

Joint Commissions Meeting

10th November 2023 – Virtual





Joint Commissions Meeting Athletes Commission

10th November 2023 – Virtual



Top 2023 Achievements

- Rowers represented on WADA Athletes Council
- Onboarding and introduction of 7 new commission members.
- Continued implementation of Integrity Booth.
- Established Para / Athlete Commission working group.
- Time-Trials Survey with the athletes in Lucerne



Top 2024 Objectives

- Establish better communication directly with athletes
- Finalise ALS project
- Contribute to sustainability activities
- Create a Vice Chair / Secretary Position
- Create a World Rowing / Athlete Commission joined Anti-Doping Education project.
- Greater cohesion between Athlete Commission members.
- More representation at events.
- One face to face AC meeting before JCM to save travel costs and time for AC members.
- Continue to develop WR Integrity booth
- Education-Safeguarding/Antidoping/dual career



Any Other Business

- Establish greater transparency between WR and AC around decisions made at events.
- ALS finalise a proposal to be implementing 2025.
- Athletes survey
- Educational webinars for AC members to get more familiar with the work inside WR, and what it means to be a commission member. - events, governance, media, sustainability, safeguarding, development, marketing, coastal rowing, indoor rowing.
- Work closer with athlete 365 to make sure athletes are aware of everything they
 offer.
- Participation in Event review working group-Frida
- WR AC was invited to to speak at UN Event (Event on respecting human rights in and through sport organised by the Greek Mission at the UN in Geneva) about the work WR AC done with safeguarding.











Joint Commissions Meeting

2023 – Virtual

Competitive Commission











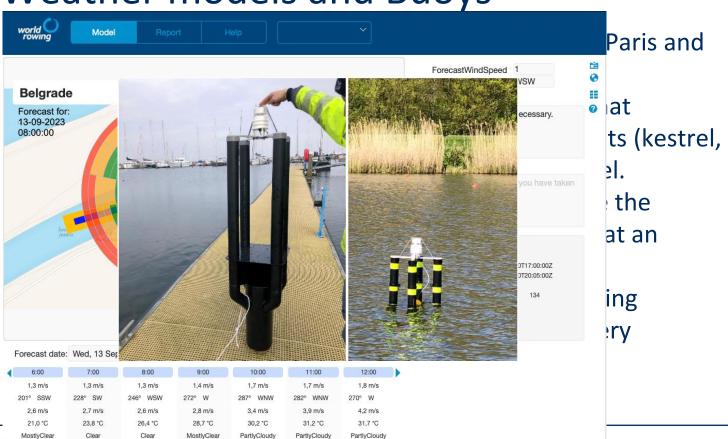


Top 5 2023 Achievements

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- 4. Successful delivery of WRVCC Mario
- 5. Significant involvement & Contribution to a review of Rule 25 (Event program) Paul & Rule 57 (Progressions system) Peter
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- 7. Nebojsa Illic Lead Coach Moldova
- 8. Henk-Jan developed the tracking system for development rowers



Weather models and Buoys



Weather models and Buoys

- The Paris model is almost finished. We had a very good variation of weather conditions during the WRJC. We measure conditions with our Kestrels and the six new weather buoys that also measured wave height.
- Next year we are planning to model Poznan and Varese. Both location are frequent host of international and World Rowing events.
- The modeling will be done in close cooperation with Arnaud Greidanus who is already working on the environmental model of LA 28.



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Proposed Progression System Principles:

- a) Fairness to all
- b) Attractive program
- c) Shorter program
- d) Performance is rewarded
- e) Minimum of 2 races for every crew (as opposed to every crew given a 2nd chance)
- f) Every crew gets a final ranking



Proposed Progression System

TT, 8 Heats, 4 QF's...

14. 49+ Crews

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Case #	Current Progression	Proposed Case #	Proposed Progression
1. 2-6 Crews	Prelim Race, Final	1. 2 – 6 Crews	Prelim Race, Final
2. 7-8 Crews	2 Heats, 1 Rep,	2. 7-8 Crews	2 Heats, 1 Rep
3. 9-10 Crews	2Heats, 1 Rep	3. 9-10 Crews	2 Heats, 1 Rep
4. 11-12 Crews	2 Heats, 2 Reps	4. 11-12 Crews	2 Heats 1 Rep
5. 13-15 Crews	3Heats, 1 Rep	5. 13-15 Crews	3 Heats, NO Rep
6. 16-18 Crews	3 Heats, 2 Reps	6. 16-18 Crews	3 Heats, 1 Rep
7. 19 – 20 Crews	4 Heats, 2 Reps	7. 19-24 Crews	4 Heats, 1 Rep
8. 21-24 Crews	4 Heats, 4 Reps		
9. 25-26 Crews	5 Heats, 1 Rep, 4 QF's	8. 25-30 Crews	5 Heats, 4 QF
10. 27-30 Crews	5 Heats, 2 Reps, 4 QF's		
11. 31-36 Crews	6 Heats, 3 Reps, 4 QF's	9. 31-36 Crews	6 Heats, 4 QF's
12. 37-40 Crews	8 Heats, 4 Reps, 4 QF's	10. 37-42 Crews	7 Heats, 4 QF's
13. 41-48 Crews	8 Heats, 8 Reps, 4 QF's	11. 43-48 Crews	8 Heats, 4 QF's

