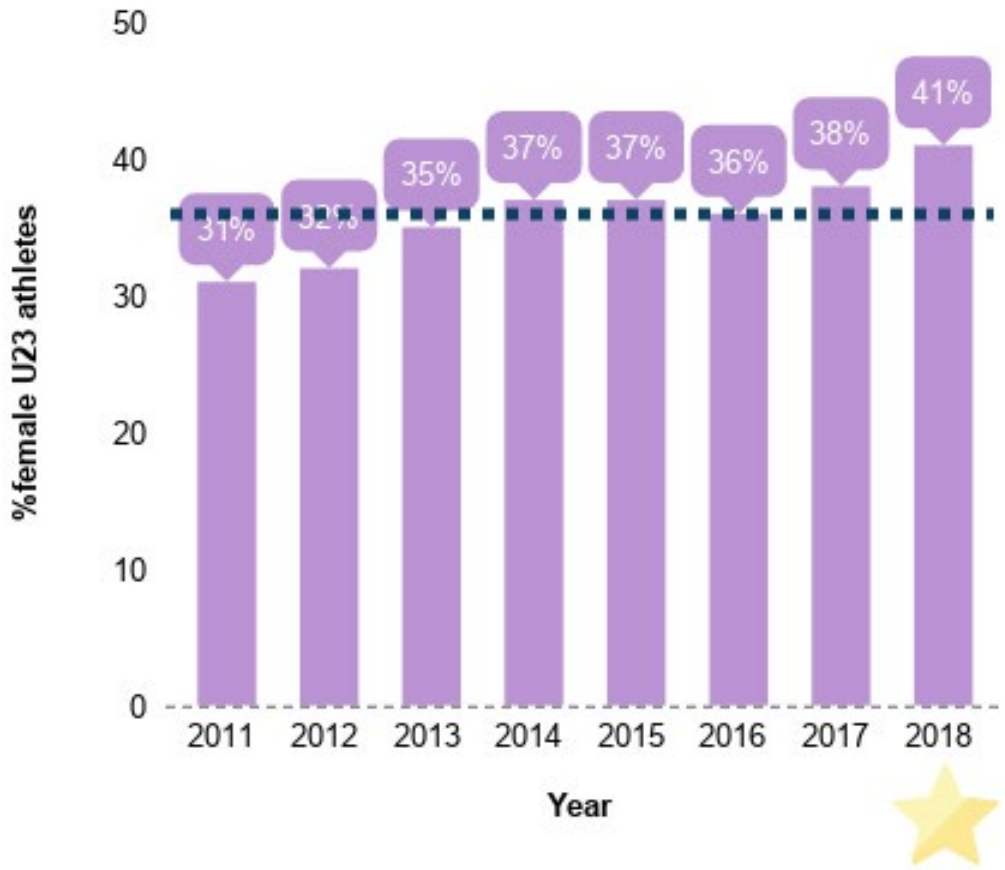
Average % of
female athletes
2011-2018

## Take Away

steady ratio
females vs total athletes
Over 40% since 2015
43% peak in 2017

Swiss Timing data
excluding Para Rowing
entries
October, 2018

# % Female Athlete Participation
# World Rowing U23 Championships
# 2011-2018




**41%**

2018 WRU23CH
% of female athletes

**36%**

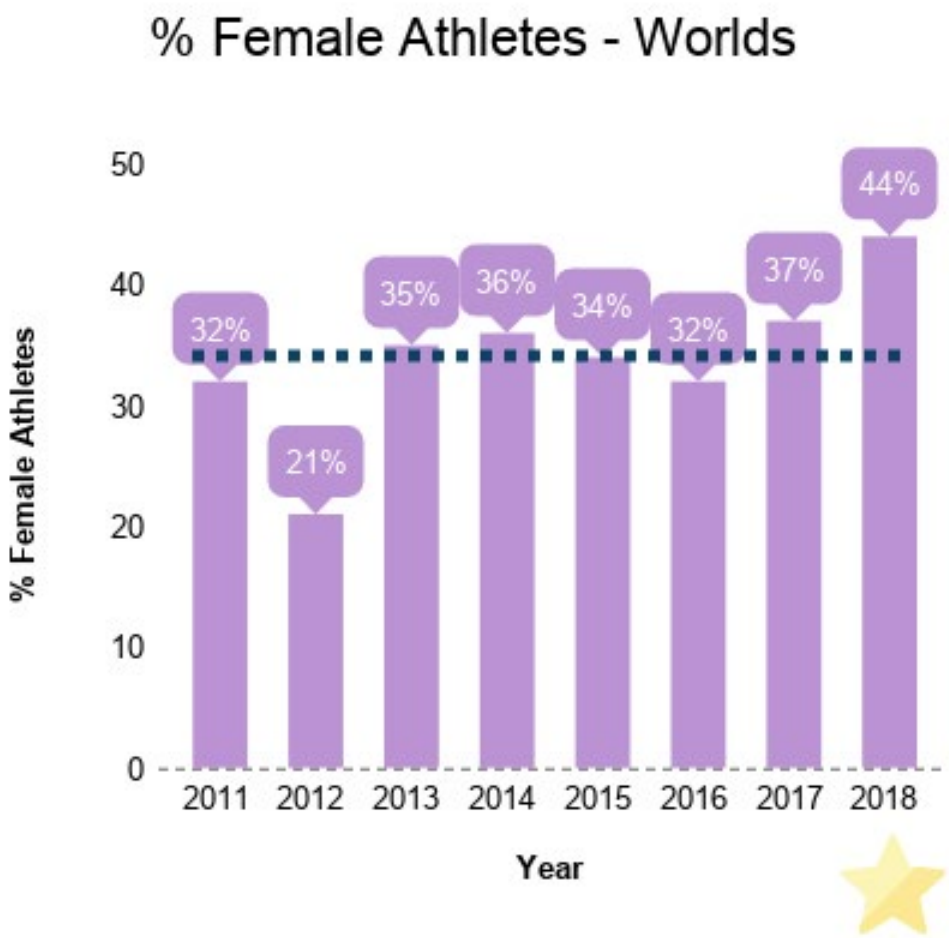
Average % of
female athletes
2011-2018

## Take Away

steady progression
ratio females vs total athletes
over 40% for the first time
in 2018

Swiss Timing data
excluding Para Rowing
entries
October, 2018

# % Female Athlete Participation World Rowing Championships 2011-2018



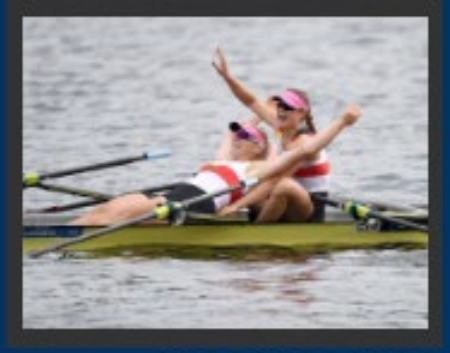

**44%**

2018 WRCH Record % of female athletes 2011-2018

**34%**

Average % of female athletes 2011-2018

Swiss Timing data excluding Para Rowing entries
October, 2018



# 2018

# FEMALE LEADERS

WHATS NEXT TO ROWING *2015*

CONTINUE WITH LEADERSHIP PROGRAMS:

- WSLA – IOC – MESOS
- ROLE MODELS – TALENT GROUP
- STRATEGIC RECRUITMENT POLICIES

sustainable growth in the % Female Board Members over the last 5 years

# NF BOARD MEMBERS:

| | | |
|---|---|---|
| 2013 | 17% | 83% |
| 2015 | 18% | 82% |
| 2018 | 22% | 78% |

#878 NF Board Members in 2018

# NF BOARD MEMBERS DISTRIBUTION

195 22 %

683 78%

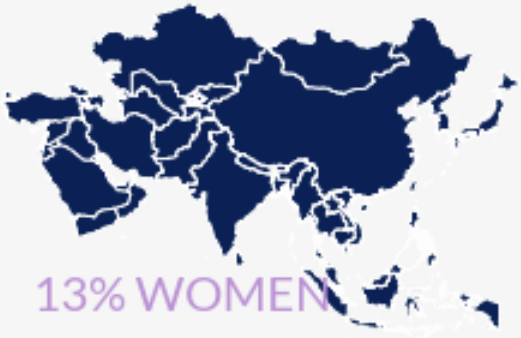
North America

48% WOMEN

Europe

24% WOMEN

Asia



13% WOMEN

Americas

26% WOMEN

Africa

25% WOMEN

Oceania

25% WOMEN

