

# 2023 World Rowing Beach Sprint Finals

29 SEPTEMBER – 1 OCTOBER 2023  
BARLETTA, ITALY

# 2023 World Rowing Coastal Championships

6 – 8 OCTOBER 2023  
BARLETTA, ITALY



# Contents

|          |  |    |
|----------|--|----|
| <b>1</b> | <b>World Rowing</b>                                  | 3  |
| 1.1      | World Rowing member federations and oar design       | 4  |
| 1.2      | World Rowing beach and coastal calendar, 2023 – 2025 | 5  |
| 1.3      | About World Rowing                                   | 6  |
| 1.4      | Key Media information                                | 8  |
| 1.5      | How to follow  | 9  |
| <b>2</b> | <b>World Rowing Beach Sprint Finals</b>              | 10 |
| 2.1      | What are beach sprints?                              | 11 |
| 2.2      | Boat Classes (beach sprints and coastal)             | 12 |
| 2.3      | Race format  | 13 |
| 2.4      | Beach sprints top athletes                           | 14 |
| <b>3</b> | <b>World Rowing Coastal Championships</b>            | 17 |
| 3.1      | What is coastal rowing?                              | 18 |
| 3.2      | Race format  | 19 |
| 3.3      | Coastal top athletes                                 | 21 |



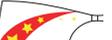
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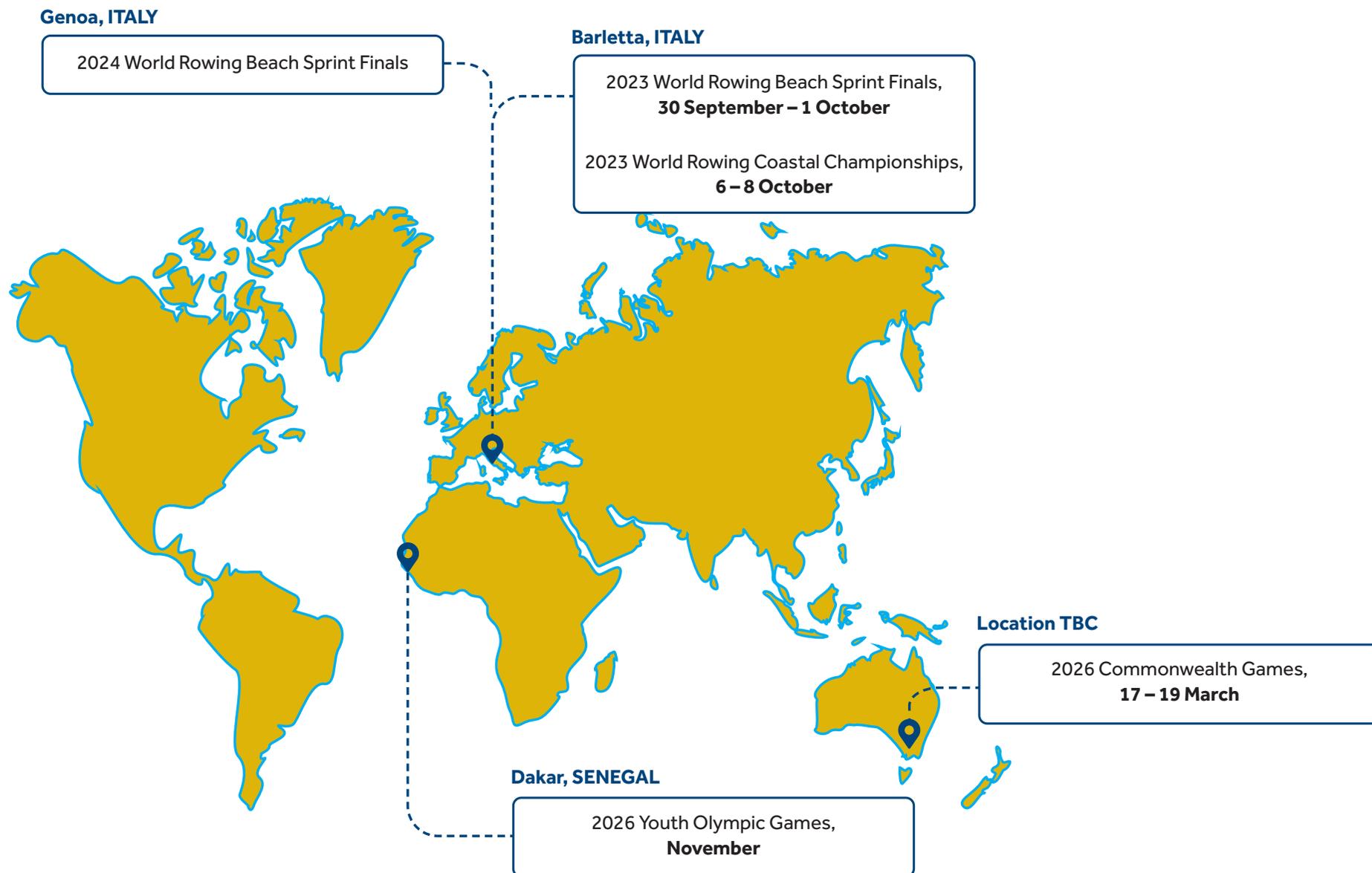
# Rowing



