



**WORLD ROWING
COASTAL CHAMPIONSHIPS MANUAL**

TERMS AND CONDITIONS FOR THE ORGANISATION OF THE
WORLD ROWING COASTAL CHAMPIONSHIPS

**SECTION D:
MEDICAL SERVICES, RESCUE AND
ANTI DOPING**

2019 Version

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D.1. MEDICAL SERVICES AND FACILITIES

D.1.1. GENERAL

The Organising Committee should advise the local hospital that a major international sporting event will take place and should co-ordinate with the designated hospital to ensure that full emergency services are available at all times during the official opening times of the course.

The overall medical services are the responsibility of the Organising Committee. These should include:

- An appropriate level of medical services for all the Competitors and a general medical service to all Officials
- A First Aid service and emergency care for all Competitors, Officials and Spectators;
- An on-water rescue service; and
- In emergency situations participants in the WRCC should have access to the nearest hospital.

The local medical staff is also responsible for provision of primary medical care for Athletes, accredited Team Officials and FISA Officials.

As per the FISA Rules of Racing, athletes are responsible for their own medical, accident, liability and property insurance. The insurance conditions should to be clarified in the Bulletins.

D.1.2. DOPING CONTROL

The Organising Committee shall provide office space for Anti-doping procedures with a wash basin, soap, towels and running water, an electricity supply, ideally a minimum of two toilets and a refrigerator in order to store the samples.

Such premises shall be located in proximity to the rowers' disembarkation area and it should be possible to lock the premises.

A sufficient quantity of bottled, flat (no gas) mineral water, in sealed bottles, shall be placed permanently inside the premises on all days when testing is taking place.

An adjoining waiting room with at least four chairs shall be provided as well as a separate room (or part of the room separated by screens) for processing the doping control forms. This area should have a small desk with two chairs.

The controls shall take place in accordance with the WADA Standards for Testing and FISA anti-doping rules. FISA will advise the Organising Committee of the number of tests which are required to take place, and the Organising Committee should contract the local WADA-approved Doping Agency to perform the testing.

A number of chaperones shall be provided by the Organising Committee (or by the local Doping Agency) to aid in the procedures.

D.1.3. FIRST AID

There shall be at least one First Aid station including resuscitation equipment at the WRCC with qualified health care professionals during all venue opening hours, plus a medical doctor from one hour prior to the start of racing to thirty minutes after the conclusion of racing on competition days. Multiple first aid stations may be required dependant on the size of the venue.

Suitable safety arrangements shall be made for training periods, and all competing crews shall be made aware of the extent of such arrangements and the hours during which they are available.

First Aid should also be available for officials and spectators.

D.1.4. AMBULANCE

At least one ambulance shall be in attendance throughout the hours of training and racing. It is preferred that one ambulance is in attendance during training hours and two ambulances during racing, however this will be subject to the time and distance from the nearest available ambulance service. This provision should be discussed with FISA during the first site visit.

D.1.5. LIFESAVING AND SAFETY

Rescue motorboats of an agreed type shall be provided at suitable positions to be agreed with the Rowing for All Commission, but typically including one in the warmup area, one in Finish area, and at least three more to follow racing/be stationed at key points on the racing course. Additional rescue boats might be required depending on the layout and design of the course and the expected water conditions.

The rescue motorboats should be of a type to suitable to handle the water conditions expected for the event and provisioned with all rescue equipment necessary for local requirements. It is recommended that a larger 'fast response' boat be located in the middle of the course which can quickly reach any location in short time in an emergency situation.

The crews of the rescue boats shall be suitably qualified for rescue duties in the water conditions expected at the venue. Before the WRCC starts a test of the rescue system, including a full rescue rehearsal, shall be carried out.

A Safety Officer shall be appointed by the Organising Committee. The Safety Officer should always have an overview of the course to identify and manage all potential issues. The on-water rescue service should be included in the overall event safety plan.