

APPENDIX R16		
Version 2024	Changes 2025	Comments
WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/ OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING	WORLD ROWING MASTERS REGATTA REGULATIONS – EVENT REGULATIONS AND/ OR DEPARTURES FROM THE WORLD ROWING RULES OF RACING	
1) Application	1) Application	
These regulations apply to the World Rowing Masters regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.	These regulations apply to the World Rowing Masters regatta together with and not in exclusion of the Rules of Racing and related Bye-Laws.	
2) Competition in World Rowing Masters Regatta (Rule 6)	2) Competition in World Rowing Masters Regatta (Rule 6)	
a) At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.	a) At a World Rowing Masters Regatta, all crews shall enter and compete in the name of a club, or as a composite crew comprising members of two or more clubs. Only clubs recognised by their member federation may enter and compete.	
<p><i>b. Gender Eligibility</i></p> <p><i>i. Rule 13 and its Bye-Laws as to gender eligibility apply equally to the World Rowing Masters Regatta.</i></p> <p><i>ii. Only rowers who are eligible by gender to compete in the event or events entered may compete in a World Rowing Masters Regatta.</i></p> <p><i>iii. No objection may be made to the entry of a crew on the grounds of gender except by a member federation in accordance with the Bye-Law to Rule 13.</i></p> <p><i>iv. An entry that is found by the Executive Committee to be false or made recklessly as to the gender eligibility of any member of a crew may result in the Executive Committee imposing sanctions (on the member federation, the club or individual</i></p>	<p><i>b. Gender Eligibility</i></p> <p><i>i. Rule 13 and its Bye-Laws as to gender eligibility apply equally to the World Rowing Masters Regatta.</i></p> <p><i>ii. Only rowers who are eligible by gender to compete in the event or events entered may compete in a World Rowing Masters Regatta.</i></p> <p><i>iii. No objection may be made to the entry of a crew on the grounds of gender except by a member federation in accordance with the Bye-Law to Rule 13.</i></p> <p><i>iv. An entry that is found by the Executive Committee to be false or made recklessly as to the gender eligibility of any member of a crew may result in the Executive Committee imposing sanctions (on the member federation, the club or individual</i></p>	

<p><i>concerned) in accordance with Article 56 of World Rowing's Statutes.</i></p>		
<p>3) Coxswains (Rule 21)</p>	<p>3) Coxswains (Rule 2122)</p>	
<p>The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation. A coxswain is not included in the calculation of the age of the crew. At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or a delegate, for weighing immediately after disembarking after their race. If a coxswain, together with any deadweight, have carried in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after the race, the crew shall be excluded from that event.</p>	<p>The rules for coxswains shall apply to World Rowing Masters Regattas crews except as provided in this Regulation. A coxswain is not included in the calculation of the age of the crew. At a World Rowing Masters Regatta, coxswains are not required to be weighed before their race but are subject to random checks, or selection, by the President of the Jury or a delegate, for weighing immediately after disembarking after their race. If a coxswain, together with any deadweight, have carried in the boat during the race, is found to weigh less than the minimum weight required by these Rules when checked immediately after the race, the crew shall be excluded from that event.</p>	
<p>4) Masters Age Sub-Categories (Rule 20)</p>	<p>5) Masters Age Sub-Categories (Rule 20)</p>	<p>No change</p>
<p>Rowers may compete in Masters rowing events from the beginning of the year during which they attain the age of 27. The age of the rowers in a Masters rowing event shall be that which they attain during the year of the event. Masters rowing events and events at the World Rowing Masters Regatta shall be held in the following crew age sub-categories: A. Minimum age: 27 years B. Average age: 36 years or more C. Average age: 43 years or more D. Average age: 50 years or more E. Average age: 55 years or more F. Average age: 60 years or more G. Average age: 65 years or more</p>	<p>Rowers may compete in Masters rowing events from the beginning of the year during which they attain the age of 27. The age of the rowers in a Masters rowing event shall be that which they attain during the year of the event. Masters rowing events and events at the World Rowing Masters Regatta shall be held in the following crew age sub-categories: A. Minimum age: 27 years B. Average age: 36 years or more C. Average age: 43 years or more D. Average age: 50 years or more E. Average age: 55 years or more F. Average age: 60 years or more G. Average age: 65 years or more H. Average age: 70 years or more</p>	

