



3 East Central C

07/09/2019

Girling	v	CIACS
Whitchurch	v	Llanrumney
Cardiff Saracens	v	Cwmcarn
Tref y Clawdd	v	Llandrindod Wells
Sully View	v	Ferndale
Brackla	v	Old Tyleryan
Glyncoch	v	Abersychan
Markham	v	Tredeggar
Forgeside	v	Trefil

14/09/2019

Llanrumney	v	Girling
CIACS	v	Cardiff Saracens
Llandrindod Wells	v	Whitchurch
Cwmcarn	v	Sully View
Old Tyleryan	v	Tref y Clawdd
Ferndale	v	Abersychan
Tredeggar	v	Brackla
Trefil	v	Glyncoch
Forgeside	v	Markham

21/09/2019

Cardiff Saracens	v	Girling
Llanrumney	v	Llandrindod Wells
CIACS	v	Sully View
Whitchurch	v	Old Tyleryan
Abersychan	v	Cwmcarn
Tref y Clawdd	v	Tredeggar
Ferndale	v	Trefil
Brackla	v	Forgeside
Markham	v	Glyncoch

28/09/2019

Girling	v	Llandrindod Wells
Sully View	v	Cardiff Saracens
Old Tyleryan	v	Llanrumney
Abersychan	v	CIACS
Whitchurch	v	Tredeggar
Trefil	v	Cwmcarn
Forgeside	v	Tref y Clawdd
Markham	v	Ferndale
Glyncoch	v	Brackla

05/10/2019

Girling	v	Sully View
Llandrindod Wells	v	Old Tyleryan
Cardiff Saracens	v	Abersychan
Tredeggar	v	Llanrumney
CIACS	v	Trefil
Forgeside	v	Whitchurch
Cwmcarn	v	Markham
Tref y Clawdd	v	Glyncoch
Brackla	v	Ferndale

12/10/2019 Shield Rd 1

19/10/2019

Old Tyleryan	v	Girling
Abersychan	v	Sully View
Llandrindod Wells	v	Tredeggar
Trefil	v	Cardiff Saracens
Llanrumney	v	Forgeside
Markham	v	CIACS
Glyncoch	v	Whitchurch
Cwmcarn	v	Brackla
Ferndale	v	Tref y Clawdd

26/10/2019

Girling	v	Abersychan
Tredeggar	v	Old Tyleryan
Sully View	v	Trefil
Llandrindod Wells	v	Forgeside
Cardiff Saracens	v	Markham
Llanrumney	v	Glyncoch
CIACS	v	Brackla
Whitchurch	v	Ferndale
Tref y Clawdd	v	Cwmcarn

09/11/2019

Girling	v	Tredeggar
Trefil	v	Abersychan
Forgeside	v	Old Tyleryan
Markham	v	Sully View
Glyncoch	v	Llandrindod Wells
Brackla	v	Cardiff Saracens
Ferndale	v	Llanrumney
Tref y Clawdd	v	CIACS
Whitchurch	v	Cwmcarn

16/11/2019

Shield Rd 2

Trefil	v	Girling
Tredeggar	v	Forgeside
Abersychan	v	Markham
Old Tyleryan	v	Glyncoch
Sully View	v	Brackla
Llandrindod Wells	v	Ferndale
Cardiff Saracens	v	Tref y Clawdd
Cwmcarn	v	Llanrumney
CIACS	v	Whitchurch

23/11/2019

Forgeside	v	Girling
Markham	v	Trefil
Glyncoch	v	Tredeggar
Brackla	v	Abersychan
Ferndale	v	Old Tyleryan
Tref y Clawdd	v	Sully View
Llanrindod Wells	v	Cwmcarn
Whitchurch	v	Cardiff Saracens
Llanrumney	v	CIACS

07/12/2019

Shield Rd 3

Girling	v	Markham
Forgeside	v	Glyncoch
Tredeggar	v	Ferndale
Abersychan	v	Tref y Clawdd
Cwmcarn	v	Old Tyleryan
Sully View	v	Whitchurch
Trefil	v	Brackla
Llandrindod Wells	v	CIACS
Cardiff Saracens	v	Llanrumney

14/12/2019

Glyncoch	v	Girling
Brackla	v	Markham
Ferndale	v	Forgeside
Tref y Clawdd	v	Trefil
Cwmcarn	v	Tredeggar
Whitchurch	v	Abersychan
Old Tyleryan	v	CIACS
Llanrumney	v	Sully View
Cardiff Saracens	v	Llandrindod Wells

28/12/2019

Girling	v	Brackla
Glyncoch	v	Ferndale
Markham	v	Tref y Clawdd
Forgeside	v	Cwmcarn
Trefil	v	Whitchurch
CIACS	v	Tredegar
Abersychan	v	Llanrumney
Old Tyleryan	v	Cardiff Saracens
Sully View	v	Llandrindod Wells

04/01/2020

Ferndale	v	Girling
Tref y Clawdd	v	Brackla
Cwmcarn	v	Glyncoch
Whitchurch	v	Markham
CIACS	v	Forgeside
Llanrumney	v	Trefil
Tredegar	v	Cardiff Saracens
Llandrindod Wells	v	Abersychan
Old Tyleryan	v	Sully View

11/01/2020

Shield SF

Girling	v	Tref y Clawdd
Ferndale	v	Cwmcarn
Brackla	v	Whitchurch
Glyncoch	v	CIACS
Markham	v	Llanrumney
Forgeside	v	Cardiff Saracens
Trefil	v	Llandrindod Wells
Sully View	v	Tredegar
Abersychan	v	Old Tyleryan

18/01/2020

Cwmcarn	v	Girling
Whitchurch	v	Tref y Clawdd
CIACS	v	Ferndale
Llanrumney	v	Brackla
Cardiff Saracens	v	Glyncoch
Llandrindod Wells	v	Markham
Sully View	v	Forgeside
Old Tyleryan	v	Trefil
Tredegar	v	Abersychan

25/01/2020

Girling	v	Whitchurch
CIACS	v	Cwmcarn
Tref y Clawdd	v	Llanrumney
Ferndale	v	Cardiff Saracens
Brackla	v	Llandrindod Wells
Glyncoch	v	Sully View
Markham	v	Old Tyleryan
Abersychan	v	Forgeside
Tredeggar	v	Trefil