

Headcoach BELGIUM

Qualification – knowledge's – competences - experiences

Certificate Elite - Trainer A
Experienced in coaching elite athletes and National Rowing teams
Can provide references with achieved elite sports results
Familiar with medical and sports physiology
Knowledge of National and International sport regulations
Practical knowledge of IT

Personal skills

Communication
Sense of initiative
Ability to work independently
Planning and organization
Sense of responsibility
Creative in seeking solutions
Flexible
Goals oriented
Respecting deadlines

Function

The head coach is responsible for the preparation, elaboration and execution of the quadrennial elite sport policy plan and annual elite sport action plan.

From his general vision on elite sport development, he realizes a smooth flow from youth cup rowers – World Championship Junior rowers – World Championship -23 rowers up to senior and Olympic Games senior rowers.

Job description

The head coach can count on the support of the Sport Scientific and Medical Commission of the VRL/LFA and in particular of Dr. Jan Boone / Dr. Nicolas Benoît for lab tests, evaluations, analyzes and the adjustment of training programs.

He is also supporting and contributing to the training performances of the Belgian coaches in collaboration with the Physical Movement Platform of BLOSO (Flemish official sports administration) and ADEPS.

The head coach defines a selection path in conversation with the Federal Sport Technical Commission for the junior youth cup (-18), World Ch. Juniors, World Ch. - 23, World Ch. seniors and Olympic Games (according to the international rowing calendar).

Specific objectives

The head coach is responsible for overall supervision and coaching of the Belgian elite rowers with specific targets for:

Elite Rowers

Final goal:

2016:

- a top eight place at the Games 2016
- a second boat in the top 12 on the Games 2016

Seniors -23

- Top 6 place at World Ch. -23 for 22 – year olds
- Top 9 World Ch. place for 20 - and 21 year olds
- Top 12 for 19 year olds

Juniors 18

- Top 8 place at Junior World Championships for 18-year-olds
- Top 12 place in World Championship for juniors 17-year-olds

Juniors 16-17

- Medal Chances at Youth Cup

Under full guidance and coaching is understood

- Guiding and supporting of the general elite sport policy plan of the VRL/LFA and compiling of the annual action plans.
- Preparation and implementation of annual training and competition schedules for each category of rowers: Elites – seniors A, seniors -23, juniors 15 – 18 (Youth Cup and World Ch. Group)
- Guiding and coaching of the elite rowers
- Guiding and advising of the club coaches for elite athletes.
- Preparation of detailed weekly training programs for the elite rowers, seniors A and seniors -23, Junior World Ch. group and Youth cup in concertation with the coaches specifically responsible for these groups.
- Monitoring, advising and guiding of the coaches of the seniors - 23 and the junior core group.

Operational Framework

Every action plan, planning of training courses and training locations (home and abroad), participation at contests and tournaments are first discussed with the Federal Sporttechnical Commission and the elite sport coordinator of the VRL / LFA and budgets will be submitted to the Board of Directors. Planning is also presented to the Elite Sport Committee.

For specifically defined tasks during training days, test moments, courses and contests for the elite athletes, the head coach can invoke a club coach or an assistant coach, appointed by the Board as such on the proposal of Elite Sports Committee. He will hold regular consultations with them and discuss individual training sessions.

The Head Coach works closely together with and reports weekly to the board member responsible for elite sport activities and the elite sport coordinator of the VRL / LFA.

He will report on a three-monthly basis to the board and Bloso / Adeps about the evolution and results of the annual action plans.

The function of head coach involves multiple travelling abroad.

Budget and working conditions

The engagement of the head coach is financially supported by BLOSO (Flemish Community) and ADEPS (French Community) .

This budget allows a yearly remuneration of 70.000 euros, all personal costs (on National territory) and taxes included.

The head coach makes regular use of the available accommodation in Brugge, Ghent, Hazewinkel and Seneffe.

Start and duration of the contract

Starting date: preferable on the 1st of September 2013.

End of contract (depending on the continuing financial support decision of regional governments): September 2016 (after Olympic Games 2016).

Application forms to be sent to gwenda.stevens@rowing.be before the end of July 2013.