## World Rowing member federations and oar design

|   |   |   |   |  |   |   |   |  |   |  |   |
|---|---|---|---|--|---|---|---|--|---|--|---|
| <br>AFGHANISTAN AFG                | <br>ALBANIA ALB        | <br>ALGERIA ALG        | <br>ANGOLA ANG                 | <br>ARGENTINA ARG                  | <br>ARMENIA ARM            | <br>AMERICAN SAMOA ASA         | <br>AUSTRALIA AUS                  | <br>AUSTRIA AUT       | <br>AZERBAIJAN AZE     | <br>BAHAMAS BAH                     | <br>BANGLADESH BAN       |
| <br>BARBADOS BAR                   | <br>BELGIUM BEL        | <br>BENIN BEN          | <br>BERMUDA BER                | <br>BOSNIA-HERZEGOVINA BIH         | <br>BELARUS BLR            | <br>BOLIVIA BOL                | <br>BOTSWANA BOT                   | <br>BRAZIL BRA        | <br>BAHRAIN BRN        | <br>BULGARIA BUL                    | <br>BURKINA FASO BUR     |
| <br>CAMBODIA CAM                   | <br>CANADA CAN         | <br>CAYMAN ISLANDS CAY | <br>CHILE CHI                  | <br>PEOPLE'S REPUBLIC CHN OF CHINA | <br>IVORY COAST CIV        | <br>CAMEROON CMR               | <br>COLOMBIA COL                   | <br>CAPE VERDE CPV    | <br>COSTA RICA CRC     | <br>CROATIA CRO                     | <br>CUBA CUB             |
| <br>CYPRUS CYP                     | <br>CZECH REPUBLIC CZE | <br>DENMARK DEN        | <br>DJIBOUTI DJI               | <br>DOMINICA DMA                   | <br>DOMINICAN REPUBLIC DOM | <br>ECUADOR ECU                | <br>EGYPT EGY                      | <br>EL SALVADOR ESA   | <br>SPAIN ESP          | <br>ESTONIA EST                     | <br>FIJI FIJ             |
| <br>FINLAND FIN                    | <br>FRANCE FRA         | <br>GREAT BRITAIN GBR  | <br>GEORGIA GEO                | <br>GERMANY GER                    | <br>GHANA GHA              | <br>GIBRALTAR GIB              | <br>GREECE GRE                     | <br>GUATEMALA GUA     | <br>GUINEA GUI         | <br>HAITI HAI                       | <br>HONG KONG CHINA HKG  |
| <br>HONDURAS HON                   | <br>HUNGARY HUN        | <br>INDONESIA INA      | <br>INDIA IND                  | <br>ISLAMIC REPUBLIC OF IRAN IRI   | <br>IRELAND IRL            | <br>IRAQ IRO                   | <br>ICELAND ISL                    | <br>ISRAEL ISR        | <br>ITALY ITA          | <br>JAMAICA JAM                     | <br>JORDAN JOR           |
| <br>JAPAN JPN                      | <br>KAZAKHSTAN KAZ     | <br>KENYA KEN          | <br>KYRGYZSTAN KGZ             | <br>KIRIBATI KIR                   | <br>REPUBLIC OF KOREA KOR  | <br>SAUDI ARABIA KSA           | <br>KUWAIT KUW                     | <br>LATVIA LAT        | <br>LIBYA LBA          | <br>LEBANON LBN                     | <br>LESOTHO LES          |
| <br>LITHUANIA LTU                  | <br>LUXEMBOURG LUX     | <br>MADAGASCAR MAD     | <br>MOROCCO MAR                | <br>MALAYSIA MAS                   | <br>MALAWI MAW             | <br>MOLDOVA MDA                | <br>MALDIVES MDV                   | <br>MEXICO MEX        | <br>MONGOLIA MGL       | <br>REPUBLIC OF NORTH MACEDONIA MKD | <br>MALI MLJ             |
| <br>MALTA MLT                      | <br>MONACO MON         | <br>MOZAMBIQUE MOZ     | <br>MAURITIUS MRI              | <br>MAURITANIA MTN                 | <br>MYANMAR MYA            | <br>NAMIBIA NAM                | <br>NICARAGUA NCA                  | <br>NETHERLANDS NED   | <br>NEPAL NEP          | <br>NIGERIA NGR                     | <br>NIGER NIG            |
| <br>NORWAY NOR                   | <br>NEW ZEALAND NZL  | <br>OMAN OMA         | <br>PAKISTAN PAK             | <br>PANAMA PAN                   | <br>PAPUA NEW GUINEA PNG | <br>PARAGUAY PAR             | <br>PERU PER                     | <br>PHILIPPINES PHI | <br>PALESTINE PLE    | <br>POLAND POL                    | <br>PORTUGAL POR       |
| <br>DPR OF KOREA PRK             | <br>PUERTO RICO PUR  | <br>QATAR QAT        | <br>ROMANIA ROU              | <br>SOUTH AFRICA RSA             | <br>RUSSIA RUS           | <br>SAMOA SAM                | <br>SENEGAL SEN                  | <br>SINGAPORE SGP   | <br>SLOVENIA SLO     | <br>SOMALIA SOM                   | <br>SERBIA SRB         |
| <br>SRI LANKA SRI                | <br>SUDAN SUD        | <br>SWITZERLAND SUI  | <br>SLOVAKIA SVK             | <br>SWEDEN SWE                   | <br>ESWATINI SWZ         | <br>SYRIAN ARAB REPUBLIC SYR | <br>TONGA TGA                    | <br>THAILAND THA    | <br>TURKMENISTAN TKM | <br>TOGO TOG                      | <br>CHINESE TAIPEI TPE |
| <br>TRINIDAD & TOBAGO TTO        | <br>TUNISIA TUN      | <br>TURKEY TUR       | <br>UNITED ARAB EMIRATES UAE | <br>UGANDA UGA                   | <br>UKRAINE UKR          | <br>URUGUAY URU              | <br>UNITED STATES OF AMERICA USA | <br>UZBEKISTAN UZB  | <br>VANUATU VAN      | <br>VENEZUELA VEN                 | <br>VIETNAM VIE        |
| <br>ST. VINCENT & GRENADINES VIN | <br>ZAMBIA ZAM       | <br>ZIMBABWE ZIM     |   |  |   |   |   |  |   |  |   |

