

### 1<sup>st</sup> XV Red Cards

TEAM	DATE OF MATCH	OFFENCE	SANCTION (wks)
Penclawdd RFC	28-Sep-19	9.12 - shoulder / dangerous tackle	not proven
Maesteg RFC	28-Sep-19	9.12 - strike to head	3
Crynant RFC	28-Sep-19	9.12 - strike to head	1
Penallta RFC	28-Sep-19	9.12 - strike with head	sending off sufficient
Penallta RFC	28-Sep-19	9.12 - strike to chest	sending off sufficient
Penallta RFC	28-Sep-19	9.12 - strike to chest	1
Brecon RFC	28-Sep-19	9.12 - strike to chest	1
Tonmawr RFC	28-Sep-19	9.12 - strike to head	3
Abersychan Alexanders RFC	28-Sep-19	9.12 - stamp to head	5
Beddau RFC	28-Sep-19	9.12 - strike to head	5
Cardiff Met RFC	28-Sep-19	9.12 - strike to head	5
Llandybie RFC	05-Oct-19	9.12- Stamp (back/head)	not proven
Malpas RFC	05-Oct-19	9.12 - Headbutt	8
Malpas RFC	05-Oct-19	two yellow cards	1
Rhymney RFC	05-Oct-19	two yellow cards	1
Pyle RFC	05-Oct-19	9.13 - dangerous tackle head	6
Shotton Steel Ladies	06-Oct-19	9.13 - dangerous tackle	3
Pwllheli RFC	06-Oct-19	two yellow cards	sending off sufficient
Talywain RFC	05-Oct-19	9.20 - dangerous play in ruck or maul	3
Talywain RFC	05-Oct-19	9.13 - dangerous tackle to head	3
Pill Harriers RFC	05-Oct-19	9.12 - strike to head	6
Newport HSOB RFC	05-Oct-19	9.12 - strike to head	3
Nelson RFC	05-Oct-19	9.13 - dangerous tackle to head	3
Trefil RFC	05-Oct-19	9.12 - strike to head	3
Pontyclun RFC	12-Oct-19	9.11/9.12 - shoulder to back	2
Blackwood RFC	12-Oct-19	9.12 - strike with head	12
Tref-y-Clawd RFC	12-Oct-19	9.20 - dangerous play in ruck or maul	not proven
Llanidloes RFC	12-Oct-19	9.12 - strike to head	5

Briton Ferry RFC	12-Oct-19	9.12 - strike to head	4
Pontycymer RFC	12-Oct-19	9.12 - strike with head	8
Bryncoch RFC	12-Oct-19	9.12 - strike to head	5
Wattstown RFC	12-Oct-19	9.12 - strike to head	4
Llangefni RFC	19-Oct-19	two yellow cards	sending off sufficient
Pontrhydyfen RFC	19-Oct-19	9.27 - disrespect	2
Brynamman RFC	19-Oct-19	9.13 - dangerous tackle	1
Bynea RFC	19-Oct-19	9.12 - kick to head	10
Swansea RFC	19-Oct-19	two yellow cards	sending off sufficient
Cwmgwrach RFC	19-Oct-19	9.12 - stamp unknown	1
Caerau Ely RFC	19-Oct-19	9.13 - dangerous tackle	3
Wattstown RFC	19-Oct-19	9.27 - verbal abuse MO	3
Cefn Coed RFC	19-Oct-19	9.11 - reckless / dangerous	5
Morrison RFC	19-Oct-19	two yellow cards	sending off sufficient
Neath RFC	19-Oct-19	two yellow cards	sending off sufficient
Llanelli Wanderers RFC	19-Oct-19	two yellow cards	1
Taibach RFC	19-Oct-19	two yellow cards	1
Cardiff Met RFC	26-Oct-19	9.12 - strike to body	1
Trebanos RFC	26-Oct-19	9.12 - strike to body	3

## 2<sup>nd</sup> XV Red Cards

Burry Port RFC	28-Sep-19	9.27 - verbal	18
Llantwit Fardre RFC	05-Oct-19	9.13 - dangerous tackle	1
Abercynon RFC	05-Oct-19	9.12 - strike to head	5
Felinfoel RFC	05-Oct-19	9.12 - strike	not proven
Caerau Ely RFC	12-Oct-19	9.12 - strike to head	3
Caerau Ely RFC	12-Oct-19	9.11 - reckless/dangerous	1