

2020 Report of the Americas Continental Representative

2020 Primary Achievements

1. Communication and collection of data during pandemic period.
 2. Coaches conferences:
 - over 100 participants from: Canada, UK, Italy, New Zealand, Spain, Argentina, Germany.
 - Strong network between Continental Representative and Development Consultants.
- . [Youtube](#) links and FaceBook



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2020 Primary Achievements

3. [America's Cup](#) in Chile

fourth edition & highest participation ever

Over 200 athletes and 293 boats

8 countries and 10 clubs

Women's and Indoor challenges

flagship event in the Americas



Big year for Copa America de Remo regatta

03 MARCH 2020

In its fourth year, the Americas Cup for rowing attracted record participation. Held in Valdivia, Chile, over 200 athletes participated from eight countries including Honduras for the first time.

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2020 Copa America - Valdivia, Chile
© FISA



Chile topped the medals table winning a total of 29 medals, 16 of them gold. Uruguay came in second with 14 medals including six golds. Paraguay was third with three golds and a total of four medals.

“there was a feel that the whole city was involved. More than 3000 people came to the event as spectators”

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2020 Primary Achievements

4. **Indoor America's Cup** (Dakar program, para rowing) ARG, BRA, CAN, CHI, CRA, CUB, DOM, ECU, ESA, GUA, HON, MEX, NIC, PAR, PER, URU, USA.

Chilean rowers dominate the virtual indoor Copa America

15 JUNE 2020

The Copa America or Americas Cup of Indoor Rowing, held 6 to 7 June, 2020, saw hundreds of rowers from across South and North America send in their ergo scores for this pandemic-time event.

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a chance for athletes to stay engaged in some form of international rowing competition during this unprecedented season of cancelled regattas and a postponed Olympic Games.

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2020 Primary Achievements

5. National Development Projects

CRC DNSS

NCA TCC

Virtual deliveries (classic + coastal)



Blended Learning WR Level 1: FASES



CERTIFICACION y
CURSOS EXTERNOS



APRENDIZAJE
INDEPENDIENTE



SEMINARIO VIRTUAL
INTERATIVO
2 días
Dirigido por expertos
World Rowing con
apoyo DTN
FENIREMO



PRÁCTICO NCA
2 días
Dirigido por expertos
WR

PARTE A

PARTE B

COASTAL RACE MODULE: Parte A

5 sesiones 2-3hrs y pre visualización de videos temáticos preparatorios
2,5 días

	VÍDEOS PRE-TALLER	SEMINARIO VIRTUAL INTERATIVO
Sesión 1	Introducción al remo de mar 1:00 Gestión de la seguridad en el agua Parte 1 – Planificación 2:00	Introducción 1:00 Gestión de la seguridad en el agua Parte 1 2:00
Sesión 2	Gestión de la seguridad en el agua Parte 2 – Pre-lanzamiento 2:00 Conceptos básicos: Entrada y salida Introducción a ejercicios de salvamento 0:30	Gestión de la seguridad en el agua Parte 2 2:00 Entrada y salida y ejercicios de salvamento 1:00
Sesión 3	Fases de la regata 2:30	ejercicios de salvamento cont. 1:00 habilidad de regatas y técnica 2:00
Sesión 4	Introducción a la logística de Beach sprint 1:00	Logística de Regatas & Táctica 2:00
Sesión 5	El guía de los entrenadores para organizar una regata de selección 1:00	Implementar entrenamiento y regata de selección 2:00 Conclusión y plan de acción personal 1:00

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2020 Primary Achievements

6. Equipment donations

DOM (ergs)

BAR (coastal boats arrived)

CRC (classic and coastal boats, ergs and oars ordered with support OS/NOC support)

First countries in the Central America and Caribbean region to have coastal boats

Opportunity for first beach sprint events in 2021



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2020 Primary Achievements

7. WSLA HPC

Mentorship, education & training



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2021 Primary Objectives

1. America's Cup TBC – bidding process for transparency/ facilitate protocols to OCs/ highlight models of good, inexpensive initiatives/ invite and encourage USA and CAN to participate
2. Use existing regattas (e.g. Canadian Henley) in continent.
3. Stage Central America & Caribbean Cup and Coastal Rowing Cup TBC- bidding process to keep it transparent/ facilitate protocols to OCs/ highlight models of good, inexpensive initiatives.
4. Para rowing: COPARE to identify event in Rio and review plan for Para PanAmerican Games
6. Promote Indoor challenges
7. Provide governance and safeguarding education webinars.

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2021 Primary Objectives / Following Strategic Plan Objectives

1. Govern / Administer

- establish good communication channels with all stakeholders
- encourage updating of current NFs statutes to be in line with World Rowing's

2. Develop

- encourage NFs to host international events across all rowing disciplines
- support Coaches' and Athletes' conferences
- support development of national projects (via OS) virtually and f2f (if possible)
- support coaching education and athlete OG preparation

3. Showcase through Events

- deliver Americas Olympic and Paralympic Qualifier
- provide support for the staging of standard events
- work with COPARE for their development of an Events Committee

4. Promote Rowing

- communications liaison with member federations

5. Respect the Environment

- promote and support effective environmental guidelines



Joint Commissions Meeting

2020 Virtual

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Budget Information (for Ex Comm)

- **Projects: Continental Cups
Coaches' and Athletes' conferences**