



1-4 NOVEMBER 2012

PROGRAMME

Thursday 1 November

Arrivals

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| 19:00 | Welcome Drinks and Presentation on Irish Rowing History | Chris Dodd (GBR) |
| 19:30 | Dinner | |

Friday 2 November

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| 08:45 | Introduction | |
| 09:00 | Coach in the Spotlight – Der Deutschland Achter | Ralf Holtmeyer (GER) |
| 10:00 | Coach in the Spotlight – The Danish Lightweights | Thomas Poulsen (DEN) |
| 11:00 | Coffee break | |
| 11:15 | Coaches in the Spotlight – British Women’s Team – 3 Gold Medals | |
| | | Paul Thompson, Robin Williams, Paul Reedy (GBR) |
| 12:30 | Lunch | |
| 14:00 | Break-out into groups for discussion of Coaches in the Spotlight Presentations | |
| 15:00 | Coffee break | |
| 15:15 | FISA Discussion - Seeding and Fairness | |
| 16:00 | Break-out into groups for discussion of Seeding and Fairness | |
| 17:00 | Report back from groups on Seeding and Fairness | |
| 18:30 | Depart for Gala Dinner | |
| 19:00 | FISA Gala Dinner and Awards Presentations | |



Saturday 3 November

- 08:45 Panel discussion with Coaches in the Spotlight
- 10:15 Coffee break
- 10:30 Athletes and Coaches – Personality traits and training implications; Interaction between Athletes and Coaches
Dr. Annelen Collatz (GER)
– German Team Psychologist
- 11:45 Crossing the Line – Transition to Life After Rowing
Gearoid Towey (IRL)
– Former Rowing World Champion
- 13:00 Lunch
- 14:30 Developing a High Performance Program in a small federation
Martin McElroy (IRL) 2009– 12 Irish High Performance Director
- 15:30 Coffee break
- 15:45 FISA Discussion – World Championship events, and other matters
- 16:30 Break out into groups for discussion of FISA Matters
- 17:15 Report back from groups on FISA Matters
- 19:00 Dinner / Farewell Reception

Sunday 4 November

Departures