<p>H. Average age: 70 years or more I. Average age: 75 years or more J. Average age: 80 years or more K. Average age: 83 years or more L. Average age: 86 years or more M. Average age: 89 years or more Age sub-categories do not apply to coxswains of Masters crews. Every Masters rower must be in a position to prove their age by presentation of an official document (passport or identity card).</p>	<p>I. Average age: 75 years or more J. Average age: 80 years or more K. Average age: 83 years or more L. Average age: 86 years or more M. Average age: 89 years or more Age sub-categories do not apply to coxswains of Masters crews. Every Masters rower must be in a position to prove their age by presentation of an official document (passport or identity card).</p>																																																	
<p>World Rowing may implement additional age sub-categories for the World Rowing Masters Regatta. Any such age sub-categories will be published in advance of the Regatta in the Competition Notice.</p>	<p>World Rowing may implement additional age sub-categories for the World Rowing Masters Regatta. Any such age sub-categories will be published in advance of the Regatta in the Competition Notice.</p>																																																	
<p>6) Mixed Masters Events</p>	<p>5) Mixed Masters Events (Rule 14)</p>																																																	
<p>Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be eligible to compete as women and half shall be eligible to compete as men with such eligibility to be in accordance with the Bye-Law to Rule 13.</p>	<p>Mixed crew events may be held at World Rowing Masters Regattas in which half of the crew, excluding the coxswain, shall be eligible to compete as women and half shall be eligible to compete as men with such eligibility to be in accordance with the Bye-Law to Rule 1314.</p>																																																	
<p>6) Boat Classes</p>	<p>6) Boat Classes</p>																																																	
<p>The World Rowing Masters Regatta offers racing in the following boat classes:</p> <table border="1" data-bbox="203 1043 853 1150"> <tr> <td>Men</td> <td>1x</td> <td>2x</td> <td>2-</td> <td>4x</td> <td>4-</td> <td>4+</td> <td>8+</td> </tr> <tr> <td>Women</td> <td>1x</td> <td>2x</td> <td>2-</td> <td>4x</td> <td>4-</td> <td>4+</td> <td>8+</td> </tr> <tr> <td>Mixed</td> <td>2x</td> <td></td> <td></td> <td>4x</td> <td></td> <td></td> <td>8+</td> </tr> </table>	Men	1x	2x	2-	4x	4-	4+	8+	Women	1x	2x	2-	4x	4-	4+	8+	Mixed	2x			4x			8+	<p>The World Rowing Masters Regatta offers racing in the following boat classes:</p> <table border="1" data-bbox="913 1043 1554 1150"> <tr> <td>Men</td> <td>1x</td> <td>2x</td> <td>2-</td> <td>4x</td> <td>4-</td> <td>4+</td> <td>8+</td> </tr> <tr> <td>Women</td> <td>1x</td> <td>2x</td> <td>2-</td> <td>4x</td> <td>4-</td> <td>4+</td> <td>8+</td> </tr> <tr> <td>Mixed</td> <td>2x</td> <td></td> <td></td> <td>4x</td> <td></td> <td></td> <td>8+</td> </tr> </table>	Men	1x	2x	2-	4x	4-	4+	8+	Women	1x	2x	2-	4x	4-	4+	8+	Mixed	2x			4x			8+	
Men	1x	2x	2-	4x	4-	4+	8+																																											
Women	1x	2x	2-	4x	4-	4+	8+																																											
Mixed	2x			4x			8+																																											
Men	1x	2x	2-	4x	4-	4+	8+																																											
Women	1x	2x	2-	4x	4-	4+	8+																																											
Mixed	2x			4x			8+																																											
<p>7) Number of Lanes</p>	<p>7) Number of Lanes</p>																																																	
<p>For a World Rowing Masters Regatta, races may be held on up to eight lanes.</p>	<p>For a World Rowing Masters Regatta, races may be held on up to eight lanes.</p>																																																	
<p>8) Rowers Clothing and Blade Colours (Rule 39)</p>	<p>8) Rowers Clothing and Blade Colours (Rule 3940)</p>																																																	
<p>At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform</p>	<p>At a World Rowing Masters Regatta, members of the same crew shall compete wearing uniform clothing (racing shirt</p>																																																	