## World Rowing beach and coastal calendar, 2023 – 2025



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The World Rowing Federation is the governing body of the sport of rowing. It is empowered by its 159-member National Rowing Federations, the National Olympic Committees and the International Olympic Committee, to govern the sport of rowing.

World Rowing was previously called FISA (from the French, Fédération Internationale des Sociétés d’Aviron) with a full name change to World Rowing coming into effect in 2020.

World Rowing sets the rules and regulations for the practice of the sport in all its forms (elite, para rowing, coastal, masters and aspects of indoor). It organises sanctioned World Rowing events including those for under-19 and under-23s. It provides advice and expertise for the organisation of rowing regattas, events, coaching education, rowing development and other matters relating to the sport and its development.

In 2017 World Rowing, as FISA, celebrated its 125th anniversary. It was founded by representatives from Belgium, France, Italy, Switzerland and Adriatica (now a part of Italy) in Turin, Italy on 25 June 1892. It is the oldest international sports federation in the Olympic movement. World Rowing established its first headquarters in Lausanne, Switzerland in 1922 and, after moving away, it returned to Lausanne in February 1996. Lausanne is the home of the International Olympic Committee.



### WORLD ROWING'S VISION

To encourage the development of the sport of rowing and strengthen the bonds that unite all who enjoy the sport.



### WORLD ROWING'S MISSION

To make rowing a universally practised and globally relevant sport in all its forms. To effectively and efficiently govern, develop, showcase and promote the sport of rowing and respect and protect the environment when practising the sport.

### World Rowing's Guiding Principles

- **Priority to Rowers and Rowing:** The interests, well-being and health of the rowers are always at the centre of our sport. World Rowing directs its work in the interests of rowers and rowing
- **Rowing in all its Forms:** World Rowing recognises the value of the different forms of rowing that exist globally and that enable the sport to be practised by people of differing ages, abilities and training objectives. World Rowing seeks to both represent and develop all of these different forms of rowing.
- **Equality of Opportunity & Fairness:** World Rowing seeks to ensure fairness and equality of opportunity, both in competition and across all levels of the organisation.
- **Inclusion & Non-Discrimination:** World Rowing is committed to inclusion and accessibility, strives for gender equality and does not tolerate any form of discrimination.
- **Integrity:** World Rowing is committed to the highest ethical standards, is a recognised leader in the fight against doping and is dedicated to preventing the manipulation of competitions.
- **Sustainability:** World Rowing carefully assesses sustainability in all its actions and decisions. FISA endorses a responsible and sustainable approach to the planning and staging of its events so as to maximise positive impacts and minimise negative impacts on the environment and surrounding communities.
- **Autonomy & Independence:** World Rowing undertakes to preserve the independence and autonomy of international sport.
- **Integral Part of World Sport:** World Rowing seeks to ensure a leading position for rowing in the world of sport. World Rowing is an integral member of the Olympic and Paralympic movements and other leading world sports organisations. World Rowing at events