Newly elected Executive Committee

# Council 45/55

50/50

fluctuation in the % female coaches over the last 5 years

## Coaches:

26%
2013
74%

27%
2015
73%

23%
2018
77%

2836 female coaches registered in 2018

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# 2018 FEMALE COACHES DISTRIBUTION

13% (#360) registered in 41 countries

unevenly distributed across the world

87% (#2476) registered in 9 countries

Australia - 889
Great Britain - 862
New Zealand - 228
Italy - 138
Czech Republic - 112
South Africa - 70
France - 65
Russia - 62
China - 50

# FEMALE COACHES LEADERSHIP PROJECT

Structural learning opportunity to:
25 coaches from 5 IFs* over 18 months
2 cohorts per Olympic cycle
6 months for evaluation and preparing
1st pilot 2018/2019

*gymnastics – wrestling – field hockey – triathlon - rowing

-leadership and technical competencies
-collaborative matrix HP female coaches
-development (inter)national network
-leadership and coach mentoring

OS: scholarship (travel, tuition, course)
IFs: accommodation, sport specific costs

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# Key Facts and Figures

What is the state of Women´s Rowing at the world level?
The 2018 FISA Factsheet offers an overview of female participation across the World

## Women's Rowing across the World

403694 REGISTERED ROWERS

45% female

7.133 UMPIRES IN NATIONAL FEDERATIONS → 31% FEMALE UMPIRES

12.080 REGISTERED COACHES → 23% FEMALE COACHES

878 REGISTERED BOARD MEMBERS → 22% FEMALE BOARD MEMBERS