



International Criterium COASTAL ROWING



9th
June 2013

THONON-LES-BAINS

www.ville-thonon.fr



www.avironthonon.com

www.avironfrance.fr

COASTAL ROWING

The International Long Distance Criterium is organized during the French Coastal Rowing Championships. The races take place from the 7th to the 9th of June 2013 in the bay of Thonon-les-Bains (lake Lemman).

Coastal rowing competitions have three boat classes :

- The Coxed Four, with 4 rowers and a cox



The Coxed Four (4x+)

- The Double, with 2 rowers
- The Single, the most difficult category



The Double (2x)



The Single (1x)

MODALITIES

Inscriptions :

All participants must have a rowing license (if such a license is issued in the country where they row). Mixed crews between different clubs are authorized.

A Master classification (over 40) will be made in all races.

Inscription on the website www.avironfrance.asso.fr until Friday the 31st May and in Thonon until Saturday 8th June at 14 pm.

Programm : Sunday 9th June 2013



Baie de Thonon les Bains

– **08h30 : crew captains' meeting**

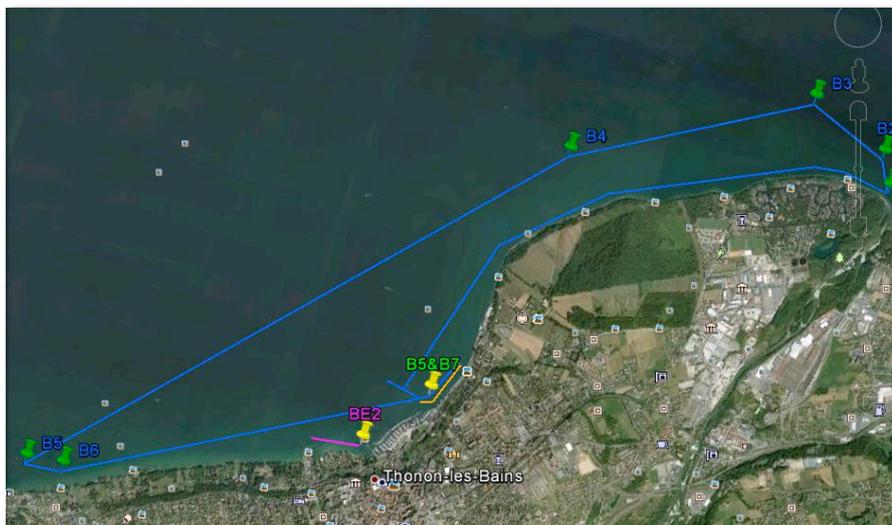
– **10h00 : start of the races**

- senior women races (coxed four or quadruple scull, double and single) and mixed (coxed four)
- senior men races (coxed four or quadruple scull, double and single)

– **12h30 : medal ceremony and aperitif**

(If you arrive on Saturday : gala evening)

Race course : Distance : 16km for all races



LOCAYOLE : If you need to rent a boat, or if you have a boat to rent, please contact us and fill in the form on www.avironthonon.fr

Tarifs : 80 Euros for a coxed Four / 50 Euros for a Double / 30 Euros for a Single

THONON AND THE CHABLAIS

Thonon-les-Bains is situated by the Lemman Lake, **the biggest lake of Europe (75km long, 14km wide, maximum depth 310 meters)**. Near the Alps and the splendid massif of the Mont Blanc, 35 km from Geneva, Thonon is a very appreciated holiday destination.

Arrive in Thonon :

- By car : 35 km from Geneva. Highway exit : Annemasse or Findrol.
- By plane : International Airport of Geneva.
- By train : Thonon railway station. TGV Paris – Thonon via Bellegarde.
- By boat : CGN from Lausanne.

Sleep in Thonon :

Special prices for all participants in the championships in hotels and campings of the region.

Contact the Tourist Information of Thonon : +33 (0)4 50 71 55 55 ou thonon@thononlesbains.com



Contacts and information :

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