clothing (racing shirt and shorts or equivalent and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews. Crews may race with blades which are not of uniform colour within the crew.	and shorts or equivalent and any additional garments). The regulation regarding uniform clothing will not be enforced in mixed crews. Crews may race with blades which are not of uniform colour within the crew.	
9) Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 48)	9) Crew Changes after the Entry Deadline and up to one hour before the First Heat (Rule 4849)	
In the case of Masters crews, a substitute shall not be permitted if the age of the replacement rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.	In the case of Masters crews, a substitute shall not be permitted if the age of the replacement rower would result in the lowering of the average age of the crew by more than one year or would change the age category of the crew concerned.	
10) Progression System (Rule 57)	10) Progression System (Rule 5758)	
At a World Rowing Masters Regatta, there will be a final for events where the number of entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more races accordingly with each race being a final. The Draw for these finals shall be made in accordance with Regulation 11.	At a World Rowing Masters Regatta, there will be a final for events where the number of entries is the same or fewer than the number of available racing lanes. Where the number of entries in an event exceeds the number of available racing lanes, the entry will be divided into two or more races accordingly with each race being a final. The Draw for these finals shall be made in accordance with Regulation 11.	
World Rowing may implement additional or alternate progression systems for the World Rowing Masters Regatta. Any such progression systems will be published in advance of the Regatta in the Competition Notice.	World Rowing may implement additional or alternate progression systems for the World Rowing Masters Regatta. Any such progression systems will be published in advance of the Regatta in the Competition Notice.	
11) The Draw (Rule 59)	11) The Draw (Rule 5960)	
Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.	Where an event is divided into two or more finals, the allocation of crews to each such final shall be the responsibility of the Masters Rowing Commission or its delegated representatives.	
12) Damage while in the Start Zone	12) Damage while in the Start Zone	

<p>At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race. For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.</p>	<p>At a World Rowing Masters Regatta, if a crew, while still in the start zone, sustains damage to its boat or equipment, then a member of the crew shall raise an arm to indicate that there is a problem. The Starter or Umpire shall stop the race. The Umpire shall decide, after having examined the damage, whether the claim was justified, after consulting (if necessary) with the President of the Jury. The Masters Rowing Commission may establish, if announced in advance of the regatta, a uniform time limit within which a crew that sustains damage must complete repairs and be ready to start, or else withdraw from the race. For the purpose of this Regulation, a crew is still in the start zone if the bow of its boat has not yet crossed the 100 metres line.</p>	
<p>13) Conduct of Races</p>	<p>14) Conduct of Races</p>	
<p>At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall follow the races, and the number of such boats on the water shall be the minimum required for the safety and efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.</p>	<p>At a World Rowing Masters Regatta, zonal umpiring shall be used, in order to allow races to be run at short intervals. Normally, no motor boats shall follow the races, and the number of such boats on the water shall be the minimum required for the safety and efficient operation of the regatta and maintenance of the course. At the discretion of the Masters Rowing Commission, an Umpire's launch may be used to follow races.</p>	
<p>15) Titles, Prizes and Cups</p>	<p>15) Titles, Prizes and Cups</p>	
<p>Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.</p>	<p>Medals will be awarded to the winners of each final. The design of the medals shall be subject to the approval of the Masters Rowing Commission.</p>	
<p>16) Exceptional Cases (Rule 86)</p>	<p>16) Exceptional Cases (Rule 8687)</p>	
<p>Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of</p>	<p>Should it be necessary to take decisions in exceptional cases (e.g., postponement of a racing session), the Chair of the Masters Rowing Commission, in consultation with the President of the Jury and the Chair of the organising committee shall make such decisions.</p>	

the Jury and the Chair of the organising committee shall make such decisions.		
17) Interpretation of Regulations (Article 9)	17) Interpretation of Regulations (Article 9)	
Under the delegated authority of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.	Under the delegated authority of the Executive Committee, the Masters Rowing Commission shall adjudicate on all cases not covered by the Rules of Racing, Bye-Laws and Regulations, as well as on disputes which may arise during a World Rowing Masters Regatta. The decision of the Masters Rowing Commission shall be final.	
18) Health and Fitness (Bye-law to Rule 14)	18) Health and Fitness (Bye-law to Rule 1415)	
<ul style="list-style-type: none"> a) Each rower in a Masters rowing event shall be responsible for their own health and fitness and swimming ability (Rule 14), including being able to swim 50m and keep their head above water unassisted for three minutes. b) It is strongly recommended that rowers competing in the World Rowing Masters Regatta undergo the Pre-competition Health Screening detailed in Bye-Law to Rule 14 2) a). 	<ul style="list-style-type: none"> a) Each rower in a Masters rowing event shall be responsible for their own health and fitness and swimming ability (Rule 1415), including being able to swim 50m and keep their head above water unassisted for three minutes. b) It is strongly recommended that rowers competing in the World Rowing Masters Regatta undergo the Pre-competition Health Screening detailed in Bye-Law to Rule 1415) 2) a). 	
19) Anti-doping (Rule 85)	19) Anti-doping (Rule 8586)	
Any rower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to World Rowing within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).	Any rower at the World Rowing Masters Regatta selected to undergo an In-Competition anti-doping test and who is using a prohibited substance or a prohibited method for therapeutic reasons must note the prohibited substance or method on the doping control form during the testing process. An application for a retroactive Therapeutic Use Exemption (TUE) must then be made by the Rower to World Rowing within 14 days of the test. The TUE application must be entered by the rower into the WADA Anti-Doping Administration & Management System (ADAMS).	