12. 49 – 54 Crews

9 Heats. 4 QF's



Proposed Progression System = Belgrade example

Property
MACCO MACC
Section Sect
Oct Mile Oct
Mode
100 MI
100 Mil. 100
100 Mil. 100
100 100
100 100
190 191 192 193 194 195
1900 W1
100 W1
11-0 Wis 1-0 Wis 1-
11- 11- 11- 11- 11- 11- 11- 11
11-20 11-2
11-96 Mark 11-9
11-0 11-0
120 120
120 120
120 120
1.1 1.1 1.2
129 126
12-5 13-6
12-0 13-0
124 Max
12-12 13-1
11-10 11-1
FINALS E FINALS E 17:15 MIX 17:15 MIX
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FINALS E FINALS E 17:15 MIX 17:15 MIX
1626 MX 1628 MX 1628 MX 1
1725 Mix 1725 Mix
17:30 Wix 17:30 Wix
FNALS E FNALS E
1735 Mix 1735 Mix W2-22
17:40 W1x 17:40 W1x
W2x 19
<u> </u>
W-14 W-16
80-10 W 331
LW2x 20
IMBx 25
Para-rowing
PR1 W1x 12
PR1 M1x 22
PR2.MG2x11
PR 3 Mode 1 il 1 PR 3 M

Reduction in Number of Races: 53 (from 298 to 245)
Approximate racing time reduction: 5 hours (at 6 minute centres)



Proposed Progression System 7 day program

	oosed		oposed		oposed		Proposed		roposed		d progression	Proposed pro	aression DAV
progression DAY 1 progression DAY		ssion DAY 2	progression DAY 3		progression DAY 4		progression DAY 5		DAY 6		Proposed progression DAY		
	HEATS		HEATS		REPS		SEMIS A/B		SEMIS A/B		FINALS D		FINALS D
9:30	W2-	9:30	PR1 M1x	9:30	PR1 W1x	9:35	W2-	9:35	PR1 M1x	9:30	W2-	9:30	PR1 M1x
9:37	W2-	9:40	PR1 M1x	9:40	PR1 M1x	9:45	W2-	9:45	PR1 M1x	9:37	M2-	9:40	M1x
9:44	W2-	9:50	PR1 M1x	9:50	PR2 Mix2x	9:55	M2-	9:55	M1x	9:44	LW2x	9:47	W1x
9:51	W2-	10:00	PR1 M1x	10:00	PR3 Mix2x	10:05	M2-	10:05	M1x	9:51	LM2x	9:54	M2x
9:58	M2-	10:10	PR1 W1x	10:10	W2x	10:15	LW2x	10:15	W1x		FINALS C	10:01	W2x
10:05	M2-	10:20	PR1 W1x		Q-FINALS	10:25	LW2x	10:25	W1x	9:58	W2-		FINALS C
10:12	M2-	10:30	PR2 Mix2x	10:17	M1x	10:35	LM2x	10:35	M2x	10:05	M2-	10:08	PR1 M1x
10:19	M2-	10:40	PR2 Mix2x	10:24	M1x	10:45	LM2x	10:45	M2x	10:12	LW2x	10:18	M1x
10:26	M2-	10:50	PR3 Mix2x	10:31	M1x	10:55	W4-	10:55	W2x	10:19	LM2x	10:25	W1x
10:33	LM1x	10:57	PR3 Mix2x	10:38	M1x	11:05	W4-	11:05	W2x	10:26	W4-	10:32	M2x
10:40	LM1x	11:04	LW2x	10:45	W1x	11:15	M4-		REPS	10:33	M4-	10:39	W2x
10:47	LM1x	11:11	LW2x	10:52	W1x	11:25	M4-	11:15	M8+	10:40	M4x		FINALS B
10:54	LM1x	11:18	LW2x	10:59	W1x	11:35	W4x	11:25	W8+		FINALS B	10:56	PR1 M1x
11:01	LM1x	11:25	LW2x	11:06	W1x	11:45	W4x			10:50	PR2 Mix2x	11:06	PR1 W1x
11:08	LW1x	11:32	LM2x	11:13	LM1x	11:55	M4x		FINALS D	11:00	PR3 Mix4+	11:16	M1x
11:15	LW1x	11:39	LM2x	11:20	LM1x	12:05	M4x	12:30	LM1x	11:10	W2-	11:23	W1x
11:22	LW1x	11:46	LM2x	11:27	LM1x	12:15	LM1x	12:35	LW1x	11:20	M2-	11:30	M2x
11:29	LW1x	11:53	LM2x	11:34	LM1x	12:25	LM1x		FINALS C	11:30	LW2x	11:37	W2x
11:36	W4-	12:00	LM2x	11:41	LM2x	12:35	LW1x	12:40	LM1x	11:40	LM2x	11:44	M8+
11:43	W4-	12:07	W2x	11:48	LM2x	12:45	LW1x	12:45	LW1x	11:50	W4-	11:51	W8+
11:50	W4-	12:14	W2x	11:55	LM2x				FINALS B	12:00	M4-		
11:57	M4-	12:21	W2x	12:02	LM2x		SEMIS C/D	12:50	PR3 Mix2x	12:10	W4x		
12:04	M4-	12:28	W2x	12:09	M2-	15:00	LM1x	12:55	LM1x	12:20	M4x		FINALS A
12:11	M4-	12:35	M2x	12:16	M2-	15:05	LM1x	13:00	LW1x			13:05	PR1 M1x
12:18	M1x	12:42	M2x	12:23	M2-	15:10	M1x				FINALS A		
12:25	M1x	12:49	M2x	12:30	M2-	15:15	M1x		FINALS A	13:05	PR2 Mix2x	13:20	PR1 W1x
12:32	M1x	12:56	M2x	12:37	M2x	15:20	W1x	13:20	LM1x				
12:39	M1x	13:03	M2x	12:44	M2x	15:25	W1x		LIIIIX	13:18	PR3 Mix4+	13:39	M2x
12:46	M1x	13:10	PR3 Mix4+	12:51	M2x	15:30	LM2x	13:30	LW1x	13.10	T IXO MIXTT	10.00	IVIZA
12:53	M1x	13:17	PR3 Mix4+	12:58	M2x	15:35	LM2x	10.00	LVVIA	13:34	W2-	13:54	W2x
13:00	M1x	13:24	W4x		FINALS E	15:40	M2-	13:46	PR3 Mix2x				
13:07	M1x	13:31	W4x	13:05	LM1x	15:45	M2-			13:51	M2-	14:10	W8+
13:14	W1x	13:38	W4x	13:12	M2-	15:50	M2x			10.01	11.2	11.10	****
13:21	W1x	13:45	M4x	13:19	M2x	15:55	M2x			14:07	LW2x	14:25	M1x
13:28	W1x	13:52	M4x				FINALS H						
13:35	W1x	13:59	M4x			16:00	M1x			14:23	LM2x	14:44	W1x
13:42	W1x	14:06	M8+				FINALS G						
13:49	W1x	14:13	M8+			16:05	M1x			14:39	W4-	14:59	M8+
	REPS	14:20	W8+				FINALS F						
15:00	LW1x	14:27	W8+			16:10	M1x			14:54	M4-		
15:07	PR3 Mix4+					16:15	W1x						
15:14	W2-						FINALS E			15:10	W4x		
15:21	LW2x					16:20	M1x						
15:28	M4-					16:25	W1x			15:26	M4x	t	1
	M4x						*****			.0.20			1
15:35													
15:35	IVI4X												



