

**SMALL STEPS TOWARDS ENVIRONMENTAL
SUSTAINABILITY
AT THE BOATHOUSE AND ON THE WATER**



Tips for coaches and team managers

This brochure suggests simple ways of protecting the environment which can be practiced daily. Their application does not require special effort or knowledge from coaches, athletes, team managers.

These suggestions apply not only during regattas but also at any boathouse and rowing course at home.

Let us all try not to leave nothing but our footprints on the environment.
Because World Rowing is at one with it.

You can find more information about FISA's Environmental Sustainability Policy and Guidelines [here](#).

Rowing - our sport - requires clean water and clean air and therefore we need to take care of the environment.

AROUND THE BOAT HOUSE

- Wash/clean boats etc thoroughly, especially if transporting to another lake or river
- Minimize water consumption
- Use biodegradable cleaning agents sparingly
- Do not discharge wash water to the waterway-wash over permeable surface
- Secure hazardous materials and use them with care- safe handling, ventilation etc
- Keep a record of which materials boats and other equipment are made of- this is important when disposing them of or recycling is considered
- Recycle when possible
- Maintain good hygiene and vermin control
- Avoid "visual pollution"

MOTOR BOATS AND FUELS

- Whenever possible use 4 stroke motors

- Good maintenance means less pollution
- Maintain equipment where fuel/oil spills can be contained
- Refuel away from the waterway
- Have a plan and equipment to deal with accidental fuel spillages
- Ban smoking around fuel storage/refueling

ON THE WATER

- Be aware of sensitive habitats
- Avoid disturbing wildlife with noise or boat wake
- Have extra care during nesting or spawning seasons
- Avoid shoreline erosion
- Do not discard or contribute to waste to the waterway-including human waste
- Keep bottles etc secured in boats

Please make sure that your athletes be aware of the above. Their contribution along with yours, is crucial for the protection of our environment.