**Core values of Rowing**

|                                |   |
|--------------------------------|---|
| <b>Fairness</b>                | In a spirit of fair play, rowers learn self-discipline, the need for commitment and respect for their opponents.          |
| <b>Teamwork</b>                | Rowers learn that by working together to achieve a common goal everyone achieves more.                                    |
| <b>Inclusiveness</b>           | Rowers combine into a single and cooperative community, irrespective of race, gender, orientation, creed, age or ability. |
| <b>Timeless</b>                | Rowers pass on time-honoured values and shared experiences from past to future generations.                               |
| <b>Environmental awareness</b> | Rowers respect and safeguard the water and its surroundings.  |

**World Rowing events**

- World Rowing Championships
- World Rowing Cup (annual series of three regattas)
- World Rowing Under 23 Championships
- World Rowing Under 19 Championships
- World Rowing Indoor Championships
- World Rowing Coastal Championships
- World Rowing Beach Sprint Finals
- World Rowing Tour
- World Rowing Masters Regatta

For more information: [www.worldrowing.com/events/](http://www.worldrowing.com/events/)

**World Rowing contacts**

For contact information: [info@worldrowing.com](mailto:info@worldrowing.com)

## Key Media Information

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### Media accreditation

All media accreditations should be submitted through World Rowing at <https://worldrowing.com/media-centre>. Last-minute media accreditation requests should be made directly to [media@worldrowing.com](mailto:media@worldrowing.com). All filming and broadcasters (whether national or international) need to be approved by World Rowing. A media accreditation confirmation email will be sent to media having requested accreditation for this event. Accreditation can be collected on site upon arrival at the venue.

### Media facilities

The media centre will be open the following times:

Day before the start of the regatta – Usually from about 13:00hrs – 17:00hrs.

During the regatta – one hour before racing to three hours after the last race.

The usual facilities are available to the press in the media area:

- Workspaces with power (power sockets are Type C and F)
- WiFi internet access
- Copy service
- Drinks and light snacks throughout the day

### WhatsApp Group for media

To stay informed with all the latest news and information about the event, please join the WhatsApp group through the QR code attached or via the link below: <https://chat.whatsapp.com/DjwKPXVrC8JKe7V1jvSgSg>

### Photographers & TV camera operators

Bibs must be worn to distinguish accredited photographers from private/non-professional photographers or TV camera operators. These bibs must be worn throughout the event. They are handed out upon a deposit of 50 EUR or an ID card or Passport.

### Safeguarding

Everyone should feel safe to enjoy the sport of rowing. All rowers, entourage, coaches, volunteers, media and staff have the right to participate and work in a non-violent, safe and respectful environment. Behaviour and actions that constitute harassment and abuse will not be tolerated. If you are worried about how you, or someone else, is being treated please talk to the World Rowing Event Safeguarding Officer - send an email to [safeguarding@worldrowing.com](mailto:safeguarding@worldrowing.com).