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Development rowing monitoring system

On request of the development team a monitoring system is build that holds testing results of all their rowers

At this moment 368 rowers from 45 different countries completed 1830 tests (150m, 2km, 6km, 10km and 15km)

For next year two improvements are scheduled:

- 1. Improvement of the presentation of the information
- A planning/calendar module that sends messages to the different coaches about when the next test week should be held.



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- The mentoring work with the Moldovan Team, as part of the DNSS (Development of National Sport System), began
 in January 2022.
- The program included 4 rowers aged 21-25 years.
- Initially, based on athlete assessments, standards and methodological principles were defined, which, through
 training camps throughout 2022 and 2023 led to significant progress in all physiological characteristics relevant to
 rowing, rowing techniques, the psychological stability and safety of the athletes, and functional mobility.
- Thanks to a high level of enthusiasm, motivation, and a strong desire to make progress, in addition to the primary development goal, significant sports achievements were also attained:
 - At the World and European U-23 Championships (2022), they won a silver and bronze medal.
 - At the Senior World Championships (2022), they achieved 5th place.
- In 2023, the work continued within the same program (DNSS).
- The working standards were raised to a higher level with greater demands in terms of volume and intensity, as well as in all other areas relevant to sports performance.
- Two rowers in the 2x made significant progress, securing 7th place in Lucerne (2023) and 12th place at the World Championships in Belgrade (2023), ultimately ranking first below the Olympic qualification line for Paris.
 - The other two rowers won a bronze medal in the 2- at the Universiade (2023).
- It is worth noting that all of this was achieved with minimal funding and without basic prerequisites such as quality boats and oars, as well as a complete lack of medical and therapeutic recovery facilities for athletes.
- Great contributions to this work were made by Daniela Gomes and Gianni Postiglione, as well as the National Rowing Federations of Turkey and Serbia.

Top 5 2024 Objectives

- Continuation of the weather modelling for Paris, Varese, Poznan. Also for Continental venues like Los Angeles.
- 2. Fairness at all World Rowing Events in 2024
- 3. Seeding at Continental and Final Qualification events, World Cups, Senior World Championships
- Work Towards a Joint Coaching Conference with SMC in 2025
- 5. WRVCC? Podcast series
- 6. Continue the development of a Ranking system
- 7. Development of a ranking system
- 8. Continental events –work with Continental reps and Development



Development of a ranking system

- With three members in the core group of the SECR the competitive commission is well involved in the future of rowing
- One of the biggest changes in World Rowing will be the introduction of a ranking system.
- The first step is to collect all requirements that serve the purpose of:
 - Switching from a training sport to a racing sport
 - Connect all events (World Rowing events and international events.)
 - Make rowing more attractive to public, media and sponsors
- We most probably need a qualification system for the WR championships.



