

Summary of Rules 48 and 49 regarding Substitutions	International Regatta (& World Cup)		World Championships	
	Single	Crew	Single	Crew
Up to 3 hours before the Draw	YES, medical certificate	Up to one half the number of rowers*	YES, medical certificate	Up to one half the number of rowers*
After 3 hours before the Draw to 1 hour before first heat	YES, medical certificate	Up to one half the number of rowers	NO	YES, approved medical certificate
After one hour before first heat	NO	YES, medical certificate		

* Coxswain is in addition to the rowers

Note: After any substitution, the rowers and crew must still meet all of the requirements for the event in which the crew is entered.