### The World Rowing communications and media team

[Brian Orsini](#) – Head of Communications & Media

[Mauricie Summers](#) – Digital and Social Media coordinator

[James Lee](#) – Communications consultant

[Ben Chattell](#) – Communications Consultant

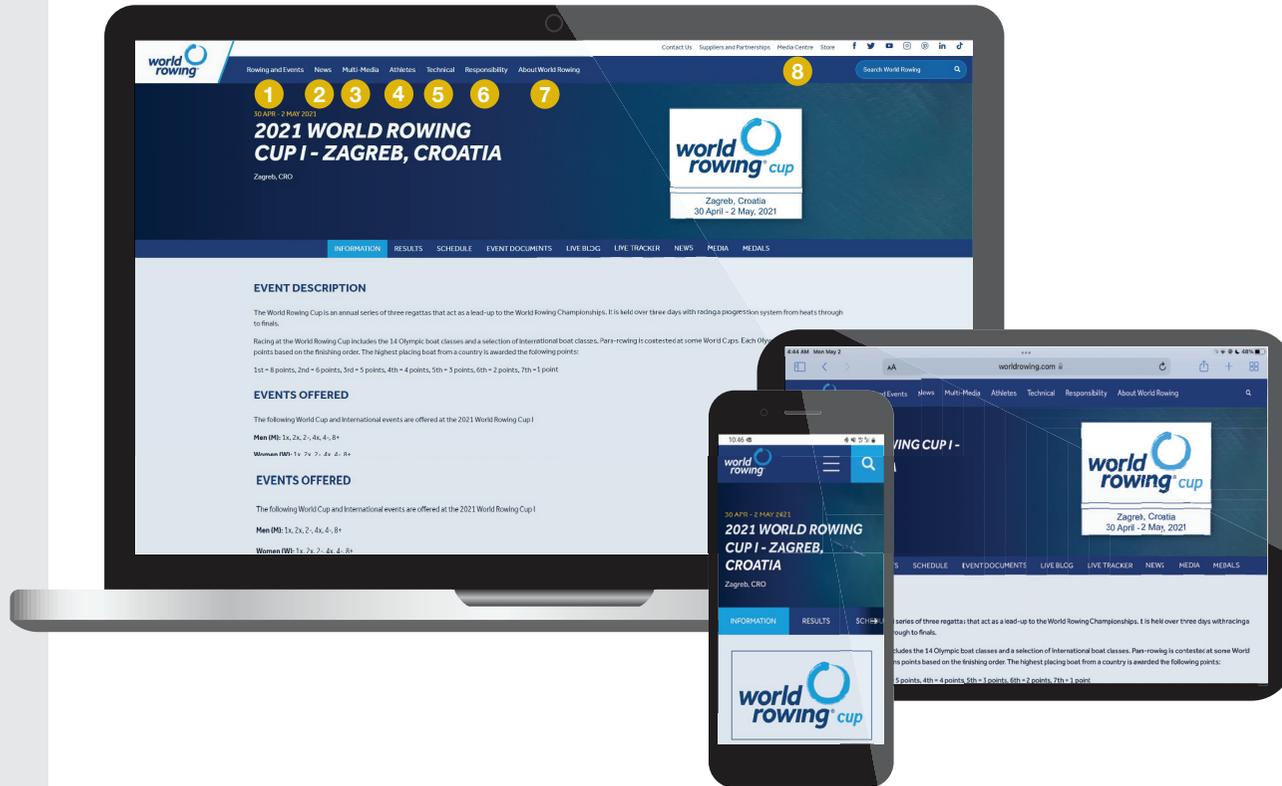
[Detlev Seyb](#) - Photographer

**Local media officer is Giuseppe Dimiccoli** - [giuseppedimiccoli@yahoo.it](mailto:giuseppedimiccoli@yahoo.it)



## How to follow

- 1
- 2
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### Live Event Coverage

- Live race tracker & results
- Videos
- Audio commentary
- Live blog
- Photos
- News
- Race Reports

### Connect with us for more photos, videos and exclusive content

- |  |   |
|--|---|
|  @WorldRowingOfficial |  WorldRowingFISA     |
|  WorldRowing          |  WorldRowingOfficial |
|  @WorldRowing         |  WorldRowing (FISA)  |
|  WorldRowing国际赛艇联合会   |  @worldrowing        |

Join the Conversation #rowing #worldrowing

### Always available at worldrowing.com

- 1 **ROWING & EVENTS** Information on all rowing communities including elite, indoor, coastal, under-23, Under-19, masters, para. Upcoming and past events, event calendar, event bidding.
- 2 **NEWS** Latest news and media releases.
- 3 **MULTI-MEDIA** Photo Galleries and Video archive of World Rowing Cups, Championships, European Championships...
- 4 **ATHLETES** Biographies, rower of the month, best times.
- 5 **TECHNICAL** Rules & Rule Books, coaching, anti-doping, umpiring, para rowing classification, development.
- 6 **RESPONSIBILITY** Environment, safeguarding, medical & health.
- 7 **ABOUT WORLD ROWING** Organisation, governance, awards, history.
- 8 **MEDIA CENTRE** Media accreditation, media guides, media release and newsletter registration.

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# *World Rowing Beach Sprint Finals*



## What are beach sprints?

Beach sprints developed from the emergence of beach games competitions and the desire for an exciting, short, fast coastal rowing discipline. It first appeared in 2015 at the Mediterranean Beach Games in Italy. Beach sprints were then formalised, standardised and became the newest event to join the family of World Rowing disciplines.

Beach sprint racing starts with a beach run to the boat, a slalom row, a turn, a sprint back to the beach and a run up the beach to the finish line. Races take around two to four minutes and are about 600m in length (500m of rowing and 100m of sprinting). This can be adapted depending on the venue.

Coastal rowing boats are used for beach sprint racing. They're wider and more stable than classic rowing boats with the stern flat to let water flow out of the boat. The unpredictability of beach sprint racing, with athletes having to compete with waves and tides, makes it very different to classic rowing and requires a separate skill set to go with it.

Beach sprint events include solo (CW1x and CM1x), double scull (CMix2x) and quad scull (CMix4x+).

The World Rowing Beach Sprint Finals was first raced in 2019 in Shenzhen, China. They were then held in Oeiras, Portugal in 2021 (Covid prevented a 2020 competition) and then in Pembrokeshire, Great Britain in 2022. These locations have all been very different making each beach sprint competition unique and distinct.