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- 4. Work Towards a Joint Coaching Conference with SMC in 2025 Marcello
- 5. WRVCC? Mario
- 6. Podcast series Paul
- 7. Ranking Peter
- 8. Continental events –work with Continental reps and Development Nebojsa

Any Other Business

An in-person meeting towards the end of the year.
We are looking at likely locations with
accommodation paid by the host. We would just
need flights. We would try to make it at a time
when both Chris Perry and Paul Thompson are in
Europe.





Joint Commissions Meeting

2023 – Virtual

Equipment & Technology
Commission



Top 5 2024 Objectives

- Introduce addtl. E&T Commission members on Para & Coastal topics to have certain redundancy
- Get dedicated E&T page live filled with content
- 3. Engage with RITA & equipment service providers
- 4. Review equipment related rules ahead of 2025 extraordinary congress for all disciplines
- 5. Support all Commissions in "Technology related questions"



Top 5 2023 Achievements

- Successfully designed and built coastal boat caliper (Measure min width acc.)
- 2. Established pre-event Para equipment check together with Para & Umpiring Com
- 3. Transferring and restructuring archive data, incl. Boat designs to World Rowing Share point
- 4. Event Assistance at 5 events
- 5. Solved things like the mystery of the bow number fixing and boat scales in Belgrade (issue with power supply)



Any Other Business

 We should start to think about our (Worldrowing) position on "Technology".

Technology has changed dramatically and the world with regards to "Technology" (available Technology as well as role and use in the daily life and field of Sports) looks much different than it was when WR rules were written. We should look and think if and how it can be used in rowing and what the consequences could be.





Joint Commissions Meeting Events Commission

2023 – Virtual



Top 5 2023 Achievements

- 1. Successful delivery of all WR events and OPQR events
- Olympic and Paralympic Games testing activities at the WRU19CH in Paris
- 3. TT test in Lucerne run successfully
- 4. Implementation of the WSWG recommendations
- Additional virtual meetings with OCs on specific topics e.g. water safety
- 6. Contribution to the SECR, RWG, WSWG
- 7. Events Commission meeting & TD workshop in Szeged, HUN



Top 5 2024 Objectives

- 1. Delivery of the OG and PG, qualification regattas
- 2. Successful delivery of all WR events
- 3. Knowledge Transfer
- Developing the framework and syllabus
- TD workshop
- Coastal Rowing Commission/Indoor Rowing Commission
- 4. Risk management planning and protocol
- 5. Forming a WG for Manual updates and Course survey
- 6. Continued contribution to the RWG, WSWG, SECR



Knowledge transfer

Objectives:

- 1. Provide help to regatta organiser/TD development on continental level
- 2. Training/learning opportunities for future WR Events ommission members
- 3. Training TDs for WR Coastal, Beach Sprint and Indoor rowing events
- 4. Cotinuous upskilling and knowledge transfer for current WR Events Commission members/ TDs



Knowledge transfer – Project 2024

- 1. Develop the framework and syllabus (World Rowing Academy, modular system, certificate)
- 2. TD workshop in Lucerne with 4-5 invited participants
- 3. TD workshops on continental level TBC
- 4. Joint meeting and TD workshop with Coastal Rowing Commission
- 5. Cotinuous upskilling and knowledge transfer for current WR Events Commission members/ TDs
- 6. Mentor programme (Future Classic and Coastal Rowing TDs)



Any Other Business

- Casual Vacancy Matt Draper's position in the Events Commission. Avertise in the next WR Circular?
- "In person" Commission meeting in 2024 (Meeting with the UC)
- Meeting & TD workshop with the Coastal Rowing Commission / mentor TD at WR coastal events /Shadowing opportunity for coastal commission members at WRCups





Joint Commissions Meeting Masters rowing commission

2023 – Virtual



Top 5 2023 Achievements

1. Successful delivery of the 2023 WRMR Tshwane

- o First World Rowing event in Africa,
- o Great collaboration with the OC,
- o First time "super finals" & inclusion (para) events at Masters,
- o Glamping officials and competitors (majority) staying onsite,
- o Open market approach for boat and oar rental implemented successfully.

2. Legacy

- Water quality improvement projects,
- o Boats/oars left behind/sold in RSA.
- o Indoor rowing activation for local school kids,
- Donation from the youth fund for buying ergs.

3. Revision of the Masters manual started

4. Masters Licensing Project initiated

5. Activation of the South American masters rowing community

- Visit of Santiago Fuentes to Argentina,
- Huge participation from BRA/ARG at the 2023 WRMR Tshwane,
- o Discussions with possible host of WRMR in Rio for 2026.



