

## Regulations for the European Rowing Ergometer Championships

### Regulation 1 – Application and Eligibility

1. These rules apply to the European Rowing Ergometer Championship organized by an organizing committee designated by the national rowing federation and selected by the European Rowing Management Board (ERMB) in cooperation with Concept 2.
2. All athletes must be recognized by their national federation and have the nationality of the national federation that entered them in accordance with FISA Rule 16.

### Regulation 2 – Assignment of Responsibility

1. Responsibility for the administrative and sporting management of the event rests with the organizing committee under the guidance of the ERMB.
2. The jury shall consist of at least:
  - two Umpires with FISA International Umpiring Licenses
  - The necessary number of race controllers.

### Regulation 3 – Competition Rules

- a. Rowing machines must be approved by the ERMB and be of the same brand and design. The competitors will be assigned to the rowing machines by random draw.
- b. The distance rowed in [the European Ergometer Rowing eChampionships](#) races will be 2000 metres.
- c. The Finals will be rowed on a maximum of 10 ergometers. If there are more than 10 entries in an event, heats will be rowed as a Time-Trial. The 10 rowers or teams with the lowest times will qualify for the finals. The time-trials will take place the day before the finals.
- d. Events of the European Ergometer Rowing Championships:

i.	W 1x	ii.	M 1x
iii.	LW 1x	iv.	LM 1x
v.	W 4x	vi.	M 4x
vii.	LW 2x	viii.	LM 2x
- e. Weight limits are 75 kg for lightweight men and 61,5 kg for lightweight women. In the LW/LM 2x, 75 kg and 61,5 kg are maximum weights, there will be no averaging of weights. Weighing takes place on the day of the race between 1 and 2 hours before the scheduled starting time.
- f. In the Single events there are no restrictions concerning the number of entries [each per nation. Maximum two crew per nation can be entered in the crew events. The crew competitions \(2x/4x\) are open for maximum two teams by one national federation in each event](#)

- g. In the crew competition each rower will row on an separate ergometers. The ~~individual times after 2000m will be added to a~~ final result is the average time of the individual crew members. ???? To be confirmed by Alex
- h. Members representing of the same national federation ~~team~~ shall wear identical clothing.
- i. A performance monitor approved by the ERMB is used for time-keeping.
- j. Machine breakdown: Even in case of machine breakdown there is no re-row.
- k. The umpires are responsible for seeingobserving that the competition is rowed according to the rules and that no external cause can favour or hamper a rower.
- l. The umpires checksee thatif all participants and race controllers are in their places at least 2 minutes before a race, and that timing mediasystem and the performance monitors areare correctly set. A yellow card is given to a competitorfor who isarriving late at the start or for a false start. If a second yellow card is given to the same rower/crew forin the same race, that rower/crew shall be disqualifiedexcluded.
- m. Starting is givedone with the use of the electronic start with variable intervals on the approved performance monitor. ???
- n. A protest against the conduct of a race must be submitted in writing to an umpire no later than one hour after the race class is finished. and must be accompanied by a deposit of The protest fee is EUR 50 Euro, which amount shall be refunded if the protest is allowed. If the protest is sustained, the fee is returned. The decision making body (Board) consists of one umpire with FISA International Umpiring License, one technical advisor appointed by the ERMB for this purpose and one member of the ERMB.
- o. Decisions of this Board under this rule are final.

#### Regulation 4 – INVITATION – ENTRY – LIST OF RESULTS

- 1 The invitation shall contain:
  - a. Place and date.
  - b. Classification and distance.
  - c. Amount of the entry~~ance~~ fee per person.
  - d. Date of Event and ~~time of~~ the deadline for entries.
  - e. Contact details Address and telephone number for entries and of the Organising Committee~~correspondence~~.
  - f. ~~Relevant i~~Information abouton “time-trial” races, accommodation, catering etc.
2. Entries
  - a. Entries to the European Ergometer Rowing Championships ergometer rowing events must be received by the Organising Committee reach the address see mentioned in the invitation atbefore the deadline. ???

~~b.~~ All participants shall by signing an entry form agree to accept these rules for ergometer rowing, the FISA Rules of Racing, the World Anti-Doping Code.

~~c.~~ Participants under the age of 18 must also have the signature of a parent, guardian, or the team manager.

~~d.~~ Participants who are not members of a rowing club within the national rowing federation must present their correct names, addresses and phone numbers shown on the front of their entry forms. This must be confirmed before the start by showing valid proof of identity.

~~e.~~ The confirmation of federations will be made after the closing of the entries.

~~f.~~ Entries are made in writing on the forms circulated by the organizers. Entries must contain entry fees, but these can also be paid by bank transfer or at the event electronically no later than the day of the event.???

~~g.~~ Electronic entries are permitted and are confirmed when payment is made as required above.

3. Starting lists:

Starting lists must state the weight of each rower and the starting times for the various races.

4. Lists of results

Lists of results are published at the latest on the day after the competition, via the internet or a home page.

### Regulation 5 - Other Aspects

1. Anti-Doping controls will be carried out in accordance with the FISA Rules of Racing.
2. The medals will have the logo of the European Rowing Ergometer Championships.
3. Negotiations concerning a possible TV or radio broadcast in connection with European Rowing Championship shall be conducted in close cooperation between among the Organizing Committee, FISA and the TV or radio corporation concerned.

### Regulation 6 – Exceptional Circumstances

In any cases not covered by these rules then the FISA Statutes and the Rules of Racing will apply. The ERMB may in exceptional circumstances grant exceptions from the present rules.

## Bye-Laws for the European Rowing Ergometer Championship

### The competition area:

- a. The competition should be held in a sports arena or a similar venue premises with room for spectators. Ventilation should be good. There must be Athletes facilities should include changing rooms, bath showers, toilets and catering facilities for the rowers. Premises for The warming up area with ergometers should not be in the same room as the competition.

- b. A doctor/~~health~~medical personnel qualified at least to give first aid must be present throughout the whole competition. These must be able in the event to give advice in the competition area.
- c. Ergometers should be new, of the same make, model and quality, and uniformly calibrated. Each machine must be fitted with a performance monitor so that the rower can follow his/her own performance. A TV monitor for every second machine should display graphics showing the rowers' relative positions. There should also be a large screen video board for all competitors. There should be a widebig screen for the spectators.
- d. A zone of at least two metres should be established between and around the machines. Only the rowers, their coaches, and other officials shall be allowed within the zone.
- e. In the event of a technical breakdown, the second [comment: National Technical Official or Coach or who?] must promptly inform the umpire.
- f. Depending on the number of machines available, time trial races shall be held. The times achieved in the time trial races determine which rowers are to proceed to the A-final, the B-final, etc.
- g. The rower is free to adjust the machine (drag factor etc.). It must however be ready 2 minutes before the start. During the race, no coach/second or anyone other than the rower may adjust the machine.
- h. The athletes weighing-~~in~~ area must be clearly indicated, and weighing must take place on approved and calibrated scales.

#### **Invitation:**

- a. The entry form must contain spaces for information on the rower's membership of the national federation, a club/organization in that country and which class he or she is participating in.
- b. If an entry arrives after the entry deadline, or the entry fee has not been paid by the morning of the event, the rower will not be allowed to start.
- c. The invitation must state that every participant is in good health, is responsible for his/her own health insurance and agrees to the terms for participation in the competition.

#### **Exceptions:**

~~Eventualities/occurrences that are not described in these rules will whenever possible be decided on according to the FISA's rules.~~ [Comment: This is already stated in the Rules]