Beach sprint racing has been confirmed for the 2026 Youth Olympic Games in Senegal and with that under-19 events have been added to the programme. This includes the solo (CJM1x, CJW1x) and double (CJM2x, CJW2x, CJMix2x). It will also be in the 2026 Commonwealth Games in Australia.

## BOAT CLASSES

## SOLO (C1X)



**Beach sprint events:**  
CW1x, CM1x

## DOUBLE SCULLS (C2X)



**Beach sprint events:**  
CMix2x

## COXED QUADRUPLE SCULLS (C4X+)



**Beach sprint events:**  
CMix4x+



**Race time:**  
around 2 to 4  
minutes



**Race length :**  
600m (500m of  
rowing and 100m  
of sprinting)

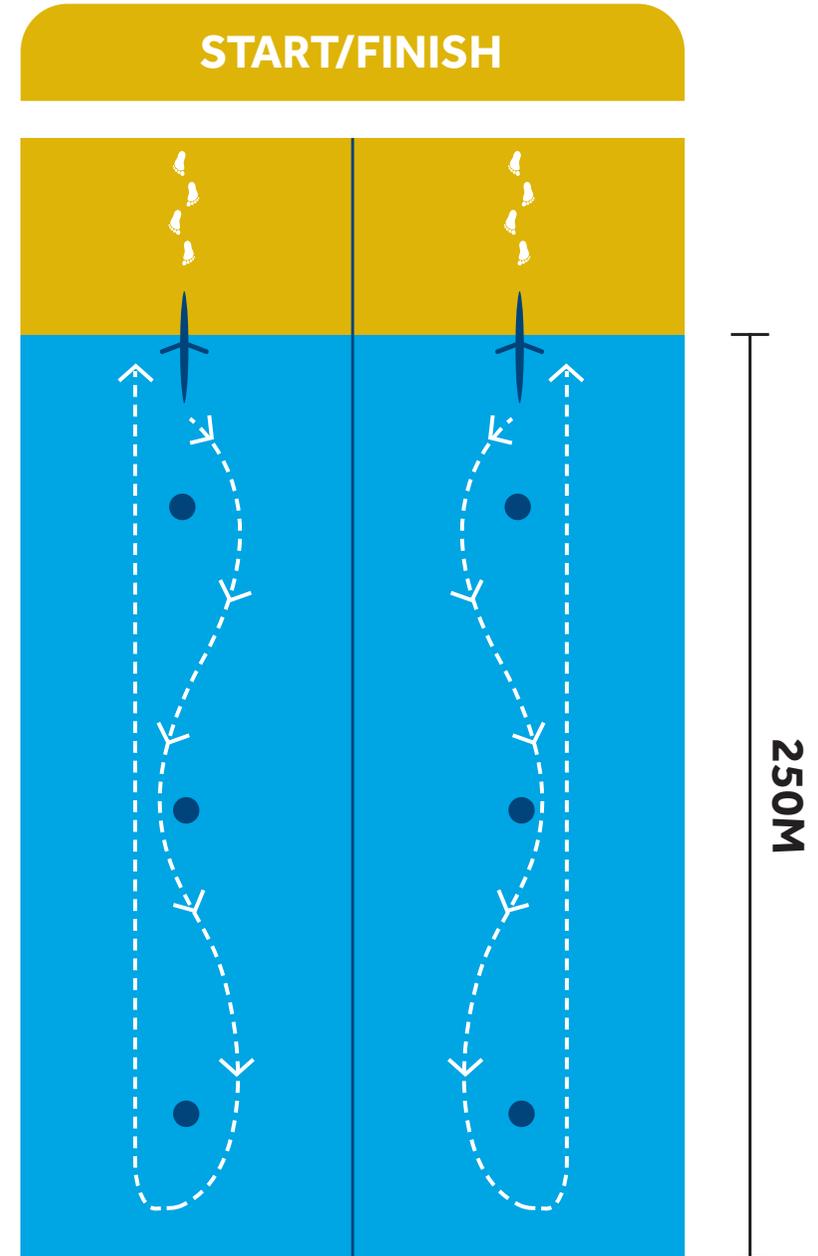
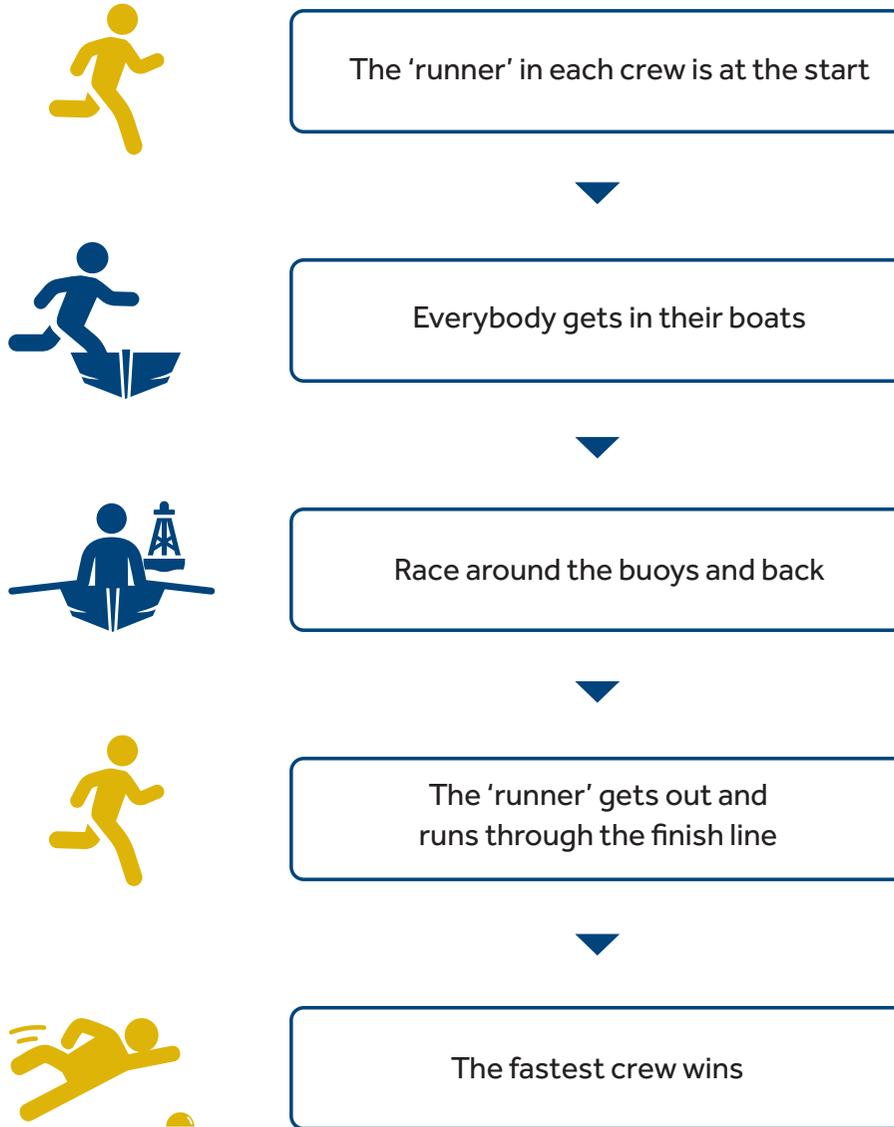