Top 5 2024 Objectives

- Preparation and delivery of the 2024 WRMR Brandenburg, initial planning for 2025 WRMR Banyoles
- Brandenburg is expected to be a big participation event,
- It will be 50th edition of WRMR.
- 2. SEAP process for WRMR 2026, WRMR 2027, WRMR 2028
- 3. Review of the programme and automation of draw
- 4. Keep engaging with continental Masters regattas
- 5. Collaboration with Indoors for Masters events





Joint Commissions Meeting Para Rowing

2023 – Virtual



Top 5 2023 Achievements (based on 2022 Objectives)

1. Para Event Expansion:

- Para Rowing added to WR Beach Sprints (Inclusive 2x)
- Para Rowing added to WR Masters (Inclusive 2x)
- Para Rowing added to Lucerne World Cup (PR1 M1x and PR1 W1x).

2. Para Equipment Check Rollout:

- Successful implementation equipment checks at both Gavirate and Belgrade- process improved from first to second trial.

3. Paralympic Games / Global Representation

- 11 crews in the PR3Mix2x category from 3 continents, exceeding the target (157% to the target of 7 crews).
- 42 Mixed Fours (MFs) represented at 2023 WR events, exceeding the target (140% to the target of 30 MFs).

4. Enhanced Communication and Education:

- Improved communication with the Para Rowing and broader rowing community through webinars, coaching conference representation, and meetings with athletes, umpires, and coaches

5. Collaborative Relationships:

- strengthened collaborative relationships with other commissions, specifically the E&TC and UC



Top 5 2024 Objectives

1. Para Event Expansion:

- Add PR3 Mixed Inclusion 2x at U23 events, further promoting inclusivity and diversity in rowing
- Maintaining Inclusion 2x presence at WR Coastal and Masters events
- Review of Para events at 2025 World Rowing Championships including key stakeholders

2. Para Equipment Checks:

- Expand on the successful roll out of 2023 to offer equipment checks at each event with para rowing*

3. Paralympic Games Qualification/ Global Representation:

- Successful introduction of the PR3Mix2x race at Paris 2024, marking a significant milestone.
- 27 MFs represented at Paris 2024 Paralympics, showing growth from the 2021 Tokyo Games.

4. Enhanced Communication and Education:

- Expand efforts to communicate with the rowing community, focusing on educating and raising awareness about Para Rowing through storytelling, videos, and race commentary.
- Continued integration at WR Coaching Conference

5. Collaborative Relationships:

- Continuing to strengthen collaborative relationships with the E&TC UC
- Formation of a working group (WG) to address rules and strap-related discussions for the new cycle.



Any Other Business

- Budget requests: Ensure appropriate resources available at events to offer Equipment checks:
- *Equipment checks offer at every event where there is para racing. Fine tune the process and documentation. What is shared with the athlete, and documentation stored centrally so all can access at any point. In order to have consistency, have a "Core Group" sign off with one representative from PC, UC, E&TC and CAP.



We kindly ask you to complete the presentation and the spreadsheet with the projects, travels' proposal and related budget by Monday, 30 October 2023.





Joint Commissions Meeting

2023 – Virtual

Coastal Rowing Commission



Top 5 2023 Achievements

- Inclusion in Olympic Games, LA 2028 (and inclusion & planning for other multi-sport Games - 2023 World Beach Games, 2023 MBG, 2026 Commonwealth Games).
 - Continental qualification events for Bali WBG
- 1. Planning & delivery of successful WR and ER coastal events in Barletta & La Seyne-sur-Mer.
 - Continuation of RWG Rules discussions
 - More TD training / shadowing
- 2. Coastal Workshop in Lausanne in Feb. 2023 strategy & future planning. Development of "13 point plan".
- Contribution to planning and workshops on concept of WBSL with Hydrow.
- Refined template documents to support beach / venue selection.



Top 5 2024 Objectives

- 1. Continuation of Coastal Rowing "13 Point Plan".
- 2. In-person **Commission meeting**

(March-April 2024) – onboarding of new commission members, strategy, bids etc.

- 3. **Dakar 2026** contribution to qualification system development, site visit(s) and preparation.
- 4. Event Technology
 - Support for Continental events timing & results systems
 - Development of "Video Umpire/Assistant" role and procedures with Umpiring Commission, TV (WRCC)
 - Better integration of Sport Presentation, TV and Timing providers for WRBSF and WRCC
- 5. Continue the **Continental Development** of Coastal through Cont. Reps,
 Development Team. Contribution to support continental events,
 coach education and development.



Coastal Rowing 13 Objectives (V3)



2023-2028 (post Olympic decision)

- Identify and announce the new Coastal Rowing Commission members. (Nov 2023).
- 2. Restructure the **WR Rule book** so coastal rules are not departures and keep the 'agile' nature of the formats.
- Establish within the rules a Principle Race
 Officer with the mandate to oversee dynamic
 changes in racing due to 'fop' conditions and
 developments.
- 4. Establish an **Olympic qualification system** that attracts smaller nations to be part of 'road to LA28'.
- 5. Support Continental Federations and MFs to have access to **coastal rowing education** (coach, event and water safety).
- 6. Work with equipment manufacturers to innovate boat design (performance, durability and safety) and establish the pool boat tender requirements to support participation of smaller athletes.

- 7. Publish new OC guides that allow for the reduction in **cost and complexity**.
- 8. Develop a **open source timing and results service software** for continental federations and MF to use in their events. (use tablets).
- 9. Develop & fund a powerful **marketing strategy** that establishes the brand of coastal rowing. (think lifestyle).
- 10. Refresh the championships attribution process to attract OCs from a range of **global destinations.**
- 11. Establish broadcast production and event event presentation philosophies that communicates the coastal brand and differentiates it from classic.
- 12. Develop commercial model and broadcast product portfolio, designed to attract investors s and Partners (brands, hosts, media ...) into the discipline.
- 13. Establish an international WR **beach sprint world league** with team franchises.

Any Other Business

- With the positive news about the inclusion of Coastal Rowing in LA28, CRC look forward to continuing to work on the development of the discipline and both formats with the other Commissions in 2024.
- Thanks to Richard Mouchel (FRA) and Sarah Cook (AUS) who have come off the CRC during 2023 due to their professional obligations.





Joint Commissions Meeting Indoor Rowing Commission

2023 – Virtual



Top 5 2023 Achievements

- Hybrid Indoor World Championships
- Versa Challenge Version 0 -> 1
- Indoor Rowing Calendar Review
- Esports Week
- Indoor Certification Initiation



Top 5 2024 Objectives

- Versa Prague 2024
- Initiate work towards Virtual Series Launch Machine Certification
- Concept for Esports Championships/Games
- Improvements to WRICH Virtual & In-Person
- Building Partnerships and Promotion of Discipline





Joint Commissions Meeting
Sports Medicine Commission

2023 – Virtual



Top 2023 Achievements

- Coverage of regattas by WR-doctors
- Accreditation of medical doctors / personnel
- LOC Medical Director Bye-Laws to Rule 35 –
 Duties of the Organizing Committee
- Water safety review
- Transgender rule 13 and bylaw
- Concussion protocol
- Injury study at WR beach games



Bye-Laws to Rule 35 – Duties of the Organising Committee

4. Appoint a Regatta Medical Officer who is a medical doctor and shall have specific responsibility for ensuring that appropriate overall medical support and facilities are readily accessible to the regatta.

This responsibility shall include:

- Provision of medical services and first aid facilities for all competitors, officials, spectators and other persons attending the event as specified in the World Rowing Manual.
 Close cooperation with the rescue services on the water and provision of related emergency services support.

The Medical Officer shall work closely with and report to the World Rowing Doctor on arrangements and set up of the medical support and facilities and cooperation with rescue services.

- Huge improvements by the resucue demonstrations
- Several incidents in the world of rowing



Top 5 2024 Objectives

- WR-Doctor at regatta
 - Continental work force (creation of new MD pool)
 - Safety and rescue provision also for continental events.
 - WR doctor (European doctor) at all events
 - Education (IOC course)
- Research proposals
 - Review scientific proposals for human studies for WR
 - Registrations of human studies
 - Athletes weight
- Sports Medicine, Science and Coaching Conferences
 - Starting 2024 Programme, topics
- Transgender
- Preparing the 2024 congress





Joint Commissions Meeting

2023 – Virtual

Umpiring Commission

November 11 – 8 am CET



Composition 2023 – World Rowing



Morten Juel HANSEN DEN



Angela ALONSO ESP



Kristopher GRUDT USA



Ines HAMMAMI TUN



Nick HUNTER AUS



Vladimir MEGLIC SLO



Gabrielle ISENSCHMID WEBER SUI



Jérôme MOULY FRA



Stefanie PALFNER GER



Patrick ROMBAUT BEL chair



Takao SENDA JPN





Composition 2023 – European Rowing FYI



Angela ALONSO ESP



Jérôme MOULY FRA



Vladimir MEGLIC SLO Chair



Anna WIDUN POL



Luca ZACCHIGNA ITA





Top 5 2023 Achievements

1. Representation & contribution

- at WRCup I,II,III WRU19CH WRU23CH FISU WRCH WRBSF WRCC as well support at continental events (PanAm, Asian, CACG, Europe, Africa).
- o Rules Working Group.
- GEDI commission.
- Para-Rowing/Equipment & Technology/Umpiring.
- Development projects.



- 2. <u>500 umpires</u> (as of Nov.4)
 - o from 67 MFs.
 - o 151 female (30,2%) from 53 MFs.
 - Gender representation 2023 WR juries.

Event	F	M	F%	М%
WRICH	3	7	30,00	70,00
WRC I	4	15	21,05	79,95
WRC II	5	14	26,32	74,68
WRC III	5	14	26,32	74,68
WRU23CH	10	9	52,63	47,37
WRU19CH	10	9	52,63	47,37
FISU SU	4	10	28,57	71,43
WRCH	5	14	26,32	73,68
WRMR	8	14	36,36	63,64
WRBS&CCH	5	16	23,81	76,19
Totals:	59	122	32,60	67,40



• 3. 2024 Olympic & Paralympic Games & Qualifiers Regatta Juries Selection.

- OG: 50 nominations, from which 12 female (24%),
 from which only 10 Female nominations eligible!
- o PG: 37 nominations, from which 11 female (30%).
- o Selection:

Event	F	M	F%	М%
Africa	4	6	40,00	60,00
Americas	5	9	35,71	64,29
Europe	7	12	36,84	63,16
Asia & Ocenia	5	11	31,25	68,75
Final	6	14	30,00	70,00
Olympics	9	12	42,86	57,14
Paralympics	4	12	25,00	75,00
Totals:	40	76	34,48	65,52



4. WR Umpires' Exams – 22 New umpires



Remark: still an exam in Gent in December.