**Time Penalty:**  
if you do not slalom  
on the correct side  
of the buoys

# 2.3

## Race format

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Jackie Kiddle, NZL



The former World Rowing Champion in the lightweight women's double sculls tried out beach sprints last year. Jackie raced in both the mixed double sculls and in the coxed quad. She was delighted with her experience and, as well as continuing to race classic rowing, Jackie will be racing in the solo and the mixed double again. Last year, her first experience was a success with a silver medal in the CMix4x+. Can she do better this year?



Christopher Bak, USA



Last year Christopher got first in the very tricky Welsh conditions to become World Champion in the men's solo. He will come to Italy to defend his title and try to assert his domination again in the solo. Competition will be fierce with the likes of Giovanni Ficarra, Joel Naukkarinen and Adrian Miramon Quiroga. But don't ever underestimate the heart of a champion.



## Beach sprints top athletes

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### Charles Cousins, GBR



The former British Olympian switched to coastal rowing and beach sprints a year ago on home waters where he won a silver medal in the mixed coxed quadruple sculls. This time, Cousins will be in the Mixed Coxed Quadruple Sculls – a boat class he knows very well, having won a silver medal in classic rowing at the 2014 World Rowing Championships in the quad. Can he repeat his performance from last year – or even do better?



### Elodie Ravera-Scaramozzino, FRA



What a re-creation for the the former French Olympian in the women's double sculls. Since Elodie tried beach sprints she has been a force, winning national competitions, and more recently, being crowned European Rowing Beach Sprint Champion in what was arguably the best race of the Championships. She won by just 0.18 seconds over Janneke Van Der Meulen of the Netherlands. Competition will be tougher in Italy, but the French rower should be one of the favourites.



## Beach sprints top athletes

Joel Naukkarinen, FIN



Certainly one of the most versatile rowers on the planet at the moment, Joel Naukkarinen of Finland will be hunting for a gold medal after coming up with a bronze last year at the World Rowing Beach Sprint Finals. Since then, Joel has won the first-ever World Rowing Versa Challenge at the 2023 World Rowing Indoor Championships. He also races the single in classic rowing and is aiming for the 2024 Olympic Games. Joel is hungry for more and will surely try to prove that he can dominate in any rowing discipline.