5. Education & Communication

- O 14 Seminars (Queensland, Lake Karapiro, Bled, Paris, Chengdu, Belgrade, Tshwane, Hangzhou, Tunis, Boston, Concepcion, Shanghai, Vienna and Gent) attended by 176 WR Umpires (participants of 2 seminars in Vienna & Gent in nov-dec 2023 to be added in due time).
- A number of online 'educative' clinics (6 x 2 hr. sessions).
- Presentation of the seminars
 - Topic 'Safeguarding' at umpiring seminars included
 - Focus on new formats
 - More audio-visual material
 - Inclusion of practical sessions
- Umpiring newsletter on 3-monthly basis



Top 5 2024 Objectives

1. Education

- All season
 - Continue to produce short umpiring education videos and update education materials using World Rowing Education Platform.
 - (Online) clinics & seminars when appropriate.
- During events
 - Athletes / coaches briefings during WR events.
 - Para-rowing boat checks.



2. Exams

- 2 level exam leading to regional/WR license
 - 1st level "regional" if appropriate.
 - Definition regions (language-geographicalcontinental specific).
 - 2nd level "WR".
- Study on 'diversifying' license (different modules)
 - Basic
 - Indoor
 - Coastal (Beach-Endurance)



3. Development projects

- Contact with WR development team.
 - cf. Coaches Cross Commission & Development presentations (Nov.7).
 - Further contribution to regional/continental projects.
- More specific: 2026 YOG.



4. Support the continuing development of new rowing formats

o In Practice:

- Increasing the level of awareness & experience of the ITO's involved in the 'new formats' (pro-active briefings).
- Regular evaluation to improve the jury work at next scheduled similar events.



5. Rules Working Group

- Preparing the 2025 Quadrennial Congress
 - Regulations into Rules:
 - 2028 Beach Sprint = Olympic!
 - Coastal Endurance
 - > Indoor?



Any Other Business

- Status of BLR/RUS WR-umpires
 (possibility to extend license validity by attending a (virtual) seminar)
- 2023 WRU19CH Paris lightning situation (communication – driver's seat – no shelter at start)
- Increase number of female umpires (cf. LA 2028 only MF's with M/W)
- Site visits / Season preview meetings (UC being part in person)
- UC representation and contribution at WR events
 (Combi PoJ vs member UC; number per event situation 2023 OK to UC)
- Progression system check at WR events (building up a group of 'experienced' persons)





Joint Commissions Meeting

2023 – Virtual

Youth Rowing Commission



Top 5 2023 Achievements

- Successful support and WRU-23 in Plovdiv & WRU-19 in Paris including coaches meetings.
- Presented Youth Rowing topics at WR Virtual Coaches Conference.
- Managing Masters Fund Program for coaches and athletes from development MF's
- Completed statistics for the WRU-23 Plovdiv & WRU-19 Paris for further analysis and advise



Top 5 2024 Objectives

- Provide support for combined WRU-19 & WRU-23 in St. Catharines, Canada
- Organize presential Youth Coaches Conference in October 2024
- Identity and support next Masters Fund Program candidate(s)
- Collaborate on finalization of qualification system & Create Mixed Nations to build friendships



Any Other Business

- Travel to combined WRU-19 & WRU-23 Championships
- Development project to prepare coaches for Beach Sprints
- Additional Youth Commission meeting and travel expenses during the Youth Coaches Conference





Joint Commissions Meeting

2023 – Virtual

GEDI Cross Commission



Top 5 2023 Achievements

- Governance cultural change; tacit knowledge and data driven delivery
- Events Improved inclusion (practices and events), WN2R
- 3. Professional Development Leadership Academy
- 4. Communication diversity amplified
- 5. Action Plan execution of prioritized actions



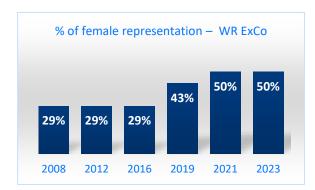
Member Federation Survey 2013-2015-2018 -2021

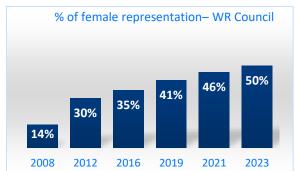


Gender Equality - Coaches

	Coaches:	National Team Coache		les: world
F	26 %	2013	13%	rowing
F	27%	2015	15%	What % progressed to national team coaching positions?
F	23%	2018	18%	
F	31%	2021	20%	
Accredited 2018 Plovdiv WCH			9%	
Accredited 2023 Belgrade WCH			17 %	



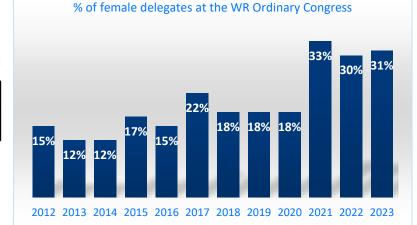






O 34% female representation in the commissions

















WN2R PRESENTERS BELGRADE 2023



+ Inclusion (practices and events)



Inclusion Coastal
Mixed Double Sculls
(PR3 CMix2x)

Lucerne WCIII preparation for the FPQR, two exhibition races organised (PR1 W1x and PR1 M1x).



IMAGES World Rowing

Inclusion Masters Mixed Double WR Masters Regatta



Prayer Tent Belgrade WRCHs



WISH COHORT 3



Increase the number of women in leadership roles within the member federations by...

 Building confidence and competence in women leaders

- Developing networks that support women leaders
- Enabling women to lead with integrity and in line with WR principles and values
- Embedding strong ethical principles across the organisation
- Creating a sustainable legacy for the future of women in rowing

A STATE OF THE STA



WRLA

Aims















IMAGE: JANE BOOTH

WR LEADERSHIP ACADEMY



IMAGE: ELIZABETH PIKE



2019







"I'm lucky to have the support I do, and I want to demonstrate to other women that anything is possible"

Sarah Cook IMAGES SARAH COOK





How Beach Sprints came to be

The recent encounterment by the International Olympic Committee that Beach Sprint Rowing will be included in the Los-Angeles 2028 Olympic Genes programme was the suimmedian of a vision, passion and hard work of many people over many years. We took a look back at how the story had displact, and spoke to two individuals who ean key figures in the development of

24-DICTORDS 2005

Continuity

USA tops 19th **PanAmerican Games** rowing medal table

The 19th Parkinerican General regette took stiese Priess 21-29-Chilbather 2017. In: Correspon, Chile Butli-the USA and Chile came every from the five days of racing with 10 medias - 0 gold, 4 silver, and 1 bronze for WalCSA, 2 gold, Eigher, and 2 trongs for Chile.



European Rooting below Characteristips

2024 World Rowing Indoor Championships, presented by Concept2. to be joint with the 2024 European Rowing Indoor Championships

World Rooking and the European Nowing Sound are present to arresonne that the 200.1 World Rowing Indoor Championships ORBICH connected to Connect 7 will be a



African rowers secure their spots for the Paris 2024 Olympic and **Paralympic Games**

The 2022 African Diympic and Paralympic Clue! Realism Regattle just concluded in Tunion 12 Olympic and 3 Farelympic spots were up for grate, and racing was helly: contested in Lake Tyris.



Where are they now: Luka

Long Spit follows a delig spherical than some would consider more brute than being a full time rower. He walkes up arround fairs to get reports and carry brown account sing in the

29-DCTD809-2029

Shrinks professor Nobel Prize for Susan Francia's Mother

Superi Francis is a two-time Olympic Champion room: Her mother just over the Notes proxito medicine. The femily not has Name Associates associates and Republished Association and Associates and Association and Asso



Postponement of the 2025 European Rowing Championships in Belgrade, Serbia

Marial Rowing, European Rowing and the



Sechser and Koszyk lead US charge at Head of the Charles

The USA book some of the box troption at the Head of the Charles Regette over the

Continuental

African rowers look for Paris 2024 Olympic and Paralympic Qualification

The African Olympic and Paralympic Qualification Regatta will be hald from Moretay 23 to Westressing 25 Ciclober on Project size in Projects

Rowing in full force at the 2023 PanAmerican Games in Santiago, Chile

The 2023 Fen American General are subsoluted to take place in Sentiago, Chile, from October 25-Navarrian & with the moting events being International Republics

World medallists line up for shot at Head of the Charles prizes

Transpends of rowers from pround the early will gether in Boylon this weekens for the provide Restricted of country libed to the Head of

The Rowing Teacher: the story of the man behind the Kiwi M8+ gold medal in Tokyo

"The Rossing Seather" is a year, about a bascher who was artised into taking a

WR Website and WR Education Academy platform provide access to information, updates and material for education and knowledge sharing/knowledge transfer.



Top 5 2024 Objectives

- 1. Governance information to support WR Exec decisions
- 2. ITO/NTO support to UC Regional license project to increase number of women officials and umpiring diversity around the world
- 3. WRLA initiatives to increase number of women standing for election in MFed and clubs/structures
- 4. Inclusivity to support para rowing inclusion events and sustain worldwide development
- 5. Revision of the GEDI Action Plan





Joint Commissions Meeting

Coaching Development Cross Commission

2023 – Virtual



Top 5 2023 Achievements

- 1 L2 Syllabus developed including specialist modules and pilot delivery in Bled (June) and Schinias (Dec)
- 2 Adjustments to L1 to enable easier completion of the award
- 3 New Academy self guided learning modules:
- Safeguarding, L1, Coastal Race Module
- 4 Train the trainers: development of the Coach Educators including those to lead L2 (Dec)
- 5 BS TD Education SoW (Dec)













Top 5 2024 Objectives

- 1 L2 Syllabus and SoW ready
- 2 A roll out of L2 in 2024 and syllabus development for Para and/or Coastal
- 3 Identify/Support CE/Experts for running L2 qualifications
- 4 Continued delivery of L1
- 5 Closer opportunities for delivery L1, events and umpiring courses
- 6 Inclusive indoor module for development nations
- 7 Continued support and upskilling for our Coach Educators