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***World Rowing Coastal  
Championships***



## What is coastal rowing?

“*The similarity (with classic rowing) is the movement of the stroke. Everything else is different.*”

- Olympic rower *Lassi Karonen*.

Touted as the mountain biking of rowing, coastal rowing takes on the elements of waves, wind, buoys and spray to separate it from its flat-water cousin. The unpredictability due to weather and sea conditions makes it very different to classic rowing and requires a separate skill set to go with it. Knowledge of tides and currents and rowing through waves all help in coastal rowing.

It has been around for as long as there's been rowing boats, but as a sport in its current form it can be attributed to France in the late 1980s. This led to the first World Rowing Coastal Championships being held in Cannes in 2007. Since then the championships have been an annual event, usually taking place in late summer at the very end of the international rowing season.

The championships have been held around the world including Peru, Hong Kong, Great Britain and even Switzerland's Lake Geneva. It usually takes place on the sea but can be on any body of open water including lakes and rivers.

Coastal rowing can be found in all corners of the world including the Maldives, many parts of Africa, the coasts of North and South America and, more traditionally, in Europe. Countries that stand out for coastal rowing numbers at present are Great Britain, United States, Ireland, France and Italy.

Coastal rowing boats, like the beach sprint boats, are designed to handle all sorts of conditions. They're wider and more stable than classic rowing boats with the stern flat to let water flow out of the boat. The events include solo (CW1x and CM1x), double scull (CMix2x) and coxed quad scull (CMixs4x+).

The race is an endurance format covering between four and six kilometres and around multiple buoy turning points. The start and finish lines can vary depending on the location and can be in the water or a beach launch.

# 3.2

## Race format



# 3.2

## Race format



Diana Dymchenko (AZE)



Diana is probably the most decorated coastal rower ever. She races for Baku Rowing Club in Azerbaijan and is a four-time World Champion in the women's solo. She will try to improve on her silver medal from last year when, battling the elements she was blown off course and had to settle for silver behind Jessica Berra of France. No doubt that these two will battle again in Barletta.



Adrian Miramon Quiroga (IRL1)



At the 2021 World Rowing Coastal Championships, Adrian Miramon Quiroga capsized in the A-Final of the coastal men's solo, got back in and stormed back through the field to win bronze. Last year he had no such issues despite the conditions and looked strong from the start as he secured the title. Can anyone beat Adrian Miramon Quiroga in the men's solo? He will be rowing for Wicklow Rowing Club and comes in as the heavy favourite. Despite now rowing under Irish colours, Adrian will want to prove that Spain has a fierce domination on coastal rowing.



## Simone Martini (ITA 1)



Whether it is in the single, or in the double with Aisha Rocek – who just competed at the 2023 World Rowing Championships - Simone is one competitor that you can never discount. The rower from Canottieri Padova will be racing on home waters, and after gaining a couple of medals at World and European level the last few years, he will certainly try to prove in front of his family and friends, that he can finally win a gold medal at home.



## Magdalena Lobnig (AUT 1)



Magdalena Lobnig has a strong pedigree in classic rowing. She won bronze in the single at the Tokyo Olympics and has qualified the boat again for the Paris 2024 Olympics. After training the whole year with her sister Katharina in the double for classic rowing, they were forced to withdraw from the World Championships due to an injury. This time around, the two sisters are back together, in the coastal women's double sculls, and will hope to repeat on their good performances from earlier this season.



**Monika Dukarska (IRL 1)**

Could she be the one beating Berra or Dymchenko in the solo? The former Irish Olympian in the women's pair from the Tokyo 2020 Olympic Games has become a force in coastal rowing and beach sprints. She just won a bronze medal at the European Rowing Coastal and Beach Sprint Championships and is a name to follow in this very competitive boat class. Monika is rowing for the Killorglin Rowing Club.



# Sustainability and World Rowing

**Protecting and enhancing the wellbeing of communities and ecosystems through the sport of rowing.**

In the practice of our sport we inevitably impact the people, communities and environment. WE have a responsibility as rowers to protect and preserve all that we touch through our sport, minimising negative impacts and seeking to make positive impacts instead.

As an organisation World Rowing integrates sustainability principles and objectives into its day-to-day operations and decision-making processes.

As the global custodian of the sport of rowing, World Rowing's role is to lead our communities and facilitate a positive contribution by rowers and rowing to the wellbeing of people, communities and the environment.

**We call it our 'sustainability race plan'**

**In implementing this policy World Rowing is guided by**

- Biodiversity
- Clean water
- Climate action
- Diversity and inclusion
- Responsible consumption
- Fair and equitable treatment
- Partnerships, education and grassroots activism

